

## Helpful ACS Numbers

ACS Volunteer Program / Army Volunteer Corps	287-8657 287-2327
Army Emergency Relief (AER)	553-3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP) / Army Family Team Building (AFTB)	287-1127
Employment Readiness Program	287-6070 288-2089
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

## 24/7 Hotlines

Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

## ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center, Legends Way
- Bldg. 36000 - Shoemaker Center, 2nd Floor, Darnall Loop
- Bldg. 36051 - Soldier and Family Assistance Center



**Victims of Domestic Violence**

**24/7 Hotline**

**254-702-4953**

Hood.ArmyMWR.com

Open to Military Families with Special Needs

**FORT HOOD ARMY COMMUNITY SERVICE  
EXCEPTIONAL FAMILY MEMBER PROGRAM**



**EFMP Family Support  
MONTHLY WORKSHOP**  
3rd Thursday of each month  
9:30 a.m. — 11:00 a.m.

**Topics to be covered are:**

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: [usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil)

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Fort Hood Army Community Service  
Exceptional Family Member Program

Open to Military Families with Special Needs



**EFMP Family Support**

**RESOURCE CONNECTIONS SUPPORT GROUP**

- This is for parents/children who have a disability and desire to make connections with others and share their knowledge

- Obtain information through Subject Matter Expert (SME) guest speakers
- Connect with EFMP Staff for information and resources

2nd Wednesday of each month  
9:30 a.m. — 10:30 a.m.  
(Registration Required for Participation)

For more information and to register (254) 287-6070 or email: [usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil)

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Going through some things and need to talk to someone?

**Military Family Life Counselors**

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite, telephonically and virtually with Zoom video for Military Personnel and their Families.

For assistance:  
Monday - Friday from 8am - 5pm  
Call 254-553-4705  
After 5pm or anytime Saturday and Sunday  
Military OneSource (800) 342-9647

MFLCs Can HELP!!!

Hood.ArmyMWR.com

Fort Hood Army Community Service - Soldier and Family Readiness Branch

# RESILIENCE SKILLS

Learn skills that will help you adapt to the everyday ups and downs of military life.

Open to All DOD ID Cardholders.

For more information and to Register call: (254) 288-2794

Email us: [usarmy.hood.incom-fmwrc-list.sfrb@mail.mil](mailto:usarmy.hood.incom-fmwrc-list.sfrb@mail.mil)

Individuals who may require assistance or special accommodations due to a disability, Contact the ACS SFRB at (254) 288-2794



Open to All DOD ID Card Holders

## Financial Readiness Workshops

1<sup>st</sup> and 3<sup>rd</sup> Wednesday  
Budget & Debt Management, 9:30 - 11:00 am  
Credit Booster, 1:30 - 3:00 pm

2<sup>nd</sup> Tuesday  
Saving & Investing, 1:30 - 3:00 pm

Classes, times, and locations are subject to change. Call for details.

Army Community Service (ACS)  
Financial Readiness Branch (FRB)  
254-287-2489

For more information and to register (254) 287-6070 or email: [usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil)

Individuals who require assistance or accommodations due to a disability, contact Financial Readiness Branch

**AER CAREER SKILLS PROGRAM ASSISTANCE**

Army Emergency Relief offers 100% grants to support Soldiers in the Army Career Skills Program

AER can help with CSP Expenses:

<b>BEFORE CSP</b> , including travel expenses, purchase of business attire/uniforms/tools	<b>DURING CSP</b> , including lodging, basic living expenses, and other related costs	<b>AFTER CSP</b> , including relocation prior to ETS to accept a position, and initial rent and deposit
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To learn more, visit [www.aerhq.org/news/cspassistance](http://www.aerhq.org/news/cspassistance)

Up to **\$1,000** in assistance

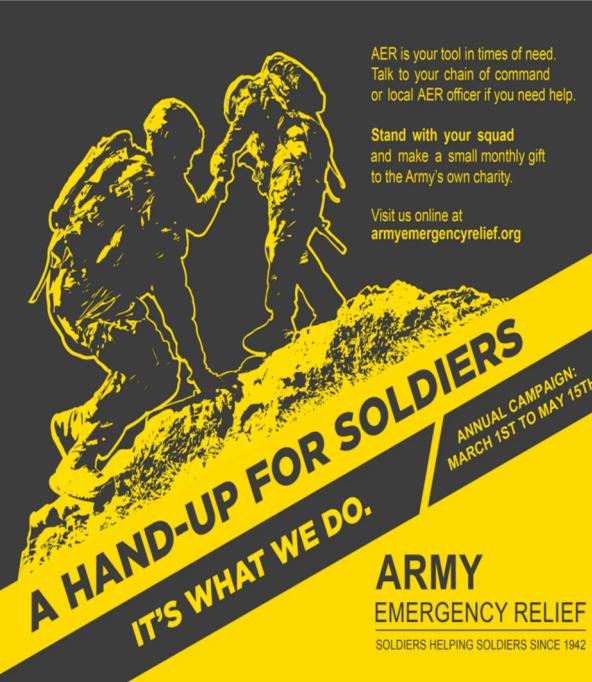
For Hood Army Community Service  
Financial Readiness Branch 254-288-2282; 254-553-3102 or 254-287-6460  
Email: [usarmy.hood.incom-fmwrc-list.ACS-SFRB@mail.mil](mailto:usarmy.hood.incom-fmwrc-list.ACS-SFRB@mail.mil)

# Workshops, Activities and Trainings

## Army Community Service

Real-Life Solutions for Successful Army Living

### March 2022 Calendar of Events



AER is your tool in times of need. Talk to your chain of command or local AER officer if you need help.

Stand with your squad and make a small monthly gift to the Army's own charity.

Visit us online at [armyemergencyrelief.org](http://armyemergencyrelief.org)

**A HAND-UP FOR SOLDIERS**

ANNUAL CAMPAIGN:  
MARCH 1ST TO MAY 15TH

**ARMY EMERGENCY RELIEF**  
SOLDIERS HELPING SOLDIERS SINCE 1942

## Your Connection to Community Information

**287-4ACS (4227)**

- <https://facebook.com/FHFamilyPrograms>
- <https://hood.ArmyMWR.com>
- [www.armyfamilywebportal.com](http://www.armyfamilywebportal.com)
- [www.militaryonesource.mil](http://www.militaryonesource.mil)

1-800-342-9647



# Army Community Service Calendar of Events

## Wednesday, March 2

**R.E.A.L. SFRG Foundations/Informal Fund Custodian Training**  
8:30 am - 11:30 am • Virtual Class • Call: 288-2794

## Thursday, March 3

**R.E.A.L. SFRG Foundations / Key Contact Training**  
5:30 pm - 8:30 pm • Bldg. 18000 • Call: 288-2794

## Friday, March 4

**Commander/1SG Spouse Seminar (Class 04-22)**  
8:30 am - 11:30 am • Bldg. 18000 • Call: 288-2794

## Tuesday - Wednesday, March 8 - 9

**R.E.A.L. Command Family Readiness Representative (CFRR) Training**  
9:00 am - 3:30 pm • Registration Required • Call: 288-2794

## Tuesday, March 8

**Exceptional Family Member Program Orientation**  
10:00 am - 11:30 am • Registration Required • Call: 287-6070

**R.E.A.L. SFRG Foundations/Volunteer Training**  
5:30 pm - 8:30 pm • Virtual Class • Call: 288-2794

## Wednesday, March 9

**R.E.A.L. Command Team SFRG Training (CDRs/1SGs)**  
9:30 am - 12:00 pm • Virtual Class • Call: 288-2794

## Friday, March 11

**NPSP Infant Care For Parents**  
1:00 pm - 2:30 pm • Bldg. 36000 • Call: 287-2286

## Saturday, March 12

**ACS Virtual Resilience EXPO**  
10:00 am - 11:00 am • Facebook Live • Call: 287-4227

## Wednesday, March 23

**Community Services Council Meeting**  
10:30 am - 12:00 pm • Bldg. 5764 • Call: 553-1593

**CARE Team Training**  
5:30 pm - 8:30 pm • Virtual Class • Call: 288-2794

## Monday, March 31

**Resilience Skills**  
11:30 am - 1:00 pm • Virtual Class • Call: 288-2794

### Monthly Recurring Classes and Workshops

## Tuesday, March 1, 8, 22, & 29

**NPSP Infant Massage**  
9:30 am - 10:30 am • Registration Required • Call: 287-2286

**Family Violence Prevention Training (PT)**  
9:30 am - 11:00 am, 1:30 pm - 3:00 pm • Call: 288-2092

## Wednesday, March 2 & 23

**Explore, Learn, and Play "Storybook & Craft Time"**  
10:00 am - 10:30 am • Virtual Class • Call: 287-2286

## Thursday, March 3 & 17

**Blended Families Workshop**  
9:00 am - 12:00 pm • Bldg. 18000 • Call: 287-5066

## Tuesday, March 8 & 22

**Volunteer Management Information System (VMIS) Organization Point of Contact (OPOC) Training**  
10:00 am - 11:30 am • Virtual Class • Call: 287-2327



Certified technicians will provide up-to-date information about car seat installations & hands-on education or your child's safety.

More Than 90% of car seats are not used correctly!  
How confident are you?  
Make sure your child is riding safely.

Sprocket Auto Craft Center  
Reg. 1716, at the corner of Old Executive Hwy. & 20th Street

**2<sup>nd</sup> & 4<sup>th</sup> Friday**  
of every month,  
**9:00 a.m. - 12:00 p.m.**

To schedule an appointment, please call  
(254) 287-4505 / 288-2092 / 287-1763  
or email: [usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil)

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com



Fort Hood Army Community Service • Family Advocacy Program

## Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior, and to teach their children alternatives to problem behavior.

Classes are held on **2<sup>nd</sup> & 4<sup>th</sup> Wednesday** of every month,  
**9:30 a.m. - 11:30 a.m.**

**To Register:**  
Call: (254) 618-7443/288-2092 or Email: [usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil)

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092

Hood.ArmyMWR.com



## Did You Know?

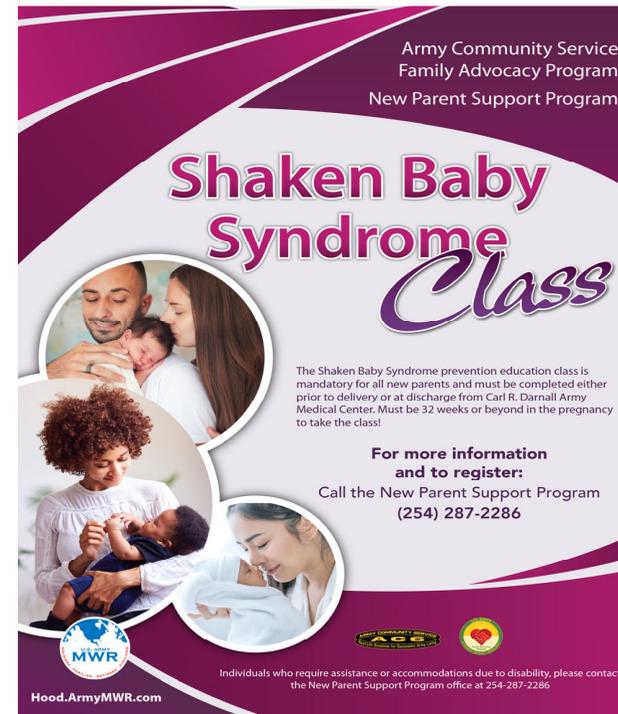
### New Parent Support Program

KEEPING YOU INFORMED, ACTIVE AND CONNECTED

#ArmyMWRcares

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

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Army Community Service  
Family Advocacy Program  
New Parent Support Program

## Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

**For more information and to register:**  
Call the New Parent Support Program  
(254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com



Army Community Service  
Family Advocacy Program

## BOOT CAMP

### For New and Expectant Dads

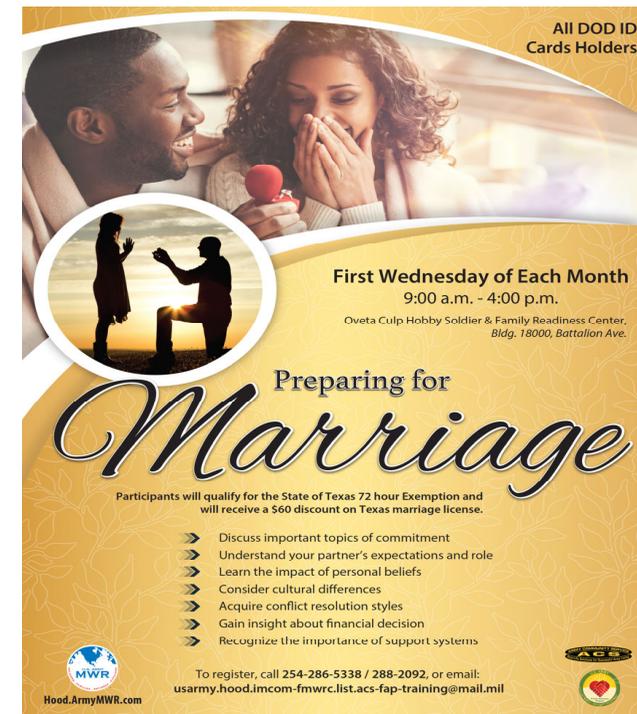
This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

**Some of the topics to be covered are:**

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com



All DOD ID Cards Holders

**First Wednesday of Each Month**  
9:00 a.m. - 4:00 p.m.  
Oveta Culp Hobby Soldier & Family Readiness Center,  
Bldg. 18000, Battalion Ave.

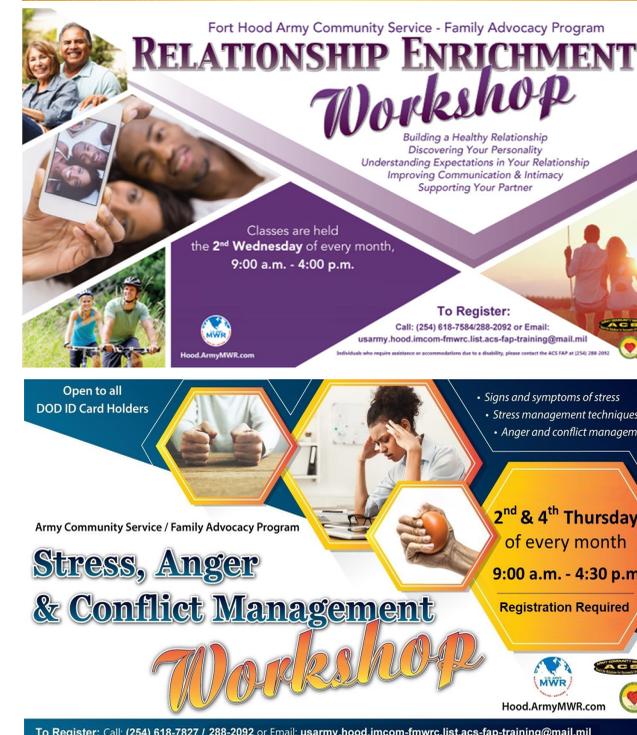
## Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decision
- Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email: [usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil)

Hood.ArmyMWR.com



Fort Hood Army Community Service - Family Advocacy Program

## RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship  
Discovering Your Personality  
Understanding Expectations in Your Relationship  
Improving Communication & Intimacy  
Supporting Your Partner

Classes are held the **2<sup>nd</sup> Wednesday** of every month,  
**9:00 a.m. - 4:00 p.m.**

**To Register:**  
Call: (254) 618-7584/288-2092 or Email: [usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil)

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 288-2092

Hood.ArmyMWR.com

Open to all DOD ID Card Holders

- Signs and symptoms of stress
- Stress management techniques
- Anger and conflict management

Army Community Service / Family Advocacy Program

## Stress, Anger & Conflict Management Workshop

**2<sup>nd</sup> & 4<sup>th</sup> Thursday**  
of every month  
**9:00 a.m. - 4:30 p.m.**  
Registration Required

To Register: Call: (254) 618-7827 / 288-2092 or Email: [usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil)

Hood.ArmyMWR.com