

Helpful ACS Numbers

ACS Front Desk (Shoemaker Center, Bldg. 36000, 2nd Floor) 287-4ACS (4227) If you don't know who to call	
ACS Volunteer Program / Army Volunteer Corps	287-VOLS (8657)
Army Emergency Relief (AER)	553-3101
Army Family Action Plan (AFAP)	287-AFAP
Army Family Team Building (AFTB)	286-6600 287-2327
Child & Spouse Abuse 24/7 Hotline	287-CARE
Consumer Affairs Office	287-CITY
Employment & Volunteer Readiness Branch	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774
Family Assistance Center (FAC)	288-7570
Personal Financial Management Classes	287-2489
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program (NPSP)	287-2286 618-7443
Parenting Classes	288-2092
Relationship Enrichment Workshop	288-2092
Soldier and Family Assistance Center	286-5768
Stress/Anger/Conflict & Resolution Training	618-7827 288-2092

24/7 Hotlines

Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	254. 287.CHAP (2427) National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254.291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing/Barracks Life/Health/Safety Hotline	254. 206.1157

Building Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center, Battalion Ave.
- Bldg. 36000 - The Shoemaker Center, Darnall Loop
- Bldg. 36035 - Carl R. Darnall Medical Center, Santa Fe Ave.
- Bldg. 36051 - Soldiers & Family Assistance Center
- Bldg. 50012 - Community Events & Bingo Center, Clear Creek Road.

Got Plans for Your Tax Refund?

Use 30-40-30 plan to pay for your PAST, PRESENT, and FUTURE

PAST: Designate 30% of your refund to paying off debt and catching up on outstanding bills.

PRESENT: earmark 40% for current use.

FUTURE: Use 30% to jump start an emergency fund or longer term savings

Become a saver today and take advantage of free tools to help you save and manage money!

Fort Hood Army Community Service Financial Readiness Branch (254)287-2489, (254) 553-4698 or (254) 288-9868 usarmy.hood.mcom-fmwr.lst.ACS-FRB@gmail.mil

Check us out online



Content provided by Virginia Saves and America Saves For more information visit <https://www.AmericaSaves.org>



TEXT HOODSAVES TO 877877

Open to All DOD ID Card Holders

Financial Readiness Workshops

1st and 3rd Wednesday

Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday

Saving & Investing, 1:30 - 3:00 pm

Workshops, Play Groups and Much More!

January Calendar of Events 2021

Army Community Service



2021

Happy New Year

Real-Life Solutions for Successful Army Living

287- 4ACS

<https://hood.ArmyMWR.com>
www.MyArmyOneSource.com
www.militaryonesource.mil
1-800-342-9647



Army Community Service Calendar of Events

Tuesday, January 5

R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training
8:30 am – 11:30 am • Virtual class • Call: 288-2794

Thursday, January 7

Resilience Skills (Detecting Icebergs)
11:30 am – 1:00 pm • Virtual class • Call: 288-2794

Monday, January 11

Community Resource Course (Day 1 of 2)
9:00 am – 2:30 pm • Virtual class • Call: 288-2794

Tuesday, January 12

Community Resource Course (Day 2 of 2)
9:00 am – 2:30 pm • Virtual class • Call: 288-2794

Exceptional Family Member Program Orientation
10:00 am – 11:30 am • Virtual class • Call: 287-6070

R.E.A.L. SFRG Foundations/SFRG Volunteer Training (Day 1 of 2)
5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

Wednesday, January 13

CARE Team Training
8:30 am – 12:00 pm • Virtual class • Call: 288-2794

R.E.A.L. Command Team SFRG Training (CDR's/1SGs)
9:00 am – 12:00 pm • Virtual class • Call: 288-2794

Exceptional Family Member Program Resource Connections Support Group
11:30 am – 12:30 pm • Virtual class • Call: 287-6070

R.E.A.L. SFRG Foundations/SFRG Volunteer Training (Day 2 of 2)
5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

Tuesday, January 19

Volunteer Management Information System (VMIS), Organization Point of Contact (OPOC) Training
10:00 am – 11:30 am • Virtual class • Call: 287-2327

Thursday, January 21

Blended Families Workshop
9:00 am – 12:00 pm • Virtual class • Call: 286-6774 or 288-2092

Exceptional Family Member Program Workshop
9:30 am – 11:00 am • Virtual class • Call: 287-6070

Monday, January 25

Rear Detachment Operations (RDO) Course (Day 1 of 3)
9:00 am – 4:30 pm • Virtual class • Call: 288-2794

Tuesday, January 26

Rear Detachment Operations (RDO) Course (Day 2 of 3)
9:00 am – 4:30 pm • Virtual class • Call: 288-2794

Tuesday, January 26

Rear Detachment Operations (RDO) Course (Day 2 of 3)
9:00 am – 4:30 pm • Virtual class • Call: 288-2794

Volunteer of the Year (Nomination Writing Workshop)
10:00 am – 11:30 am • Virtual class • Call: 287-2327

Wednesday, January 27

Rear Detachment Operations (RDO) Course (Day 3 of 3)
9:00 am – 4:30 pm • Virtual class • Call: 288-2794

Thursday, January 28

Volunteer of the Year Nomination Writing Workshop
1:30 pm – 3:00 pm • Virtual class • Call: 287-2327

Monthly Recurring Classes and Workshops

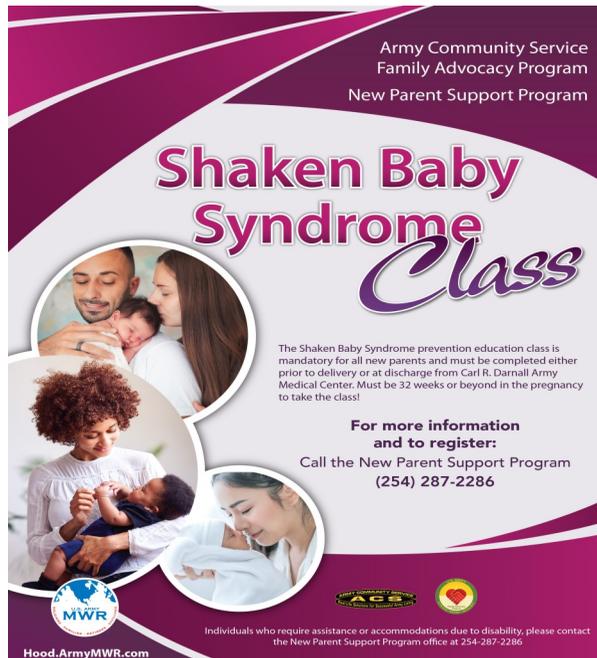
Tuesday, January 5, 12, 19 & 26

Infant Massage
9:30 am – 10:30 am • Call: 287-2286

Family Violence Prevention Training (PT)
9:30 am - 11:00 am, 1:30 pm - 3:00 pm • Palmer Theater • call 288-2092

Thursday, January 14 & 28

Stress, Anger & Conflict Resolution Management Workshop
9:00 am – 4:30 pm • Virtual class • Call: 618-7827



Army Community Service
Family Advocacy Program
New Parent Support Program

Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:
Call the New Parent Support Program (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286



Army Community Service
Family Advocacy Program

BOOT CAMP

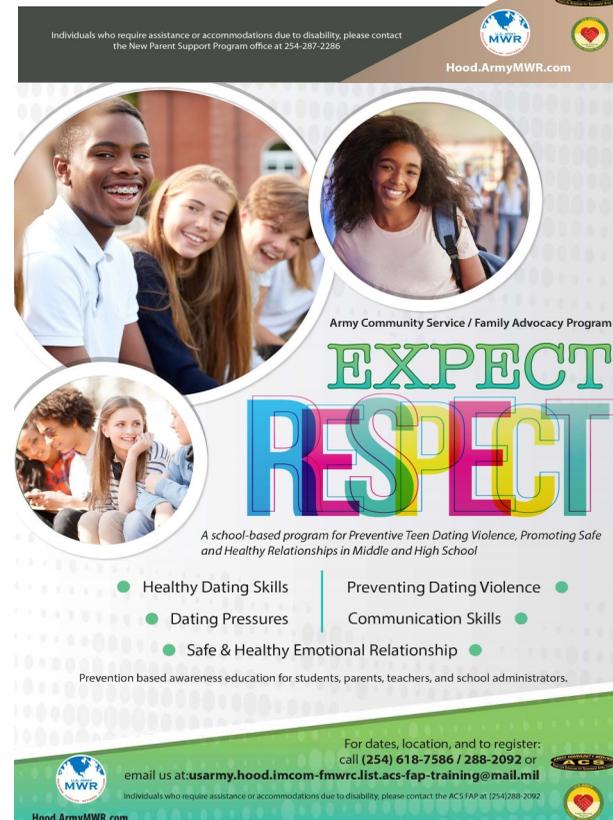
For New and Expectant Dads

For more information and to register:
Call the New Parent Support Program (254) 287-2286

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children



Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

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Army Community Service / Family Advocacy Program

EXPECT RESPECT

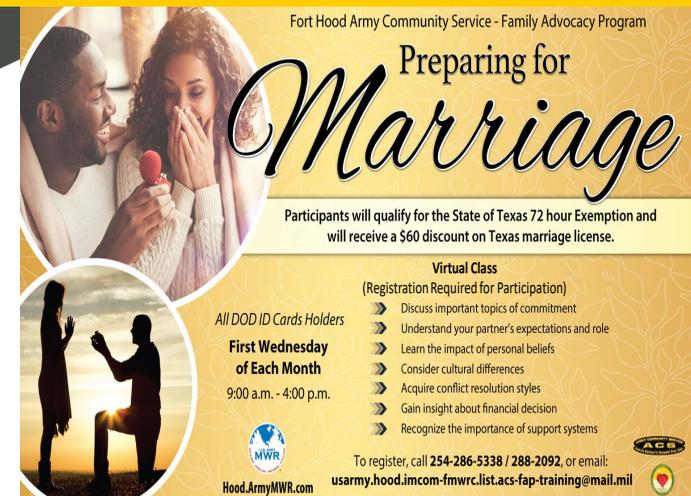
A school-based program for Preventive Teen Dating Violence, Promoting Safe and Healthy Relationships in Middle and High School

- Healthy Dating Skills
- Preventing Dating Violence
- Dating Pressures
- Communication Skills
- Safe & Healthy Emotional Relationship

Prevention based awareness education for students, parents, teachers, and school administrators.

For dates, location, and to register:
call (254) 618-7586 / 288-2092 or
email us at usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to disability, please contact the ACS FAP at (254) 288-2092



Fort Hood Army Community Service - Family Advocacy Program

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

Virtual Class
(Registration Required for Participation)

All DOD ID Cards Holders
First Wednesday of Each Month
9:00 a.m. - 4:00 p.m.

- » Discuss important topics of commitment
- » Understand your partner's expectations and role
- » Learn the impact of personal beliefs
- » Consider cultural differences
- » Acquire conflict resolution styles
- » Gain insight about financial decision
- » Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

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Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held the 2nd Wednesday of every month, 9:00 a.m. - 4:00 p.m.

Virtual Class
(Registration Required for Participation)

To Register:
Call: (254) 618-7594/288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

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Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on 2nd & 4th Tuesday of every month, 9:30 a.m. - 11:30 a.m.

Virtual Class
(Registration Required for Participation)

To Register:
Call: (254) 618-7443/288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092

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