

Helpful ACS Numbers

ACS Volunteer Program / Army Volunteer Corps	287-8657 287-2327
Army Emergency Relief (AER)	553-3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP) / Army Family Team Building (AFTB)	287-1127
Employment Readiness Program	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

24/7 Hotlines

Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center
- Bldg. 36000 - Shoemaker Center, 2nd Floor
- Bldg. 36051 - Soldier and Family Assistance Center

Open to All
DOD ID Card Holders

Financial Readiness Workshops

1st and 3rd Wednesday
Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday
Saving & Investing, 1:30 - 3:00 pm

Closes, times, and locations are subject to change. Call for details.

Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2489

Individuals who require assistance or accommodation due to a disability, contact Financial Readiness Branch.

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP Family Support

MONTHLY WORKSHOP

3rd Thursday of each month
9:30 a.m. — 11:00 a.m.
Virtual class
(Registration Required for Participation)

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Victims of Domestic Violence

24/7 Hotline
254-702-4953

HOOD.ArmyMWR.com

ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

Registration Required

- 1) Level 1 Military Knowledge (M) Course train to discover Army, economy, culture, community resources, and how to use them to achieve your goals and meet the goal and needs of the Army member or daily life.
- 2) Level 2 Personal Growth and Resilience (P) Course train to learn and grow how to solve problems, and how to resolve personal conflict.
- 3) Level 3 Leadership Development (L) Course train to learn and grow how to solve problems, and how to resolve personal conflict.

Contact the AFTB office for questions or for additional information: **254-287-1127** or email: usarmy.hood.incom-fmwrc.list.ACS-AFTB@mail.mil

The ARMY FAMILY WEB PORTAL

Get Connected, Stay Connected

The Army Family Web Portal (AFWP) provides content that will help you stay up-to-date with ACS news, announcements, and events, learn about the available ACS Family Programs, and access the software applications that support those programs.

Get connected to the new Army Family Web Portal today!

Visit: www.armyfamilywebportal.com

ARMY FAMILY ACTION PLAN

BE AN AGENT OF CHANGE

IF IT'S A PROGRAM OR SERVICE, AFAP CAN IMPROVE IT.
IF IT'S A POLICY OR REGULATION, AFAP CAN CHANGE IT.
IF IT'S A LAW, AFAP CAN AMEND IT.

The Army Family Action Plan (AFAP) is your platform to voice quality-of-life issues, feedback, ideas, and suggestions. It's the best way to let Army leadership know about what works, what doesn't, and how you think problems can be resolved.

PROVEN RESULTS

- TRANSFERABILITY OF POST 9/11 GI BILL BENEFITS TO DEPENDENTS
- FAMILY CARE PLAN PROVIDER ACCESS TO INSTALLATIONS
- PATERNITY LEAVE FOR SOLDIERS
- CREATION OF FAMILY READINESS GROUPS
- BETTER OPPORTUNITY FOR SINGLE SOLDIER (BOSS) AND ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM
- AVAILABILITY OF AUTHORIZED TRICARE PROVIDERS
- TRAUMATIC BRAIN INJURY (TBI) REHABILITATION PROGRAM
- IN-STATE COLLEGE TUITION
- AUDIO / VISUAL SURVEILLANCE IN CHILDCARE CENTERS
- FEDERAL EMPLOYMENT MILITARY SPOUSE PREFERENCE

How can you submit an issue?
Issues are accepted year-round
email: usarmy.hood.incom-fmwrc.list.ACS-AFAP@mail.mil

For additional information or to become a part of the AFAP process, call 254-287-1127
hood.armymwr.com/programs/army-family-action-plan

Report Domestic Violence or Child Abuse

24/7 Hotline
254-287-CARE (2273)

HOOD.ArmyMWR.com

Workshops, Activities and Trainings

Army Community Service

Real-Life Solutions for Successful Army Living

July 2021

Calendar of Events

ARMY COMMUNITY SERVICE

HAPPY BIRTHDAY

JULY 25

Your Connection to Community Information

287-4ACS (4227)

<https://hood.ArmyMWR.com>
www.armyfamilywebportal.com
www.militaryonesource.mil
1-800-342-9647



Army Community Service Calendar of Events

Thursday, July 1– Tuesday, July 6
 Ill Corps and Ft. Hood Remembrance Memorial Display
 24/7 • Sadowski Field • Call: 368-5365

Thursday, July 1
 Resilience Lunch & Learn (Assertive Communication)
 11:30 am – 1:00 pm • Bldg. 18000 • Call: 288-2794

Wednesday, July 7
 R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training
 8:30 am – 11:30 am • Virtual class • Call: 288-2794

Thursday, July 8
 R.E.A.L. SFRG Foundations/ Key Contact Training
 5:30 pm – 8:30 pm • Bldg. 18000 • Call: 288-2794

Monday, July 12 – Tuesday, July 13
 Community Resource Course
 9:00 am – 2:30 pm • Bldg. 18000 • Call: 288-2794

Tuesday, July 13
 Exceptional Family Member Program Orientation
 10:00 am – 11:30 am • Virtual class • Call: 287-6070

Tuesday July 13 – Wednesday, July 14
 R.E.A.L. SFRG Foundations/ Volunteer Training
 5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

Wednesday, July 14
 R.E.A.L. Command Team SFRG Training (CDRs/1SGs)
 9:00 am – 12:00 pm • Virtual class • Call: 288-2794

CARE Team Training
 5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

Friday, July 16
 CDR / 1SG Spouse Seminar
 9:00 am – 4:30 pm • Bldg. 18000 • Call: 288-2794

Monthly Recurring Classes and Workshops

Monday, July 26 – Wednesday, July 28
 Rear Detachment Operations Course
 8:30 am – 12:00 pm • Bldg. 18000 • Call: 288-2794

Thursday, July 1 & 15
 Blended Families Workshop
 9:00 am – 12:00 pm • Virtual class • Call: 287-5066

Thursday, July 7 & 28
 Explore, Learn, and Play “Storybook & Craft Time”
 10:00 am – 10:30 am • Virtual class • Call: 287-2286

Tuesday, July 13, 20 & 27
 Infant Massage
 9:30 am – 10:30 am • Virtual class • Call: 287-2286

Family Violence Prevention Training (PT)
 9:30 am – 11:00 am, 1:30 pm - 3:00 pm •
 Palmer Theater • Call: 288-2092

Tuesday, July 13 & 27
 Volunteer Management Information System (VMIS),
 Organization Point of Contact (OPOC) Training
 10:00 am – 11:30 am • Virtual class • Call: 287-2327

Going through some things and need to talk to someone?

Military Family Life Counselors - TeleHealth Services

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite, telephonically and virtually with Zoom video for Military Personnel and their Families.

For assistance:
 Monday - Friday from 8am - 5pm
 Call 254-553-4705
 After 5pm or anytime Saturday and Sunday
 Military OneSource (800) 342-9647

MFLCs Can HELP!!!
 Hood.ArmyMWR.com

Army Community Service
 Family Advocacy Program

For more information and to register:
 Call the New Parent Support Program
 (254) 287-2286

BOOT CAMP

For New and Expectant Dads

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286.

Hood.ArmyMWR.com

Stress, Anger & Conflict Management Workshop

Open to all DOD ID Card Holders

- Signs and symptoms of stress
- Stress management techniques
- Anger and conflict management

2nd and 4th Thursday of each month
 9:00 a.m. - 4:30 p.m.

Virtual Class
 (Registration required for participation)

Army Community Service / Family Advocacy Program

To Register: Call: (254) 618-7827 / 288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Fort Hood Army Community Service
 Family Advocacy New Parent Support Program

Virtual Infant Care for Parents

2nd Thursday of each month
 1:00 p.m. - 2:30 p.m.

New and Expecting Parents join us and learn about basic care for infants.

- Infant Feedings and Feeding Schedules
- Burping
- Bathing
- Umbilical Cord Care
- Diapering and Changing
- Swaddling
- Soothing Techniques of Crying Infants

For more information and to register: Call (254) 287-2286
 Email: usarmy.hood.incom-fmwrc.list.acs-nsp@mail.mil

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Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
 Discovering Your Personality
 Understanding Expectations in Your Relationship
 Improving Communication & Intimacy
 Supporting Your Partner

Classes are held the 2nd Wednesday of every month,
 9:00 a.m. - 4:00 p.m.

Virtual Class
 (Registration Required for Participation)

To Register:
 Call: (254) 618-7504/288-2092 or Email:
 usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 287-2286.

Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on 2nd & 4th Tuesday of every month,
 9:30 a.m. - 11:30 a.m.

Virtual Class
 (Registration Required for Participation)

To Register:
 Call: (254) 618-7443/288-2092 or Email:
 usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 287-2286.

Army Community Service
 Family Advocacy Program
 New Parent Support Program

Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:
 Call the New Parent Support Program
 (254) 287-2286

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286.

Hood.ArmyMWR.com

Fort Hood Army Community Service
 Exceptional Family Member Program

EFMP Family Support

Open to Military Families with Special Needs

RESOURCE CONNECTIONS SUPPORT GROUP

2nd Wednesday of each month
 11:30 a.m. – 12:30 p.m.
 Virtual (Registration Required for Participation)

- This is for parents/children who have a disability and desire to make connections with others and share their knowledge
- Obtain information through Subject Matter Expert (SME) guest speakers
- Connect with EFMP Staff for information and resources

For more information and to register (254) 287-6070 or email: usarmy.hood.incom-fmwrc.list.acs-efmp@mail.mil
 Individuals who require assistance or accommodations due to a disability, please call the ACS EFMP office at (254) 287-6070.

Fort Hood Army Community Service - Family Advocacy Program

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

Virtual Class
 (Registration Required for Participation)

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decision
- Recognize the importance of support systems

All DOD ID Cards Holders
First Wednesday of Each Month
 9:00 a.m. - 4:00 p.m.

To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Hood.ArmyMWR.com