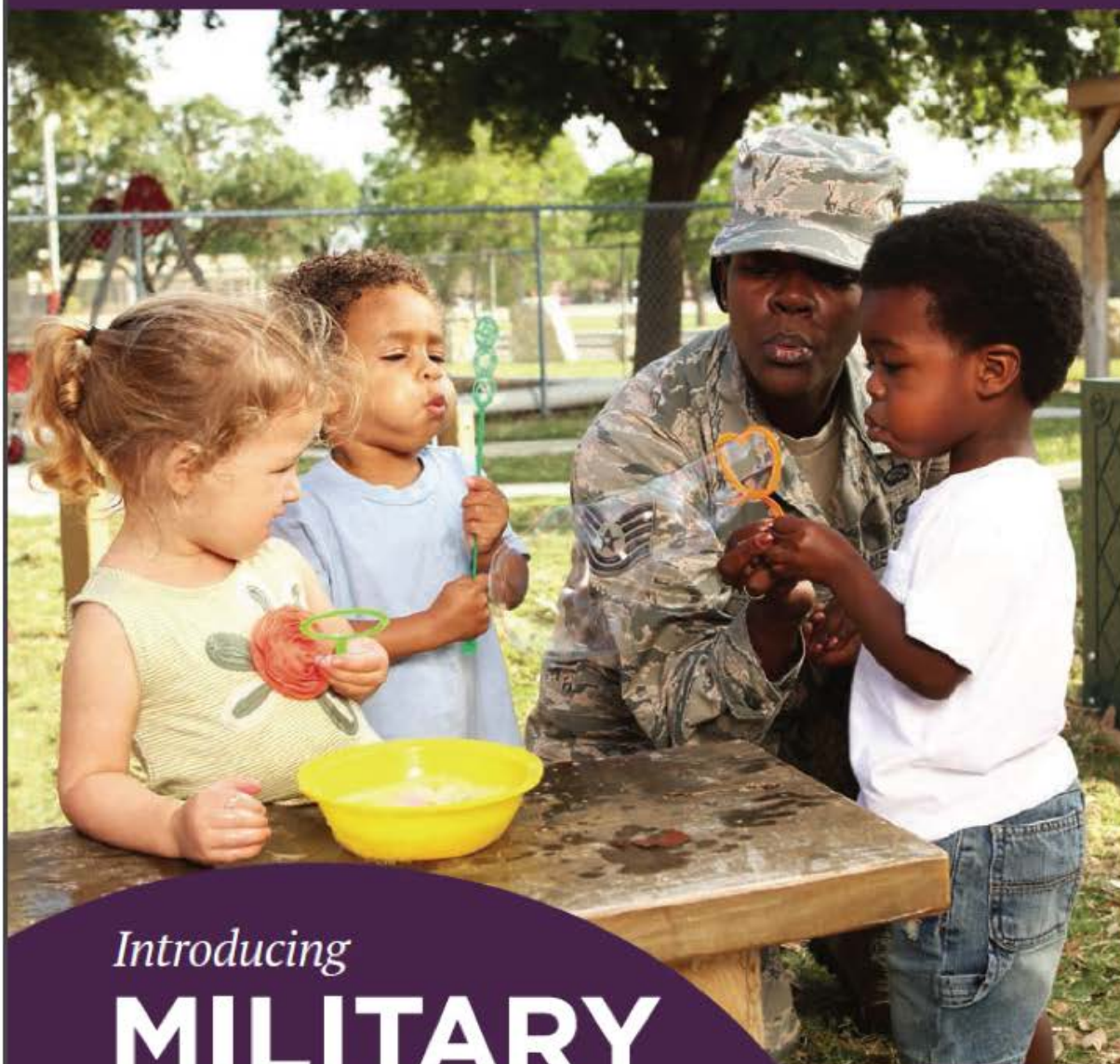




Child & Youth Services

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Child & Youth Services

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- **Bronco Youth Center**

Bldg 6602 Tank Destroyer Blvd.
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- **Comanche Youth Center**

Bldg 52019, Tank Destroyer Blvd.
254-287-5834

- **High Chaparral Youth Center**

Bldg 5485 in Pershing Park
254-287-5646

- **Montague Youth Center**

Bldg 70020, Clement Drive
254-553-7662

COMANCHE

Youth Center Activities

Building 52019 Tank Destroyer, 254-287-5834



MAY

Cinergy Laser Tag and Movie Late Night

Date: May 10

Time: 7 – 11pm

Cost: \$15

Description: Join Comanche Youth Center for a laser tag challenge and exciting movie. Invite all your friends for a night of fun and games. Youth may bring extra money.

Mexican Independence Day Family Night

Date: May 23

Time: 5:30 - 7:30pm

Cost: No cost for youth enrolled in CYS

Description: May is the month that the Mexicans celebrate their Day of Independence. So we will be celebrating their culture, achievements and experiences of people with a Mexican background who live in the United States. Please join us at Comanche Youth Center for some delicious Mexican food, drinks and music. Youth will have the opportunity to learn about the Mexican culture during this Family Scavenger Hunt.



Technology

Lego Engineering Night

Date: May 17

Time: 5 - 7pm

Cost: No cost for youth enrolled in CYS

Description: Test your engineering abilities by building the best structure you can muster! Buildings will be judged on three criteria: creative design, structural integrity, and height AGL (above ground level). Have some fun, win some prizes, and unleash your inner engineer!

JUNE

The Great Escape Central Texas Late Night

Date: June 14

Time: 6 - 11pm

Cost: TBD

Description: Come join us and take on the great central Texas escape room challenge. Afterwards let's celebrate our victory with some pizza and drinks at MOD pizza. Can you handle the challenge?

Father's Day BBQ Bash Family Night

Date: June 27

Time: 5:30 - 7:30pm

Cost: No cost for youth enrolled in CYS

Description: Come enjoy some tasty food with the Comanche Youth Center's Father's Day BBQ Bash! We will be having a father and son football game! Come ready to eat and hang out for a good time!

Technology

Math Olympics Night

Date: June 21

Time: 5 - 7pm

Cost: No cost for youth enrolled in CYS

Description: Math isn't always numbers and equations, it can also be games and puzzles! Join Comanche Youth Center in running a gauntlet of mind-bending math games and challenges! Apply logic and reasoning and test your math might.

JULY

Altitude Trampoline Park

Date: July 12

Time: 7 - 10pm

Cost: TBD

Description: Come and jump through July with us as we journey to one of the best trampoline parks in town. The best part is... beside the jumping fun part we will be having some of the best free pizza for us all! So come and join us for some great high energy entertainment.

Jurassic Wonders Family Night

Date: July 25

Time: 6 - 8pm

Cost: No cost for youth enrolled in CYS

Description: The Dinosaurs are loose! Come help us search the premises for signs of the dinosaurs before they do some damage. Be sure to recharge your bodies with food and drink provided by our staff as you hunt down these dino delinquents!

Technology

Robot Wars

Date: July 19

Time: 5 - 7pm

Cost: No cost for youth enrolled in CYS

Description: Alright, so maybe we won't be smashing each other's robots to bit but that isn't the only way to do robot battle! Join Comanche Youth Center as we run through a robotics obstacle course. Grab a robot and pilot your way through as many courses as you can.

AUGUST

MAKS Entertainment Late Night

Date: August 9

Time: 6:30 - 11pm

Cost: TBD

Description: Come join Comanche Youth Center to the number 1 spot in Copperas Cove! Zoom through their Skating Rink, jump and play in their Bounce Houses, blast your way through Laser Tag, and start your engines and race around the Go-Kart track-yes, big and small go karts on their own tracks! Did I forget to mention their Arcade Room with dozens of games to choose from so bring extra money and let's play on!

Youth vs Parents Basketball Family Night

Date: August 22

Time: 5:30 - 7:30pm

Cost: No Cost for youth enrolled in CYS

Description: Join Comanche Youth Center for a night of fun, food and good Sportsmanship's. Youth and parents throw down on the basketball court.

Technology

Cosplay Contest

Date: August 16

Time: 5 - 7pm

Cost: No cost for youth enrolled in CYS.

Description: Are you a fan of anime, television, games, or movies? If you aren't then where have you been?! Join Comanche Youth Center as we host a cosplay contest where can dress up as your favorite characters and flex your creative muscles. Grab those costumes, put on that make-up, and come nerd out!





Child & Youth Services

MONTAGUE Youth Center Activities

Building 70020 Clement Drive, 254-553-7662

MAY

Family Night/ Parent Advisory Board: Taco 'bout Fun (Cinco De Mayo Festivities)

Date: May 3

Time: 4:30 - 5:30 pm

Cost: No Cost for youth enrolled in CYS

Description: Taco 'bout fun! Come out and join us for a Fiesta to celebrate Cinco de Mayo. We'll have music, sample Mexican cuisine and lots more!!!

Mom & Me T-shirts

Date: May 11

Time: 5 - 7pm

Cost: No Cost for youth enrolled in CYS

Description: Join Montague Youth Center while we celebrate Mother's Day. Youth will be able to transfer pictures onto tshirts and have them wrapped and ready to deliver to mom on Mother's Day.

Late Night: Night of Hoops

Date: May 24

Time: 7 - 10pm

Cost: No Cost for youth enrolled in CYS

Description: Bring your Basketball talent and be ready to compete with your fellow peers. There will be prizes for 1st, 2nd, and 3rd place winners, but Chicken and Waffles for all.

Lego Robotics Mindstorms

Date: May 31

Time: 4 - 6pm

Cost: No Cost for youth enrolled in CYS

Description: Bring your Robot to life with your smart device by programming it and your Robot will carry out the action. So all Lego builders come to Montague Youth Center to create even more fun robots.



JUNE

Family Night & Parent Advisory Board: Graduation Celebration!

Date: June 7

Time: 6 - 8pm

Cost: No Cost for youth enrolled in CYS

Description: Congratulations! You've pushed through and worked hard. We will be coming together with Copperas Cove Independent School District Outreach partners to celebrate middle school and high school graduates. Join us at Montague Youth Center as we celebrate their huge accomplishments.

Ice Cream around Killeen!

Date: June 18

Time: 5 - 7pm

Cost: TBD

Description: Join MYC experience Ice Cream around Killeen. We will sample Ice Bees' and then head to Mango Cup for some Fro-Yo. You be the judge, what was your favorite?

Late Night: Throwback Night!

Date: June 28

Time: 7 - 10pm

Cost: One Nonperishable Food Item to donate

Description: Who's ready to go back? But not too far back... to the late 90's/Early 2000's? Join Montague Youth Center as we celebrate boy bands of the past, dust off our best mom jeans and boogie down to some throwback tunes. We will be having a decade trivia contest for a chance to win prizes. A night for socializing and reminiscing about "Back in the day".

JULY

Family Night & Parent Advisory Board! Independence Day BBQ!

Date: July 5

Time: 4 - 6pm

Cost: No Cost for youth enrolled in CYS

Description: Come celebrate Independence Day at Montague Youth Center with a good old fashioned BBQ picnic. Enjoy outdoor summer games like corn hole, horseshoe, and potato sack races. We can't wait to see you there.

Pool Day!

Date: July 11

Time: 2 - 6pm

Cost: No Cost for youth enrolled in CYS

Description: What a great way to beat the heat than taking a dip in the pool! Grab your sunscreen and floaties and join Montague Youth Center for an epic pool day at Comanche Pool.



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254.287.4592 | [HTTPS://WEBTRAC.MWR.ARMY.MIL/WEBTRAC/HOODCYMS.HTML](https://webtrac.mwr.army.mil/webtrac/hoodcylms.html)

Water Wars

Date: July 19

Time: 2 - 4pm

Cost: No Cost for all CYS registered

Description: Who's stoked to get soaked? Join Montague Youth Center as we break out in teams to use squirt guns, water balloons, and sponges to get everyone drenched. Wet Zone Ahead!

Late Night: Topgolf in Austin, TX

Date: July 26

Time: 7 - 10pm

Cost: TBD

Description: Come join Montague Youth Center as we experience Topgolf and create unforgettable experiences with friends. Each venue features fun and competitive golf games, and climate controlled playing bays.

AUGUST

Family Night & Parent Advisory Board: We Give Back

Date: August 2

Time: 4 - 6pm

Cost: No Cost for youth enrolled in CYS

Description: Summer is ending and it is time to reward your parents after a long summer. So invite your parents for a free car wash as they eat hot dogs and popcorn at Montague Youth Center. Sibling friendly and special activities will be provided.

3rd Annual College and Career Fair: "In the Know"

Date: August 8

Time: 2 - 4pm

Cost: No Cost for youth enrolled in CYS

Description: There is no time like the present to start preparing for your future. Join us at Montague Youth Center to meet local college and career representatives. Get all of the information you'll need to put you ahead of the game.

Back to School Bash

Date: August 9

Time: 2 - 6pm

Cost: No Cost for youth enrolled in CYS

Description: Well it's here! Might as well go out with a bang. Join us at Montague Youth Center for an afternoon of fun, food and festivities. We will have a variety of activities to include games, bounce houses, face painting, food and more. Gear up for the school year with us.

K'Nex Carnival Connection

Date: August 19 - August 23

Time: 6 - 8pm

Cost: No Cost for youth enrolled in CYS

Description: Connect with K'nex in a battle to build a monster working Ferris wheel and roller coaster. Get that brain working, thinking and creating! Two teams will battle to build a Ferris wheel and roller coaster using K'nex sets.

Late Night: Cell Phone Scavenger Hunt

Date: August 23

Time: 6 - 9pm

Cost: No Cost for youth enrolled in CYS

Description: Bring your cell phones and be ready for a Scavenger Hunt throughout the community focusing on career role models.



Child & Youth Services

BRONCO

Youth Center Activities

Building 6602 Tank Destroyer Blvd, 254-287-6745



MAY

Relay For Life

Date: May 11

Time: 12pm

Cost: No cost for youth enrolled with CYS

Description: Unite with us in being a part of the world's largest and most impactful event to help end cancer. Let's walk together and celebrate people who have battled cancer, remembering loved ones lost, and work as a team to show our support to the American Cancer Society Relay for Life at Shoemaker High School in the fight against cancer.

Family Night Asian Pacific Celebration

Date: May 17

Time: 5:30pm

Cost: No cost for youth enrolled in CYS

Description: Food, Fun and Games.....let's celebrate the Asian Pacific Heritage. There will be music, games, entertainment and much more.

Fishing

Date: May 25

Time: 6:30am

Cost: No Cost for youth enrolled in CYS

Description: The most common form of recreational fishing is done with a rod, reel line, hooks and any one of a wide range of baits or lures such as artificial flies. The youth will receive instruction through hands on training during fishing trip. This gives the youth opportunity to learn about outdoor living.

TECH: Austin Mini Maker Faire

Date: May 4

Time: 9am

Cost: \$10

Description: Calling all Tech Youth. Join us as we head to Austin to see all the exciting inventions. There will be robots for you to try out, technology workshops and make and take crafts.

TECH: Nature Photography

Date: May 23

Time: 5pm

Cost: No Cost for youth enrolled in CYS

Description: Youth will be focusing on action photography with moving objects such as flying insects, flowers in a garden.

JUNE

Epic Waters Indoor Swimming

Date: June 6

Time: 9am - 8pm

Cost: \$18

Description: Youth will experience fun attractions at an indoor pool. With eleven waterslides, including a lasso loop slide, lazy river, inner tubes and much more.

AT&T Stadium

Date: June 20

Time: 9am - 7pm

Cost: To be announced

Description: Youth will be learning information about the Dallas Cowboy Stadium and the behind the scene operations of all events. They will also learn about the TEKS Curriculum. They will get to visit the locker room of the players and the field of which they play on.



Youth Sponsorship Newcomer's Six Flags Trip

Date: June 25

Time: 7am - 11pm

Cost: To be announced

Description: Calling all newcomers! Join us on this fun thrilling trip, full of laughter and daring rides in Arlington, Texas. You do not want to miss the excitement and fun of this thrilling amusement park and hanging out with peers. This event is open to all CYS registered youth in grade 6-12.

TECH: Photography Clinic

Date: June 27

Time: 2pm

Cost: No Cost for youth enrolled in CYS

Description: Youth will experience a variety of photography projects. They will also learn basics of photo retouching in adobe light room and build a portfolio.

YOUTH CENTER ACTIVITIES



TECH: Back to Basics: Pinhole Camera

Date: June 29

Time: 2pm

Cost: No Cost for youth enrolled in CYS

Description: Taking a photo is so simple these days. All you need is a smartphone, a subject, and the ability to point and shoot. But it wasn't always as easy. To get a better understanding of any process, join us and learn how to construct a Pinhole Camera, the origin of modern photography.

JULY

Kemah Boardwalk

Date: July 9

Time: 8am – 10pm

Cost: To be announced

Description: Youth will experience a fun filled day on Amusement rides and boardwalk games and so much more.

Newcomer's Summer Lock-In

Date: July 26

Time: 7pm to 7am

Cost: To be announced

Description: Youth will enjoy a night with their peers that will include swimming, volleyball, basketball, spades tournament, video challenge, BINGO, arts and crafts and much more. New comers come visit with your ambassador for youth new school.



Smart Girls/Passport to Manhood Social

Date: July 19

Time: 5pm

Cost: No Cost for youth enrolled in CYS

Description: Join us as we get to know other youth in the community and share ideas about leadership opportunities and changes they want to see in the community.

TECH: Robotics Clinic

Date: July 11

Time: 2pm

Cost: No Cost for youth enrolled in CYS

Description: Come out and learn how to assemble and program a robotic kit. Youth will experience a fun way to practice science, technology, engineering, math and use their creativity while learning.



TECH: Homemade Ice Cream

Date: July 26

Time: 2pm

Cost: No Cost for youth enrolled in CYS

Description: It's a fun, and delicious experiment to make homemade ice cream. By following the recipe, you will demonstrate the second law of thermodynamics.

AUGUST

End of the Summer Old School vs New School Basketball Game

Date: August 9

Time: 5pm

Cost: No cost for youth enrolled with CYS

Description: Calling all ballers to the court. Let's show off the skills you have gained throughout the summer and put it to the test against the Old School ballers.

Luau Family Night

Date: August 16

Time: 1pm

Cost: No cost for youth enrolled with CYS

Description: Bring your family and enjoy the Hawaiian festivities. Games, food and lots of fun.

Smart Girls Fun Day

Date: August 21

Time: 6pm to 6am

Cost: To be announced

Description: End of the summer girl's day out. Fun with table etiquette dress for success, teen talk, nails, hair and a makeover. Karaoke, healthy eating Yoga and Zumba, calling all girls this is the big event of the year

TECH: CTC Geek Fest

Date: August 17

Time: 10am

Cost: \$12

Description: Come out with us to Central Texas College Geek fest to enjoy the different demos, tournaments, Anime displays, Cake Contest, Live action role playing groups, and food trucks. Youth will experience some of the latest things in Technology.

TECH: Playing in Snow in August

Date: August 24

Time: 2pm

Cost: No cost for youth enrolled with CYS

Description: Play with snow, following a recipe! Just like real snow it is puffy and cold and the best part is that it re-puffs once you compress it several times



Child & Youth Services

HIGH CHAPARRAL

Youth Center Activities

Building 5485 in Pershing Park, 254-287-5646

MAY

Cinco De Mayo Crafts & Nachos

Date: May 4

Time: 2pm

Cost: No Cost for youth enrolled in CYS

Description: Teens! Join us at High Chaparral for a south of the border celebration with crafts and nachos. Teens will celebrate diversity creating Mexican crafts, listening to festival music, and enjoying delicious nachos.

Celebrate "Moms" Family Night

Date: May 10

Time: 5 - 6:30pm

Cost: No Cost for youth enrolled in CYS

Description: High Chaparral Youth Center will host a Mother's Day Dinner & Craft Project Family Night. Ladies, sit back and enjoy the queen treatment from High Chaparral youth. Youth will use their creative skills to create a Mother's Day picture vase with the amazing female figure in their lives then enjoy some delicious dishes & tasty treats to celebrate their Moms on this special occasion and Family Night.

Healthy Growth & Healthy Habits

Date: May 18

Time: 5pm

Cost: No Cost for youth enrolled in CYS

Description: High Chaparral Youth Center will host a health workshop for teens to celebrate living healthy through good choices by learning about "healthy still taste great" food options. Middle school and high school youth will enjoy making smoothies and oatmeal cookies together with friends. Youth will be hands on when it comes to cooking for themselves and promoting healthy choices.



YOUTH CENTER ACTIVITIES

TECH: Last Days of School Year Memory T-shirt Design

Date: May 22

Time: 5pm

Cost: No Cost for youth enrolled in CYS

Description: Teens! Join High Chaparral and design your t-shirt canvas where you can get all of your peeps to sign their names, print your school mascot on transfer iron-on paper and turn your t-shirt into an awesome hand-crafted shirt. It's like yearbook signing, but more fun since it's on a shirt for all to see!

4-H: Nature Photography Walk

Date: May 30

Time: 5 - 7pm

Cost: Open to all CYS registered youth grades 6-12.

Description: High Chaparral will take a trip to Chalk Ridge Falls in Belton and explore the beauty that nature has created. Youth ages 11- 18 will be able to capture photos of everything from waterfalls to insects.

JUNE

Passport to Manhood Gentlemen's Social

Date: June 6

Time: 5 - 6:30pm

Cost: No Cost for youth enrolled in CYS

Description: High Chaparral Passport to Manhood presents "Passport to Manhood Gentlemen's Social." Join us as we present Passport to Manhood club members with their completion certificates and other club awards for their hard work and dedication throughout the year and enjoy appetizers and light refreshments.

Teen Movie Night

Date: June 8

Time: 5 - 8pm

Cost: \$7

Description: Come on out and enjoy an evening action on the big screen with friends. The summer is just beginning and we want to kick it off with a great summer movie for all to enjoy.

"Poetry Slam"

Date: June 13

Time: 5 - 7pm

Cost: No Cost for youth enrolled in CYS

Description: Come out and enjoy a fun, friendly bonding experience that everyone can enjoy at High Chaparral! Teens who want to participate will have the opportunity to share unique pieces of spoken art with their peers and have a chance to win prizes. Bring your voice and sound off at our poetry slam open mic event at High Chaparral.

Father's Day Workshop

Date: June 15

Time: 2 - 4pm

Cost: No Cost for youth enrolled in CYS



Description: High Chaparral will host a Father's Day Workshop. Youth ages 11 to 18, will make a Father's Day apron & sweet treat gift bag with collection of tasty "Pop" items to put a smile on dad face like, popcorn, blow pops, pop rocks candy & a can of "Pop". Come out and enjoy creating a special gift for Dear ol' Dad.

TECH: Paper Circuits

Date: June 19

Time: 2:30 - 4:30pm

Cost: No Cost for youth enrolled in CYS

Description: In this activity, youth will learn hands-on experience designing and building models of working electrical circuits and create art. Let's spark some fun together teens with paper circuits. This activity is a low-tech, low-cost project that integrates art into an activity that is perfect for teaching how circuits work. The main supplies are copper tape, a 3-volt coin cell battery, and a basic LED. Youth, from ages 11-18 are encouraged to come.



4H: Painting with A Twist

Date: June 26

Time: 5 pm

Cost: No Cost for youth enrolled in CYS

Description: Come to High Chaparral and enjoy hours of fun by creating summer sceneries on canvas. Enjoy painting while listening to music and creating personal works of art. Painting with a Twist is a great opportunity to get a little messy, stir up the creative juices, and have fun with friends.

JULY

Pool Time

Date: July 3

Time: 6 - 7:30pm

Cost: \$3

Description: All registered teens are invited to come and enjoy an afternoon of fun with High Chaparral Youth Center at one of our on post pool locations. Teens will be enjoying an evening of fun in the sun and relaxing at the pool. So, come on out and get ready to have some fun!

Family Night Star Spangle Bar-B-Que

Date: July 12

Time: 6 - 7:30pm

Cost: No Cost for youth enrolled in CYS

Description: Join us at High Chaparral for a backyard barbeque feast. Come and enjoy some delicious bar-b-que and red, white and blue sides. Teens will be enjoying music and fun with friends. For more information, please contact High Chaparral Youth Center (254) 287-5646.

T-Shirt Beach Totes

Date: July 19

Time: 3:30pm

Cost: No Cost for youth enrolled in CYS

Description: Come join High Chaparral for a hands-on experience as we learn to Upcycle old t-shirts into beach totes for the summer. Teens will learn how to make perfect DIY no sew t-shirt tote bags in just 10 minutes. No sewing skills are needed- just scissors and a cute T-shirt!

TECH: Shoot for the Stars!

Date: July 26

Time: 1 - 3pm

Cost: No Cost for youth enrolled in CYS

Description: Join us for a day at Central Texas College Planetarium. Teens! If you gaze into the star spangled sky at night or wondered about our universe, then this is the trip you don't want to miss. Teens, age 11-18 are welcome to participate. For more information, please contact High Chaparral Youth Center (254) 287-5646.

AUGUST

Smart Girls "Makeover Mission Queen for a Day" at Rosewood Community Center

Date: August 9

Time: 8am - 1pm

Cost: No Cost for youth enrolled in CYS

Description: You are cordially invited to accompany High Chaparral Youth Center for a day at Rosewood Community center for a makeover mission, queen for a day. Join us as we give the ladies at Rosewood our personal touch, reminding them that they are loved. The teens will paint nails, provide photo props and take the photos of our queens on the red carpet. For more information contact High Chaparral Youth center at 287-5646.

Back to School Family Night Round-Up

Date: August 9

Time: 5:30 - 7pm

Cost: No Cost for youth enrolled in CYS

Description: Join High Chaparral for Our First annual Back to School Round-up. This month's family night will be unlike any other. Round-up all your friends and join the staff of High-Chaparral for delicious food, music and socialization. Teens will have the opportunity to win one of three backpacks filled with school supplies for the upcoming 2019-2020 school year. For more information contact High Chaparral at 287-5646.

Video Game Battle

Date: August 14

Time: 6 - 7:30 pm

Cost: No Cost for youth enrolled in CYS

Description: Calling All Gamers- Are you interested in a challenging friendly video game battle for prizes? Join us for an evening of video games and prizes. The participants of the video game challenge will compete for 1st to 3rd place trophies and other prizes.

4 on 4 Basketball Tournament

Date: August 22

Time: 2 - 7pm

Cost: No Cost for youth enrolled in CYS

Description: High Chaparral will host a 4 on 4 basketball tournament. There will be two age groups, middle school and high school. Youth ages 11 to 18 will be competing for a chance to win a trophy, basketballs, and bragging rights on the court.



Child & Youth Services

Instructional Programs...

Building 121, 761st Tank Battalion Ave., 254-287-4592

ART



Art at Apache Arts & Crafts

Date: Check CYS Online for up-to-date schedule.

Cost: \$15 per class

Age Group: 5-18 years old

Location: Apache Arts & Crafts

Description: Come check out all the creative workshops going on at Apache Arts & Crafts! Different workshops are offered every month in things like ceramics, tie dye t-shirts, painting, soap making, candle making & more. Check online for this month's project.

Creative Crafts

Date: Check CYS Online for up-to-date schedule.

Cost: \$10 per class

Age Group: 6-18 years old

Location: TBD

Description: Look what I made! Your child will have fun learning valuable skills such as sewing, origami, mosaics, cross stitch and other hand crafts to create objects that they will cherish. A different focus each quarter!

Arts & Crafts

Date: Check CYS Online for up-to-date schedule.

Cost: \$55-\$60 per month

Age Group: 3-18 years old

Location: TBD

Description: Create amazing arts and crafts projects by Drawing, Painting, and 3-Dimensional crafts that stimulate imagination and promote creativity.

Mommy and Me Masterpiece

Date: Check CYS Online for up-to-date schedule.

Cost: \$55 per month

Age Group: 18 months-3 years old

Location: TBD

Description: Create a masterpiece with your little artist! Art class helps children develop their creative skills, and it keeps the mess away from your house! Smocks are provided but dress to get messy!



CHEER



Cheerleading 101

Date: Check CYS Online for up-to-date schedule.

Cost: \$65 per month Extreme / \$69 Texas Tumblers

Age Group: 5-18 years old

Location: Extreme Gymnastics/Texas Tumblers

Description: Go Team! This introductory class teaches the fundamentals of cheerleading including motions and jumps.

Cheer & Tumble

Date: Check CYS Online for up-to-date schedule.

Cost: \$65 per month Extreme

Age Group: 7-18 years old

Location: Extreme Gymnastics

Description: Give me a C-H-E-E-R! This introductory class teaches the fundamentals of cheerleading including motions, jumps, tumbling and age appropriate group stunting.

INSTRUCTIONAL PROGRAMS



GYMNASTICS

Gymnastics - Male

Date: Check CYS Online for up-to-date schedule.

Cost: \$65 per month

Age Group: 5-18 years old

Location: Extreme Gymnastics/Texas Tumblers

Description: Get ready to go for Olympic Gold! This class is designed to teach the fundamentals of gymnastics. Practice vault, bars, beam, floor and trampoline along with stretching and conditioning.

Kids Gym Tumbling - Preschool

Date: Check CYS Online for up-to-date schedule.

Cost: \$60 per month Extreme / \$69 Texas Tumblers

Age Group: 3-4 years old

Location: Extreme Gymnastics/Texas Tumblers

Description: Burn off some of that preschool energy! Children will build basic strength and coordination skills through balancing, hanging, jumping and rolling on equipment scaled to their size.

Pre-Level 1 Gymnastics

Date: Check CYS Online for up-to-date schedule.

Cost: \$60 per month

Age Group: 4-5 years old

Location: Extreme Gymnastics

Description: Children will build basic strength and coordination skills through balancing, hanging, jumping and rolling on equipment in preparation to advance to the USAG curriculum.

Gymnastics - Beginner Girls

Date: Check CYS Online for up-to-date schedule.

Cost: \$65 per month Extreme / \$69 Texas Tumblers

Age Group: 5-18 years old

Location: Extreme Gymnastics/Texas Tumblers

Description: Get ready to go for Olympic Gold!. These classes follow the USA Gymnastics Women's Junior Olympic Program on bars, beam, floor & vault in skill level 1 & 2.

Gymnastics - Intermediate

Date: Check CYS Online for up-to-date schedule.

Cost: \$65 per month Extreme / \$69 Texas Tumblers

Age Group: 5-18 years old

Location: Extreme Gymnastics/Texas Tumblers

Prerequisite: Must have prior gymnastics experience

Description: Get ready to go for Olympic Gold! These classes follow the USA Gymnastics Women's Junior Olympic Program on bars, beam, floor & vault. Once the student has passed the required skills in level 1 & 2, they can be moved to the level 2 & 3 classes where they are challenged even more.

Power Tumbling

Date: Check CYS Online for up-to-date schedule.

Cost: \$65 per month Extreme / \$69 Texas Tumblers

Age Group: 5-18 years old

Location: Extreme Gymnastics/Texas Tumblers

Description: You'll flip for our tumbling class! This class will teach tumbling fundamentals including lead up drills and progressions for to teach round-offs, standing back handsprings, and round-off back handsprings.

Tiny Tots Tumbling - Parent and Child

Date: Check CYS Online for up-to-date schedule.

Cost: \$60 per month Extreme / \$65 Texas Tumblers

Age Group: 1-2 years old

Location: Extreme Gymnastics/Texas Tumblers

Description: Climb, jump and play along with your little one. Children will build basic strength and coordination skills through balancing, hanging, jumping and rolling on equipment scaled to their size.

Gymnastics - Aerial Silks

Date: Check CYS Online for up-to-date schedule.

Cost: \$69 per month

Age Group: 7-18 years old

Location: Texas Tumblers

Description: NEW CLASS! Learn how to twirl gracefully like the acrobats at Cirque de Soleil on beautiful Aerial Silk Fabric. Try out this new sport which combines beauty and strength. This beginner class builds upper body and core strength as well as leg and shoulder flexibility. Learn basic aerial moves and vocabulary.

Gymnastics - Ninja Class

Date: Check CYS Online for up-to-date schedule.

Cost: \$69 per month

Age Group: 5-18 years old

Location: Texas Tumblers

Description: NEW CLASS! Ninja class is all the rage! This class combines gymnastics and martial arts and burns lots of energy! Have fun going through the obstacle course while you build strength and agility as you become a ninja warrior!

