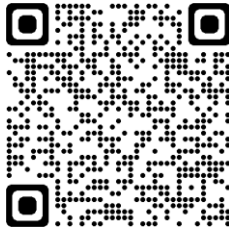


# Fort Hood Community Information Sheet

## III ARMORED CORPS

[III Armored Corps :: U.S. Army Fort Hood](#)



## III ARMORED CORPS PHANTOM FORGE CENTER

[III Armored Corps Phantom-Forge-Center](#)



## III ARMORED CORPS INSPECTOR GENERAL (IG)

[Inspector General :: III Armored Corps & Fort Hood \(army.mil\)](#)



## ARMY COMMUNITY SERVICE

[ACS :: Ft. Hood :: US Army MWR](#)



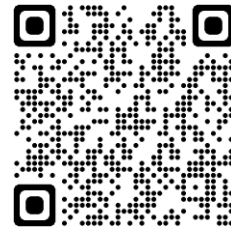
## AMERICAN RED CROSS

[Heart of Texas Chapter | Central & South Texas Region | American Red Cross](#)



## BETTER OPPORTUNITY FOR SOLDIERS (BOSS)

[Better Opportunity for Single Soldiers \(armymwr.com\)](#)



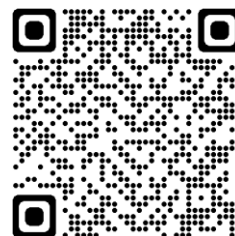
## CARL R. DARNALL ARMY MEDICAL CENTER

[Home \(tricare.mil\)](#)



## CAVALRY FAMILY HOUSING

[Fort Hood TX Housing | Cavalry Family Housing | Fort Hood TX \(cavalryfh.com\)](#)



# Fort Hood Community Information Sheet

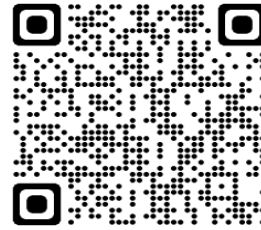
## [CHILD & YOUTH SERVICES \(CYS\)](#)

[CYS :: Ft. Hood :: US Army MWR](#)



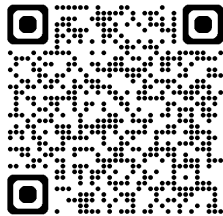
## [CRIMINAL INVESTIGATION DIVISION \(CID\)](#)

[Army CID Home](#)



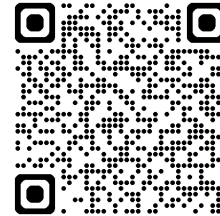
## [DeCA CLEAR CREEK COMMISSARY](#)

[Fort Hood - Clear Creek | Commissaries](#)



## [DeCA WARRIOR WAY COMMISSARY](#)

[Fort Hood - Warrior Way | Commissaries](#)



## [DENTAL COMMAND \(DENTAC\)](#)

[Carl R. Darnall Army Medical Center > Health Services > Dental \(tricare.mil\)](#)



## [DIRECTORATE OF FAMILY MORALE WELFARE AND RECREATION](#)

[Home :: Ft. Hood :: US Army MWR](#)



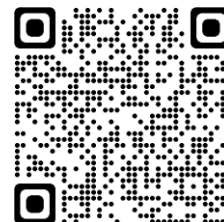
## [DIRECTORATE OF HUMAN RESOURCES \(DHR\)](#)

[Directorate of Human Resources :: U.S. Army Fort Hood](#)



## [DIRECTORATE OF PLANS, TRAINING, MOBILIZATION & SECURITY \(DPTMS\)](#)

[Directorate of Plans, Training, Mobilization & Security :: U.S. Army Fort Hood](#)



# Fort Hood Community Information Sheet

## [DIRECTORATE OF PUBLIC WORKS](#)

[Directorate of Public Works :: U.S. Army Fort Hood](#)



## [EDUCATION SERVICES DIVISION \(ESD\)](#)

[Education Services Division :: U.S. Army Fort Hood](#)



## [EQUAL EMPLOYMENT OPPORTUNITY \(EEO\)](#)

[Equal Employment Opportunity Program :: U.S. Army Fort Hood](#)



## [EXCHANGE](#)

[Shopmyexchange.com](#)



## [FISHER HOUSE](#)

[Texas: Carl R. Darnall Army Medical Center - Fisher House Foundation](#)



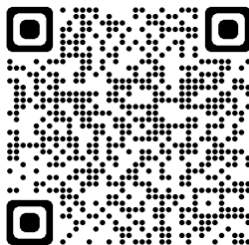
## [FORT HOOD STANDALONE NETWORK ENTERPRISE CENTER \(NEC\)](#)

[Fort Hood Standalone Network Enterprise Center :: U.S. Army For Enterprise Center](#)



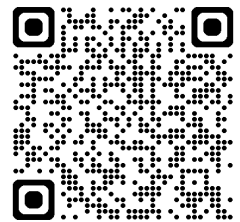
## [GARRISON CHAPLAIN OFFICE](#)

[Religious Support Office :: U.S. Army Fort Hood](#)



## [INSTALLATION TRANSPORTATION OFFICE \(ITO\)](#)

[Installation Transportation Office :: U.S. Army Fort Hood](#)



# Fort Hood Community Information Sheet

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## [OFFICE OF THE STAFF JUDGE ADVOCATE \(SJA\)](#)

[Office of the Staff Judge Advocate :: III Armored Corps & Fort Hood \(army.mil\)](#)



## [PUBLIC AFFAIRS OFFICE \(PAO\)](#) [Public](#)

[Affairs Office :: U.S. Army Fort Hood](#)



## [TRANSITION ASSISTANCE PROGRAM](#)

[Transition Assistance Program :: U.S. Army Fort Hood](#)



## [UNITED SERVICE ORGANIZATION \(USO\)](#)

[USO Fort Hood](#)



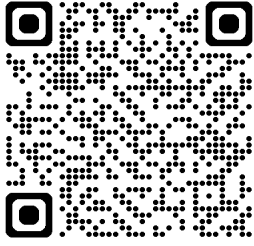
Note: Agency names and websites that appear in blue are hyperlinks. For additional information contact: Army Community Service Community Information Services at (254) 287-4471 or e-mail: [usarmy.hood.id-readiness.list.community-services-council@army.mil](mailto:usarmy.hood.id-readiness.list.community-services-council@army.mil)

# Community Leaders Information Sheet

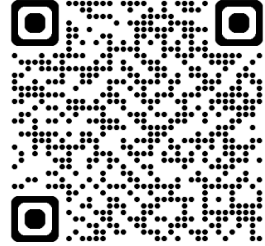
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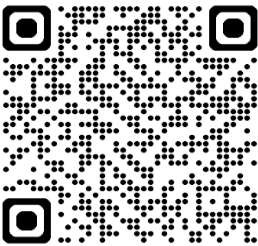
## CITY OF BELTON



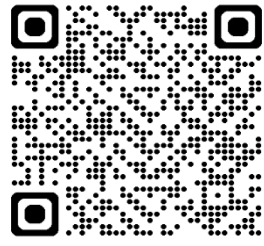
## CITY OF COPPERAS COVE



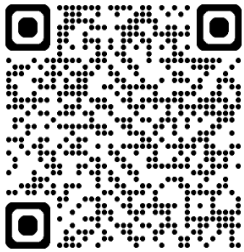
## CITY OF GATESVILLE



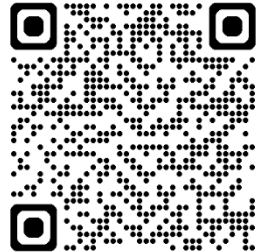
## CITY OF HARKER HEIGHTS



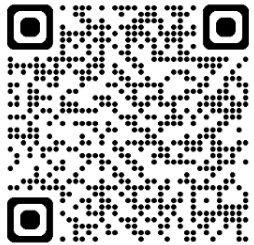
## CITY OF KILLEEN



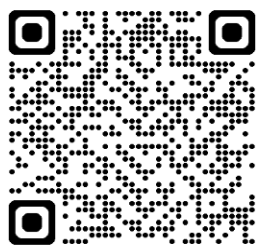
## CITY OF LAMPASAS



## CITY OF NOLANVILLE



## CITY OF TEMPLE



## HELPFUL ACS NUMBERS

**ACS Volunteer Program / Army Volunteer Corps (AVC)**  
287-8657 / 287-2327

**Army Emergency Relief (AER)**  
Emergency Financial Assistance  
553-3101 / 553-3102

**Army Family Action Plan / Army Family Team Building**  
287-1127

**Employment Readiness Program (ERP)** Job Search Assistance, Resume Writing, Career Skills  
287-6067 / 288-2089

**Exceptional Family Member Program (EFMP)**  
287-6070

**Family Advocacy Program (FAP)**  
Relationship Enrichment, Preparing for Marriage, Common Sense Parenting, Car Seat Inspection  
286-6774 / 288-2092

**Family Assistance Center (FAC)**  
288-7570

**Financial Readiness Branch (FRP)**  
Financial Counseling and Management Classes  
287-CITY (2489) / 288-6868

**Military Family Life Counseling (MFLC)** Non-Clinical Counseling  
553-4705

**Mobilization, Deployment & Stability Support Operations (MDSSO)** SFRG Training, Resilience, Community Resource Course  
288-2794

**New Parent Support Program (NPSP)** Infant Care, Play Mornings, Shaken Baby, Daddy Bootcamp  
287-2286

**Soldier and Family Assistance Center (SFAC)**  
286-5768

**Survivor Outreach Services (SOS)**

## 24/7 HOTLINES

**Commanding General (CG) Hotline** 254-618-7486

**Reporting Domestic Violence or Child Abuse** 254-287-CARE (2273)  
National 800-422-4453

**Assistance for Victims of Domestic Violence** 254-702-4953  
National 800- 799-7233

**Suicide Prevention** National 800- 273-8255 or Dial 988

**Sexual Harassment / Sexual Assault (SHARP)** 254-319-4671  
National 877-995-5247

**EO and Harassment Hotline** 254- 291-5717

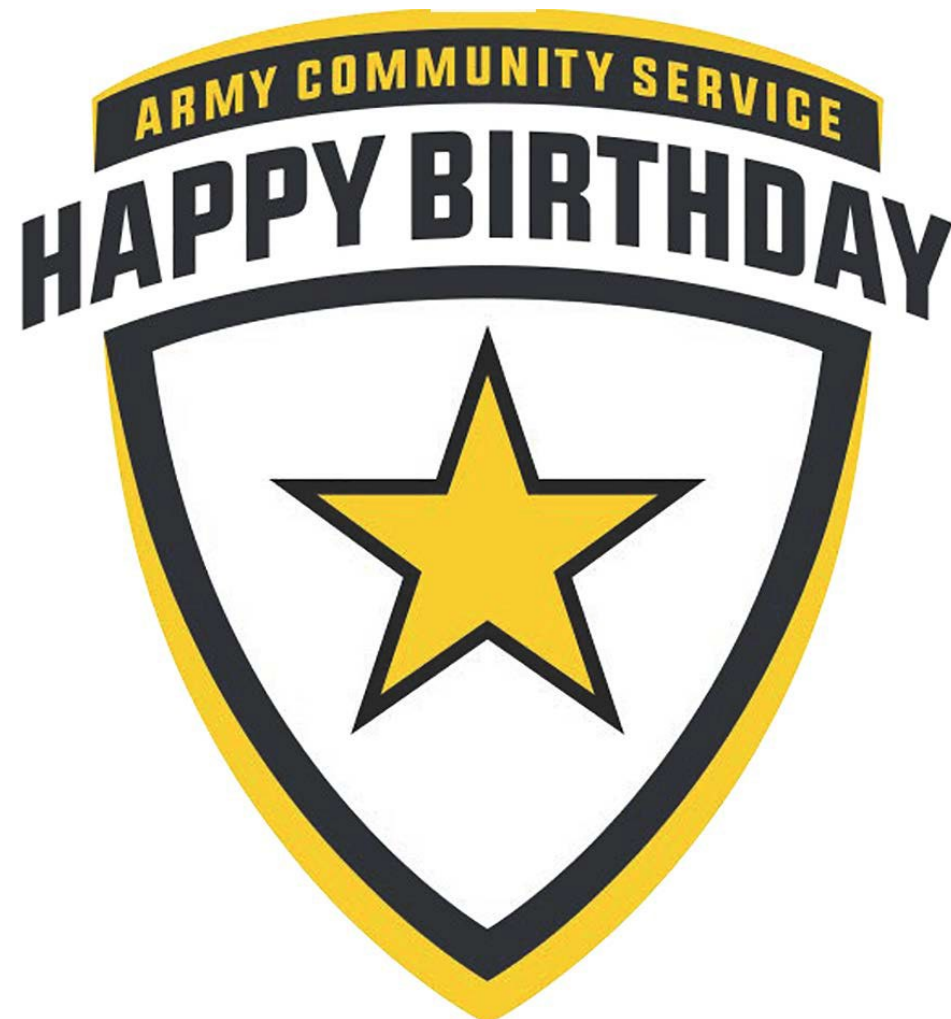
**Veterans Crisis Line** National 800-273-8255 (press 1)  
254-206-1157

**Housing / Barracks Life / Health / Safety Hotline**

**Duty Chaplain Hotline** 254-289-2531

## ACS LOCATIONS

- Bldg. 36000, Shoemaker Center, 2nd Floor, Shoemaker Lane
- Bldg. 36051, Soldier and Family Assistance Center



## FORT HOOD ARMY COMMUNITY SERVICE

*Real-Life Solutions for Successful Army Living*

### TRAINING AND OUTREACH INITIATIVES

## JULY 2026



*Your Connection to Community Information*

## 287-4ACS (4227)

<https://hood.armymwr.com/categories/community-support>

<https://www.ArmyMWR.com/acs>

[www.militaryonesource.mil](http://www.militaryonesource.mil)

1-800-342-9647

# ACS - Family Advocacy Program Family Violence Prevention Training

Soldiers are required to attend one 90-minute training session per fiscal year.

Family members and DA Civilians are encouraged to attend.

## Tuesdays

9:30 a.m. - 11:00 a.m.  
or  
1:30 p.m. - 3:00 p.m.

Palmer Auditorium  
Bldg. 334, 31st Street

Additional training dates and locations are available upon Unit / Agency request

For additional information call: (254) 286-6774 / (254) 288-2092 or Email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Individuals who require assistance or accommodations due to a disability, contact the ACS FAP at (254) 288-2092



ACS - Exceptional Family Member Program

# EFMP ORIENTATION

2<sup>nd</sup> Tuesday of the Month  
10:00 a.m. - 11:30 a.m.

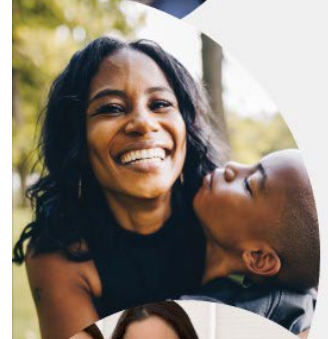
Learn about community resources, respite care, advocacy, programs and services available for Military Families with special needs.

Shoemaker Center, Building 36000, 2<sup>nd</sup> Floor, Shoemaker Lane

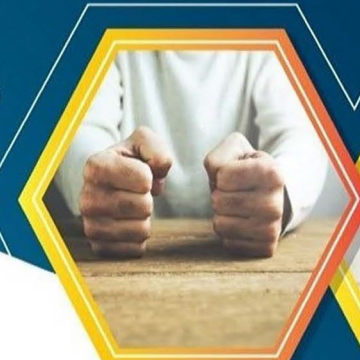
To register, call: (254) 287-6070, Scan the QR code or Email:

[usarmy.hood.id-readiness.list.acs-efmp@army.mil](mailto:usarmy.hood.id-readiness.list.acs-efmp@army.mil)

Individuals who require assistance or accommodations due to a disability, contact providing program.



Open to all  
DOD ID Card Holders



- Signs and symptoms of stress
- Stress management techniques
- Anger and conflict management

2<sup>nd</sup> & 4<sup>th</sup> Thursday  
of every month  
9:00 a.m. - 4:30 p.m.

Registration Required

Army Community Service / Family Advocacy Program

# Stress, Anger & Conflict Management Workshop



Hood.ArmyMWR.com

To Register: Call: (254) 618-7827 / 288-2092 or Email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE  
EXCEPTIONAL FAMILY MEMBER PROGRAM



EFMP Family Support  
MONTHLY WORKSHOP  
3rd Thursday of each month  
9:30 a.m. - 11:00 a.m.

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

To register, call (254) 287-6070, Scan the QR code or email: [usarmy.hood.id-readiness.list.acs-efmp@army.mil](mailto:usarmy.hood.id-readiness.list.acs-efmp@army.mil)



Individuals who require assistance or accommodation due to a disability, call the ACS EFMP office at (254) 287-6070.

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE  
EXCEPTIONAL FAMILY MEMBER PROGRAM



EFMP Family Support

RESOURCE CONNECTIONS  
SUPPORT GROUP

2nd Wednesday of each month  
9:30 a.m. - 10:30 a.m.  
(Registration Required for Participation)

- This is for parents/children who have a disability and have desired to make connections with others and share their knowledge.
- Obtain information through classes and Subject Matter Experts (SME) guest speakers.
- Connect with EFMP Staff for information and resources.

To register (254) 287-6070 Scan the QR code or email: [usarmy.hood.id-readiness.list.acs-efmp@army.mil](mailto:usarmy.hood.id-readiness.list.acs-efmp@army.mil)



Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.



### Volunteer Management Information System (VMIS)

## ORGANIZATION POINT OF CONTACT (OPOC) TRAINING CY 2026

This training provides step-by-step instruction on how to use VMIS to track volunteers and maintain volunteer records.

**13:30 pm – 15:00 pm**

January 7 & 21	May 5	September 2 & 16
February 4 & 18	June 3 & 17	October 7 & 21
March 4 & 18	July 1 & 15	November 4 & 18
April 15	August 5 & 19	December 2 & 16

For more information and to register, call (254) 287-2327, 287-4067 or Email: [usarmy.hood.id-readiness.list.avc@army.mil](mailto:usarmy.hood.id-readiness.list.avc@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS AVC at (254) 287-2327

## CAR SEAT SAFETY INSPECTION

Rear Facing • Forward Facing • Booster • Seatbelt

More Than 90% of car seats are not used correctly!  
How confident are you?  
Make sure your child is riding safely.

Sprocket Auto Craft Center  
8665 9138 at the corner of Old Ironsides Ave. & 20th Street

**2<sup>nd</sup> & 4<sup>th</sup> Friday**  
of every month,  
**9:00 a.m. - 12:00 p.m.**

To schedule an appointment, please call  
(254) 287-4505 / 288-2092 / 287-1763  
or email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

## WHAT'S *inside* MATTERS

Everyone deserves relationships that are safe, loving and respectful. A healthy relationship has:

- **Trust.** Your partner is honest, reliable and wouldn't do anything to hurt you.
- **Communication.** You can openly share your thoughts and feelings without fear.
- **Respect.** Your partner recognizes your worth and values your qualities.
- **Boundaries.** Your partner respects your limits and doesn't pressure you.
- **Support.** Your partner encourages your goals, interests and independence.

To learn more about healthy relationships, reach out to your installation Family Advocacy Program. If you're experiencing abuse, you can report it to FAP: [www.militaryonesource.mil/resources/tools/domestic-abuse-victim-advocate-locator/](http://www.militaryonesource.mil/resources/tools/domestic-abuse-victim-advocate-locator/).

Get confidential support, including help with financial assistance, emergency housing, legal assistance, counseling and more. [www.armyresilience.army.mil/FAP](http://www.armyresilience.army.mil/FAP)

Fort Hood ACS Family Advocacy Program  
254-286-6774 / 288-2092

Report Family Violence Hotline - Call 254-287-CARE (2273)

Victim Assistance Hotline - Call 254-702-4953

U.S. ARMY National Domestic Violence Hotline number 1.800.799.SAFE (7233) @ArmyResilience [www.armyresilience.army.mil](http://www.armyresilience.army.mil)

# ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.



- Learn specific skills that help advance personal or professional development
- Military Life...What Does it Mean?
  - Exploring Personality Traits
  - Successful Team Dynamics
  - Overcoming Stress
  - Winning at Time Management
  - Examining your Leadership Style
  - Effective Communication for Leaders
  - Supporting Others through Coaching and Mentoring
  - And more...

### Registration Required

- Level I: Military Knowledge (K)** Discover how to decipher Army acronyms, utilize community resources, attain better financial readiness, and understand the goal and impact of the Army mission on daily life
- Level II: Personal Growth and Resiliency (G)** Discover how teams form and grow, how to solve problems, and how to resolve personal conflict.
- Level III: Leadership Development (L)** Thrive in the Army and civilian life by expanding leadership skills and effective communication techniques and learning to mentor others into leadership positions.

**AFTB Train the Trainer (TTT)** Volunteers help administer the program and teach classes. Get training on platform skills, the adult learner and methods of instruction.

## ARMY FAMILY ACTION PLAN

Change begins with you

IT'S TIME TO SUBMIT YOUR IDEAS!

AFAP is a process that invites members of the Total Army to be agents of change by establishing and improving programs and services, developing and changing policies and regulations, creating legislation and amending laws.

**THE PROCESS**  
AFAP provides the Total Army a VOICE in shaping their standards of living and identifying issues related to the current environment. Leaders trust and support the AFAP process. It provides real-time information that enables commanders to respond more rapidly to resolve problems, implement good ideas and guide policy formation.

- PROVEN RESULTS**
- Transferability of Montgomery GI Bill (MGIB) benefits to dependents
  - Family care plan provides access to installations
  - Paternity leave for soldiers
  - Creation of family readiness groups, Better Opportunities for Single Soldiers (BOSS) and Army Family Team Building (AFTB) program
  - Availability of authorized Tricare providers
  - Traumatic brain injury rehabilitation program
  - In-state college tuition
  - Audio and visual surveillance in childcare centers
  - Federal employment military spouse preference

How can you submit an issue?  
Visit: <https://fms.armyfamilywebportal.com> or, scan the QR code



For additional information call (254) 287-1127 or email: [usarmy.hood.incom-fmwrc.list.acs-afap@army.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-afap@army.mil)

## BOOT CAMP

For New and Expectant Dads

First Tuesday of Each Month  
9:00 am - 12:00 pm

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

For more information and to register: Call the New Parent Support Program (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

## Fort Hood Employment Readiness PROGRAM



## Fort Hood Employment Readiness Program

# THE NETWORK

A Newcomers Employment Training Workshop  
Where Career Success Begins

**Tuesdays, 9:30 am - 11:00 am**  
Shoemaker Center, Bldg. 36000  
Shoemaker Lane 2nd floor, Suite 2502

This workshop offers up-to-date information on employment opportunities, job market trends, education, career exploration and volunteer resources.

For more information, call (254) 288-2089 or Email: [usarmy.hood.id-readiness.list.acs-erb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-erb@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS ERB at (254) 288-2089

## EXPLORE LEARN & PLAY

Open to Military Families with Children 0-3 years old  
Army Community Service/Family Advocacy Program  
New Parent Support Program

For more information and to register: Call the New Parent Support Program (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Open to Military Families with Children 0-3 years old  
Army Community Service/Family Advocacy Program  
New Parent Support Program

For more information and to register: Call the New Parent Support Program (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

### 2026 CAREER TRAINING

#### Navigating USAJOBS and Creating Your Federal Resume

Join us as we go through the USAJOBS website and learn tips on how to format, structure, and create detailed content for your Federal Resume.

**10:00 am - 11:30 am**

Jan 7, 21	May 6	Sep 2, 16
Feb 4, 18	Jun 3, 17	Oct 7, 21
Mar 4, 18	Jul 1, 15	Nov 4, 18
Apr 1, 15	Aug 5, 19	Dec 2, 16

Workforce of Central Texas  
300 Cheyenne Drive, Killeen

For information and to register, call (254) 288-2089 or Email: [usarmy.hood.id-readiness.list.acs-erb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-erb@army.mil)

#### MARKETING ME: Interviewing Skills

Make a great Impression in your next job interview? Review effective communication skills, interview preparation, valuable questions during the interview and salary negotiation.

**9:00 am - 10:30 am**

Jan 14	May 13	Sep 9
Feb 11	Jun 10	Oct 14
Mar 11	Jul 8	Nov 9*
Apr 8	Aug 13	Dec 9

Shoemaker Center, Bldg. 36000  
Shoemaker Ln. 2nd Floor

For information and to register, call (254) 288-2089 or Email: [usarmy.hood.id-readiness.list.acs-erb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-erb@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS ERP at (254) 288-2089

## Common Sense PARENTING

Fort Hood Army Community Service • Family Advocacy Program

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on **2<sup>nd</sup> & 4<sup>th</sup> Wednesday** of every month,  
**9:30 a.m. - 11:30 a.m.**

To Register:  
Call: (254) 286-6774 / 288-2092 or Email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Bronco Youth Center  
Bldg. 6602 Tank Destroyer Blvd

For more information call: (254)287-2286

CY 2026



**COMMUNITY RESOURCE COURSE**

9:00 am – 2:30 pm

- |                |                    |                |
|----------------|--------------------|----------------|
| February 2 – 3 | June 29 – 30       | November 2 – 3 |
| March 2 – 3    | August 3 – 4       | December 7 – 8 |
| March 30 – 31  | August 31 – Sept 1 |                |
| June 1-2       | October 5 – 6      |                |

Local organizations and agencies provide information on resources available to enhance greater self-reliance.

**CASUALTY RESPONSE (CARE) TEAM TRAINING**

VIRTUAL

5:30 pm – 8:30 pm

IN-PERSON

9:00 am – 12:00 pm

- |            |            |             |              |
|------------|------------|-------------|--------------|
| January 21 | July 22    | February 25 | August 25    |
| April 29   | October 21 | March 25    | September 22 |
|            |            | May 19      | November 10  |
|            |            | June 23     | December 15  |

Addresses the roles, responsibilities, and functions of CARE Team volunteers. Explains the support partnership between command and volunteers in the event of a crisis.

For more information and to register, call (254) 288-2794 or Email: [usarmy.hood.id-readiness.list.sfrb@army.mil](mailto:usarmy.hood.id-readiness.list.sfrb@army.mil)



Individuals who require assistance or accommodation due to a disability, call MDSSO at (254) 288-2794

Command Team Support (CY 2026)

**Command Family Readiness Representative (CFRR) Training**

- January 13 – 14
- February 17 – 18
- March 17 – 18
- April 14 – 15
- May 12 – 13
- June 16 – 17
- July 14 – 15
- August 18 – 19
- September 15 – 16
- October 27 – 28
- November 17 – 18

9:00 am – 3:30 pm  
In-Person

Identifies roles, responsibilities, acquaints CFRRs with the challenges and opportunities related to their position. Identifies available resources, enhances the connection between CFRRs, their Command teams, and service providers.

**Rear Detachment Operations (RDO) Course**

- February 23 – 25
- April 27 – 29
- June 29 – July 1
- August 24 – 25
- October 19 – 21
- December 14 – 16

9:00 am – 4:30 pm  
Virtual

For Active Duty, National Guard and Reserve Component Soldiers serving in rear detachment roles. Requests for student enrollment must be initiated by the Unit Schools NCO.

Registration required, for more information and to register, call (254) 288-2794 or Email: [usarmy.hood.id-readiness.list.sfrb@army.mil](mailto:usarmy.hood.id-readiness.list.sfrb@army.mil)



Individuals who require assistance or accommodations due to a disability, call (254) 288-2794



**Army Community Service Family Advocacy Program New Parent Support Program**

**CHILDREN'S CLOTHING SWAP**

Children Grow Fast... Clothes Don't!  
Come join us for a fun and free kids' clothing swap! Bring gently used clothes your little ones have outgrown and take home something new-to-you. All clothes left over will be donated.

**2026 CLOTHING DROP OFF**

Jan 28 • Apr 15 • Jul 29 • Oct 28

Bronco Youth Center

9:30am-11:00am

**2026 SWAP SCHEDULE**

Jan 30 • Apr 17 • Jul 31 • Oct 30

Shoemaker Center, Bldg. 36000, Cafeteria, Basement Floor

2:00 pm – 2:30 pm – Swap for Donors

2:30 pm – 4:00 pm – Swap Open for All

**DONATIONS ACCEPTED**

- Clothing sizes 4T & below
- Gently Used Clothing
- Freshly Washed Clothing

**ITEMS NOT ACCEPTED**

- Undergarments, Socks, Shoes
- Toys or Books

**Contact Us**

Individuals requiring assistance or accommodations due to disability: Call (254) 287-2286

**PAUSE**



**Pause: Your Actions Matter**

Whether you're dating and getting to know someone or you've been together a while, a healthy relationship starts with you.

**PAUSE. Reflect. Are you a good partner?**

- **Trust.** Are you honest, reliable and loyal to your partner?
- **Communication.** Do you listen without defensiveness and anger, seeking to understand?
- **Respect.** Do you recognize your partner's worth and value their qualities?
- **Boundaries.** Do you respect your partner's limits and avoid pressuring them?
- **Support.** Do you encourage your partner's goals, interests and independence?

**PAUSE. Connect with support.**

Be the reason someone feels safe, heard and valued. If you're unsure how to get started being a healthy partner, reach out to the Family Advocacy Program office at your installation: [www.armyresilience.army.mil/FAP](http://www.armyresilience.army.mil/FAP).

No judgment. Just help.

CONTACT FORT HOOD ACS FAMILY ADVOCACY PROGRAM FOR MORE INFORMATION  
254-286-6774 / 288-2092



@ArmyResilience [www.armyresilience.army.mil](http://www.armyresilience.army.mil)



**RESILIENCE SKILLS**

Open to All DoD ID Cardholders

Learn skills that will help you adapt to the everyday ups and downs of military life.

**1ST WEDNESDAY OF EACH MONTH**  
**1:00 P.M. - 2:30 P.M.**

For more information call: (254) 288-2794 or Email: [usarmy.hood.id-readiness.list.sfrb@army.mil](mailto:usarmy.hood.id-readiness.list.sfrb@army.mil)

Individuals who may require assistance or special accommodations due to disability, contact (ACS) MDSSO at (254) 288-2794



**Soldier and Family Readiness Group Training (SFRG) CY2026**

<p><b>VOLUNTEER TRAINING</b></p> <ul style="list-style-type: none"> <li>• January 14</li> <li>• March 11</li> <li>• May 13</li> <li>• July 8</li> <li>• September 9</li> </ul> <p>5:30 pm – 8:30 pm Virtual</p> <p>Identifies daily operations, practices and expectations for new Volunteers, Soldiers and Family members.</p>	<p><b>KEY CONTACT TRAINING</b></p> <ul style="list-style-type: none"> <li>• January 21</li> <li>• April 29</li> <li>• July 22</li> <li>• October 21</li> </ul> <p>5:30 pm – 8:30 pm Virtual</p> <p>Addresses the roles and responsibilities, call management and expectations of Key Contact volunteers through scenarios and resource discussion.</p>	<p><b>COMMAND TEAM TRAINING (CDR/1SG)</b></p> <ul style="list-style-type: none"> <li>• January 6</li> <li>• February 3</li> <li>• March 3</li> <li>• April 7</li> <li>• May 5</li> <li>• June 2</li> </ul> <p>9:00 am – 11:00 am Virtual</p> <p>Addresses the partnership role between the command team and SFRG volunteers; reviews the basics of SFRG funding; offers volunteer management and recruiting concepts.</p>	<p><b>FAMILY READINESS ADVISOR TRAINING</b></p> <ul style="list-style-type: none"> <li>• February 11</li> <li>• March 11</li> <li>• May 13</li> <li>• June 10</li> <li>• August 12</li> <li>• September 9</li> <li>• November 4</li> <li>• December 9</li> </ul> <p>8:30 am – 11:30 am In-Person</p> <p>Identifies roles and responsibilities. Defines advisor lanes and boundaries.</p>
<p><b>INFORMAL FUND CUSTODIAN</b></p> <ul style="list-style-type: none"> <li>• January 14</li> <li>• March 11</li> <li>• May 13</li> <li>• July 8</li> <li>• September 9</li> </ul> <p>5:30 pm – 8:30 pm Virtual</p> <p>Highlights SFRG Informal fund and fundraising do's and don'ts and fund custodian responsibilities.</p>	<p><b>INFORMAL FUND CUSTODIAN</b></p> <ul style="list-style-type: none"> <li>• February 11</li> <li>• April 8</li> <li>• June 10</li> <li>• August 12</li> <li>• October 7</li> <li>• November 18</li> <li>• December 9</li> </ul> <p>8:30 am – 11:30 am Virtual</p>	<p><b>Fort Hood Army Community Service Mobilization, Deployment &amp; Stability Support Operations (MD&amp;SSO)</b></p> <p>For more information and to register, call (254) 288-2794 or Email: <a href="mailto:usarmy.hood.id-readiness.list.sfrb@army.mil">usarmy.hood.id-readiness.list.sfrb@army.mil</a></p>	

Individuals who require assistance or accommodation due to a disability, call (254) 288-2794

Army Community Service Family Advocacy Program New Parent Support Program

**Shaken Baby Syndrome Class** 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of every month 11:00 am – 11:30 am



The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register call (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Going through some things and need to talk to someone?

**Military Family Life Counselors**

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite to walk-ins, or telephonically for Military Personnel and their Families.

For assistance:  
Monday - Friday from 8am - 5pm  
Call 254-553-4705

After 5pm or anytime Saturday and Sunday  
Military OneSource (800) 342-9647

MFLC Can HELP!!!

**EXPECT RESPECT**

A school-based program for Preventive Teen Dating Violence, Promoting Safe and Healthy Relationships in Middle and High School

- Healthy Dating Skills
- Preventing Dating Violence
- Dating Pressures
- Communication Skills
- Safe & Healthy Emotional Relationship

Prevention based awareness education for students, parents, teachers, and school administrators.

For dates, location, and to register: call (254) 618-7586 / 288-2092 or email us at: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Individuals who require assistance or accommodations due to disability, please contact the ACS FAP at (254) 288-2092

**Victims of Domestic Violence**

24/7 Hotline  
**254-702-4953**

MWR ACS

**EXPECT RESPECT**

DATING VIOLENCE PREVENTION EDUCATION FOR SINGLE SOLDIERS

OPEN TO SINGLE SOLDIERS

FORT HOOD ARMY COMMUNITY SERVICE - FAMILY ADVOCACY PROGRAM

**1st Thursday of Each Month**  
**2:00 p.m. - 3:00 p.m.**  
Upon Request

Learn what to look for in a relationship and what relationship red flags you should

- Coping Skills
- Jealousy
- Dating Pressures
- Relating to People
- Assertive Communication

For more information: call (254) 286-6774, 288-2092 or email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)



**Fort Hood Army Community Service | Financial Readiness Program**

ARMY COMMUNITY SERVICE ACS Real-Life Solutions for Successful Army Living

OPEN TO ALL DOW ID CARD HOLDERS

# CAR BUYING WORKSHOP

Tips and strategies for purchasing a car in inflationary and recessionary times

- 25 March 2026
- 24 June 2026
- 23 September 2026
- 2 December 2026

**2:00 pm - 3:00 pm**

**Shoemaker Center**  
**Building 36000, 2nd Floor, Room N212**

Workshop will be streamed LIVE on MS Teams. Registration is required to obtain the MS Teams access link.

For more information and to register, call: (254) 288-6868 or e-mail: [usarmy.hood.id-readiness.list.acs-frb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-frb@army.mil)

**Fort Hood Army Community Service | Financial Readiness Program**

OPEN TO ALL DOW ID CARD HOLDERS

## 2026 Monthly Financial Milestone Trainings

Shoemaker Center, Bldg. 36000  
2nd Floor, Room N212

Trainings will be streamed LIVE on MS Teams. Registration is required to obtain the MS Teams access link.

- Major Life Events (disabling condition)  
2nd Monday, 1330-1430
- Thrift Savings/Continuation Pay  
1st Tuesday, 0900-1000
- Promotion of Service Member  
1st Tuesday, 1330-1430
- Permanent Change of Station  
2nd Thursday, 1300-1430
- Marriage  
1st & 2nd Wednesday, 1030-1130
- Divorce  
1st Thursday, 1330-1430
- Vesting in Thrift Savings Plan  
1st Thursday, 1430-1530
- Birth of First Child  
2nd Thursday, 1430-1530
- Pre & Post Deployment  
Upon Request

Financial Planning for Initial Permanent Change of Station - Soldiers (E1 to E4 & O-1 to O-3) learn, develop and manage spending plans and credit while examining impacts of special pay and entitlements associated with a change in duty station.

Vesting in Thrift Savings Plan (TSP) - Soldiers will learn how to manage and update their TSP account and vesting.

Continuation Pay - Soldiers under the Blended Retirement System (BRS) who are currently eligible or within 12 months of receiving Continuation Pay will learn the components of BRS, importance of planning for retirement & how to calculate continuation pay.

Promotion of Service member - (E-5 & below or O-4 & below) learn how income changes related to promotion, options for increased income, updating spending plan, effect on TSP contributions and reevaluating financial goals.

Marriage, divorce, birth of first child - Soldiers will learn how to update DEERS, check their LES for accuracy, update spending plan, address TRICARE concerns, and how to access additional resources.

Major Life Events (disabling condition) - Soldiers will learn how to address the financial implications of dealing with a disabling sickness or conditions and gain insight to manage their finances more efficiently.

Pre & Post Deployment - Soldiers will learn importance of creating and managing spending plans for pre & post deployment, as well as Servicemembers Civil Relief Act and how to protect their credit with credit freezes.

Training can be completed online at the Army Family Web Portal (AFWP): <https://oims.armyfamilywebportal.com>

For more information and to register, call: (254) 288-6868 or e-mail: [usarmy.hood.id-readiness.list.acs-frb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-frb@army.mil)

**Financial Readiness Workshops**

OPEN TO ALL DOW ID CARD HOLDERS

2nd Tuesday  
Saving & Investing, 1:30 - 3:00 pm

3rd Wednesday  
Budget & Debt Management, 9:30 - 11:00 am  
Credit Booster, 1:30 - 3:00 pm

Shoemaker Center, Bldg. 36000  
2nd Floor, Room N212

Workshops will be streamed LIVE on MS Teams. Registration is required to obtain the MS Teams access link.

For more information and to register, call: (254) 288-6868 or e-mail: [usarmy.hood.id-readiness.list.acs-frb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-frb@army.mil)

**Report Domestic Violence or Child Abuse**

24/7 Hotline  
**254-287-CARE (2273)**

**Fort Hood Army Community Service FAP | New Parent Support Program**

## Infant Care

Every 2<sup>nd</sup> Thursday of the month, 1:00 p.m. - 2:30 p.m.

New and expectant parents learn skills that cover the basic care for infants. This class is both instructional and hands-on.

Topics Include

- Burping
- Umbilical cord care
- Swaddling
- Bathing
- Diapering and changing
- Soothing Techniques for the crying infant
- Infant feedings and feeding schedules

For more information or to register, call (254) 287-2286  
Email: [usarmy.hood.id-readiness.list.acs-npsp@army.mil](mailto:usarmy.hood.id-readiness.list.acs-npsp@army.mil)  
Individuals who require accommodation due to disability, please contact ACS FAP, NPSP

Fort Hood Army Community Service - Family Advocacy Program

# Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

All DOD ID Cards Holders

First Wednesday of Each Month

9:00 a.m. - 4:00 p.m.

- » Discuss important topics of commitment
- » Understand your partner's expectations and role
- » Learn the impact of personal beliefs
- » Consider cultural differences
- » Acquire conflict resolution styles
- » Gain insight about financial decisions
- » Recognize the importance of support systems

To register, call (254) 286-6774 / 288-2092 or email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)



Hood.ArmyMWR.com

Army Community Service / Family Advocacy Program

# Blended Families Workshop

Education and support for any family

1st and 3rd Thursday of Each Month

9:00 am - 12:00 pm

Topics include:

- Defining family member roles
- Navigating relationships or marriage
- Strategies for overcoming everyday challenges
- Building healthy connections and loving bonds

For more information ad to register, call (254) 286-6774 or 288-2092 or email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Individuals who require assistance or accommodation due to a disability, contact the ACS FAP office at (254) 287-5066



Hood.ArmyMWR.com

Fort Hood Army Community Service - Family Advocacy Program

# RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship  
Discovering Your Personality  
Understanding Expectations in Your Relationship  
Improving Communication & Intimacy  
Supporting Your Partner

Classes are held the 2nd Wednesday of every month 9:00 a.m.— 4:00 p.m.

To register or for more information Please call 254-286-6774 / 288-2092

[usarmy.hood.id-readiness.list.acs-fap-trainin@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-trainin@army.mil)

Individuals who require assistance or accommodations due to a disability, please contact the Arm: Community service Family Advocacy Program at (254) 288-2091

OPEN TO ALL DOW ID CARD HOLDERS



ARMY COMMUNITY SERVICE FINANCIAL READINESS PROGRAM

# HOME BUYING Workshop

10:00 am – 11:00 am

25 March 2026

24 June 2026

23 September 2026

Who Should Attend?

- ✓ First-time homebuyers
- ✓ Military families & veterans
- ✓ Anyone looking to purchase a home

Workshop will be streamed LIVE on MS Teams. Registration is required to obtain the MS Teams access link.

Shoemaker Center  
Building 36000, 2nd Floor, Room N212

For more information and to register, call: 254.288.6868 or email: [usarmy.hood.id-readiness.list.acs-frb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-frb@army.mil)