

Monthly Recurring Classes and Workshops

Monday

Stress Management Discussion Group WTB/IDES Soldiers

1:30 pm - 2:30 pm • Bldg. 36051 • Call: 286 - 5768

Tuesday

Domestic Violence Interactive Training (DVIT)

9:30 am - 10:30 am, 12:30 pm - 1:30 pm,
2:30 pm - 3:30 pm • Palmer Theater • Register: 288-2092

Organization POC Training for Volunteer Management Information System (VMIS)

10:00 am - 11:30 am • Bldg. 36000 • Call: 287-2327

Wednesday

Explore Learning and Play

9:30 am - 10:30 am • Bronco Youth Center
Call: 287-2286

Friday

Caregiver Peer-to-Peer Support Group

10:00 am - 11:30 am • Bldg. 36051 • Call: 286-5768

Exceptional Family Member Program Sea Dragons

6:00 pm - 8:00 pm • Bldg. 23001 • Call: 287-6070

Open to All DOD ID Card Holders

Financial Readiness Workshops

1st and 3rd Wednesday
Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday
Saving & Investing, 1:30 - 3:00 pm



For more information contact,
Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2489
Hood.ArmyMWR.com

Shoemaker Center, Bldg. 36000, 2nd Floor, Room N212

Classes, times, and locations are subject to change, call for details.
Individuals who require assistance or accommodations due to a disability, contact Financial Readiness Branch.

Helpful ACS Numbers

ACS Front Desk (Shoemaker Center, Bldg. 36000, 2nd Floor)
287-4ACS (4227) If you don't know who to call

ACS Volunteer Program 287-8657
Army Emergency Relief (AER) 553-3101
Army Family Action Plan (AFAP) 287-AFAP

Army Family Team Building (AFTB) 286-6600
287-2327

Army Volunteer Corps 287-VOLS
Child & Spouse Abuse 24/7 Hotline 287-CARE
Consumer Affairs Office 287-CITY
Employment & Volunteer Readiness Branch (EVRB) 287-6067
Exceptional Family Member Program (EFMP) 287-6070
Family Advocacy Program (FAP) 286-6774
Family Assistance Center (FAC) 288-7570
Personal Financial Management Classes 287-2489
Military Family Life Counselor (MFLC) 553-4705
Mobilization & Deployment 288-2794
New Parent Support Program (NPSP) 287-2286

Parenting Classes 618-7443
288-2092

Relationship Enrichment Workshop 288-2092

Soldier and Family Assistance Center 286-5768

Stress/Anger/Conflict & Resolution Training 618-7827
288-2092

Building Locations

- Bldg. 320 • Spirit of Fort Hood Warrior & Family Chapel - Tank Destroyer Blvd.
- Bldg. 334 • Palmer Theater, 31st Street & 761st Tank Battalion Ave.
- Bldg. 6602 • Bronco Youth Center, Tank Destroyer Boulevard
- Bldg. 9138 • Sprocket Auto Crafts, 20th St & Old Ironsides Ave.
- Bldg. 10043 • Survivor Outreach Services, Battalion Ave.
- Bldg. 18000 • Oveta Culp Hobby Soldier & Family Readiness Center, Battalion Ave.
- Bldg. 18010 • Copeland Soldier Service Center, Battalion Ave. & T.J. Mills Blvd.
- Bldg. 23001 • Abrams Physical Fitness Center - 62nd Street & Support Ave.
- Bldg. 33009 • Soldier Development Center, 761st Tank Battalion Ave.
- Bldg. 36000 • The Shoemaker Center, Darnall Loop
- Bldg. 36035 • Carl R. Darnall Medical Center, Santa Fe Ave.
- Bldg. 36051 • Soldier & Family Assistance Center, 62nd Street
- Bldg. 50012 • Community Events & Bingo Center, Clear Creek Road.



ACS Resilience Team Building Activities

SPRING INTO ACTION FITNESS EXPO

March 7th
10 a.m. - 11:30 a.m.

Open to All DOD ID Card Holders
Applied Functional Fitness Center
Building 12018, Old Ironsides & 33rd St.

Did you have a New Year's resolutions...
Lost your motivation...and returned to your old habits?
Come join us to get physically, mentally and financially fit!

Check out the Climbing Wall, Alpha Warrior Rig & Well Beats workouts.

- TRX Workout
- Whole Food Plant-based Eating
- High Intensity Interval (HIIT) Training
- AFTB Resources
- Financial Fitness
- Health & Fitness Information

To register call 254-288-3794 or email: usarmy.hood.incom-fmwrc.list.sfrb@mail.mil
or visit the III Corps & Fort Hood Programs Facebook page & respond to the event.
Individuals who require assistance or accommodation due to a disability, call the ACS SFRB office at (254) 288-2794.

FORT HOOD ARMY COMMUNITY SERVICE
EXCEPTIONAL FAMILY MEMBER PROGRAM

MOVIE EXTRAVAGANZA

LIGHTS,
CAMERA,
ACTION!

"How to Train a Dragon 3"

Come join us for a fun filled free matinee for the whole Family!
Bring your blanket, pillow or mat to relax and enjoy!



March 14th
1:30 - 3:00 p.m.

Oveta Culp Hobby Soldier & Family Readiness Center
Building 18000, Battalion Ave.

For more information, call (254) 287-6070 or email: usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil.
Individuals who require assistance or accommodation due to a disability, call the ACS EFMP office at (254) 287-6070.

Workshops, Play Groups and Much More! March Calendar of Events 2020

Army Community Service



A HAND-UP FOR SOLDIERS

IT'S WHAT WE DO.

CAMPAIGN
1 March - 15 May 2020

AER is your tool in times of need.
Talk to your chain of command or local AER officer if you need help.

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Visit us online at armyemergencyrelief.org

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287- 4ACS

<https://hood.ArmyMWR.com>
www.MyArmyOneSource.com
www.militaryonesource.mil
1-800-342-9647

Army Community Service Calendar of Events

Monday, March 2

Community Resource Course (Day 1 of 2)

8:30 am – 2:30 pm • Bldg. 18000 • Register: 288-2794

Tuesday, March 3

Community Resource Course (Day 2 of 2)

8:30 am – 2:30 pm • Bldg. 18000 • Register: 288-2794

R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training

8:30 am – 11:30 pm • Bldg. 18000 • Register: 288-2794

Wednesday, March 4

NPSP Boot Camp for New & Expectant Dads

9:00 am – 12:00 pm • Bldg. 18000 • Call: 287-2286

Tuesday, March 10

R.E.A.L. SFRG Foundations/SFRG Leader Training (Day 1 of 2)

5:30 pm – 8:30 pm • Bldg. 18000 • Register: 288-2794

Exceptional Family Member Program Orientation

10:00 am – 11:30 am • Bldg. 36000 • Call: 287-6070

Wednesday, March 11

R.E.A.L. SFRG Foundation/SFRG Leader Training (Day 2 of 2)

5:30 pm – 8:30 pm • Bldg. 18000 • Register: 288-2794

Shaken Baby Syndrome Class

11:00 am – 12:00 pm • Bldg. 36000

6:00 pm – 7:00 pm • Bldg. 36035 • Call: 287-2286

Resource Connection - EFMP Virtual Support Group

11:30 am – 12:30 pm • Facebook • Call: 287-6070

Thursday, March 12

Stress, Anger, & Conflict Resolution Management Workshop

8:00 am – 4:00 pm • Bldg. 18000 • Call: 618-7827 or 288-2092

Thursday Morning with Dr. Tom

9:30 am – 10:30 am • Virtual on Facebook • Call: 287-6070

Wednesday, March 18

R.E.A.L. SFRG Foundations/Key Contact Training

8:30 am – 11:30 am • Bldg. 18000 • Register: 288-2794

R.E.A.L. Command Team SFRG Training (CDR's/1SGs)

9:00 am – 12:00 pm • Bldg. 18000 • Call: 288-2794

Exceptional Family Member Program Bowling Night

5:00 pm – 7:00 pm • Bldg. 49010 • Call: 287-6070

Thursday, March 19

Exceptional Family Member Program Workshop

9:30 am – 11:00 am • Bldg. 36000 • Call: 287-6070

CARE Team Training

8:30 am – 2:30 pm • Bldg. 18000 • Register: 288-2794

Friday, March 20

Commander/1SG Spouse Program

8:30 am – 12:00 pm • Bldg. 18000 • Call: 288-2794

Saturday, March 21

Exceptional Family Member Program Fashion Show

1:00 pm – 3:00 pm • Bldg. 4250 • Call: 287-6070

Wednesday, March 25

Community Service Council Meeting

10:30 am – 12:00 pm • Bldg. 50012 • Call: 553-1593

Shaken Baby Syndrome Class

11:00 am – 12:00 pm • Bldg. 36000

6:00 pm – 7:00 pm • Bldg. 36035 • Call: 287-2286

Thursday, March 26

Resilience Lunch & Learn (Put it in Perspective)

11:30 am – 1:00 pm • Bldg. 18000

Registration required/Lunch provided, call: 288-2794

Stress, Anger & Conflict Resolution Management Workshop

8:00 am – 4:00 pm • Bldg. 18000 • Call: 618-7827 or 288-2092

Saturday, March 28

Exceptional Family Member Program Spring Festival

10:00 am – 2:00 pm • Bldg. 320 • Call: 287-6070

Monday, March 30

Community Resource Course (Day 1 of 2)

8:30 am – 2:30 pm • Bldg. 18000 • Register: 288-2794

Tuesday, March 31

Community Resource Course (Day 2 of 2)

8:30 am – 2:30 pm • Bldg. 18000 • Register: 288-2794



ARMY FAMILY TEAM BUILDING
Professional Development Courses at your fingertips.

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

Log onto www.mymilitarysource.com

- 1 ► If you do not have an account, click on Register at the top right hand screen, and follow prompts to register. If you have an account, log in.
- 2 ► Hover your cursor over FAMILY PROGRAMS AND SERVICES on the left side of the screen and click on the ONLINE TRAINING link.
- 3 ► Scroll down and click on the VISIT THE ARMY ONESOURCE ONLINE LEARNING MANAGEMENT SYSTEM link located on the left side of the screen under the list of trainings. This will bring you to the Online Learning Center page. (You may need to use Chrome to access online training).
- 4 ► Select a course and begin your training. One you have completed your training, you will be able to print your training certificate.

Available 24/7 at your leisure.

Contact the AFTB office for questions or for additional information: 254-287-1127 or Email: usarmy.hood.imcom-fmwrc.list.acs-aftb@mail.mil

Hood.ArmyMWR.com



CAR SEAT SAFETY INSPECTION

Certified technicians will provide up-to-date information about car seat installations & hands-on education for your child's safety.

2020 SCHEDULE

10 January • 24 January
7 February • 21 February
6 March • 20 March
3 April • 24 April
8 May • 29 May
5 June • 26 June
10 July • 24 July
7 August • 28 August
11 September • 25 September
16 October • 30 October
6 November • 20 November
11 December

*Dates and location may be subject to change

To schedule an appointment, please call (254) 287-6505 / 288-2092 / 287-1763 or email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 287-6003 / 288-2092.

Sprocket Auto Craft Center
Bldg. 9138, at the corner of Old Ironsides Ave. & 20th Street

Hood.ArmyMWR.com



Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

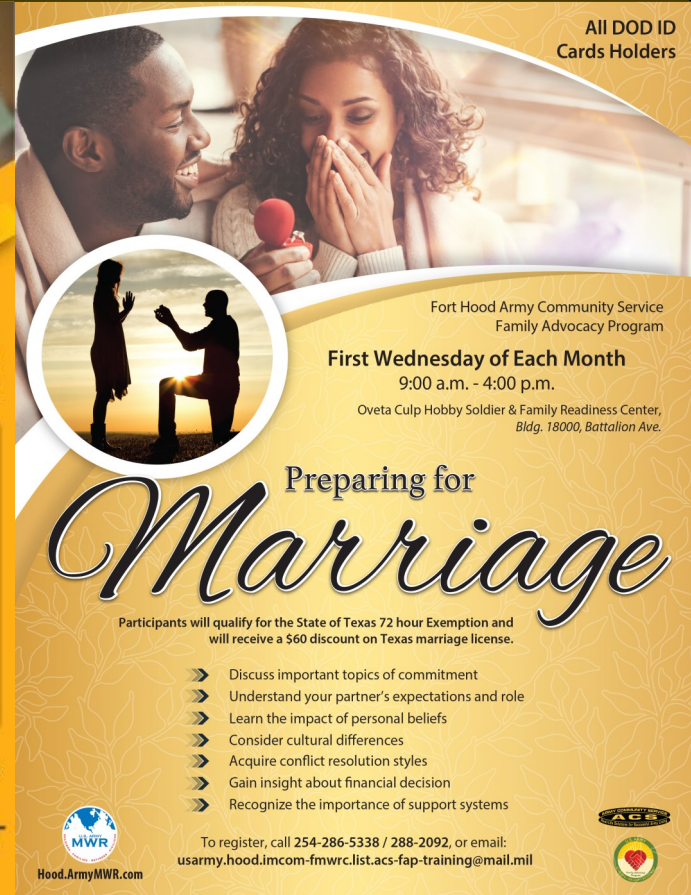
Classes are held on **2nd & 4th Tuesday** of every month,
9:30 a.m. - 11:30 a.m.

Oveta Culp Hobby Soldier and Family Readiness Center (Building 18000)

To Register:
Call: (254) 618-7443/288-2092 or Email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092.

Hood.ArmyMWR.com



All DOD ID Cards Holders

Fort Hood Army Community Service Family Advocacy Program

First Wednesday of Each Month
9:00 a.m. - 4:00 p.m.

Oveta Culp Hobby Soldier & Family Readiness Center
Bldg. 18000, Battalion Ave.

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

- » Discuss important topics of commitment
- » Understand your partner's expectations and role
- » Learn the impact of personal beliefs
- » Consider cultural differences
- » Acquire conflict resolution styles
- » Gain insight about financial decision
- » Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil

Hood.ArmyMWR.com



Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held the **2nd Wednesday** of every month,
9:00 a.m. - 4:00 p.m.

Oveta Culp Hobby Soldier and Family Readiness Center,
(Building 18000)

To Register:
Call: (254) 618-7584/288-2092 or Email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 288-2092.

Hood.ArmyMWR.com

Classes, times, and locations are subject to change call for details. Individuals who require assistance or accommodations due to a disability, contact providing program.