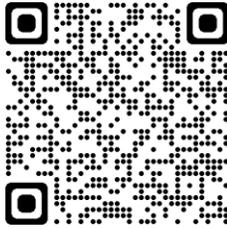


# Fort Hood Community Information Sheet

## III ARMORED CORPS

[III Armored Corps :: U.S. Army Fort Hood](#)



## III ARMORED CORPS PHANTOM FORGE CENTER

[III Armored Corps Phantom-Forge-Center](#)



## III ARMORED CORPS INSPECTOR GENERAL (IG)

[Inspector General :: III Armored Corps & Fort Hood \(army.mil\)](#)



## ARMY COMMUNITY SERVICE

[ACS :: Ft. Hood :: US Army MWR](#)



## AMERICAN RED CROSS

[Heart of Texas Chapter | Central & South Texas Region | American Red Cross](#)



## BETTER OPPORTUNITY FOR SOLDIERS (BOSS)

[Better Opportunity for Single Soldiers \(armymwr.com\)](#)



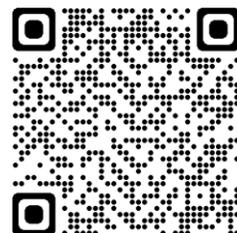
## CARL R. DARNALL ARMY MEDICAL CENTER

[Home \(tricare.mil\)](#)



## CAVALRY FAMILY HOUSING

[Fort Hood TX Housing | Cavalry Family Housing | Fort Hood TX \(cavalryfh.com\)](#)



# Fort Hood Community Information Sheet

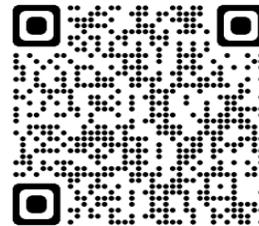
## [CHILD & YOUTH SERVICES \(CYS\)](#)

[CYS :: Ft. Hood :: US Army MWR](#)



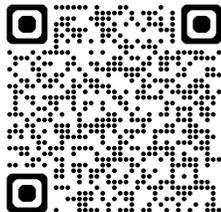
## [CRIMINAL INVESTIGATION DIVISION \(CID\)](#)

[Army CID Home](#)



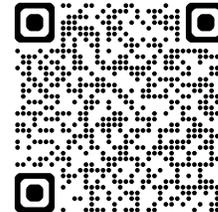
## [DeCA CLEAR CREEK COMMISSARY](#)

[Fort Hood - Clear Creek | Commissaries](#)



## [DeCA WARRIOR WAY COMMISSARY](#)

[Fort Hood - Warrior Way | Commissaries](#)



## [DENTAL COMMAND \(DENTAC\)](#)

[Carl R. Darnall Army Medical Center > Health Services > Dental \(tricare.mil\)](#)



## [DIRECTORATE OF FAMILY MORALE WELFARE AND RECREATION](#)

[Home :: Ft. Hood :: US Army MWR](#)



## [DIRECTORATE OF HUMAN RESOURCES \(DHR\)](#)

[Directorate of Human Resources :: U.S. Army Fort Hood](#)



## [DIRECTORATE OF PLANS, TRAINING, MOBILIZATION & SECURITY \(DPTMS\)](#)

[Directorate of Plans, Training, Mobilization & Security :: U.S. Army Fort Hood](#)



# Fort Hood Community Information Sheet

## [DIRECTORATE OF PUBLIC WORKS](#)

[Directorate of Public Works :: U.S. Army Fort Hood](#)



## [EDUCATION SERVICES DIVISION \(ESD\)](#)

[Education Services Division :: U.S. Army Fort Hood](#)



## [EQUAL EMPLOYMENT OPPORTUNITY \(EEO\)](#)

[Equal Employment Opportunity Program :: U.S. Army Fort Hood](#)



## [EXCHANGE](#)

[Shopmyexchange.com](#)



## [FISHER HOUSE](#)

[Texas: Carl R. Darnall Army Medical Center - Fisher House Foundation](#)



## [FORT HOOD STANDALONE NETWORK ENTERPRISE CENTER \(NEC\)](#)

[Fort Hood Standalone Network Enterprise Center :: U.S. Army For Enterprise Center](#)



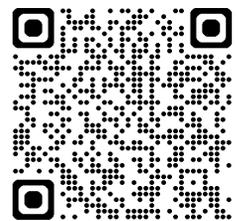
## [GARRISON CHAPLAIN OFFICE](#)

[Religious Support Office :: U.S. Army Fort Hood](#)



## [INSTALLATION TRANSPORTATION OFFICE \(ITO\)](#)

[Installation Transportation Office :: U.S. Army Fort Hood](#)



# Fort Hood Community Information Sheet

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## [OFFICE OF THE STAFF JUDGE ADVOCATE \(SJA\)](#)

[Office of the Staff Judge Advocate :: III Armored Corps & Fort Hood \(army.mil\)](#)



## [PUBLIC AFFAIRS OFFICE \(PAO\)](#) [Public](#)

[Affairs Office :: U.S. Army Fort Hood](#)



## [TRANSITION ASSISTANCE PROGRAM](#)

[Transition Assistance Program :: U.S. Army Fort Hood](#)



## [UNITED SERVICE ORGANIZATION \(USO\)](#)

[USO Fort Hood](#)



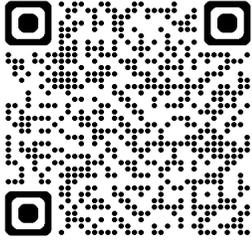
Note: Agency names and websites that appear in blue are hyperlinks. For additional information contact: Army Community Service Community Information Services at (254) 287-4471 or e-mail: [usarmy.hood.id-readiness.list.community-services-council@army.mil](mailto:usarmy.hood.id-readiness.list.community-services-council@army.mil)

# Community Leaders Information Sheet

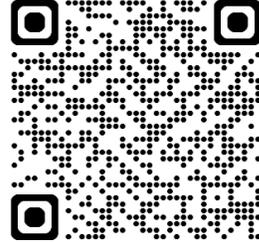
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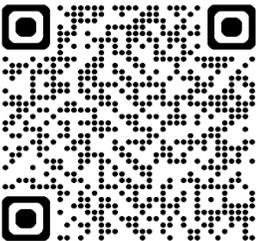
## CITY OF BELTON



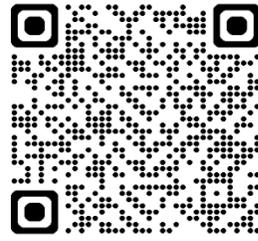
## CITY OF COPPERAS COVE



## CITY OF GATESVILLE



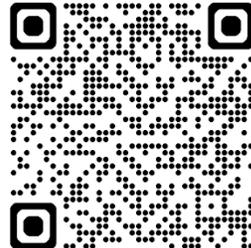
## CITY OF HARKER HEIGHTS



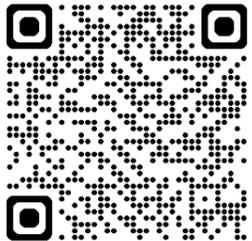
## CITY OF KILLEEN



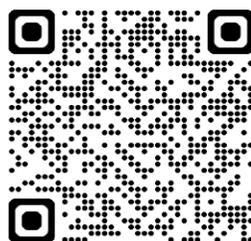
## CITY OF LAMPASAS



## CITY OF NOLANVILLE



## CITY OF TEMPLE



Open to Military Families with Children 0 – 3 Years old



# Little Learners



## Park Connections

 **Times & Locations**

- ✓ 3 April 2026 | 3pm-4pm | Bronco Park  
6602 Tank Destroyer Blvd, Ft. Hood, TX 76544
- ✓ 10 April 2026 | 3pm-4pm | Copperas Cove City Park  
1206 W Avenue B, Copperas Cove, TX 76522
- ✓ 24 April 2026 | 3pm-4pm | Carl Levin Park  
400 Miller Crossing, Harker Heights, TX 76548

- Meet Other Parents
- Build Connections
- Enjoy an Afternoon Outdoors
- No Registration Required

Fort Hood Army Community Service

Family Advocacy Program New Parent Support Program

**Individuals requiring assistance or accommodations due to disability:  
Call (254) 287-2286**





# Fort Hood Army Substance Abuse Program

Employee Assistance Program (EAP)

## SUBSTANCE ABUSE

&

## WORKPLACE VIOLENCE



This annual mandatory Personal Readiness Training equips Department of the Army Civilians with essential information to identify, prevent, and respond to substance abuse and workplace violence.



### Non-Supervisors



Every 2<sup>nd</sup> Thursday

0900- 1100 or 1300- 1500



Shoemaker Center  
Building 36000  
2<sup>ND</sup> Floor, Room 2801



### Supervisors



Last Thursday of the Month

0900- 1100 or 1300- 1500



Shoemaker Center  
Building 36000  
5<sup>th</sup> Floor, Room 5130

### Employee Assistance Program Coordinators



#### Mr. Kenya King

Building 36000  
3<sup>rd</sup> Floor, Room 3241  
254-286-6216



#### Ms. Shamara Henry

Building 36000  
3<sup>rd</sup> Floor, Room 3101  
254-287-2437





Fort Hood  
Employee Assistance Program

# Relaxation Room

## YOUR SPACE TO PAUSE, BREATHE, AND RECOVER

 **Location:** Shoemaker Center, Building 36000, 3<sup>rd</sup> Floor, Room 3230 and 3233

 **Hours of Operation:** Monday through Friday from 7:30am to 4:00pm, (First Come First Served- 30 mins to 1 hour)

### What's Inside?

- ✓ Aromatherapy & Soothing Scents
- ✓ Comfortable Seating & Soft Lighting
- ✓ Ambient Noise
- ✓ Meditation & Mindfulness Tools
- ✓ Quiet, Tech-Free Zone to Recharge

-Almost everything will work again if you unplug it for a few minutes... including you."

- Anne Lamott

### Why Use the Relaxation Room?

- Reduce Stress & Tension
- Improve Mental Clarity & Focus
- Support Emotional Wellness
- Reconnect with Peace of Mind

***All DOD civilians are welcome. Whether you're between briefings, coming off shift, or need a wellness reset- this space is for YOU.***





# ARMY SUBSTANCE ABUSE PROGRAM

## Prevent -- Educate -- Deter

### **Prevention-focused. Soldier-centered.**

Committed to reducing risk through education, awareness, and proactive support by empowering Soldiers to make informed choices and protect what matters most.

### **We Offer**

- ✓ Prime for Life Intervention Training
- ✓ Unit Annual Training
- ✓ Drug and VR Impairment Googles
- ✓ Peer-Focused Discussions
- ✓ Accountability and Action Planning



### **Signature Training**

- ✓ Understanding the "WHY" Behind Substance Abuse
- ✓ What is in Your Vape?
- ✓ THC/CBD
- ✓ Fentanyl -- Blue Lotus -- Pink Cocaine
- ✓ Specialized Training by Request



### **ASAP**

**36000 Shoemaker Lane, 3<sup>rd</sup> Floor  
Fort Hood, TX 76544  
(254) 287-7575 or (254) 287-8868**

**PREVENTION IS BETTER THAN A CURE!**

**BOSS**

BETTER OPPORTUNITIES  
FOR SINGLE SOLDIERS

DUI Prevention Games, Mocktails Bar,  
Food, Yoga, Karaoke and Line Dancing

# MOCKTAILS AND CHILL

**APR 10th @11AM**

**FREE  
& OPEN TO ALL  
ACTIVE DUTY SOLDIERS**



Registration Required:

**BOSS HQ** Old Ironsides Ave BLDG 9212  
254-287-6116 [Hood.ArmyMWR.com/BOSS](http://Hood.ArmyMWR.com/BOSS)



No Endorsement Implied

## HELPFUL ACS NUMBERS

**ACS Volunteer Program / Army Volunteer Corps (AVC)**  
287-8657 / 287-2327

**Army Emergency Relief (AER)**  
Emergency Financial Assistance  
553-3101 / 553-3102

**Army Family Action Plan / Army Family Team Building**  
287-1127

**Employment Readiness Program (ERP)** Job Search Assistance, Resume Writing, Career Skills  
287-6067 / 288-2089

**Exceptional Family Member Program (EFMP)**  
287-6070

**Family Advocacy Program (FAP)**  
Relationship Enrichment, Preparing for Marriage, Common Sense Parenting, Car Seat Inspection  
286-6774 / 288-2092

**Family Assistance Center (FAC)**  
288-7570

**Financial Readiness Branch (FRP)**  
Financial Counseling and Management Classes  
287-CITY (2489) / 288-6868

**Military Family Life Counseling (MFCLC)** Non-Clinical Counseling  
553-4705

**Mobilization, Deployment & Stability Support Operations (MDSSO)** SFRG Training, Resilience, Community Resource Course  
288-2794

**New Parent Support Program (NPSP)** Infant Care, Play Mornings, Shaken Baby, Daddy Bootcamp  
287-2286

**Soldier and Family Assistance Center (SFAC)**  
286-5768

**Survivor Outreach Services (SOS)**

## 24/7 HOTLINES

<b>Commanding General (CG) Hotline</b>	254-618-7486
<b>Reporting Domestic Violence or Child Abuse</b>	254-287-CARE (2273) National 800-422-4453
<b>Assistance for Victims of Domestic Violence</b>	254-702-4953 National 800- 799-7233
<b>Suicide Prevention</b>	National 800- 273-8255 or Dial 988
<b>Sexual Harassment / Sexual Assault (SHARP)</b>	254-319-4671 National 877-995-5247
<b>EO and Harassment Hotline</b>	254- 291-5717
<b>Veterans Crisis Line</b>	National 800-273-8255 (press 1)
<b>Housing / Barracks Life / Health / Safety Hotline</b>	254-206-1157
<b>Duty Chaplain Hotline</b>	254-289-2531

## ACS LOCATIONS

- Bldg. 36000, Shoemaker Center, 2nd Floor, Shoemaker Lane
- Bldg. 36051, Soldier and Family Assistance Center

# FORT HOOD ARMY COMMUNITY SERVICE

*Real-Life Solutions for Successful Army Living*

## TRAINING AND OUTREACH INITIATIVES

# APRIL 2026



## Month of the Military Child

# YOUNG LIVES BIG STORIES



## Military Children and Youth: Strength in Every Story

### April 1–30, 2026

**What does it mean to you to be a military child or youth?**  
Tell us your story for a chance to WIN PRIZES! Entries can be an original drawing, essay, or video of an original poem, lyrics, or song.

Visit [ArmyMWR.com/YLBS](http://ArmyMWR.com/YLBS) to enter!



THE U.S. ARMY FAMILY AND MWR PROGRAMS IS BROUGHT TO YOU BY THE U.S. ARMY INSTALLATION MANAGEMENT COMMAND. FOR MORE INFORMATION VISIT [ARMYMWR.COM](http://ARMYMWR.COM)

## Report Domestic Violence or Child Abuse

24/7 Hotline  
254-287-CARE (2273)



*Your Connection to Community Information*

## 287-4ACS (4227)

<https://hood.armymwr.com/categories/community-support>

<https://www.ArmyMWR.com/acs>

[www.militaryonesource.mil](http://www.militaryonesource.mil)

1-800-342-9647

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE  
EXCEPTIONAL FAMILY MEMBER PROGRAM



**EFMP** Family Support



**RESOURCE CONNECTIONS  
SUPPORT GROUP**



**2nd Wednesday of each month  
9:30 a.m. – 10:30 a.m.  
(Registration Required for Participation)**

- This is for parents/children who have a disability and have desired to make connections with others and share their knowledge.
- Obtain information through classes and Subject Matter Experts (SME) guest speakers.
- Connect with EFMP Staff for information and resources.

To register (254) 287-6070 Scan the QR code or  
email: [usarmy.hood.id-readiness.list.acs-efmp@army.mil](mailto:usarmy.hood.id-readiness.list.acs-efmp@army.mil)



Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE  
EXCEPTIONAL FAMILY MEMBER PROGRAM



**EFMP** Family Support  
**MONTHLY WORKSHOP**

**3rd Thursday of each month  
9:30 a.m. – 11:00 a.m.**

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

To register, call (254) 287-6070, Scan the QR code or  
email: [usarmy.hood.id-readiness.list.acs-efmp@army.mil](mailto:usarmy.hood.id-readiness.list.acs-efmp@army.mil)



Individuals who require assistance or accommodation due to a disability, call the ACS EFMP office at (254) 287-6070.

Going through some things and need to talk to someone?

**Military Family Life Counselors**

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite to walk-ins, or telephonically for Military Personnel and their Families.

For assistance:  
Monday - Friday from 8am - 5pm  
Call 254-553-4705

After 5pm or anytime Saturday and Sunday  
Military OneSource (800) 342-9647

MFLC Can HELP!!!

Open to all  
DOD ID Card Holders

• Signs and symptoms of stress  
• Stress management techniques  
• Anger and conflict management

Army Community Service / Family Advocacy Program

**Stress, Anger  
& Conflict Management  
Workshop**

2<sup>nd</sup> & 4<sup>th</sup> Thursday  
of every month  
9:00 a.m. - 4:30 p.m.  
Registration Required

To Register: Call: (254) 618-7827 / 288-2092 or Email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

ACS - Family Advocacy Program

**Family Violence Prevention  
Training**

Soldiers are required to attend one 90-minute training session per fiscal year. Family members and DA Civilians are encouraged to attend.

**Tuesdays**  
9:30 a.m. - 11:00 a.m.  
or  
1:30 p.m. - 3:00 p.m.

Palmer Auditorium  
Bldg. 334, 31st Street

Additional training dates and locations are available upon Unit / Agency request

For additional information call: (254) 286-6774 / (254) 288-2092 or  
Email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Individuals who require assistance or accommodations due to a disability, contact the ACS FAP at (254) 288-2092

OPEN TO  
SINGLE SOLDIERS

FORT HOOD ARMY COMMUNITY SERVICE - FAMILY ADVOCACY PROGRAM

**EXPECT  
RESPECT**

DATING VIOLENCE PREVENTION EDUCATION FOR SINGLE SOLDIERS

**1st Thursday of Each Month  
2:00 p.m. - 3:00 p.m.  
Upon Request**

Learn what to look for in a relationship and what relationship red flags you should

- Coping Skills | Jealousy
- Dating Pressures | Relating to People
- Assertive Communication

For more information: call (254) 286-6774, 288-2092 or email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Army Community Service / Family Advocacy Program

**EXPECT  
RESPECT**

A school-based program for Preventive Teen Dating Violence, Promoting Safe and Healthy Relationships in Middle and High School

- Healthy Dating Skills | Preventing Dating Violence
- Dating Pressures | Communication Skills
- Safe & Healthy Emotional Relationship

Prevention based awareness education for students, parents, teachers, and school administrators.

For dates, location, and to register:  
call (254) 618-7586 / 288-2092 or  
email us at: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Individuals who require assistance or accommodations due to disability, please contact the ACS FAP at (254) 288-2092

ACS - Exceptional Family Member Program

**EFMP ORIENTATION**

**2<sup>nd</sup> Tuesday of the Month  
10:00 a.m. – 11:30 a.m.**

Learn about community resources, respite care, advocacy, programs and services available for Military Families with special needs.

Shoemaker Center, Building 36000, 2<sup>nd</sup> Floor, Shoemaker Lane  
To register, call: (254) 287-6070, Scan the QR code or Email:  
[usarmy.hood.id-readiness.list.acs-efmp@army.mil](mailto:usarmy.hood.id-readiness.list.acs-efmp@army.mil)

Individuals who require assistance or accommodations due to a disability, contact providing program.

Army Community Service  
Family Advocacy Program

## BOOT CAMP

**For New and Expectant Dads**

**First Tuesday of Each Month**  
9:00 am - 12:00 pm

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

For more information and to register: Call the New Parent Support Program (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Fort Hood Army Community Service • Family Advocacy Program

# Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem Behavior.

Classes are held on **2<sup>nd</sup> & 4<sup>th</sup> Wednesday** of every month,  
9:30 a.m. - 11:30 a.m.

To Register:  
Call: (254) 286-6774 / 288-2092 or Email:  
[usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Fort Hood  
**EmploymentReadiness**  
PROGRAM

**2026 CAREER TRAINING**

**Navigating USAJOBS and Creating Your Federal Resume**  
Join us as we go through the USAJOBS website and learn tips on how to format, structure, and create detailed content for your Federal Resume.

**MARKETING ME: Interviewing Skills**  
Make a great impression in your next job interview? Review effective communication skills, interview preparation, valuable questions during the interview and salary negotiation.

<b>10:00 am - 11:30 am</b>	<b>9:00 am - 10:30 am</b>
Jan 7, 21    May 6    Sep 2, 16	Jan 14    May 13    Sep 9
Feb 4, 18    Jun 3, 17    Oct 7, 21	Feb 11    Jun 10    Oct 14
Mar 4, 18    Jul 1, 15    Nov 4, 18	Mar 11    Jul 8    Nov 9*
Apr 1, 15    Aug 5, 19    Dec 2, 16	Apr 8    Aug 13    Dec 9

Workforce of Central Texas  
300 Cheyenne Drive, Killeen

Shoemaker Center, Bldg. 36000  
Shoemaker Ln. 2nd Floor

For information and to register, call (254) 288-2089 or Email: [usarmy.hood.id-readiness.list.acs-erb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-erb@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS ERP at (254) 288-2089

FORT HOOD ARMY VOLUNTEER CORPS

Volunteer Management Information System (VMIS)  
**ORGANIZATION POINT OF CONTACT (OPOC) TRAINING CY 2026**

This training provides step-by-step instruction on how to use VMIS to track volunteers and maintain volunteer records.

**13:30 pm – 15:00 pm**

January 7 & 21	May 5	September 2 & 16
February 4 & 18	June 3 & 17	October 7 & 21
March 4 & 18	July 1 & 15	November 4 & 18
April 15	August 5 & 19	December 2 & 16

For more information and to register, call (254) 287-2327, 287-6067 or Email: [usarmy.hood.id-readiness.list.acs-vmis@army.mil](mailto:usarmy.hood.id-readiness.list.acs-vmis@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS AVC at (254) 287-2327

**WHAT'S inside MATTERS**

Everyone deserves relationships that are safe, loving and respectful. A healthy relationship has:

- **Trust.** Your partner is honest, reliable and wouldn't do anything to hurt you.
- **Communication.** You can openly share your thoughts and feelings without fear.
- **Respect.** Your partner recognizes your worth and values your qualities.
- **Boundaries.** Your partner respects your limits and doesn't pressure you.
- **Support.** Your partner encourages your goals, interests and independence.

To learn more about healthy relationships, reach out to your installation Family Advocacy Program. If you're experiencing abuse, you can report it to FAP: [www.militaryonesource.mil/resources/tools/domestic-abuse-victim-advocate-locator/](http://www.militaryonesource.mil/resources/tools/domestic-abuse-victim-advocate-locator/).

Get confidential support, including help with financial assistance, emergency housing, legal assistance, counseling and more. [www.armyresilience.army.mil/FAP](http://www.armyresilience.army.mil/FAP)

Fort Hood ACS Family Advocacy Program  
254-286-6774 / 288-2092

Report Family Violence Hotline - Call 254-287-CARE (2273)

Victim Assistance Hotline - Call 254-702-4953

U.S. ARMY

National Domestic Violence Hotline number: 1.800.799.SAFE (7233)

@ArmyResilience    www.armyresilience.army.mil

Certified technicians will provide up-to-date information about car seat installations & hands-on education or your child's safety.

More Than 90% of car seats are not used correctly!  
How confident are you?  
Make sure your child is riding safely.

Sprocket Auto Craft Center  
Bldg. 9138, at the corner of Old Ironsides Ave & 20th Street

**2<sup>nd</sup> & 4<sup>th</sup> Friday** of every month,  
9:00 a.m. - 12:00 p.m.

To schedule an appointment, please call (254) 287-6505 / 288-2092 / 287-1763 or email [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Open to Military Families with Children 0-3 years old  
Army Community Service/Family Advocacy Program  
New Parent Support Program

## EXPLORE LEARN & PLAY

- Educational, fun activities for children
- Interactive play capitalizing on developing social and motor skills
- Opportunity for parents to network, learn and share experiences

**Wednesdays**  
9:30 am - 11:00 am

Bronco Youth Center  
Bldg. 6602 Tank Destroyer Blvd

For more information call: (254)287-2286

Fort Hood Employment Readiness Program

# THE NETWORK

A Newcomers Employment Training Workshop  
Where Career Success Begins

**Tuesdays, 9:30 am - 11:00 am**  
Shoemaker Center, Bldg. 36000  
Shoemaker Lane 2nd floor, Suite 2502

This workshop offers up-to-date information on employment opportunities, job market trends, education, career exploration and volunteer resources.

For more information, call (254) 288-2089 or Email: [usarmy.hood.id-readiness.list.acs-erb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-erb@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS ERB at (254) 288-2089

## ARMY FAMILY ACTION PLAN

Change begins with you

IT'S TIME TO SUBMIT YOUR IDEAS!

AFAP is a process that invites members of the Total Army to be agents of change by establishing and improving programs and services, developing and changing policies and regulations, creating legislation and amending laws.

**THE PROCESS**  
AFAP provides the Total Army a VOICE in shaping their standards of living and identifying issues related to the current environment. Leaders trust and support the AFAP process. It provides real-time information that enables commanders to respond more rapidly to resolve problems, implement good ideas and guide policy formation.

**PROVEN RESULTS**

- Transferability of Montgomery GI Bill (MGB) benefits to dependents
- Family care plan provides access to installations
- Paternity leave for soldiers
- Creation of family readiness groups, Better Opportunities for Single Soldiers (BOSS) and Army Family Team Building (AFTB) program
- Availability of authorized Tricare providers
- Traumatic brain injury rehabilitation program
- In-state college tuition
- Audio and visual surveillance in childcare centers
- Federal employment military spouse preference

How can you submit an issue?  
Visit, <https://fms.armyfamilyactionplan.com> or, scan the QR code

For additional information call (254) 287-1127 or email: [usarmy.hood.incom-fmwr-list.acs-afap@army.mil](mailto:usarmy.hood.incom-fmwr-list.acs-afap@army.mil)

# ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

**Registration Required**

- Level I: Military Knowledge (K)** Discover how to decipher Army acronyms, utilize community resources, attain better financial readiness, and understand the goal and impact of the Army mission on daily life
- Level II: Personal Growth and Resiliency (G)** Discover how teams form and grow, how to solve problems, and how to resolve personal conflict.
- Level III: Leadership Development (L)** Thrive in the Army and civilian life by expanding leadership skills and effective communication techniques and learning to mentor others into leadership positions.

AFTB Train the Trainer (TTT) Volunteers help administer the program and teach classes. Get training on platform skills, the adult learner and methods of instruction.

Contact the AFTB office for questions or for Additional Information: 254-287-1127 or Email: [usarmy.hood.id-readiness.list.acs-aftb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-aftb@army.mil)



### Army Community Service Family Advocacy Program New Parent Support Program

## CHILDREN'S CLOTHING SWAP

Children Grow Fast...Clothes Don't!  
Come join us for a fun and free kids' clothing swap! Bring gently used clothes your little ones have outgrown and take home something new-to-you. All clothes left over will be donated.

**2026 CLOTHING DROP OFF**

Jan 28 • Apr 15 • Oct 28	Jul 29
Bronco Youth Center	Main Post Chapel Gym
9:30am-11:00am	9:00am-11:00am

**2026 SWAP SCHEDULE**

Jan 30 • Apr 17 • Jul 31 • Oct 30
Shoemaker Center, Bldg 36000, Cafeteria, Basement Floor
2:00pm – 2:30pm – Swap for Donors
2:30pm – 4:00pm – Swap Open for All

**DONATIONS ACCEPTED**

- Clothing sizes 4T & below
- Gently Used Clothing
- Freshly Washed Clothing

**ITEMS NOT ACCEPTED**

- Undergarments, Socks, Shoes
- Toys or Books

**Contact Us**  
Individuals requiring assistance or accommodations due to disability: Call (254) 287-2286



## PAIISE

### Pause: Your Actions Matter

Whether you're dating and getting to know someone or you've been together a while, a healthy relationship starts with you.

**PAUSE. Reflect. Are you a good partner?**

- Trust. Are you honest, reliable and loyal to your partner?
- Communication. Do you listen without defensiveness and anger, seeking to understand?
- Respect. Do you recognize your partner's worth and value their qualities?
- Boundaries. Do you respect your partner's limits and avoid pressuring them?
- Support. Do you encourage your partner's goals, interests and independence?

**PAUSE. Connect with support.**  
Be the reason someone feels safe, heard and valued. If you're unsure how to get started being a healthy partner, reach out to the Family Advocacy Program office at your installation: [www.armyresilience.army.mil/FAP](http://www.armyresilience.army.mil/FAP).

No judgment. Just help.

CONTACT FORT HOOD ACS FAMILY ADVOCACY PROGRAM FOR MORE INFORMATION  
254-286-6774 / 288-2092

U.S. ARMY  
1.800.799.SAFE (7233)  
@ArmyResilience www.armyresilience.army.mil

Fort Hood Army Community Service - Mobilization, Deployment & Stability Support Operations (MD&SSO)

## RESILIENCE SKILLS

Open to All DoD ID Cardholders

Learn skills that will help you adapt to the everyday ups and downs of military life.

**1ST WEDNESDAY OF EACH MONTH**  
**1:00 P.M. - 2:30 P.M.**

For more information call: (254) 288-2794 or Email: [usarmy.hood.id-readiness.list.sfrb@army.mil](mailto:usarmy.hood.id-readiness.list.sfrb@army.mil)

Individuals who may require assistance or special accommodations due to disability, contact (ACS) MDSSO at (254) 288-2794

### ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO) CY 2026

## COMMUNITY RESOURCE COURSE

9:00 am – 2:30 pm

February 2 – 3	June 29 – 30	November 2 – 3
March 2 – 3	August 3 – 4	December 7 – 8
March 30 – 31	August 31 – Sept 1	
June 1-2	October 5 – 6	

Local organizations and agencies provide information on resources available to enhance greater self-reliance.

## CASUALTY RESPONSE (CARE) TEAM TRAINING

VIRTUAL		IN-PERSON	
5:30 pm – 8:30 pm		9:00 am – 12:00 pm	
January 21	July 22	February 25	August 25
April 29	October 21	March 25	September 22
		May 19	November 10
		June 23	December 15

Addresses the roles, responsibilities, and functions of CARE Team volunteers. Explains the support partnership between command and volunteers in the event of a crisis.

For more information and to register, call (254) 288-2794 or Email: [usarmy.hood.id-readiness.list.sfrb@army.mil](mailto:usarmy.hood.id-readiness.list.sfrb@army.mil)

Individuals who require assistance or accommodation due to a disability, call MDSSO at (254) 288-2794

## Soldier and Family Readiness Group Training (SFRG) CY2026

**KEY CONTACT TRAINING**

January 21	February 11
April 29	March 11
July 22	May 13
October 21	June 10
	August 12
	September 9
	November 4
	December 9

5:30 pm – 8:30 pm Virtual  
8:30 am – 11:30 am In-Person

Addresses the roles and responsibilities, call management and expectations of Key Contact volunteers through scenarios and resource discussion.

**VOLUNTEER TRAINING**

January 14	February 18
March 11	April 15
May 13	June 17
July 8	August 19
September 9	October 21
	November 18
	December 16

5:30 pm – 8:30 pm Virtual  
8:30 am – 11:30 am Virtual

Identifies daily operations, practices and expectations for new Volunteers, Soldiers and Family members.

**COMMAND TEAM TRAINING (CMDT/ISG)**

January 6	July 7
February 3	August 4
March 3	September 1
April 7	October 6
May 5	November 5
June 2	December 8

9:00 am – 11:00 am Virtual

Addresses the partnership role between the command team and SFRG volunteers; reviews the basics of SFRG funding; offers volunteer management and recruiting concepts.

**FAMILY READINESS ADVISOR TRAINING**

February 18
May 20
August 19
November 18

8:30 am – 12:00 pm In-Person

Identifies roles and Responsibilities. Defines advisor lanes and boundaries.

**Fort Hood Army Community Service Mobilization, Deployment & Stability Support Operations (MD&SSO)**

For more information and to register, call (254) 288-2794 or Email: [usarmy.hood.id-readiness.list.sfrb@army.mil](mailto:usarmy.hood.id-readiness.list.sfrb@army.mil)

Individuals who require assistance or accommodation due to a disability, call (254) 288-2794

### ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO)

## Command Team Support (CY 2026) Command Family Readiness Representative (CFRR) Training

January 13 – 14
February 17 – 18
March 17 – 18
April 14 – 15
May 12 – 13
June 16 – 17
July 14 – 15
August 18 – 19
September 15 – 16
October 27 – 28
November 17 – 18

9:00 am – 3:30 pm In-Person

Identifies roles, responsibilities, acquaints CFRRs with the challenges and opportunities related to their position. Identifies available resources, enhances the connection between CFRRs, their Command teams, and service providers.

## Rear Detachment Operations (RDO) Course

February 23 – 25
April 27 – 29
June 29 – July 1
August 24 – 25
October 19 – 21
December 14 – 16

9:00 am – 4:30 pm Virtual

For Active Duty, National Guard and Reserve Component Soldiers serving in rear detachment roles. Requests for student enrollment must be initiated by the Unit Schools NCO.

Registration required, for more information and to register, call (254) 288-2794 or Email: [usarmy.hood.id-readiness.list.sfrb@army.mil](mailto:usarmy.hood.id-readiness.list.sfrb@army.mil)

Individuals who require assistance or accommodations due to a disability, call (254) 288-2794

### Army Community Service Family Advocacy Program New Parent Support Program

## Shaken Baby Syndrome Class

2<sup>nd</sup> & 4<sup>th</sup> Tuesday of every month  
11:00 am – 11:30 am

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register call (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

### Fort Hood Army Community Service FAP New Parent Support Program

## Infant Care

Every 2<sup>nd</sup> Thursday of the month, 1:00 p.m. – 2:30 p.m.

New and expectant parents learn skills that cover the basic care for infants. This class is both instructional and hands-on.

**Topics Include**

- Burping
- Umbilical cord care
- Swaddling
- Bathing
- Diapering and changing
- Soothing Techniques for the crying infant
- Infant feedings and feeding schedules

For more information or to register, call (254) 287-2286  
Email: [usarmy.hood.id-readiness.list.acs-npsp@army.mil](mailto:usarmy.hood.id-readiness.list.acs-npsp@army.mil)

Individuals who require accommodation due to disability, please contact ACS FAP, NPSP

**Fort Hood Army Community Service** | **Financial Readiness Program**

**2026 Monthly Financial Milestone Trainings**

Shoemaker Center, Bldg. 36000  
2nd Floor, Room N212

Financial Planning for Initial Permanent Change of Station - Soldiers (E1 to E4 & O-1 to O-3) learn, develop and manage spending plans and credit while examining impacts of special pay and entitlements associated with a change in duty station.

Vesting in Thrift Savings Plan (TSP) - Soldiers will learn how to manage and update their TSP account and vesting.

Continuation Pay - Soldiers under the Blended Retirement System (BRS) who are currently eligible or within 12 months of receiving Continuation Pay will learn the components of BRS, importance of planning for retirement & how to calculate continuation pay.

Promotion of Service member - (E-5 & below or O-4 & below) learn how income changes related to promotion, options for increased income, updating spending plan, effect on TSP contributions and reevaluating financial goals.

Marriage, divorce, birth of first child - Soldiers will learn how to update DEERS, check their LES for accuracy, update spending plan, address TRICARE concerns, and how to access additional resources.

Major Life Events (disabling condition) - Soldiers will learn how to address the financial implications of dealing with a disabling sickness or conditions and gain insight to manage their finances more efficiently.

Pre & Post Deployment - Soldiers will learn importance of creating and managing spending plans for pre & post deployment, as well as Servicemembers Civil Relief Act and how to protect their credit with credit freezes.

Training can be completed online at the Army Family Web Portal (AFWP): <https://olms.armyfamilywebportal.com>.

For more information and to register, call: (254) 288-6868 or e-mail: [usarmy.hood.id-readiness.list.acs-frb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-frb@army.mil)

OPEN TO ALL DOD ID CARD HOLDERS

# Financial Readiness Workshops

**2nd Tuesday**  
Saving & Investing, 1:30 - 3:00 pm

**3rd Wednesday**  
Budget & Debt Management, 9:30 - 11:00 am  
Credit Booster, 1:30 - 3:00 pm

Shoemaker Center, Bldg. 36000  
2nd Floor, Room N212

Workshops will be streamed LIVE on MS Teams.  
Registration is required to obtain the MS Teams access link.

For more information and to register, call: (254) 288-6868 or e-mail: [usarmy.hood.id-readiness.list.acs-frb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-frb@army.mil)

**ARMY COMMUNITY SERVICE ACS**  
Real-Life Solutions for Successful Army Living

Open to Military Families with Children 0 – 3 Years old



# Little Learners

## Park Connections

### Times & Locations

- ✓ 3 April 2026 | 3pm-4pm | Bronco Park  
6602 Tank Destroyer Blvd, Ft. Hood, TX 76544
- ✓ 10 April 2026 | 3pm-4pm | Copperas Cove City Park  
1206 W Avenue B, Copperas Cove, TX 76522
- ✓ 24 April 2026 | 3pm-4pm | Carl Levin Park  
400 Miller Crossing, Harker Heights, TX 76548

- Meet Other Parents
- Enjoy an Afternoon Outdoors
- Build Connections
- No Registration Required

Fort Hood Army Community Service

Family Advocacy Program New Parent Support Program

Individuals requiring assistance or accommodations due to disability:  
Call (254) 287-2286

**Fort Hood Army Community Service** | **Financial Readiness Program**

OPEN TO ALL DOD ID CARD HOLDERS

# CAR BUYING WORKSHOP

Tips and strategies for purchasing a car in inflationary and recessionary times

- 25 March 2026
- 24 June 2026
- 23 September 2026
- 2 December 2026

**2:00 pm - 3:00 pm**

**Shoemaker Center**  
Building 36000, 2nd Floor, Room N212

Workshop will be streamed LIVE on MS Teams.  
Registration is required to obtain the MS Teams access link.

For more information and to register, call: (254) 288-6868 or e-mail: [usarmy.hood.id-readiness.list.acs-frb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-frb@army.mil)

**ARMY COMMUNITY SERVICE ACS**  
Real-Life Solutions for Successful Army Living



Army Community Service / Family Advocacy Program

# Blended Families Workshop

Education and support for any family

1st and 3rd Thursday of Each Month

9:00 am - 12:00 pm

Topics include:

- Defining family member roles
- Navigating relationships or marriage
- Strategies for overcoming everyday challenges
- Building healthy connections and loving bonds

For more information and to register, call (254) 286-6774 or 288-2092 or email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Individuals who require assistance or accommodation due to a disability, contact the ACS FAP office at (254) 287-5066

Fort Hood Army Community Service - Family Advocacy Program

# Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

All DOD ID Cards Holders

First Wednesday of Each Month

9:00 a.m. - 4:00 p.m.

- » Discuss important topics of commitment
- » Understand your partner's expectations and role
- » Learn the impact of personal beliefs
- » Consider cultural differences
- » Acquire conflict resolution styles
- » Gain insight about financial decisions
- » Recognize the importance of support systems

To register, call (254) 286-6774 / 288-2092 or email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Hood.ArmyMWR.com

OPEN TO ALL DOD ID CARD HOLDERS



ARMY COMMUNITY SERVICE FINANCIAL READINESS PROGRAM

# HOME BUYING Workshop

10:00 am – 11:00 am

25 March 2026

24 June 2026

23 September 2026

## Who Should Attend?

- ✓ First-time homebuyers
- ✓ Military families & veterans
- ✓ Anyone looking to purchase a home

Workshop will be streamed LIVE on MS Teams. Registration is required to obtain the MS Teams access link.

**Shoemaker Center**  
**Building 3600, 2nd Floor, Room N212**

For more information and to register, call: **254.288.6868** or email: [usarmy.hood.id-readiness.list.acs-frb@army.mil](mailto:usarmy.hood.id-readiness.list.acs-frb@army.mil)

Fort Hood Army Community Service - Family Advocacy Program

# RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship  
Discovering Your Personality  
Understanding Expectations in Your Relationship  
Improving Communication & Intimacy  
Supporting Your Partner

Classes are held the 2nd Wednesday of every month 9:00 a.m.— 4:00 p.m.

To register or for more information Please call 254-286-6774 / 288-2092

[usarmy.hood.id-readiness.list.acs-fap-trainin@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-trainin@army.mil)

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2091