



Mobilization, Deployment & Stability Support Operations (MD&SSO)

Sep - Dec 2019 Training Calendar

September 2019		
3 Sep	0830-1130	R.E.A.L. FRG Foundations/Informal Fund Custodian Training
4 Sep	0830-1130	R.E.A.L. FRG Foundations/Key Contact Training
10-11 Sep	1730-2030	R.E.A.L. FRG Leader Training
18 Sep	0900-1200	R.E.A.L. Command Team FRG Training (CDRs/1SGs)
18 Sep	0830-1430	CARE Team
19 Sep	1130-1300	Resilience Lunch & Learn - Goal Setting (Registration Required/Lunch Provided)
24 Sep	0830-1430	Commander/1SG Spouse Seminar Class 11-19
30 Sep	0900-1700	Rear Detachment Operations (RDO) Course (Registration Required)
October 2019		
30 Sep – 2 Oct	0900-1700	Rear Detachment Operations (RDO) Course (Registration Required)
1 Oct	1730-2030	R.E.A.L. SFRG Foundations/Informal Fund Custodian Training
7-8 Oct	0900-1430	Community Resource Course
8-9 Oct	0830-1430	R.E.A.L. SFRG Leader Training
9-10 Oct	0900-1530	R.E.A.L. Family Readiness Liaison (FRL) Training
16 Oct	1730-2030	R.E.A.L. SFRG Foundations/Key Contact Training
16 Oct	0900-1200	R.E.A.L. Command Team SFRG Training (CDRs/1SGs)
17 Oct	1730-2030	CARE Team
25 Oct	0830-1200	Commander/1SG Spouse Seminar Class 01-20
31 Oct	1130-1300	Resilience Lunch & Learn - Activating Event, Thought, Consequence (ATC) (Registration Required/Lunch Provided)
November 2019		
4-5 Nov	0900-1430	Community Resource Course
5 Nov	0830-1130	R.E.A.L. SFRG Foundations/Informal Fund Custodian Training
6 Nov	0830-1130	R.E.A.L. SFRG Foundations/Key Contact Training
6 Nov	0900-1200	R.E.A.L. Command Team SFRG Training (CDRs/1SGs)
7 Nov	0830-1430	CARE Team
12-13 Nov	1730-2030	R.E.A.L. SSFRG Leader Training
21 Nov	1130-1300	Resilience Lunch & Learn - Hunt The Good Stuff/Energy Management (Registration Required/Lunch Provided)
December 2019		
2-3 Dec	0900-1430	Community Resource Course
3 Dec	1730-2030	R.E.A.L. SFRG Foundations/Informal Fund Custodian Training
4-5 Dec	0900-1530	R.E.A.L. Family Readiness Liaison (FRL) Training
4 Dec	1730-2030	R.E.A.L. SFRG Foundations/Key Contact Training
6 Dec	0830-1200	Commander/1SG Spouse Seminar Class 02-20
7 Dec	1000-1400	Resilience EXPO (Battling Holiday Stress)
10-11	0830-1430	R.E.A.L. SFRG Leader Training
12 Dec	1730-2030	CARE Team
18 Dec	0900-1200	R.E.A.L. Command Team SFRG Training (CDRs/1SGs)
19 Dec	1130-1300	Resilience Lunch & Learn - Avoid Thinking Traps (Registration Required/Lunch Provided)

Call 288-2794 for Mobilization & Deployment Program

Class location: Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000.

R.E.A.L. (FRG) Leader Training

In-depth training covering foundations of FRG leadership roles and responsibilities. Identifies daily operations, volunteer practices and expectations for new FRG leaders Soldiers, Family members and volunteers.

R.E.A.L. Command Team FRG Training

Commanders and First Sergeants receive insight into FRG operations and their potential for enhancing Soldier and Family readiness. Addresses the partnership role between the command team and FRG leaders; reviews the basics of FRG funding; offers volunteer management and recruiting concepts.

Facebook for FRGs

Discusses social media applications that enhance FRG networking. Identifies relevant Army guidelines and provides insight into Operations Security for a successful FRG social media page.

R.E.A.L. Foundation/FRG Key Contact Training

Training for volunteers in FRG Key Caller positions. Addresses the roles and responsibilities, call management and expectations of Key Caller volunteers through scenarios and resource discussion.

R.E.A.L. FRG Foundations/Informal Fund Custodian Training

Highlights FRG informal fund and fundraising do's and don'ts and fund custodian responsibilities.

Community Resource Course

Local organizations and agencies provide information on resources available to enhance greater self-reliance.

R.E.A.L. Family Readiness Liaison (FRL) Training

Identifies roles and responsibilities of the FRL, acquaints FRLs with the challenges and opportunities related to their position. Identifies available resources. Enhances the connection between FRLs, their Command teams, and service providers.

Casualty Response (CARE) Team

Addresses the roles, responsibilities and functions of CARE Team volunteers. Explains the support partnership between command and volunteers.

Rear Detachment Operations (RDO) Course

Offers information provided by subject matter experts for active duty, National Guard, and Reserve Component Soldiers serving in rear detachment roles. Requests for student enrollment must be initiated by the Unit Schools NCO.

Call 287-4431 / 288-2794 for additional information.

Resilience Lunch & Learns

One of the 14 MRT Skills will be offered on a monthly basis and lunch will be provided. (Registration required for this class.)

FRL Professional Development: FRL Professional Development- Targeted toward current FRLs to maintain skills and learn resources that will enhance unit Family Readiness.

Resilience for Spouses of Deployed Soldiers

Keeping it All Together....When You are Far Apart. Explore your strengths, fine tune your skills, enhance your deployment experience, improve your relationship and identify support resources.

Pre and Post Deployment Resilience Briefing

Adaptive training using resilience skills to overcome the difficulties of deployment, redeployment and reintegration.

Pre Deploy Briefing

"What if..." is the main concept of this briefing, as Soldiers and Family members prepare for deployment. Resources are introduced to answer such questions.

Reunion/Reintegration for Families

Learning from each other is very important as we take on Reunion/Reintegration. This facilitated training explores what Reunion/Reintegration are and how setting realistic expectations can help in the reintegration process.

Commander and 1SG Spouse Seminar: Designed to help Command Team spouses/significant others understand the importance of their role and increases knowledge of the choices and contributions they can make to support the mission.

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