

## Helpful ACS Numbers

ACS Main Office 287-4ACS (4227)

ACS Volunteer Program / Army Volunteer Corps	287-VOLS (8657)
Army Emergency Relief (AER)	553-3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP)	287-AFAP (2327)
Army Family Team Building (AFTB)	286-6600
Employment Readiness Program	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

## 24/7 Hotlines

Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

## ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center
- Bldg. 36000 - Shoemaker Center, 2nd Floor
- Bldg. 36051 - Soldier and Family Assistance Center

Open to All  
DOD ID Card Holders

# Financial Readiness Workshops

**1<sup>st</sup> and 3<sup>rd</sup> Wednesday**  
Budget & Debt Management, 9:30 - 11:00 am  
Credit Booster, 1:30 - 3:00 pm

**2<sup>nd</sup> Tuesday**  
Saving & Investing, 1:30 - 3:00 pm

Classes, times, and locations are subject to change. Call for details.

Army Community Service (ACS)  
Financial Readiness Branch (FRB)  
**254-287-2489**

Individuals who require assistance or accommodations due to a disability, contact Financial Readiness Branch

Open to Military Families with Special Needs

## FORT HOOD ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM



### EFMP Family Support MONTHLY WORKSHOP

3rd Thursday of each month  
9:30 a.m. — 11:00 a.m.  
Virtual class  
(Registration Required for Participation)

**Topics to be covered are:**

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: [usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil)

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Fort Hood Army Community Service  
Exceptional Family Member Program

Open to Military Families  
with Special Needs

### EFMP Family Support

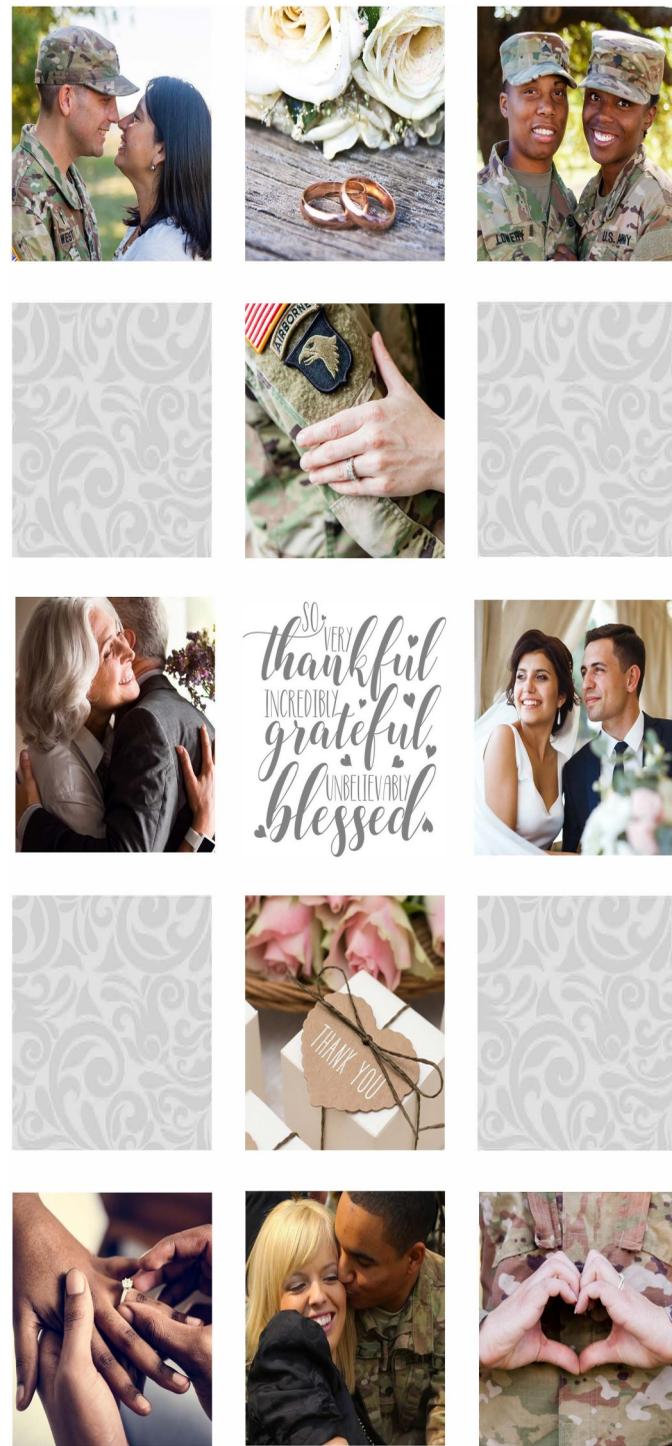
#### RESOURCE CONNECTIONS SUPPORT GROUP

2nd Wednesday of each month  
11:30 a.m. - 12:30 p.m.  
Virtual  
(Registration Required for Participation)

- This is for parents/children who have a disability and desire to make connections with others and share their knowledge
- Obtain information through Subject Matter Expert (SME) guest speakers
- Connect with EFMP Staff for information and resources

For more information and to register (254) 287-6070 or email: [usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil)

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

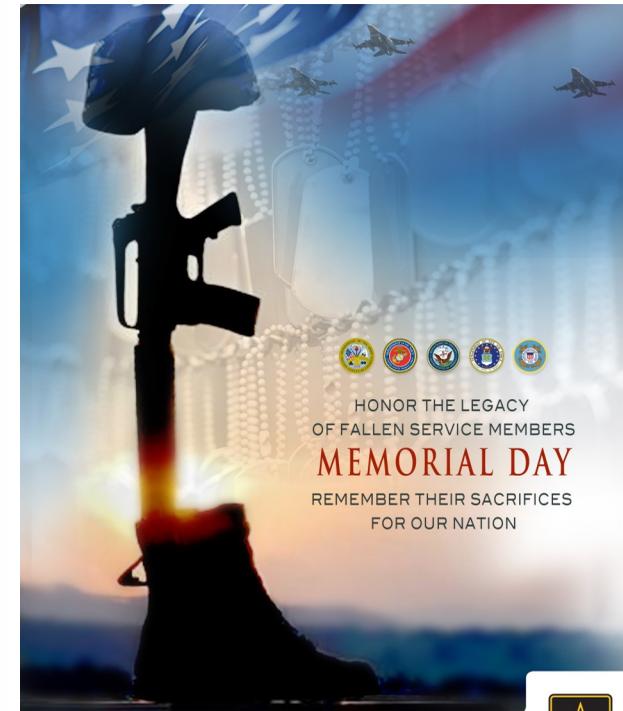


Workshops, Activities  
and Trainings

# Army Community Service

Real-Life Solutions for Successful Army Living

## May 2021 Calendar of Events



HONOR THE LEGACY  
OF FALLEN SERVICE MEMBERS

# MEMORIAL DAY

REMEMBER THEIR SACRIFICES  
FOR OUR NATION



Your Connection to Community Information

# 287-4ACS

<https://hood.Armymwr.com>  
[www.armyfamilywebportal.com](http://www.armyfamilywebportal.com)  
[www.militaryonesource.mil](http://www.militaryonesource.mil)  
1-800-342-9647



MILITARY SPOUSE APPRECIATION DAY • MAY 7TH

# Army Community Service Calendar of Events

**Monday, May 3 – Tuesday, May 4**  
**Community Resource Course**  
 9:00 am – 2:30 pm • Virtual class • Call: 288-2794

**Tuesday, May 4**  
**R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training**  
 8:30 am – 11:30 am • Virtual class • Call: 288-2794

**Thursday, May 6**  
**Resilience Skills (Character Strengths)**  
 11:30 am – 1:00 pm • Virtual class • Call: 288-2794

**Friday, May 7**  
**Military Spouse Appreciation Day**  
 9:00 am – 1:00 pm • Apache Arts and Crafts • Call: 287-2327

**Tuesday, May 11**  
**Exceptional Family Member Program Orientation**  
 10:00 am – 11:30 am • Virtual class • Call: 287-6070

**Tuesday, May 11 – Wednesday, May 12**  
**R.E.A.L. SFRG Foundations/ Volunteer Training**  
 5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

**Wednesday, May 12**  
**R.E.A.L. Command Team SFRG Training (CDR's/1SGs)**  
 9:00 am – 12:00 pm • Virtual class • Call: 288-2794

**CARE Team Training**  
 5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

**Thursday, May 13**  
**Newborn Infant Care for Parents**  
 1:00 pm – 2:30 pm • Virtual class • Call: 287-2286

**Tuesday, May 18 – Wednesday, May 19**  
**R.E.A.L. Command Family Readiness Representative (CFRR) Training**  
 9:00 am – 3:30 pm • Virtual class • Call: 288-2794

**Thursday, May 20**  
**Family Readiness Advisor Training**  
 9:00 am – 2:00 pm • Virtual class • Call: 288-2794

## Monthly Recurring Classes and Workshops

**Tuesday, May 4, 11, 18 & 25**  
**Infant Massage**  
 9:30 am – 10:30 am • Virtual class • Call: 287-2286

**Family Violence Prevention Training (PT)**  
 9:30 am – 11:00 am, 1:30 pm - 3:00 pm •  
 Palmer Theater • Call 288-2092

**Wednesday, May 5 & 26**  
**Explore, Play, and Learn Storybook & Craft Time**  
 10:00 am – 10:30 am • Virtual class • Call: 287-2286

**Thursday, May 6 & 20**  
**Blended Families Workshop**  
 9:00 am – 12:00 pm • Virtual class • Call: 287-5066

**Tuesday, May 11 & 25**  
**Volunteer Management Information System (VMIS), Organization Point of Contact (OPOC) Training**  
 10:00 am – 11:30 am • Virtual class • Call: 287-2327

Open to all DOD ID Card Holders

Signs and symptoms of stress  
 Stress management techniques  
 Anger and conflict management

2nd and 4th Thursday of each month  
 9:00 a.m. - 4:30 p.m.  
 Virtual Class  
 (Registration required for participation)

Army Community Service / Family Advocacy Program

## Stress, Anger & Conflict Management Workshop

To Register: Call: (254) 618-7827 / 288-2092 or Email: [usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Army Community Service Family Advocacy Program  
 New Parent Support Program

## Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:  
 Call the New Parent Support Program  
 (254) 287-2286

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

Army Community Service Family Advocacy Program

## BOOT CAMP

### For New and Expectant Dads

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

For more information and to register:  
 Call the New Parent Support Program  
 (254) 287-2286

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

Fort Hood Army Community Service - Family Advocacy Program

## RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship  
 Discovering Your Personality  
 Understanding Expectations in Your Relationship  
 Improving Communication & Intimacy  
 Supporting Your Partner

Classes are held the 2<sup>nd</sup> Wednesday of every month, 9:00 a.m. - 4:00 p.m.

Virtual Class  
 (Registration Required for Participation)

To Register:  
 Call: (254) 618-7584/288-2092 or Email:  
[usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 288-2092

Fort Hood Army Community Service - Family Advocacy Program

## Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of every month, 9:30 a.m. - 11:30 a.m.

Virtual Class  
 (Registration Required for Participation)

To Register:  
 Call: (254) 618-7443/288-2092 or Email:  
[usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092

All DOD ID Cards Holders

Fort Hood Army Community Service Family Advocacy Program

## Preparing for Marriage

First Wednesday of Each Month  
 9:00 a.m. - 4:00 p.m.  
 Virtual Class  
 (Registration Required for Participation)

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decisions
- Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email: [usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Fort Hood Army Community Service - Family Advocacy Program

## Active Parentteen

### You & your Teen

Come and enhance your ability to guide your teen through their challenges. Additionally, this class will provide your teen with skills to effectively manage the challenges of adolescence and make them more capable of making good decisions.

- Motivational Parenting
- Understanding Peer Pressure
- Internet Information Safety
- Behavior Modification
- Effective Parenting Styles
- Self-Esteem Issues

For more information:  
 Call: (254) 288-4783 / 288-2092 or Email:  
[usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092 / 287-6586