

Text Version

PDF Version

LIMITLESS FUN

November 1 to
FEB 28, 2017

Open to all



The Courses of Clear Creek

Monday through Friday, noon till dark
**\$20 per person and includes
greens fee and cart**

254-287-4130

Not valid on weekends, holidays and training holidays

Battalion Ave. at
Clear Creek Rd.





Super Bowl LI **Watch Party**

Backbone Lounge

Bldg. 194, 37th Street

Free and Open to all 18+

February 5, 2017

Doors open at 5 pm

254-532-5073



Special thanks to all our sponsors.

Sponsorship does not constitute endorsement by the Department of the Army or the Fort Hood Family and MWR.

BLACK HISTORY MONTH



HALLOWED GROUNDS: Sites of African American Memories



Supported by the National Endowment for the Humanities, the National Black Leadership Initiative Institute, and the National Black Leadership Initiative Institute.



WOMEN'S HISTORY MONTH



WORKING TO FORM A MORE PERFECT UNION:
HONORING WOMEN IN PUBLIC SERVICE AND GOVERNMENT



SCAN AND VIEW MOMENTS IN HISTORY



Designed by James Lohman for the National Equal Opportunity Management Institute

E LIM INATE

SEXUAL ASSAULT

KNOW YOUR PART

DO YOUR PART



www.dooni.org



www.mhsuhs.mil



www.aspr.mil

HOLOCAUST

DAYS OF REMEMBRANCE

NEUTRALITY HELPS THE
OPPRESSOR,
NEVER THE VICTIM.
SILENCE ENCOURAGES
THE TORMENTOR,
NEVER THE
TORMENTED.
ELIE WIESEL

STORIES OF FREEDOM
what **you** do matters

Designed by Peter Henner for the Defense Equal Opportunity Management Institute

FORT HOOD FAMILY AND MWR CONNECTION

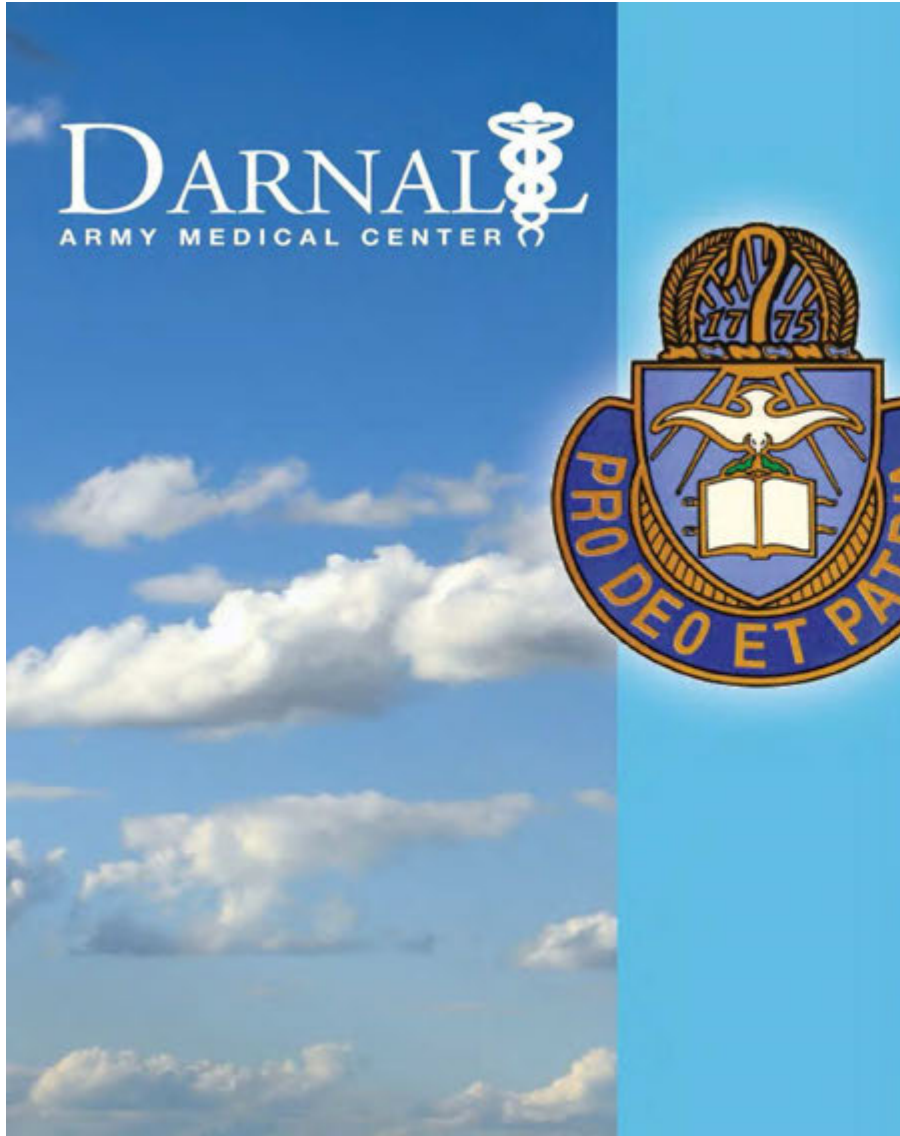


[Instagram.com/Fort_Hood_MWR](https://www.instagram.com/Fort_Hood_MWR) [Facebook.com/FortHoodFMWR](https://www.facebook.com/FortHoodFMWR)

HoodMWR.com itunes.com/apps/forthoodmwrtime

Hood Highlights eNewsletter, marketing.fmwr@gmail.com





Chapel Services *

Bible Study - Monday - 12:00 p.m.

Catholic Mass - Wednesday - 12:00 p.m.

Bereavement Group - 1st Wednesday - 3:00 p.m.

For additional religious accommodations and services or if you desire to see a Chaplain please call the Chaplain's office at (254) 288-8849 Monday-Friday 7:30 a.m. - 4:30 p.m. or the On Call Chaplain at (254) 462-5923. Chaplain Office is located on the 6th floor in room 46-096



TACTICAL ATHLETE GAMES

Saturday, February 11
Applied Fitness Center
8:00 a.m.



For registration and
more information,
go to

www.eventbrite.com

POC:

CPT Frances Young
(254) 285-1534

frances.r.young.mil@mail.mil



Find us on
Facebook!

*Sign up and test your abilities
against Fort Hood's Best!* (Feb. 4 deadline)

- \$20 entry fee, T-shirt included.
- 90 minutes to complete 10 events in any order
- Body weight-based scoring
- Female and male competitions
- Open to Soldiers, Family Members, Retirees and ID card holders

Monthly Recurring Classes and Workshops

Monday

Organization POC Training for Volunteer Management Information System (VMIS)
10:00 am - 11:30 am • Bldg 16005 Call: 286-5913
PCS on the Go
1:00 pm - 1:30 pm • Bldg 18010 Call: 287-4471
Stress Management Discussion Group for WTB/IDES Soldiers
1:30 pm - 2:30 pm • Bldg 36051 Call: 286-5768

Tuesday

Domestic Violence Interactive Training (DVIT)
9:30 am - 11:00 am 12:30 pm - 2:00 pm
or 2:30 pm - 4:00 pm
Palmer Theater • Child Care available
Register: 288-2092
Saving & Investing
9:30 am - 11:00 am • Bldg 12020, Suite 400
Call: 553-4698
Common Sense Parenting
9:30 am - 11:30 am • Bldg 18000 Call: 618-7443

Wednesday

Soldiers Medical Evaluation Board & Physical Evaluation Board Counsel Brief
9:00 am - 9:30 am • Bldg 36051 Call: 286-5768
Traumatic Service Members Group Life Insurance (TSGLI)/ Combat Related Special Compensation (CRSC) Brief
9:30 am - 10:30 am • Bldg 36051 Call: 286-5768
Explore Learning and Play
9:30 am - 10:30 am • Bronco Youth Center
Call: 287-2286
Budget/Debt Management
9:30 am - 11:00 am • Bldg 12020 Suite 400
Call: 553-4698
Soldier in Transition Discussion Group for WTB/IDES Soldiers
1:30 pm - 2:30 pm • Bldg 36051 Call: 286-5768
Credit Booster
1:30 pm - 3:00 pm • Bldg 12020 Suite 400
Call: 553-4698

Thursday

Career Communication Skills
8:30 am - 9:30 am • Bldg 284 Call: 286-6684
Job Interview Techniques
9:30 am - 10:30 am • Bldg 284 Call: 286-6684
Banking
9:30 am - 11:00 am • Bldg 12020 Suite 400
Call: 553-4698
PCS on the Go
1:00 pm - 1:30 pm • Bldg 18010 Call: 287-4471

Friday

EFMP Sea Dragons Aquatic Program
6:00 pm - 8:00 pm • Bldg 23001
Call: 287-6070

Hood Howdy

Information & Career Fair

February 10, 2017, 10:00 am - 2:00 pm
at Club Hood
Bldg 5764, 24th Street & Wainwright
Call: 287 - 4471

Volunteer Nomination

Writing Workshops!

Volunteer of the Year is coming!
Learn to write a Winning Nomination!
February 2, 7, 9, 2017
10:00 am - 11:30 am
Lane Volunteer Center, Bldg 16005
Call for info: 287-VOLS (8657)
or 286 - 5913

Building Locations

- Bldg 121 • The Rivers Building, Army Community Service, T.J. Mills Blvd & 761st Tank Battalion Ave
- Bldg 284 • ACS Employment Readiness Modular Bldg Battalion Avenue West of 37th Street
- Bldg 320 • Spirit of Fort Hood Warrior & Family Chapel Campus, Tank Destroyer Blvd & 33rd Street
- Bldg 334 • Palmer Theater, 31st Street & 761st Tank Battalion Ave
- Bldg 6602 • Bronco Youth Center, Tank Destroyer across from Meadows Elementary School
- Bldg 9138 • Sprocket Auto Crafts, 20th St & Old Ironsides Ave
- Bldg 10043 • Survivor Outreach Services, Battalion Ave
- Bldg 12020 • Suite 400 & 500, 31st Street & Battalion Ave, Personal Financial Readiness Ctr & MFLC
- Bldg 16005 • Lane Volunteer Center, T.J. Mills & Old Ironsides
- Bldg 18000 • Oveta Culp Hobby Soldier & Family Readiness Center Battalion Ave near the Copeland Soldier Service Center
- Bldg 18010 • Copeland Soldier Service Center, Battalion Ave
- Bldg 36051 • Soldier & Family Assistance Center, 62nd Street.
- Bldg 33009 • Soldier Development Center
- Bldg 50012 • Community Events & Bingo Center, Clear Creek Road, behind AAFES gas station
- Bldg 23001 • Abrams Physical Fitness Center 62nd Street, & Support Avenue

Helpful ACS Numbers

ACS Front Desk (Rivers Building 121) If you do not know who to call	287-4ACS
ACS Volunteer Program	287-8657
Army Emergency Relief (AER)	288-6330
Army Family Action Plan (AFAP)	287-AFAP
Army Family Team Building (AFTB)	286-6600 287-2327
Army Volunteer Corps	287-VOLS
Child & Spouse Abuse 24/7 Hotline	287-CARE
Consumer Affairs Office	287-CITY
Employment Readiness Branch (ERB)	288-2089
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774
Family Assistance Center (FAC)	288-7570
Personal Financial Management Classes	287-8979
Lending Closet	287-4471
Military Family Life Consultants (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program (NPSP)	287-2286
Parenting Classes	618-7443
Relocation Readiness Program	287-4471
Soldier and Family Assistance Center	286-5768
Stress/Anger/Conflict & Resolution Training Management Classes	286-5338
Survivor Outreach Services	288-3655
Victim Services 24/7 Crisis Line	702-4953

**FREE Classes,
Workshops, Play Groups, and
Much More!**

February Calendar of Events

2017

Army Community Service



*Real-Life Solutions for
Successful Army Living*

287-4ACS

www.hoodmwr.com/acs
www.MyArmyOneSource.com
www.militaryonesource.mil
1-800-342-9647

February 2017 February 2017 February 2017 February 2017



Army Community Service Calendar of Events



Wednesday, February 1

Preparing for Marriage Workshop

8:00 am – 4:30 pm • Bldg 18000

Register: 288-2092 or 618-7827

Facebook for FRGs

8:30 am – 11:00 am • Bldg 16005 Register: 288-2794

Army Family Team Building

Train the Trainer (Day 2 of 3)

8:30 am – 1:00 pm • Bldg 16005 Register: 286-6600

Boot Camp for New & Expectant Dad

9:00 am – 12:00 pm • Bldg 18000

Register: 287-5066/2286

Thursday, February 2

Resilience Academy (Day 1 of 4)

8:30 am – 2:30 pm • Bldg 16005 Register: 288-2794

Volunteers Recognition Writing Workshop

10:00 am – 11:30 am • Bldg 16005

Register: 287-VOLS (8657) or 286-5913

Insurance for IDES Soldiers

1:30 pm – 2:30 pm • Bldg 36051 Call: 286-5768

Budget/Debt Management

1:30 pm – 3:00 pm • Bldg 12020, Suite 400

Call: 553-4698

Friday, February 3

Army Family Team Building

Train the Trainer (Day 3 of 3)

8:30 am – 1:00 pm • Bldg 16005 Register: 286-6600

Monday, February 6

Exceptional Family Member Program

Advisory Committee

10:00 am – 11:00 pm • Bldg 121 Register: 287-6070

Tuesday, February 7

Newcomers Employment Training Workshop (The NETWork)

8:15 am – 9:00 am • Bldg. 284 Register: 286-6684

Resume & Application Development

9:00 am – 10:30 am • Bldg 284 Register: 286-6684

Family Readiness Support Assistant/

Family Readiness Liaison Course

9:00 am – 4:30 pm • Bldg 16005 Register: 288-2794

Volunteers Recognition Writing Workshop

10:00 am – 11:30 am • Bldg 16005

Register: 287-VOLS (8657) or 286-5913

FRG Key Caller Training

5:30 pm – 8:00 pm • Bldg 16005 Register: 288-2794

Army Family Team Building

Military Knowledge Course

5:30 pm – 8:30 pm • Bldg 16005 Register: 286-6600

Wednesday, February 8

Rapid Resume Review

9:00 am – 10:30 am • Bldg 284 Register: 286-6684

Family Readiness Support Assistant/

Family Readiness Liaison Course

9:00 am – 4:30 pm • Bldg 16005 Register: 288-2794

Resource Connection – EFMP Support Group

5:30 pm – 6:30 pm • The Rivers Bldg, 121 Call: 287-6070

FRG Fund Custodian Training

5:30 pm – 8:00 pm • Bldg 16005 Register: 288-2794

Army Family Team Building (Day 2 of 3)

Military Knowledge Course

5:30 pm – 8:30 pm • Bldg 16005 Register: 286-6600

Shaken Baby Class

6:00 pm – 7:00 pm • Bldg 36000

Education Auditorium above ER Call: 287-5066/2286

Thursday, February 9

Resilience Academy (Day 2 of 4)

8:30 am – 2:30 pm • Bldg 16005 Register: 288-2794

Exceptional Family Member Program

Thursday Mornings with Dr. Tom

9:30 am – 10:30 am • Bldg 18000 – Family Room

Call: 287-6070

Stress, Anger & Conflict Management Workshop

9:00 am – 3:00 pm • Bldg 18000 Register: 286-5338

Volunteers Recognition Writing Workshop

10:00 am – 11:30 am • Bldg 16005

Register: 287-VOLS (8657) or 286-5913

Credit/Debt Management for IDES Soldiers

1:00 pm – 2:00 pm • Bldg 36051 Call: 286-5768

Volunteers Recognition Writing Workshop

1:00 pm – 2:30 pm • Bldg 16005

Register: 287-VOLS (8657) or 286-5913

Covering Your Assets/Insurance

1:30 pm – 3:30 pm • Bldg 12020 Suite 400 Call: 553-4698

Army Family Team Building

Military Knowledge Course

5:30 pm – 8:30 pm • Bldg 16005 Register: 286-6600

Friday, February 10

Car Seat Parent Education and Inspection Program

9:00 am – 12:00 pm • Sprocket Auto Craft Center

Register: 287-6505

Hood Howdy Information Fair

and Mini Career Fair

10:00 am – 2:00 pm • Bldg 5764 Club Hood

Caregiver Peer-to-Peer Support Group for

Spouses and Caregivers of WTU/IDES Soldiers

10:00 am – 11:30 am • Bldg 36051 Call: 286-5768

Monday, February 13

Relationship Enrichment Workshop

9:00 am – 4:00 pm • Bldg 18000 Call: 618-7584

Tuesday, February 14

Newcomers Employment Training Workshop (The NETWork)

8:15 am – 9:00 am • Bldg. 284 Register: 286-6684

FRG Leader Course

8:30 am – 2:30 pm • Bldg 16005 Register: 288-2794

Resume & Application Development

9:00 am – 10:30 am • Bldg 284 Register: 286-6684

Infant Massage

9:30 am – 10:30 am • Bldg 18000

Register: 553-2158 or 287-2286

Exceptional Family Member Program Orientation

10:00 pm – 11:30 pm • Bldg 18000 Call: 287-6070

Relocation Smooth Moves Workshop

10:00 am – 11:30 am • Bldg 18000 Register: 287-4471

Infant Massage

5:00 pm – 6:00 pm • Bldg 18000

Register: 553-2158 or 287-2286

Wednesday, February 15

FRG Leader Course

8:30 am – 2:30 pm • Bldg 16005 Register: 288-2794

Rapid Resume Review

9:00 am – 10:30 am • Bldg 284 Register: 286-6684

FRG for Commanders/First Sergeants

9:00 am – 12:00 pm • Bldg 16005 Register: 288-2794

Blended Families Workshop

9:30 am – 11:30 am • Bldg 18000 Register: 287-5066

Thursday, February 16

Resilience Academy (Day 3 of 4)

8:30 am – 2:30 pm • Bldg 16005 Register: 288-2794

Exceptional Family Member Program

Resource Workshop

9:30 am – 11:00 am • Bldg 16005 Call: 287-6070

Developing a Spending Plan for IDES Soldiers

1:00 pm – 2:00 pm • Bldg 36051 Register: 286-5768

Credit Booster

1:30 pm – 3:00 pm • Bldg 12020 Suite 400 Call: 553-4698

Tuesday, February 21

Newcomers Employment Training Workshop (The NETWork)

8:15 am – 9:00 am • Bldg. 284 Register: 286-6684

Army Family Team Building (Day 1 of 3)

Leadership Development

8:30 am – 1:30 pm • Bldg 16005 Register: 286-6600

Resume & Application Development

9:00 am – 10:30 am • Bldg 284 Register: 286-6684

Infant Massage

9:30 am – 10:30 am • Bldg 18000 Register: 553-2158 or

287-2286

TX VetCommission – Five parts to a Resume

Experience vs Education Class

1:00 pm – 3:00 pm • Bldg 36051 Call: 286-5768

Infant Massage

5:00 pm – 6:00 pm • Bldg 18000

Register: 553-2158 or 287-2286

MS Support Group

6:00 pm – 8:00 pm • Robertson

Avenue Baptist Group 305 E. Robertson Avenue, Copperas
Cove Call: 587-6070

Wednesday, February 22

Army Family Team Building (Day 2 of 3)

Leadership Development

8:30 am – 1:30 pm • Bldg 16005 Register: 286-6600

Rapid Resume Review

9:00 am – 10:30 am • Bldg. 284 Register: 286-6684

Blended Families Workshop

9:30 am – 11:30 am • Bldg 18000 Register: 287-5066

Community Services Council Meeting

10:30 am – 11:30 am • Community Events & BINGO

Center Call: 553-1593

Care Team Training

5:30 pm – 8:30 pm • Bldg 16005

Register: 288-2794

Shaken Baby Class

6:00 pm – 7:00 pm • Bldg 36000

Education Auditorium above ER

Call: 287-5066/2286

Thursday, February 23

Army Family Team Building (Day 3 of 3)

Leadership Development

8:30 am – 1:30 pm • Bldg 16005 Register: 286-6600

Resilience Academy (Day 4 of 4)

8:30 am – 2:30 pm • Bldg 16005 Register: 288-2794

Stress, Anger & Conflict Management Workshop

9:00 am – 3:00 pm • Bldg 18000 Register: 286-5338

Financial Institutions for IDES Soldiers

1:00 pm – 2:00 pm • Bldg. 36051 Call: 286-5768

Consumer Rights & Obligation/Identity Theft

1:30 pm – 3:00 pm • Bldg 12020 Suite 400

Call: 553-4698

Friday, February 24

Job Search with Confidence

8:45 am – 9:45 am • Bldg. 284 Register: 286-6684

Car Seat Parent Education and Inspection Program

9:00 am – 12:00 pm • Sprocket Auto Craft Center

Register: 287-6505

Caregiver Peer-to-Peer Support Group for

Spouses and Caregivers of WTU/IDES Soldiers

10:00 am – 11:30 am • Bldg 36051 Call: 286-5768

Career Assessment Workshop

10:15 am – 11:15 am • Bldg. 284 Call: 286-6684

Tuesday, February 28

Sponsorship Mentorship Workshop

9:00 am – 11:30 am • Bldg 33009

Register: 287-4471

U.S. Citizenship and Immigration Town Hall

9:00 am – 12:00 pm • Bldg 18000 Call: 287-4471

Register: 553-2158 or 287-2286

Infant Massage

9:30 am – 10:30 am • Bldg 18000







Register: 553-2158 or 287-2286

Infant Massage

5:00 pm – 6:00 pm • Bldg 18000

Register: 553-2158 or 287-2286

**Financial Readiness Branch
JANUARY 2017 Class Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
2 New Year's Holiday Observed 	3 0930-1100 Savings & Investing	4 0930-1100 Budget/Debt Management 1330-1500 Credit Booster	5 0930-1100 Banking 1330-1500 Budget/Debt Management	6 
9 PERSONAL FINANCIAL ASSISTANCE CENTER located on the Resiliency Campus provides budget counseling, credit repair, credit reports and Army Emergency Relief Assistance. 553-4698 for more information.	10 0930-1100 Savings & Investing	11 0930-1100 Budget/Debt Management 1330-1500 Credit Booster	12 0930-1100 Banking 1330-1500 Covering Your Assets/Insurance	13 YOUR COMMAND FINANCIAL SPECIALIST (CFS) PROVIDES A VARIETY OF FINANCIAL SERVICES CALL 288-6868 FOR INFO.
16 HOLIDAY 	17 0930-1100 Savings & Investing	18 0930-1100 Budget/Debt Management 1330-1500 Credit Booster	19 0930-1100 Banking 1330-1500 Credit Booster	20 
23	24 0930-1100 Savings & Investing	25 0930-1100 Budget/Debt Management 1330-1500 Credit Booster	26 Banking 1330-1500 Consumer Rights Obligations/ Identity Theft	27 INFORMATION TABLES AT YOUR LOCATIONS UPON REQUEST 287-2489
30 NEED A SPECIAL TOPIC CLASS. CALL 287-2489, TO SCHEDULE A CLASS ON PERSONAL FINANCIAL MANAGEMENT TOPICS.	31 0930-1100 Savings & Investing			VISIT OUR WEBSITE SCAN THE QR CODE! 

Course descriptions on reverse side

All classes are held at Resiliency Campus, Personal Financial Assistance Center, Bldg 12020, Suite 400, Battalion Ave & 31st Street

***Financial Readiness Branch
JANUARY 2017 Class Schedule***

Credit Booster

Learn how to read and understand your credit report; how a credit score is determined and how you can improve your score. Learn how to correct errors found on your credit report which can reflect on your credit score. Also, you will learn how to understand the calculation of finance charges and how to lower your interest rate.

Banking

Determine what financial institutions best suit your individual needs. Provides introduction to technology and apps that can assist in recordkeeping and organization of finances.

Budget/Debt Management

This class teaches how to create an accurate budget/spending plan that you can stick to and that meets your need; plus information and strategies for managing personal debt; how to escape its clutches and improve your credit score.

Covering Your Assets “Understanding Insurance”

Students will learn the basics of understanding insurance. The instructor will discuss the different reasons for purchasing insurance (life, auto, home, and renter's).

Home Buying (Upon Request)

Buying your first home can be overwhelming. You will learn home buying terms such as down payment, mortgage, escrow, financing, home inspection, survey, property taxes, fees, titles, insurance, and legal responsibilities.

Consumer Rights & Obligations/Identity Theft

The goal of this class is to help the soldier and their families make smart consumer decisions and how to avoid problems in our increasingly complex marketplace. Subjects include purchasing a car and auto repairs; dispelling myths and avoiding scams; telemarketing, internet and mail fraud schemes; consumer laws, and many other topics.

Understanding TSP (Upon Request)

This class is to assist in providing information on the Thrift Savings Plan.

FREE CREDIT REPORTS: www.annualcreditreport.com or 1-877-322-8228 (To schedule an appointment to review your credit reports call 553-4702.)







INFORMATION ON IDENTITY THEFT: <http://consumer.gov/idtheft/> or call 1-877-IDTHEFT

REMOVE NAMES ON MARKETING LIST: www.optoutprescreen.com or call 1-888-5OPT-OUT

ONLINE CAR BUYING CLASS: www.hoodmwr.com/acs/frb.html

FINANCIAL READINESS BRANCH EMAIL: usarmy.hood.imcom-fmwrc.list.ACS-FRB@mail.mil

**Financial Readiness Branch
FEBRUARY 2017 Class Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><i>FEBRUARY</i></p> 		<p>1 0930-1100 Budget/Debt Management</p> <p>1330-1500 Credit Booster</p>	<p>2 0930-1100 Banking</p> <p>1330-1500 Budget/Debt Management</p>	<p>3</p> 
<p>6 PERSONAL FINANCIAL ASSISTANCE CENTER located on the Resiliency Campus provides budget counseling, credit repair, credit reports and Army Emergency Relief Assistance. 553-4698 for more information.</p>	<p>7 0930-1100 Savings & Investing</p>	<p>8 0930-1100 Budget/Debt Management</p> <p>1330-1500 Credit Booster</p>	<p>9 0930-1100 Banking</p> <p>1330-1500 Covering Your Assets/Insurance</p>	<p>10 YOUR COMMAND FINANCIAL SPECIALIST(CFS) PROVIDES A VARIETY OF FINANCIAL SERVICES CALL 288-6868 FOR INFO.</p>
<p>13 INFORMATION TABLES AT YOUR LOCATIONS UPON REQUEST 553-4702</p>	<p>14 0930-1100 Savings & Investing</p>	<p>15 0930-1100 Budget/Debt Management</p> <p>1330-1500 Credit Booster</p>	<p>16 0930-1100 Banking</p> <p>1330-1500 Credit Booster</p>	<p>17</p> 
<p>20 <i>PRESIDENT'S DAY</i></p> 	<p>21 0930-1100 Savings & Investing</p>	<p>22 0930-1100 Budget/Debt Management</p> <p>1330-1500 Credit Booster</p>	<p>23 0930-1100 Banking</p> <p>1330-1500 Consumer Rights Obligations/ Identity Theft</p>	<p>24 NEED A SPECIAL TOPIC CLASS. CALL 553-4702, TO SCHEDULE A CLASS ON PERSONAL FINANCIAL MANAGEMENT TOPICS.</p>
<p>27 <i>www.militarysaves.org</i></p> 	<p>28 0930-1100 Savings & Investing</p>	<p align="center">PLANNING ON SPENDING BIG FOR YOUR SWEETHEART THIS MONTH! CALL FINANCIAL READINESS BRANCH TO MAKE YOUR BUDGET SWEET! CALL 553-4702</p>		<p align="center">VISIT OUR WEBSITE SCAN THE QR CODE!</p> 

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FINANCIAL READINESS BRANCH EMAIL: usarmy.hood.imcom-fmwrc.list.ACS-FRB@mail.mil

COPPERAS COVE'S 5K RUN TO... The Polar Bear Plunge

January 28, 2017

On- Site Registration begins at 6:30 am, race is at 8:00 am
Plunge activities will begin at 10:00 am

Please visit www.copperascovetx.gov/parks/
To register

Copperas Cove City Park Pool
5K Run/Walk • Costume Contest •
Belly Flop Contest • And More

Plunge is open to those 10 years of age and older
5k Early Registration \$20 , on site \$25
Plunge is free—Event shirts will be available for
purchase for \$15





COPPERAS COVE

FISHING IN

THE PARK

SATURDAY **February 18th** 9AM-11AM

5 Trout Limit

**18+ Require
fishing license**

City Park Duck Pond

FREE EVENT

**1206 W Ave. B.
254-542-2719**