

Monthly Recurring Classes and Workshops

Monday

Stress Management Discussion Group WTB/IDES Soldiers

1:30 pm - 2:30 pm • Bldg. 36051

Call: 286-5768

Tuesday

Domestic Violence Interactive Training (DVIT)

9:30 am - 10:30 am, 12:30 pm - 1:30 pm,

2:30 pm - 3:30 pm • Palmer Theater

Register: 288-2092

Organization POC Training for Volunteer Management Information System (VMIS)

10:00 am - 11:30 am • Bldg. 36000

Call: 287-2327

Wednesday

Explore Learning and Play

9:30 am - 10:30 am • Bronco Youth Center

Call: 287-2286

Friday

Caregiver Peer-to-Peer Support Group

10:00 am - 11:30 am • Bldg. 36051

Call: 286-5768

Exceptional Family Member Program Sea Dragons

6:00 pm - 8:00 pm • Bldg. 23001

Call: 287-6070

Helpful ACS Numbers

ACS Front Desk (Shoemaker Center, Bldg. 36000, 2nd Floor) 287-4ACS (4227) If you don't know who to call

ACS Volunteer Program 287-8657

Army Emergency Relief (AER) 553-3101

Army Family Action Plan (AFAP) 287-AFAP

Army Family Team Building (AFTB) 286-6600

287-2327

Army Volunteer Corps 287-VOLS

Child & Spouse Abuse 24/7 Hotline 287-CARE

Consumer Affairs Office 287-CITY

Employment & Volunteer Readiness Branch (EVRB) 287-6067

Exceptional Family Member Program (EFMP) 287-6070

Family Advocacy Program (FAP) 286-6774

Family Assistance Center (FAC) 288-7570

Personal Financial Management Classes 287-2489

Military Family Life Counselor (MFLC) 553-4705

Mobilization & Deployment 288-2794

New Parent Support Program (NPSP) 287-2286

Parenting Classes 618-7443

288-2092

Relationship Enrichment Workshop 288-2092

Soldier and Family Assistance Center 286-5768

Stress/Anger/Conflict & Resolution Training 618-7827

288-2092

Building Locations

- Bldg. 320 • Spirit of Fort Hood Warrior & Family Chapel - Tank Destroyer Blvd.
- Bldg. 334 • Palmer Theater, 31st Street & 761st Tank Battalion Ave.
- Bldg. 6602 • Bronco Youth Center, Tank Destroyer Boulevard
- Bldg. 9138 • Sprocket Auto Crafts, 20th St & Old Ironsides Ave.
- Bldg. 10043 • Survivor Outreach Services, Battalion Ave.
- Bldg. 18000 • Oveta Culp Hobby Soldier & Family Readiness Center, Battalion Ave.
- Bldg. 18010 • Copeland Soldier Service Center, Battalion Ave. & T.J. Mills Blvd.
- Bldg. 23001 • Abrams Physical Fitness Center • 62nd Street & Support Ave.
- Bldg. 33009 • Soldier Development Center, 761st Tank Battalion Ave.
- Bldg. 36000 • The Shoemaker Center, Darnall Loop
- Bldg. 36035 • Carl R. Darnall Medical Center, Santa Fe Ave.
- Bldg. 36051 • Soldier & Family Assistance Center, 62nd Street
- Bldg. 50012 • Community Events & Bingo Center, Clear Creek Road.

Got Plans for Your Tax Refund?

Use 30-40-30 plan to pay for your
PAST, PRESENT, and FUTURE

PAST: Designate 30% of your refund to paying off
debt and catching up on outstanding bills.

PRESENT: Earmark 40% for current use.

FUTURE: Use 30% to jump start an emergency
fund or longer term savings

Become a saver today and take advantage of free
tools to help you save and manage money!

Fort Hood Army Community Service Financial Readiness
Branch (254) 287-2489, (254) 553-4698 or (254) 288-6868
usarmy.hood.incom.fmrwc.list.ACS-FRB@mail.mil

Check us out online



Content provided by Virginia Saves and America Saves
For more information visit <https://www.AmericaSaves.org>



TEXT HOODSAVES TO 877877

Financial Readiness Workshops

1st and 3rd Wednesday

Budget & Debt Management 9:30— 11:00 am

Credit Booster 1:30—3:30 pm

2nd Tuesday

Saving and Investing 1:30—3:30 pm

Shoemaker Center Bldg. 36000 Room N212

For more information contact,
Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2489

Money Management Matters

Classes, times, and locations are subject to change call for details. Individuals who require assistance or accommodations due to a disability, contact Financial Readiness Branch.

Workshops, Play Groups
and Much More!

February Calendar of Events 2020

Army Community Service



Real-Life Solutions for Successful Army Living

287- 4ACS

<https://hood.Army.mwr.com>
www.MyArmyOneSource.com
www.militaryonesource.mil
1-800-342-9647

**BE SAVINGS
READY.**

**ACHIEVE YOUR
FINANCIAL GOALS**

Take the Military Saves Pledge,
a tool that helps you set
savings goals and create a
savings plan.

- Text message tips & reminders
- Personalized Emails
- Military Saves Month, the annual
financial readiness celebration

For more information contact Army Community Service
Financial Readiness Branch at
(254) 287-2489, (254) 553-4698 or (254) 288-6868
usarmy.hood.incom.fmrwc.list.ACS-FRB@mail.mil

TEXT HOODSAVES TO 877877
www.militarysaves.org

Army Community Service Calendar of Events

Monday, February 3

Community Resource Course (Day 1 of 2)
8:30 am – 2:30 pm • Bldg. 18000
Register: 288-2794

Tuesday, February 4

Community Resource Course (Day 2 of 2)
8:30 am – 2:30 pm • Bldg. 18000
Register: 288-2794

R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training
5:30 pm – 8:30 pm • Bldg. 18000
Register: 288-2794

Wednesday, February 5

NPSP Boot Camp for New & Expectant Dads
9:00 am – 12:00 pm • Bldg. 18000
Call: 287-2286

R.E.A.L. Soldier & Family Readiness Liaison Training (DAY 1 of 2)
9:00 am – 3:30 pm • Bldg. 18000
Register: 288-2794

Thursday, February 6

R.E.A.L. Soldier & Family Readiness Liaison Training (DAY 2 of 2)
9:00 am – 3:30 pm • Bldg. 18000
Register: 288-2794

Tuesday, February 11

R.E.A.L. SFRG Foundations/SFRG Leader Training (Day 1 of 2)
8:30 am – 2:30 pm • Bldg. 18000
Register: 288-2794

Exceptional Family Member Program Orientation
10:00 am – 11:30 am • Bldg. 36000, Classroom N212
Call: 287-6070

Wednesday, February 12

R.E.A.L. SFRG Foundation/SFRG Leader Training (Day 2 of 2)
8:30 am – 2:30 pm • Bldg. 18000
Register: 288-2794

Resource Connection - EFMP Virtual Support Group
11:30 am – 12:30 pm • Facebook
Call: 287-6070

Shaken Baby Syndrome Class
11:00 am – 12:00 pm • Bldg. 36000
6:00 pm – 7:00 pm • Bldg. 36035
Call: 287-2286

Thursday, February 13

Stress, Anger, & Conflict Resolution Management Workshop
8:00 am – 4:00 pm • Bldg. 18000
Call: 618-7827 or 288-2092

Thursday Morning with Dr. Tom
9:30 am – 10:30 am • Virtual on Facebook
@Fort Hood EFMP Call: 287-6070

Wednesday, February 19

R.E.A.L. Command Team SFRG Training (CDR's/1SGs)
9:00 am – 12:00 pm • Bldg. 18000
Call: 288-2794

R.E.A.L. SFRG Foundations/Key Contact Training
5:30 pm – 8:30 pm • Bldg. 18000
Register: 288-2794

Thursday, February 20

Exceptional Family Member Program Resource Workshop
9:30 am – 11:00 am • Bldg. 36000
Call: 287-6070

Resilience Lunch & Learn (Problem Solving)
11:30 am – 1:00 pm • Bldg. 18000
Registration Required, call: 288-2794

CARE Team Training
5:30 pm – 8:30 pm • Bldg. 18000
Register: 288-2794

Wednesday, February 26

Community Service Council Meeting
10:30 am – 12:00 pm • Bldg. 50012
Call: 553-1593

Shaken Baby Syndrome Class
11:00 am – 12:00 pm • Bldg. 36000
6:00 pm – 7:00 pm • Bldg. 36035
Call: 287-2286

Thursday, February 27

Stress, Anger & Conflict Resolution Management Workshop
8:00 am – 4:00 pm • Bldg. 18000
Call: 618-7827 or 288-2092

Friday, February 28

Commander/1SG Spouse Seminar
8:30 am – 12:00 pm • Bldg. 18000
Call: 288-2794

ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

Available 24/7 at your leisure.

Contact the AFTR office for questions or for additional information: 254-287-1127 or Email: usarmy.hood.incom-fmwrc.list.acs-aftr@army.mil



Hood.ArmyMWR.com



Log onto www.myarmyonesource.com

- 1 If you do not have an account, click on Register at the top right hand screen, and follow prompts to register. If you have an account, log in.
- 2 Hover your cursor over FAMILY PROGRAMS AND SERVICES on the left side of the screen and click on the ONLINE TRAINING link.
- 3 Scroll down and click on the VISIT THE ARMY ONE SOURCE ONLINE LEARNING MANAGEMENT SYSTEM link located on the left side of the screen under the list of trainings. This will bring you to the Online Learning Center page. You may enroll your children to access online training.
- 4 Select a course and begin your training. Once you have completed your training, you will be able to print your training certificate.



CAR SEAT SAFETY INSPECTION

Rear Facing • Forward Facing • Booster • Seatbelt

More Than 90% of car seats are not used correctly!
How confident are you?
Make sure your child is riding safely.

Certified technicians will provide up-to-date information about car seat installations & hands-on education for your child's safety.

2020 SCHEDULE

10 January • 24 January
7 February • 21 February
6 March • 20 March
3 April • 24 April
8 May • 29 May
5 June • 26 June
10 July • 24 July
7 August • 28 August
11 September • 25 September
16 October • 30 October
6 November • 20 November
11 December

**Dates and location may be subject to change*

To schedule an appointment, please call
(254) 287-6505 / 288-2092 / 287-1763
or email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to medical disability, please contact Army Community Service, Family Advocacy Program at (254) 287-6505 / 288-2092.

Sprocket Auto Craft Center
Bldg. 9138, at the corner of Old Ironsides Ave. & 20th Street

Hood.ArmyMWR.com

Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem Behavior.

Classes are held on **2nd & 4th Tuesday** of every month,
9:30 a.m. - 11:30 a.m.
Oveta Culp Hobby Soldier and Family Readiness Center (Building 18000)

To Register:
Call: (254) 618-7443/288-2092 or Email:
usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092.

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All DOD ID Cards Holders

Fort Hood Army Community Service Family Advocacy Program

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decision
- Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Hood.ArmyMWR.com

Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held the **2nd Wednesday** of every month,
9:00 a.m. - 4:00 p.m.
Oveta Culp Hobby Soldier and Family Readiness Center, (Building 18000)

To Register:
Call: (254) 618-7584/288-2092 or Email:
usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 288-2092.

Hood.ArmyMWR.com

Classes, times, and locations are subject to change call for details. Individuals who require assistance or accommodations due to a disability, contact providing program.