

Open to all
DOD ID Card Holders




2nd & 4th Thursday
of every month
9:00 a.m. – 4:30 p.m.

Registration Required

Army Community Service / Family Advocacy Program

Stress, Anger & Conflict Management Workshop

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- Signs and symptoms of stress
 - Stress management techniques
 - Anger and conflict management

To Register: Call: (254) 618-7827 / 288-2092 / 618-8502 or
Email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil
Certificates of completion available

Individuals who require assistance or accommodations due to a disability, please
contact the ACS FAP at (254) 288-2092

Hood.ArmyMWR.com

