

Fort Cavazos Community Information Sheet

III ARMORED CORPS

[III Armored Corps :: U.S. Army Fort Cavazos](#)



III ARMORED CORPS PHANTOM FORGE CENTER

[III Armored Corps Phantom-Forge-Center](#)



III ARMORED CORPS INSPECTOR GENERAL (IG)

[Inspector General :: III Armored Corps & Fort Cavazos \(army.mil\)](#)



ARMY COMMUNITY SERVICE

[ACS :: Ft. Cavazos :: US Army MWR](#)



AMERICAN RED CROSS

[Heart of Texas Chapter | Central & South Texas Region | American Red Cross](#)



BETTER OPPORTUNITY FOR SOLDIERS (BOSS)

[Better Opportunity for Single Soldiers \(armymwr.com\)](#)



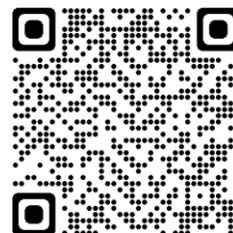
CARL R. DARNALL ARMY MEDICAL CENTER

[Home \(tricare.mil\)](#)



CAVALRY FAMILY HOUSING

[Fort Cavazos TX Housing | Cavalry Family Housing | Fort Cavazos TX \(cavalryfh.com\)](#)



Fort Cavazos Community Information Sheet

[CHILD & YOUTH SERVICES \(CYS\)](#)

[CYS :: Ft. Cavazos :: US Army MWR](#)



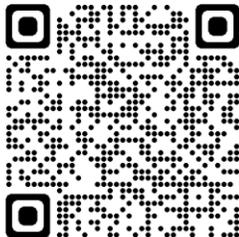
[CRIMINAL INVESTIGATION DIVISION \(CID\)](#)

[Army CID Home](#)



[DeCA CLEAR CREEK COMMISSARY](#)

[Fort Cavazos - Clear Creek | Commissaries](#)



[DeCA WARRIOR WAY COMMISSARY](#)

[Fort Cavazos - Warrior Way | Commissaries](#)



[DENTAL COMMAND \(DENTAC\)](#)

[Carl R. Darnall Army Medical Center > Health Services > Dental \(tricare.mil\)](#)



[DIRECTORATE OF FAMILY MORALE WELFARE AND RECREATION](#)

[Home :: Ft. Cavazos :: US Army MWR](#)



[DIRECTORATE OF HUMAN RESOURCES \(DHR\)](#)

[Directorate of Human Resources :: U.S. Army Fort Cavazos](#)



[DIRECTORATE OF PLANS, TRAINING, MOBILIZATION & SECURITY \(DPTMS\)](#)

[Directorate of Plans, Training, Mobilization & Security :: U.S. Army Fort Cavazos](#)



Fort Cavazos Community Information Sheet

[DIRECTORATE OF PUBLIC WORKS](#)

[Directorate of Public Works :: U.S. Army Fort Cavazos](#)



[EDUCATION SERVICES DIVISION \(ESD\)](#)

[Education Services Division :: U.S. Army Fort Cavazos](#)



[EQUAL EMPLOYMENT OPPORTUNITY \(EEO\)](#)

[Equal Employment Opportunity Program :: U.S. Army Fort Cavazos](#)



[EXCHANGE](#)

[Shopmyexchange.com](#)



[FISHER HOUSE](#)

[Texas: Carl R. Darnall Army Medical Center - Fisher House Foundation](#)



[FORT CAVAZOS STANDALONE NETWORK ENTERPRISE CENTER \(NEC\)](#)

[Fort Cavazos Standalone Network Enterprise Center :: U.S. Army Fort Cavazos](#)



[GARRISON CHAPLAIN OFFICE](#)

[Religious Support Office :: U.S. Army Fort Cavazos](#)



[INSTALLATION TRANSPORTATION OFFICE \(ITO\)](#)

[Installation Transportation Office :: U.S. Army Fort Cavazos](#)



Fort Cavazos Community Information Sheet

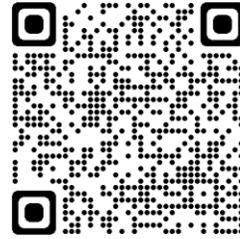
[OFFICE OF THE STAFF JUDGE ADVOCATE \(SJA\)](#)

[Office of the Staff Judge Advocate :: III Armored Corps & Fort Cavazos \(army.mil\)](#)



[PUBLIC AFFAIRS OFFICE \(PAO\)](#)

[Public Affairs Office :: U.S. Army Fort Cavazos](#)



[TRANSITION ASSISTANCE PROGRAM](#)

[Transition Assistance Program :: U.S. Army Fort Cavazos](#)



[UNITED SERVICE ORGANIZATION \(USO\)](#)

[USO Fort Cavazos](#)



Note: Agency names and websites that appear in blue are hyperlinks. For additional information contact: Army Community Service Community Information Services at (254) 287-4471 or e-mail: usarmy.cavazos.imcom-fmwrc.list.community-services-council@army.mil

HELPFUL ACS NUMBERS

ACS Volunteer Program / Army Volunteer Corps (AVC)
287-8657 / 287-2327

Army Emergency Relief (AER)
Emergency Financial Assistance
553-3101 / 553-3102

Army Family Action Plan / Army Family Team Building
287-1127

Employment Readiness Program (ERP) Job Search Assistance, Resume Writing, Career Skills
287-6067 / 288-2089

Exceptional Family Member Program (EFMP)
287-6070

Family Advocacy Program (FAP)
Relationship Enrichment, Preparing for Marriage, Common Sense Parenting, Car Seat Inspection
286-6774 / 286-6775

Family Assistance Center (FAC)
288-7570

Financial Readiness Branch (FRP)
Financial Counseling and Management Classes
287-CITY (2489) / 288-6868

Military Family Life Counseling (MFLC) Non-Clinical Counseling
553-4705

Mobilization, Deployment & Stability Support Operations (MDSSO) SFRG Training, Resilience, Community Resource Course
288-2794

New Parent Support Program (NPSP) Infant Care, Play Mornings, Shaken Baby, Daddy Bootcamp
287-2286

Soldier and Family Assistance Center (SFAC)
286-5768

Survivor Outreach Services (SOS)
288-9533 / 553-0376

24/7 HOTLINES

Commanding General (CG) Hotline 254-618-7486

Reporting Domestic Violence or Child Abuse 254-287-CARE (2273) National 800-422-4453

Assistance for Victims of Domestic Violence 254-702-4953 National 800- 799-7233

Suicide Prevention National 800- 273-8255 or Dial 988

Sexual Harassment / Sexual Assault (SHARP) 254-319-4671 National 877-995-5247

EO and Harassment Hotline 254- 291-5717

Veterans Crisis Line National 800-273-8255 (press 1)

Housing / Barracks Life / Health / Safety Hotline 254-206-1157

Duty Chaplain Hotline 254-289-2531

ACS LOCATIONS

- Bldg. 36000, Shoemaker Center, 2nd Floor, Shoemaker Lane
- Bldg. 36051, Soldier and Family Assistance Center



FORT CAVAZOS ARMY COMMUNITY SERVICE

Real-Life Solutions for Successful Army Living

TRAINING AND OUTREACH INITIATIVES

MAY 2025



A SALUTE TO
OUR MILITARY SPOUSES
the force behind the force.

MILITARY SPOUSE APPRECIATION DAY



ArmyMWR.com

Your Connection to Community Information

287-4ACS (4227)

<https://cavazos.armymwr.com/categories/community-support>

<https://www.ArmyMWR.com/acs>

www.militaryonesource.mil

1-800-342-9647



SCAN ME

FOLLOW US ON FACEBOOK



SCAN ME

DIGITAL TRAINING AND OUTREACH INITIATIVES

Army Community Service
Family Advocacy Program

BOOT CAMP

For New and Expectant Dads

First Tuesday of Each Month
9:00 am - 12:00 pm

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

For more information and to register: Call the New Parent Support Program (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Fort Cavazos Army Community Service
FAP | New Parent Support Program

Infant Care

Every 2nd Thursday of the month, 1:00 p.m. – 2:30 p.m.

New and expectant parents learn skills that cover the basic care for infants. This class is both instructional and hands-on.

Topics Include

- Burping
- Umbilical cord care
- Swaddling
- Bathing
- Diapering and changing
- Soothing Techniques for the crying infant
- Infant feedings and feeding schedules

For more information or to register, call (254) 287-2286
Email: usarmy.cavazos.imcom-fmwr.c.list.acs-npsp@army.mil

Individuals who require accommodation due to disability, please contact ACS FAP, NPSP

Army Community Service
Family Advocacy Program
New Parent Support Program

Shaken Baby Syndrome Class

2nd & 4th Tuesday of every month
11:00 am – 11:30 am

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register call (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

ACS - Exceptional Family Member Program

EFMP ORIENTATION

2nd Tuesday of the Month
10:00 a.m. – 11:30 a.m.

Learn about community resources, respite care, advocacy, programs and services available for Military Families with special needs.

Shoemaker Center, Building 36000, 2nd Floor, Shoemaker Lane
For more information and to register, call: (254) 287-6070 or Email: usarmy.cavazos.id-readiness.list.acs-efmp@army.mil

Open to Military Families with Special Needs

FORT CAVAZOS ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

EFMP Family Support
MONTHLY WORKSHOP

3rd Thursday of each month
9:30 a.m. – 11:00 a.m.

For more information and to register, call (254) 287-6070 or email: usarmy.cavazos.id-readiness.list.acs-efmp@army.mil

Individuals who require assistance or accommodation due to a disability, call the ACS EFMP office at (254) 287-6070.

Open to Military Families with Special Needs

FORT CAVAZOS ARMY COMMUNITY SERVICE
EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP Family Support

RESOURCE CONNECTIONS SUPPORT GROUP

2nd Wednesday of each month
9:30 a.m. – 10:30 a.m.
(Registration Required for Participation)

- This is for parents/children who have a disability and have desired to make connections with others and share their knowledge.
- Obtain information through classes and Subject Matter Experts (SME) guest speakers.
- Connect with EFMP Staff for information and resources.

For more information and to register (254) 287-6070 or email: usarmy.cavazos.id-readiness.list.acs-efmp@army.mil

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Army Community Service / Family Advocacy Program

EXPECT RESPECT

A school-based program for Preventive Teen Dating Violence, Promoting Safe and Healthy Relationships in Middle and High School

- Healthy Dating Skills
- Preventing Dating Violence
- Dating Pressures
- Communication Skills
- Safe & Healthy Emotional Relationship

Prevention based awareness education for students, parents, teachers, and school administrators.

For dates, location and to register: call (254) 286-6774, 288-2092 or email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

Individuals who require assistance or accommodation due to a disability, call (254) 288-2094

Open to all
DOD ID Card Holders

2nd & 4th Thursday of every month
9:00 a.m. – 4:30 p.m.
Registration Required

Army Community Service / Family Advocacy Program

Stress, Anger & Conflict Management Workshop

- Signs and symptoms of stress
- Stress management techniques
- Anger and conflict management

To Register: Call: (254) 618-7827 / 288-2092
Email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil
Certificates of completion available

Victims of Domestic Violence

24/7 Hotline
254-702-4953

OPEN TO SINGLE SOLDIERS

EXPECT RESPECT

DATING VIOLENCE PREVENTION EDUCATION FOR SINGLE SOLDIERS

1st Thursday of Each Month
2:00 p.m. - 3:00 p.m.
Upon Request

Learn what to look for in a relationship and what relationship red flags you should

- Coping Skills
- Jealousy
- Dating Pressures
- Relating to People
- Assertive Communication

For more information: call (254) 286-6774, 288-2092 or email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

ACS - Family Advocacy Program

Family Violence Prevention Training

Soldiers are required to attend one 90-minute training session per fiscal year. Family members and DA Civilians are encouraged to attend.

Tuesdays
9:30 a.m. - 11:00 a.m.
or
1:30 p.m. - 3:00 p.m.
Palmer Auditorium
Bldg. 334, 31st Street

Additional training dates and locations are available upon Unit / Agency request

For information and to register call: (254) 286-6774 / 288-2092 or Email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

Individuals who require assistance or accommodations due to a disability, contact the ACS FAP at (254) 288-2092

Open to All DOD ID Card Holders

Financial Readiness Workshops

3rd Wednesday
Budget Debt Management, 9:30 – 11:00 am
Credit Booster, 1:30 – 3:00 pm
2nd Tuesday
Saving & Investing, 1:30 – 3:00 pm



For more information contact,
Army Community Service (ACS)
Financial Readiness Program (FRP)
254-287-2489



Shoemaker Center, Bldg. 36000, Room N212

Classes, times, and locations are subject to change, call for details.
Individuals who may require assistance or special accommodations due to disability, call (ACS) FRP at 254-287-2489



2025 MONTHLY FINANCIAL MILESTONE TRAINING

Fort Cavazos Financial Readiness Program (FRP)

- Major Life Events (disabling condition) 2nd Monday, 1330-1430
- Thrift Savings/Continuation Pay 1st Tuesday, 0900-1000
- Promotion of Service member 1st Tuesday, 1330-1430
- Permanent Change of Station 1st Tuesday, 1300-1430
- Marriage 2nd & 3rd Wednesday, 1030-1130
- Divorce 1st Thursday, 1330-1430
- Vesting in Thrift Savings Plan 1st Thursday, 1430-1530
- Birth of First Child 1st Thursday, 1430-1530
- Pre & Post-Deployment By request

To register call: (254) 288-6868, scan the QR code or email: usarmy.cavazos.id-readiness.list.acs-erb@army.mil
Shoemaker Center, Bldg. 36000, 2nd Floor, Room 212

Financial Planning for Initial Permanent Change of Station - Soldiers (E1 to E4 & O-1 to O-3) learn, develop and manage spending plans and credit while examining impacts of special pay and entitlements associated with a change in duty station. Vesting in Thrift Savings Plan (TSP) - Soldiers will learn how to manage and update their TSP account and vesting. Continuation Pay - Soldiers under the Blended Retirement System (BRS) who are currently eligible or within 12 months of receiving Continuation Pay will learn the components of BRS, importance of planning for retirement & how to calculate continuation pay. Promotion of Service member - (E-5 & below or O-4 & below) learn how income changes related to promotion, options for increased income, updating spending plan, effect on TSP contributions and reevaluating financial goals. Marriage, divorce, birth of first child) - Soldiers will learn how to update DEERS, check their LES for accuracy, update spending plan, address TRICARE concerns, and how to access additional resources. Major Life Events (disabling condition) - Soldiers will learn how to address the financial implications of dealing with a disabling sickness or conditions and gain insight to manage their finances more efficiently. Pre & Post Deployment - Soldiers will learn importance of creating and managing spending plans for pre & post deployment, as well as Servicemembers Civil Relief Act and how to protect their credit with credit freezes. Training can be completed online at the Army Family Web Portal (AFWP): <https://olms.armyfamilywebportal.com>

Individuals who require assistance or special accommodations due to disability, call (254) 288-6868



Fort Cavazos Employment Readiness Program

THE NETWORK

A Newcomers Employment Training Workshop

Tuesdays, 9:30 am - 11:00 am
Shoemaker Center, Bldg. 36000
Shoemaker Lane 2nd floor, Suite 2502

This workshop offers up-to-date information on employment opportunities, job market trends, education, career exploration and volunteer resources.

For more information, call (254) 288-2089 or Email: usarmy.cavazos.id-readiness.list.acs-erb@army.mil

Where Career Success Begins

Fort Cavazos Employment Readiness PROGRAM



2025 CAREER TRAINING

Navigating USAJOBS and Creating Your Federal Resume

Join us as we go through the USAJOBS website and learn tips on how to format, structure, and create detailed content for your Federal Resume.

10:00 am - 11:30 am

Jan 15	May 7, 21	Sep 3, 17
Feb 5, 19	Jun 4, 18	Oct 1, 15
Mar 5, 19	Jul 2, 16	Nov 5, 19
Apr 2, 16	Aug 6, 20	Dec 3, 17

Workforce of Central Texas
300 Cheyenne Drive, Killeen

MARKETING ME: Interviewing Skills

Make a great impression in your next job interview? Review effective communication skills, interview preparation, valuable questions during the interview and salary negotiation.

9:00 am - 10:30 am

Jan 8	May 14	Sep 10
Feb 12	Jun 11	Oct 8
Mar 12	Jul 9	Nov 12
Apr 9	Aug 13	Dec 10

Shoemaker Center, Bldg. 36000
Shoemaker Ln. 2nd Floor

For information and to register, call (254) 288-2089 or Email: usarmy.cavazos.id-readiness.list.acs-erb@army.mil

Individuals who require assistance or accommodation due to a disability, contact ACS ERP at (254) 288-2089

Fort Cavazos Army Volunteer Corps

Volunteer Management Information System (VMIS) ORGANIZATION POINT OF CONTACT (OPOC) TRAINING CY 2025

This training provides step-by-step instruction on how to use VMIS to track volunteers and maintain volunteer records.

10:00 am - 11:30 am

January 14 & 28	May 13 & 27	September 9 & 23
February 11 & 25	June 10 & 24	October 14 & 28
March 11 & 25	July 8 & 22	November 25
April 8 & 22	August 12 & 26	December 9 & 23

For more information and to register, call (254) 287-2327, 287-8657 or Email: usarmy.cavazos.id-readiness.list.acs-erb@army.mil
Individuals who require assistance or accommodation due to a disability, contact ACS AVC at (254) 287-2327

ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

Registration Required

- 1) Launch Military Knowledge (MK) Discover how to develop Army awareness within community resources, obtain letter from unit address, and understand the goal and impact of the Army mission and role.
- 2) Launch Personal Growth and Resilience (PR) Discover how to transform and grow, how to solve problems, and how to resolve personal conflict.
- 3) Launch Leadership Development (LD) Thrive in the Army and civilian life by expanding leadership skills and effective communication techniques and learning to mentor others into leadership positions.

Contact the AFTB office for questions or for additional information: 254-287-1127 or Email: usarmy.cavazos.incom-fmwr.list.acs-afap@army.mil

Cavazos.ArmyMWR.com

MILITARY SPOUSES

please join us for

MILITARY SPOUSE APPRECIATION DAY

FRIDAY, MAY 9th
9:00 AM - 3:00 PM

LONE STAR CONFERENCE CENTER
Wainwright Dr, Fort Cavazos, TX 76544

To show our appreciation for all that you do, we're hosting a special day just for you. Enjoy pampering experiences like press-on manicures, spa scrubs, lash applications using H-E-B products, and more. Complimentary refreshments will also be provided.

presented by **H-E-B OPERATION APPRECIATION** in partnership with **ARMY COMMUNITY SERVICE**

Please Scan QR Code to Register by May 5, 2025

Advertising does not constitute DOD, Army, or Federal Government endorsement.

ARMY FAMILY ACTION PLAN

Change begins with you

IT'S TIME TO SUBMIT YOUR IDEAS!

AFAP is a process that invites members of the Total Army to be agents of change by establishing and improving programs and services, developing and changing policies and regulations, creating legislation and amending laws.

THE PROCESS AFAP provides the Total Army a VOICE in shaping their standards of living and identifying issues related to the current environment. Leaders trust and support the AFAP Process it provides real-time information that enables commanders to respond more rapidly to resolve problems, implement good ideas and guides policy formation.

PROVEN RESULTS

- TRANSFERABILITY OF MONTGOMERY GI BILL (MGB) BENEFITS TO DEPENDENTS
- FAMILY CARE PLAN PROVIDER ACCESS TO INSTALLATIONS
- PATERNITY LEAVE FOR SOLDIERS
- CREATION OF FAMILY READINESS GROUPS, BETTER OPPORTUNITY FOR SINGLE SOLDIER (BOSS) AND ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM.
- AVAILABILITY OF AUTHORIZED TRICARE PROVIDERS
- TRAUMATIC BRAIN INJURY (TBI) REHABILITATION PROGRAM
- IN-STATE COLLEGE TUITION
- AUDIO / VISUAL SURVEILLANCE IN CHILDCARE CENTERS
- FEDERAL EMPLOYMENT MILITARY SPOUSE PREFERENCE

How can you submit an issue? Visit <https://lms.armyfamilywebportal.com> or scan the QR code

ARMY COMMUNITY SERVICE FINANCIAL READINESS PROGRAM

CAR BUYING WORKSHOP

OPEN TO ALL DOD ID CARD HOLDERS

Tips and strategies for purchasing a car in inflationary and recessionary times

- 26 Mar 2025
- 27 August 2025
- 28 May 2025
- 20 November 2025

2:00 pm - 3:00 pm

Shoemaker Center
Building 36000, 2nd Floor, Room N212

For more information and to register, call: 254.288.6868 or email: usarmy.cavazos.id-readiness.list.acs-erb@army.mil

HOME BUYING Workshop

OPEN TO ALL DOD ID CARD HOLDERS

10:00 am - 11:00 am

26 March 2025

28 May 2025

27 August 2025

Who Should Attend?

- ✓ First-time homebuyers
- ✓ Military families & veterans
- ✓ Anyone looking to purchase a home

Shoemaker Center
Building 36000, 2nd Floor, Room N212

For more information and to register, call: 254.288.6868 or email: usarmy.cavazos.id-readiness.list.acs-erb@army.mil

ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

Registration Required

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- 3) Launch Leadership Development (LD) Thrive in the Army and civilian life by expanding leadership skills and effective communication techniques and learning to mentor others into leadership positions.

Contact the AFTB office for questions or for additional information: 254-287-1127 or Email: usarmy.cavazos.incom-fmwr.list.acs-afap@army.mil

Cavazos.ArmyMWR.com

For Additional information call (254) 287-1127 or email: usarmy.cavazos.id-readiness.list.afap@army.mil

Fort Cavazos Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held the 2nd Wednesday of every month, 9:00 a.m. - 4:00 p.m.

To Register:
Call: (254) 286-6774 / 288-2092 or Email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

Certified technicians will provide up-to-date information about car seat installations & hands-on education or your child's safety.

More Than 90% of car seats are not used correctly!
How confident are you?
Make sure your child is riding safely.

Sprocket Auto Craft Center
Bldg 9138, at the corner of Old Ironsides Ave. & 20th Street

2nd & 4th Friday of every month, 9:00 a.m. - 12:00 p.m.

To schedule an appointment, please call (254) 287-6505 / 288-2092 / 287-1763 or email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

CAR SEAT SAFETY INSPECTION

Rear Facing • Forward Facing • Booster • Seatbelt

ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO)

Command Team Support (2025)

Command Family Readiness Representative (CFRR) Training

January 28 – 29
February 11 – 12
March 11 – 12
April 15 – 16
May 13 – 14
June 17 – 18
July 15 – 16
August 12 – 13
September 23 – 24
October 21 – 22
November 11 – 12

9:00 am – 3:30 pm In-Person

Identifies roles, responsibilities, acquaints CFRRs with the challenges and opportunities related to their position. Identifies available resources, enhances the connection between CFRRs, their Command teams, and service providers.

Soldier and Family Readiness Group Training (SFRG) CY 2025

KEY CONTACT TRAINING

- January 22
- April 30
- July 23
- October 22
- February 12
- March 12
- May 14
- June 11
- August 13
- September 10
- November 12
- December 10

5:30 pm – 8:30 pm Virtual
8:30 am – 11:30 am In-Person

Addresses the roles and responsibilities, call management and expectations of Key Contact volunteers through scenarios and resource discussion.

VOLUNTEER TRAINING

- January 8
- March 12
- May 7
- July 9
- September 10
- November 12
- February 12
- April 16
- June 18
- August 20
- October 22
- December 17

5:30 pm – 8:30 pm Virtual
8:30 am – 11:30 am Virtual

Identifies daily operations, practices and expectations for new Volunteers, Soldiers and Family members.

COMMAND TEAM TRAINING (CDTs/1SGs)

- January 8
- February 5
- March 5
- April 2
- May 8
- June 12
- July 2
- August 6
- September 3
- October 1
- November 5
- December 3

9:00 am – 12:00 pm Virtual

Addresses the partnership role between the command team and SFRG volunteers; reviews the basics of SFRG funding; offers volunteer management and recruiting concepts.

FAMILY READINESS ADVISOR TRAINING

- February 20
- May 21
- August 20
- November 19

9:00 am – 2:30 pm In-Person

Identifies roles and Responsibilities. Defines advisor lanes and boundaries.

INFORMAL FUND CUSTODIAN

- January 8
- March 12
- May 14
- July 9
- September 10
- November 12
- February 12
- April 9
- June 11
- August 13
- October 8
- December 10

5:30 pm – 8:30 pm Virtual
8:30 am – 11:30 am Virtual

Highlights SFRG informal fund and fundraising do's and don'ts and fund custodian responsibilities.

Fort Cavazos Army Community Service
Mobilization, Deployment & Stability Support Operations (MD&SSO)

For more information and to register, call (254) 288-2794 or Email: usarmy.cavazos.id-readiness.list.sfrb@army.mil

Individuals who require assistance or accommodation due to a disability, call (254) 288-2794

Army Community Service / Family Advocacy Program

Blended Families Workshop

Education and support for any family

1st and 3rd Thursday of Each Month
9:00 am - 12:00 pm

Topics include:

- Defining family member roles
- Navigating relationships or marriage
- Strategies for overcoming everyday challenges
- Building healthy connections and loving bonds

For more information and to register, call (254) 286-6774 or 288-2092 or email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

Individuals who require assistance or accommodation due to a disability, contact the ACS FAP office at (254) 287-5066

Fort Cavazos Army Community Service - Family Advocacy Program

Active Parent Teen

You & your Teen

Come and enhance your ability to guide your teen through their challenges. Additionally, this class will provide your teen with skills to effectively manage the challenges of adolescence and make them more capable of making good decisions.

- Motivational Parenting
- Understanding Peer Pressure
- Internet Information Safety
- Behavior Modification
- Effective Parenting Styles
- Self-Esteem Issues

Classes are held 1st & 3rd Thursday every month 9:00 a.m. - 11:00 a.m.

People First Center, Bldg. 4501, Rm. 219
565th St.

For more information: Call: (254) 286-6774 / 288-2092 or Email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

Individuals who require assistance or accommodations due to a disability, contact the ACS FAP at (254) 288-2092

ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO)

Rear Detachment Operations (RDO) Course

February 24 – 26
April 21 – 23
June 23 – 25
August 25 – 27
October 27 – 29
December 8 – 9

9:00 am – 4:30 pm In-Person (Active Duty)

February 26
April 23
June 25
August 27
October 29
December 9

12:30 pm – 4:30 pm Virtual Class (NG/RC Only)

For Active Duty, National Guard and Reserve Component Soldiers serving in rear detachment roles. Requests for student enrollment must be initiated by the Unit Schools NCO.

Registration required, for more information and to register, call (254) 288-2794 or Email: usarmy.cavazos.id-readiness.list.sfrb@army.mil

Individuals who require assistance or accommodations due to a disability, call (254) 288-2794

Fort Cavazos Army Community Service - Family Advocacy Program

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

All DOD ID Cards Holders

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decisions
- Recognize the importance of support systems

First Wednesday of Each Month
9:00 a.m. - 4:00 p.m.

To register, call (254) 286-6774 / 288-2092 or email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO)

COMMUNITY RESOURCE COURSE

9:00 am – 2:30 pm

January 6 – 7
February 3 – 4
March 3 – 4
April 7 – 8

June 2 – 3
June 30 – July 1
August 4 – 5
September 8 – 9

October 6 – 7
November 3 – 4
December 1 – 2

Local organizations and agencies provide information on resources available to enhance greater self-reliance.

Fort Cavazos Army Community Service - Mobilization, Deployment & Stability Support Operations (MD&SSO)

RESILIENCE SKILLS

Open to All DoD ID Cardholders

Learn skills that will help you adapt to the everyday ups and downs of military life.

1ST & 2ND THURSDAY OF EACH MONTH
1:00 P.M. - 2:30 P.M.

For more information call: (254) 288-2794 or Email: usarmy.cavazos.id-readiness.list.sfrb@army.mil

Individuals who may require assistance or special accommodations due to disability, contact (ACS) MDSSO at (254) 288-2794

Fort Cavazos Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on 2nd & 4th Wednesday of every month, 9:30 a.m. - 11:30 a.m.

To Register:
Call: (254) 286-6774 / 288-2092 or Email: usarmy.cavazos.id-readiness.list.acs-fap-training@army.mil

Open to Military Families with Children 0-3 years old

Army Community Service/Family Advocacy Program
New Parent Support Program

EXPLORE LEARN & PLAY

- Educational, fun activities for children
- Interactive play capitalizing on developing social and motor skills
- Opportunity for parents to network, learn and share experiences

Wednesdays
9:30 am - 11:00 am

Bronco Youth Center
Bldg. 6602 Tank Destroyer Blvd

For more information call: (254) 287-2286

ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO)

CASUALTY RESPONSE (CARE) TEAM TRAINING

5:30 pm – 8:30 pm VIRTUAL
9:00 am – 12:00 pm IN-PERSON

January 22
April 30

July 23
October 22

February 26
March 26
May 28
June 25

August 27
September 10
November 19
December 10

Addresses the roles, responsibilities, and functions of CARE Team volunteers. Explains the support partnership between command and volunteers in the event of a crisis.

For more information and to register, call (254) 288-2794 or Email: usarmy.cavazos.id-readiness.list.sfrb@army.mil

Individuals who require assistance or accommodation due to a disability, call MDSSO at (254) 288-2794

Going through some things and need to talk to someone?

Military Family Life Counselors

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite to walk-ins, or telephonically for Military Personnel and their Families.

For assistance:
Monday - Friday from 8am - 5pm
Call 254-553-4705

After 5pm or anytime Saturday and Sunday
Military OneSource (800) 342-9647

MFLC Can HELP!!!