Army Community Service
Family Advocacy Program

For more information and to register:
Call the New Parent Support Program
(254) 287-2286

BOOT CAMP FOR DADS

For New and Expectant Dads

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com