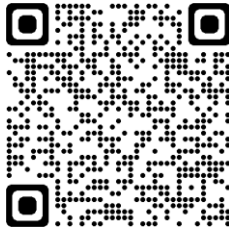


Fort Hood Community Information Sheet

III ARMORED CORPS

[III Armored Corps :: U.S. Army Fort Hood](#)



III ARMORED CORPS PHANTOM FORGE CENTER

[III Armored Corps Phantom-Forge-Center](#)



III ARMORED CORPS INSPECTOR GENERAL (IG)

[Inspector General :: III Armored Corps & Fort Hood \(army.mil\)](#)



ARMY COMMUNITY SERVICE

[ACS :: Ft. Hood :: US Army MWR](#)



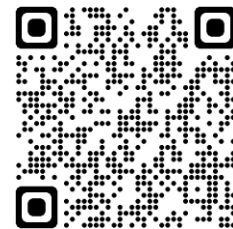
AMERICAN RED CROSS

[Heart of Texas Chapter | Central & South Texas Region | American Red Cross](#)



BETTER OPPORTUNITY FOR SOLDIERS (BOSS)

[Better Opportunity for Single Soldiers \(armymwr.com\)](#)



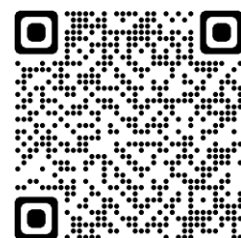
CARL R. DARNALL ARMY MEDICAL CENTER

[Home \(tricare.mil\)](#)



CAVALRY FAMILY HOUSING

[Fort Hood TX Housing | Cavalry Family Housing | Fort Hood TX \(cavalryfh.com\)](#)



Fort Hood Community Information Sheet

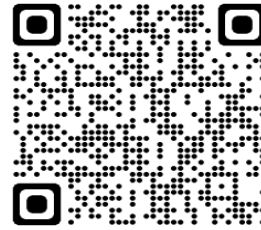
[CHILD & YOUTH SERVICES \(CYS\)](#)

[CYS :: Ft. Hood :: US Army MWR](#)



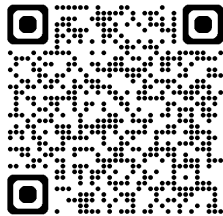
[CRIMINAL INVESTIGATION DIVISION \(CID\)](#)

[Army CID Home](#)



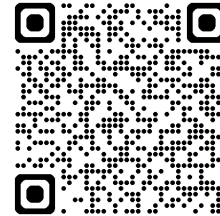
[DeCA CLEAR CREEK COMMISSARY](#)

[Fort Hood - Clear Creek | Commissaries](#)



[DeCA WARRIOR WAY COMMISSARY](#)

[Fort Hood - Warrior Way | Commissaries](#)



[DENTAL COMMAND \(DENTAC\)](#)

[Carl R. Darnall Army Medical Center > Health Services > Dental \(tricare.mil\)](#)



[DIRECTORATE OF FAMILY MORALE WELFARE AND RECREATION](#)

[Home :: Ft. Hood :: US Army MWR](#)



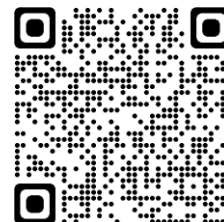
[DIRECTORATE OF HUMAN RESOURCES \(DHR\)](#)

[Directorate of Human Resources :: U.S. Army Fort Hood](#)



[DIRECTORATE OF PLANS, TRAINING, MOBILIZATION & SECURITY \(DPTMS\)](#)

[Directorate of Plans, Training, Mobilization & Security :: U.S. Army Fort Hood](#)



Fort Hood Community Information Sheet

[DIRECTORATE OF PUBLIC WORKS](#)

[Directorate of Public Works :: U.S. Army Fort Hood](#)



[EDUCATION SERVICES DIVISION \(ESD\)](#)

[Education Services Division :: U.S. Army Fort Hood](#)



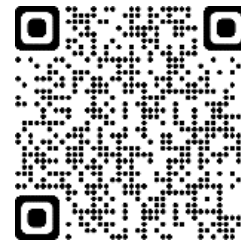
[EQUAL EMPLOYMENT OPPORTUNITY \(EEO\)](#)

[Equal Employment Opportunity Program :: U.S. Army Fort Hood](#)



[EXCHANGE](#)

[Shopmyexchange.com](#)



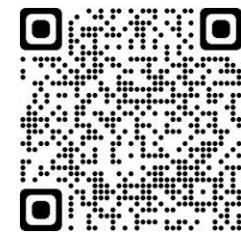
[FISHER HOUSE](#)

[Texas: Carl R. Darnall Army Medical Center - Fisher House Foundation](#)



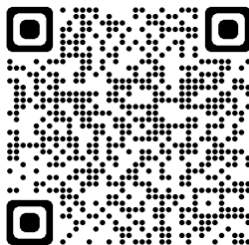
[FORT HOOD STANDALONE NETWORK ENTERPRISE CENTER \(NEC\)](#)

[Fort Hood Standalone Network Enterprise Center :: U.S. Army For Enterprise Center](#)



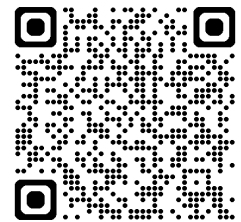
[GARRISON CHAPLAIN OFFICE](#)

[Religious Support Office :: U.S. Army Fort Hood](#)



[INSTALLATION TRANSPORTATION OFFICE \(ITO\)](#)

[Installation Transportation Office :: U.S. Army Fort Hood](#)



Fort Hood Community Information Sheet

[OFFICE OF THE STAFF JUDGE ADVOCATE \(SJA\)](#)

[Office of the Staff Judge Advocate :: III Armored Corps & Fort Hood \(army.mil\)](#)



[PUBLIC AFFAIRS OFFICE \(PAO\)](#) [Public](#)

[Affairs Office :: U.S. Army Fort Hood](#)



[TRANSITION ASSISTANCE PROGRAM](#)

[Transition Assistance Program :: U.S. Army Fort Hood](#)



[UNITED SERVICE ORGANIZATION \(USO\)](#)

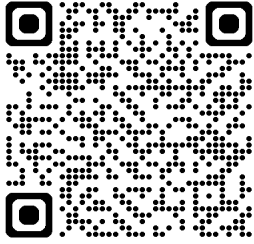
[USO Fort Hood](#)



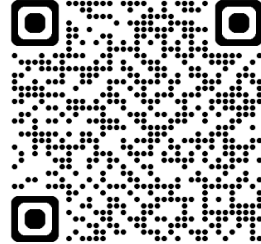
Note: Agency names and websites that appear in blue are hyperlinks. For additional information contact: Army Community Service Community Information Services at (254) 287-4471 or e-mail: usarmy.hood.id-readiness.list.community-services-council@army.mil

Community Leaders Information Sheet

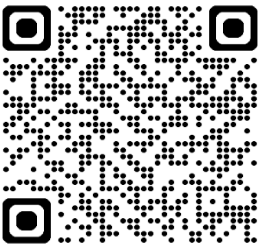
CITY OF BELTON



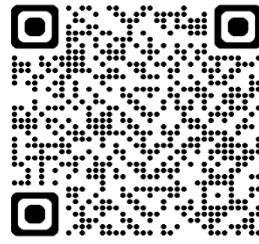
CITY OF COPPERAS COVE



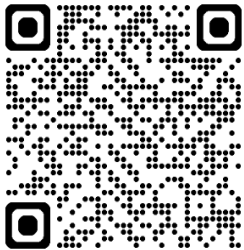
CITY OF GATESVILLE



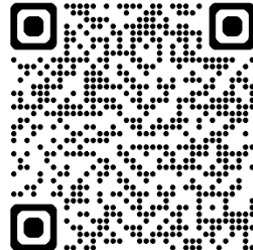
CITY OF HARKER HEIGHTS



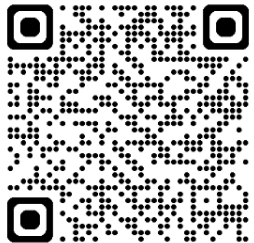
CITY OF KILLEEN



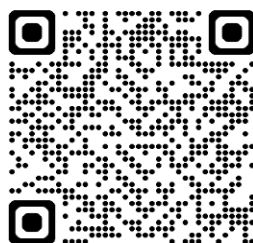
CITY OF LAMPASAS



CITY OF NOLANVILLE



CITY OF TEMPLE





SBH Summer Skills Program

What: 4 Day Program will teach children to identify emotions, assist with emotional regulation, coping skills and social skills.

Program will be staffed by School Behavioral Health Providers from on post schools.

Where: Oveta Culp Hobby ES

When: Monday-Thursday

Offering two time slots daily based on grade level:

0830-1030 and 1300-1500

| | | |
|---------------|--------------|----------------|
| Dates: | 8 Jun-11 Jun | 13 Jul- 16 Jul |
| | 6 Jul- 9 Jul | 20 Jul- 23 Jul |

For Whom: Children entering 1st grade –5th grade for the 2026-2027 school year. Tricare Beneficiaries

For Questions or to Enroll contact:

Ms. Erin Martin, SBH @ Hobby ES

254-383-0215, erin.martin@killeenisd.org

Ms. Julia Cantrell, SBH @ Montague Village ES

254-361-4343, Julia.cantrell@killeenisd.org

Ms. Stephanie Miller, SBH@ Clarke ES

254-553-1520, stephanie.l.miller135.civ@health.mil



This literature was not published at Killeen ISD's expense. It should not be inferred from the distribution of this literature that either KISD or its personnel support or endorse the opinions expressed or events publicized.



How our admissions process works

- ① Call Admissions at (986) 206-0414 or visit charliehealth.com/military.
- ② Charlie Health will follow up to coordinate next steps.
 - If you're an Active Duty Service Member (ADSM), a referral is required from your behavioral health provider or primary care manager
 - Dependents of ADSMs may proceed with an initial assessment without a direct referral
- ③ Once the referral is approved (ADSM only), a member of our Clinical Team will complete an initial assessment of your mental health history, needs, and goals.
- ④ We'll then create a personalized treatment plan that works for you and your schedule.
- ⑤ You'll attend a virtual orientation to review expectations, meet your Care Team, and prepare for treatment.

Immediate intake. Lasting outcomes.

Flexible scheduling

With dozens of scheduling options, including evenings and weekends, treatment can fit around duty schedules, drill, school, and family routines.

Easily accessible

As an all-virtual program, clients can join sessions from the comfort of home, barracks, or any secure location, even during relocations or deployments.

Support that lasts

Through peer support groups and events, our Alumni Program provides a community designed to sustain progress after treatment ends.

98%

of Charlie Health alumni surveyed avoided higher-level care for six months or more*

*Data reflects reports from survey respondents only



Call (986) 206-0414
Visit charliehealth.com

 Charlie Health

Personalized
treatment for
service members
and their families

Mental health and substance use





Life-changing treatment

Covered and affordable

We proudly work with most major insurance plans, including Medicaid, where accepted, and TRICARE. Our dedicated Benefits Team ensures finances are never a barrier to care.

Tailored to the individual

We carefully match service members and their families with providers who have relevant experience and peers they'll feel comfortable with.

Immediate access

With no waitlists in most states, service members can transition from referral to care without unnecessary delays, ensuring timely support when it's needed most.

Designed for *real life*

Our 9-week programs deliver structured treatment, with flexible scheduling designed to work around the demands of duty, school, and family life.

Group Sessions

Group sessions with peers, three times a week, designed for connection and skill-building

Family Therapy*

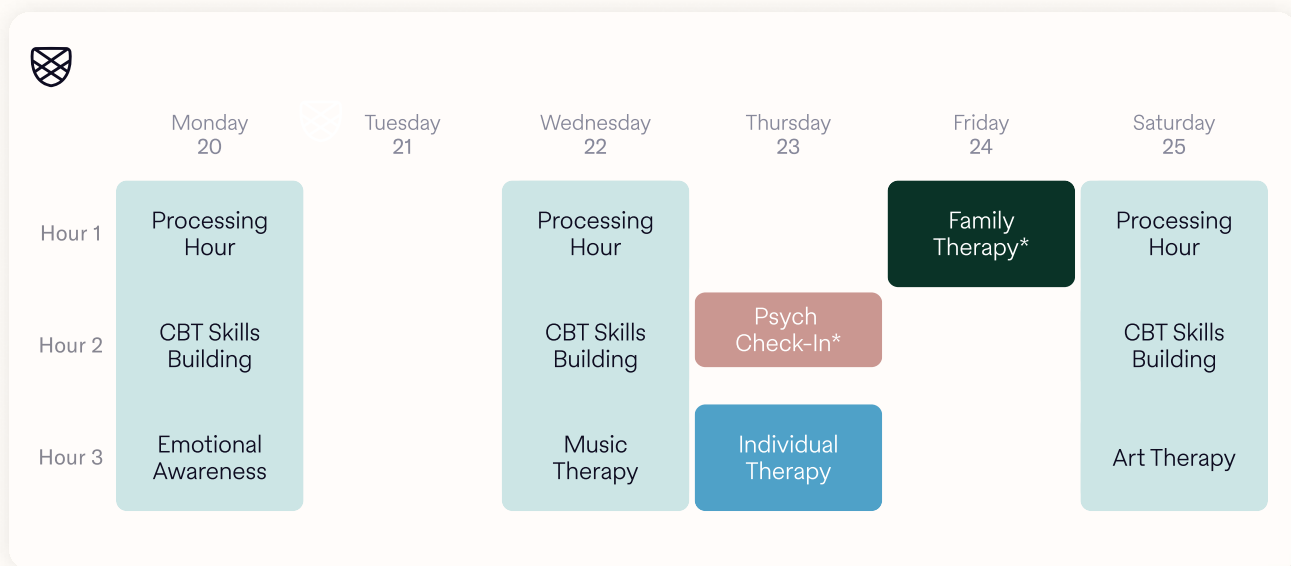
Sessions with family members to promote mutual healing and help reinforce progress at home

Individual Therapy

Weekly one-on-one sessions with a therapist matched to individual needs and goals

Psychiatry*

Integrated psychiatric care to support starting, stopping, or adjusting medications



Sample Schedule | *Available as needed

“When I started, I was in a very dark place. But as life continued to bombard me with stressors, Charlie Health gave me the tools to deal with them. Now I feel like I can handle anything life throws at me.”

– Lauren, Charlie Health Alum

Supporting military behavioral health

We are grateful for your service, and you are not alone.

Why choose Charlie Health?

At Charlie Health, our virtual Intensive Outpatient Program (IOP) is designed with you in mind—delivering high-quality behavioral healthcare wherever you are and when you need it most.

Personalized support for military families

Tailored therapy addressing the unique challenges of military life, from deployment to reintegration and beyond.

Specialized therapists

Experienced therapists who understand the mental health challenges faced by service members and their families, including PTSD, anxiety, and combat stress.

No waitlists, no long commutes

Convenient, remote therapy sessions that eliminate long travel times and waiting for appointments.

Comprehensive care

Therapy services for service members and their families, including children, spouses, and parents, ensuring everyone gets the support they need.

We support service members and their families with:

- Anxiety, depression, and PTSD
- Substance use disorders
- Co-occurring eating disorders
- Stress and adjustment issues
- Military sexual trauma
- Suicidal thoughts

Charlie Health's substance use disorder treatment program for individuals with a primary diagnosis are available in select states.

Get Started



charliehealth.com
(986) 206-0414
military@charliehealth.com





Charlie Health's referral process

Charlie Health's virtual mental health and substance use treatment programs reduce many common treatment barriers faced by military members and their families, including waitlists, long commutes, and eligibility requirements such as discharge status. To make a referral, follow the steps below or reach out to me directly!

How to make a referral

 Website: charliehealth.com/military

 Email: military@charliehealth.com

 Phone: (986) 206-0414

 Fax: (406) 720-7793

Information we need

Please have the following information ready:

- Client name and date of birth
- Guardian info, if applicable
- Insurance info, if available



Kyle Galkowski
Outreach Manager, Military (Central)



I'd love to hear from you and see how we can support your community!

—
kyle.galkowski@charliehealth.com

(210) 307-9319

charliehealth.com/partners/military

FREE

SPRING

Register Now!



into **FUN** with

ERHF

&



June 13, 2026

10am - 2pm

BRING YOUR

PICNIC

**to Sadowski Field
Support Avenue, Fort Hood**

Bounce Houses

Water Play

Rock Walls

Face Painting

NERF Wars

O-Course

Foam Party



HELPFUL ACS NUMBERS

ACS Volunteer Program / Army Volunteer Corps (AVC)
287-8657 / 287-2327

Army Emergency Relief (AER)
Emergency Financial Assistance
553-3101 / 553-3102

Army Family Action Plan / Army Family Team Building
287-1127

Employment Readiness Program (ERP) Job Search Assistance, Resume Writing, Career Skills
287-6067 / 288-2089

Exceptional Family Member Program (EFMP)
287-6070

Family Advocacy Program (FAP)
Relationship Enrichment, Preparing for Marriage, Common Sense Parenting, Car Seat Inspection
286-6774 / 288-2092

Family Assistance Center (FAC)
288-7570

Financial Readiness Branch (FRP)
Financial Counseling and Management Classes
287-CITY (2489) / 288-6868

Military Family Life Counseling (MFLC) Non-Clinical Counseling
553-4705

Mobilization, Deployment & Stability Support Operations (MDSSO) SFRG Training, Resilience, Community Resource Course
288-2794

New Parent Support Program (NPSP) Infant Care, Play Mornings, Shaken Baby, Daddy Bootcamp
287-2286

Soldier and Family Assistance Center (SFAC)
286-5768

Survivor Outreach Services (SOS)

24/7 HOTLINES

Commanding General (CG) Hotline 254-618-7486

Reporting Domestic Violence or Child Abuse
254-287-CARE (2273)
National 800-422-4453

Assistance for Victims of Domestic Violence
254-702-4953
National 800- 799-7233

Suicide Prevention
National 800- 273-8255 or Dial 988

Sexual Harassment / Sexual Assault (SHARP)
254-319-4671
National 877-995-5247

EO and Harassment Hotline 254- 291-5717

Veterans Crisis Line
National 800-273-8255 (press 1)
254-206-1157

Housing / Barracks Life / Health / Safety Hotline

Duty Chaplain Hotline 254-289-2531

ACS LOCATIONS

- Bldg. 36000, Shoemaker Center, 2nd Floor, Shoemaker Lane
- Bldg. 36051, Soldier and Family Assistance Center



14 June 2026



FORT HOOD ARMY COMMUNITY SERVICE

Real-Life Solutions for Successful Army Living

TRAINING AND OUTREACH INITIATIVES

JUNE 2026



14 June 2026



Your Connection to Community Information

287-4ACS (4227)

<https://hood.armymwr.com/categories/community-support>

<https://www.ArmyMWR.com/acs>

www.militaryonesource.mil

1-800-342-9647

Open to all
DOD ID Card Holders

Army Community Service / Family Advocacy Program

- Signs and symptoms of stress
- Stress management techniques
- Anger and conflict management

2nd & 4th Thursday
of every month
9:00 a.m. - 4:30 p.m.

Registration Required

Stress, Anger & Conflict Management Workshop



Hood.ArmyMWR.com

To Register: Call: (254) 618-7827 / 288-2092 or Email: usarmy.hood.id-readiness.list.acs-fap-training@army.mil

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE
EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP Family Support

**RESOURCE CONNECTIONS
SUPPORT GROUP**

2nd Wednesday of each month
9:30 a.m. - 10:30 a.m.
(Registration Required for Participation)

- This is for parents/children who have a disability and have desired to make connections with others and share their knowledge.
- Obtain information through classes and Subject Matter Experts (SME) guest speakers.
- Connect with EFMP Staff for information and resources.

To register (254) 287-6070 Scan the QR code or
email: usarmy.hood.id-readiness.list.acs-efmp@army.mil



Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE
EXCEPTIONAL FAMILY MEMBER PROGRAM



EFMP Family Support
MONTHLY WORKSHOP
3rd Thursday of each month
9:30 a.m. - 11:00 a.m.

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

To register, call (254) 287-6070, Scan the QR code or
email: usarmy.hood.id-readiness.list.acs-efmp@army.mil



Individuals who require assistance or accommodation due to a disability, call the ACS EFMP office at (254) 287-6070.

ACS - Family Advocacy Program

Family Violence Prevention Training

Soldiers are required to attend one
90-minute training session per fiscal year.

Family members and DA Civilians
are encouraged to attend.

Tuesdays

9:30 a.m. - 11:00 a.m.
or
1:30 p.m. - 3:00 p.m.

Palmer Auditorium
Bldg. 334, 31st Street

Additional training dates and locations
are available upon Unit / Agency request

For additional information call: (254) 286-6774 / (254) 288-2092 or
Email: usarmy.hood.id-readiness.list.acs-fap-training@army.mil



Individuals who require assistance or accommodations due to a disability, contact the ACS FAP at (254) 288-2092



ACS - Exceptional Family Member Program

EFMP ORIENTATION

2nd Tuesday of the Month
10:00 a.m. - 11:30 a.m.

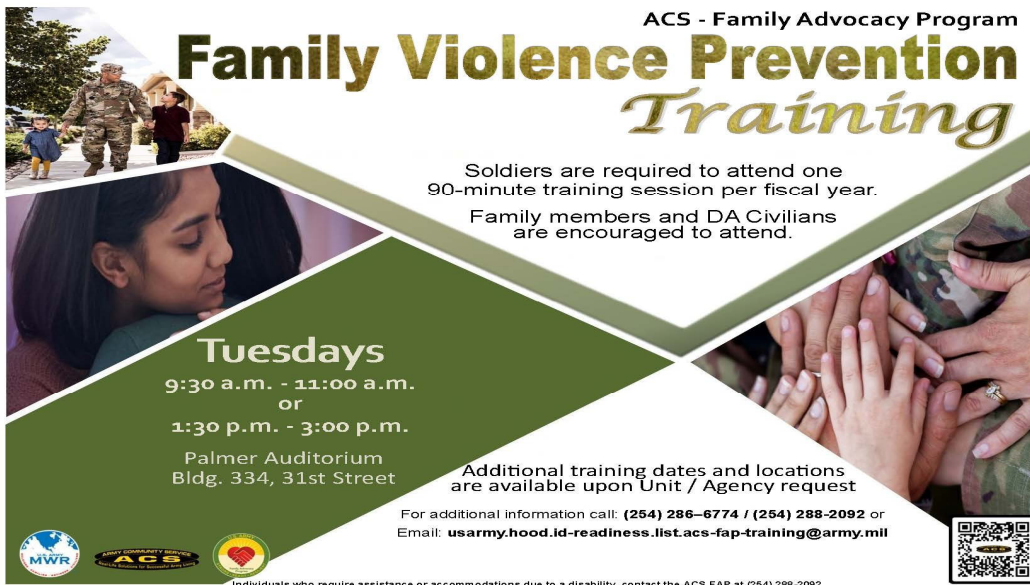
Learn about community resources, respite care,
advocacy, programs and services available for
Military Families with special needs.

Shoemaker Center, Building 36000, 2nd Floor, Shoemaker Lane

To register, call: (254) 287-6070, Scan the QR code or Email:

usarmy.hood.id-readiness.list.acs-efmp@army.mil

Individuals who require assistance or accommodations due to a disability, contact providing program.



Fort Hood Employment Readiness Program

THE NETWORK

A Newcomers Employment Training Workshop
Where Career Success Begins

Tuesdays, 9:30 am - 11:00 am
Shoemaker Center, Bldg. 36000
Shoemaker Lane 2nd floor, Suite 2502

This workshop offers up-to-date information on employment opportunities, job market trends, education, career exploration and volunteer resources.

For more information, call (254) 288-2089 or Email: usarmy.hood.id-readiness.list.acs-erb@army.mil

Individuals who require assistance or accommodation due to a disability, contact ACS ERB at (254) 288-2089

ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

Registration Required

- Level I: Military Knowledge (K)** Discover how to decipher Army acronyms, utilize community resources, attain better financial readiness, and understand the goal and impact of the Army mission on daily life.
- Level II: Personal Growth and Resiliency (G)** Discover how teams form and grow, how to solve problems, and how to resolve personal conflict.
- Level III: Leadership Development (L)** Thrive in the Army and civilian life by expanding leadership skills and effective communication techniques and learning to mentor others into leadership positions.

AFTB Train the Trainer (TTT) Volunteers help administer the program and teach classes. Get training on platform skills, the adult learner and methods of instruction.

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

Contact the AFTB office for questions or for Additional Information: 254-287-1127 or Email: usarmy.hood.id-readiness.list.acs-erb@army.mil

ARMY FAMILY ACTION PLAN

Change begins with you
IT'S TIME TO SUBMIT YOUR IDEAS!

AFAP is a process that invites members of the Total Army to be agents of change by establishing and improving programs and services, developing and changing policies and regulations, creating legislation and amending laws.

THE PROCESS
AFAP provides the Total Army a KOLC in shaping their standards of living and identifying issues related to the current environment. Leaders trust and support the AFAP process. It provides real-time information that enables commanders to respond more rapidly to resolve problems, implement good ideas and guide policy formation.

PROVEN RESULTS

- Transferability of Monuments GI Bill (MGIB) benefits to dependents
- Family care plan provides access to installations
- Paternity leave for soldiers
- Creation of family readiness groups, Better Opportunities for Single Soldiers (BOSS) and Army Family Team Building (AFTB) program
- Availability of authorized Tricare providers
- Traumatic brain injury rehabilitation program
- Reserve coffee sales
- Audio and visual surveillance in childcare centers
- Federal employment military spouse preference

How can you submit an idea?
Visit: <https://lms.armyfamilyvetportal.com/> or scan the QR code

For additional information call (254) 287-1127 or email: usarmy.hood.incom-fwrn.list.acs-afp@army.mil

Fort Hood Employment Readiness PROGRAM

Join us as we go through the USAJOBS website and learn tips on how to format, structure, and create detailed content for your Federal Resume.

10:00 am - 11:30 am

| | | |
|-----------|-----------|-----------|
| Jan 7, 21 | May 6 | Sep 2, 16 |
| Feb 4, 18 | Jun 3, 17 | Oct 7, 21 |
| Mar 4, 18 | Jul 1, 15 | Nov 4, 18 |
| Apr 1, 15 | Aug 5, 19 | Dec 2, 16 |

Workforce of Central Texas
300 Cheyenne Drive, Killeen

9:00 am - 10:30 am

| | | |
|--------|--------|--------|
| Jan 14 | May 13 | Sep 9 |
| Feb 11 | Jun 10 | Oct 14 |
| Mar 11 | Jul 8 | Nov 9* |
| Apr 8 | Aug 13 | Dec 9 |

Shoemaker Center, Bldg. 36000
Shoemaker Ln. 2nd Floor

For information and to register, call (254) 288-2089 or Email: usarmy.hood.id-readiness.list.acs-erb@army.mil

Fort Hood Army Volunteers Corps

Volunteer Management Information System (VMIS)
ORGANIZATION POINT OF CONTACT (OPOC)
TRAINING CY 2026

This training provides step-by-step instruction on how to use VMIS to track volunteers and maintain volunteer records.

13:30 pm - 15:00 pm

| | | |
|-----------------|---------------|------------------|
| January 7 & 21 | May 5 | September 2 & 16 |
| February 4 & 18 | June 3 & 17 | October 7 & 21 |
| March 4 & 18 | July 1 & 15 | November 4 & 18 |
| April 15 | August 5 & 19 | December 2 & 16 |

For more information and to register, call (254) 287-2327, 287-6067 or Email: usarmy.hood.id-readiness.list.acs-erb@army.mil

Individuals who require assistance or accommodation due to a disability, contact ACS ERB at (254) 287-2327

2026 CAREER TRAINING

Navigating USAJOBS and Creating Your Federal Resume

MARKETING ME: Interviewing Skills

Make a great impression in your next interview! Review effective communication skills, interview preparation, valuable questions during the interview and salary negotiation.

For information and to register, call (254) 288-2089 or Email: usarmy.hood.id-readiness.list.acs-erb@army.mil

Individuals who require assistance or accommodation due to a disability, contact ACS ERB at (254) 288-2089

WHAT'S INSIDE MATTERS

Everyone deserves relationships that are safe, loving and respectful. A healthy relationship has:

- **Trust.** Your partner is honest, reliable and wouldn't do anything to hurt you.
- **Communication.** You can openly share your thoughts and feelings without fear.
- **Respect.** Your partner recognizes your worth and values your qualities.
- **Boundaries.** Your partner respects your limits and doesn't pressure you.
- **Support.** Your partner encourages your goals, interests and independence.

To learn more about healthy relationships, reach out to your installation Family Advocacy Program. If you're experiencing abuse, you can report it to FAP: www.militaryonesource.mil/resources/tools/domestic-abuse-victim-advocate-locator/

Get confidential support, including help with financial assistance, emergency housing, legal assistance, counseling and more. www.armyresilience.army.mil/FAP

Fort Hood ACS Family Advocacy Program
254-286-6774 / 288-2092

Report Family Violence Hotline - Call 254-287-CARE (2253)

Victim Assistance Hotline - Call 254-702-4953

U.S. ARMY
1.800.799.SAFE (7233) @ArmyResilience www.armyresilience.army.mil

ARMY COMMUNITY SERVICE FAMILY ADVOCACY PROGRAM

BOOT CAMP

For New and Expectant Dads

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adapt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hoops!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

For more information and to register: Call the New Parent Support Program (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

CAR SEAT SAFETY INSPECTION

Rear Facing • Forward Facing • Booster • Seatbelt

Certified technicians will provide up-to-date information about car seat installation & tips on education or your child's safety.

More Than 90% of car seats are not used correctly!
How confident are you?
Make sure your child is riding safely.

Sprocket Auto Craft Center
100 W. 11th St. • The Corner of 10th Street and W. 11th Street

2nd & 4th Friday
of every month,
9:00 a.m. - 12:00 p.m.

To schedule an appointment, please call (254) 287-6565 / 288-2092 / 283-1743 or email usarmy.hood.id-readiness.list.acs-fap-training@army.mil

Common Sense PARENTING

Fort Hood Army Community Service • Family Advocacy Program

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on **2nd & 4th Wednesday** of every month,
9:30 a.m. - 11:30 a.m.

To Register:
Call: (254) 286-6774 / 288-2092 or Email: usarmy.hood.id-readiness.list.acs-fap-training@army.mil

EXPLORE LEARN & PLAY

Open to Military Families with Children 0-3 years old
Army Community Service/Family Advocacy Program
New Parent Support Program

First Tuesday of Each Month
9:00 am - 12:00 pm

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

For more information call: (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Fort Hood Army Community Service - Mobilization, Deployment & Stability Support Operations (MD&SSO)

RESILIENCE SKILLS

Open to All DoD ID Cardholders

Learn skills that will help you adapt to the everyday ups and downs of military life.

1ST WEDNESDAY OF EACH MONTH
1:00 P.M. - 2:30 P.M.



For more information call: (254) 288-2794 or Email: usarmy.hood.id-readiness.list.sfrb@army.mil

Individuals who may require assistance or special accommodations due to disability, contact (ACS) MDSSO at (254) 288-2794



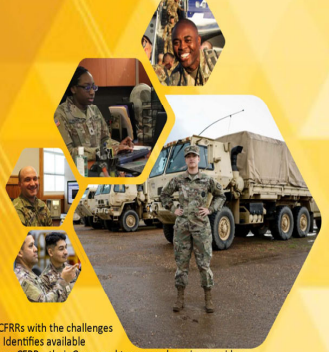
ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO)

Command Team Support (CY 2026) Command Family Readiness Representative (CFRR) Training

- January 13 – 14
- February 17 – 18
- March 17 – 18
- April 14 – 15
- May 12 – 13
- June 16 – 17
- July 14 – 15
- August 18 – 19
- September 15 – 16
- October 27 – 28
- November 17 – 18

9:00 am – 3:30 pm
In-Person

Identifies roles, responsibilities, acquaints CFRRs with the challenges and opportunities related to their position. Identifies available resources, enhances the connection between CFRRs, their Command teams, and service providers.



Rear Detachment Operations (RDO) Course

- February 23 – 25
- April 27 – 29
- June 29 – July 1
- August 24 – 25
- October 19 – 21
- December 14 – 16

9:00 am – 4:30 pm
Virtual

For Active Duty, National Guard and Reserve Component Soldiers serving in rear detachment roles. Requests for student enrollment must be initiated by the Unit Schools NCO.

Registration required, for more information and to register, call (254) 288-2794 or Email: usarmy.hood.id-readiness.list.sfrb@army.mil



Individuals who require assistance or accommodations due to a disability, call (254) 288-2794

ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO)

CY 2026



COMMUNITY RESOURCE COURSE

9:00 am – 2:30 pm

- | | | |
|----------------|--------------------|----------------|
| February 2 – 3 | June 29 – 30 | November 2 – 3 |
| March 2 – 3 | August 3 – 4 | December 7 – 8 |
| March 30 – 31 | August 31 – Sept 1 | |
| June 1-2 | October 5 – 6 | |

Local organizations and agencies provide information on resources available to enhance greater self-reliance.

CASUALTY RESPONSE (CARE) TEAM TRAINING

VIRTUAL 5:30 pm – 8:30 pm **IN-PERSON** 9:00 am – 12:00 pm

- | | | | |
|------------|------------|-------------|--------------|
| January 21 | July 22 | February 25 | August 25 |
| April 29 | October 21 | March 25 | September 22 |
| | | May 19 | November 10 |
| | | June 23 | December 15 |

Addresses the roles, responsibilities, and functions of CARE Team volunteers. Explains the support partnership between command and volunteers in the event of a crisis.

For more information and to register, call (254) 288-2794 or Email: usarmy.hood.id-readiness.list.sfrb@army.mil



Individuals who require assistance or accommodation due to a disability, call MDSSO at (254) 288-2794

Soldier and Family Readiness Group Training (SFRG) CY2026

KEY CONTACT TRAINING

- January 21
- February 11
- April 29
- March 11
- July 22
- May 13
- October 21
- June 10
- August 12
- September 9
- November 4
- December 9
- 8:30 am – 11:30 am In-Person

Addresses the roles and responsibilities, call management and expectations of key contacts volunteers through scenarios and resource discussion.

VOLUNTEER TRAINING

- January 14
- February 18
- March 11
- April 15
- May 13
- June 17
- July 8
- August 19
- September 9
- October 21
- November 18
- December 16
- 5:30 pm – 8:30 pm Virtual
- 8:30 am – 11:30 am Virtual

Identifies daily operations, practices and expectations for new Volunteers, Soldiers and Family members.

COMMAND TEAM TRAINING (CPTT)

- January 6
- February 3
- July 7
- August 4
- September 1
- October 6
- November 5
- December 8
- June 2
- 9:00 am – 11:00 am Virtual

Addresses the partnership role between the command team and SFRG volunteers; reviews the basics of SFRG funding, officer management and recruiting concepts.

FAMILY READINESS ADVISOR TRAINING

- February 18
- May 20
- August 19
- November 18
- 8:30 am – 12:00 pm In-Person

Identifies roles and defines activities, times and boundaries.

INFORMAL FUND CUSTODIAN

- January 14
- February 11
- March 11
- April 12
- May 13
- June 10
- July 8
- August 12
- September 7
- October 7
- November 18
- December 9
- 5:30 pm – 8:30 pm Virtual
- 8:30 am – 11:30 am Virtual

Highlights SFRG informal fund and fund custodian responsibilities.

Fort Hood Army Community Service Mobilization, Deployment & Stability Support Operations (MD&SSO)
For more information and to register, call (254) 288-2794 or Email: usarmy.hood.id-readiness.list.sfrb@army.mil



Individuals who require assistance or accommodation due to a disability, call (254) 288-2794

Army Community Service
Family Advocacy Program
New Parent Support Program

Shaken Baby Syndrome Class

2nd & 4th Tuesday of every month
11:00 am – 11:30 am

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register call (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

CHILDREN'S CLOTHING SWAP

Children Grow Fast...Clothes Don't!
Come join us for a fun and free kids' clothing swap! Bring gently used clothes your little ones have outgrown and take home something new-to-you.
All clothes left over will be donated.

| 2026 CLOTHING DROP OFF | | 2026 SWAP SCHEDULE | |
|--------------------------|----------------------|---------------------------------------------------------|--|
| Jan 28 • Apr 15 • Oct 28 | Jul 29 | Jan 30 • Apr 17 • Jul 31 • Oct 30 | |
| Bronco Youth Center | Main Post Chapel Gym | Shoemaker Center, Blog 36000, Cafeteria, Basement floor | |
| 9:30am-11:00am | 9:00am-11:00am | 2:00pm – 2:30pm – Swap for Donors | |
| | | 2:30pm – 4:00pm – Swap Open for All | |

DONATIONS ACCEPTED

- Clothing sizes 4T & below
- Gently Used Clothing
- Freshly Washed Clothing

ITEMS NOT ACCEPTED

- Undergarments, Socks, Shoes
- Toys or Books

Contact Us
Individuals requiring assistance or accommodations due to disability:
Call (254) 287-2286

Going through some things and need to talk to someone?

Military Family Life Counselors

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite to walk-ins, or telephonically for Military Personnel and their Families.

For assistance:
Monday - Friday from 8am - 5pm
Call 254-553-4705

After 5pm or anytime Saturday and Sunday
Military OneSource (800) 342-9647

MFLC Can HELP!!!

PAUSE

Pause: Your Actions Matter

Whether you're dating and getting to know someone or you've been together a while, a healthy relationship starts with you.

PAUSE. Reflect. Are you a good partner?

- **Trust.** Are you honest, reliable and loyal to your partner?
- **Communication.** Do you listen without defensiveness and anger, seeking to understand?
- **Respect.** Do you recognize your partner's worth and value their qualities?
- **Boundaries.** Do you respect your partner's limits and avoid pressuring them?
- **Support.** Do you encourage your partner's goals, interests and independence?

PAUSE. Connect with support.
Be the reason someone feels safe, heard and valued. If you're unsure how to get started being a healthy partner, reach out to the Family Advocacy Program office at your installation: www.armyresilience.army.mil/FAP.

No judgment. Just help.

CONTACT FORT HOOD ACS FAMILY ADVOCACY PROGRAM FOR MORE INFORMATION
254-286-6774 | 238-2092

www.armyresilience.army.mil



OPEN TO
SINGLE SOLDIERS

FORT HOOD ARMY COMMUNITY SERVICE - FAMILY ADVOCACY PROGRAM

EXPECT RESPECT

DATING VIOLENCE PREVENTION EDUCATION FOR SINGLE SOLDIERS

1st Thursday of Each Month
2:00 p.m. - 3:00 p.m.
Upon Request

Learn what to look for in a relationship and what relationship red flags you should

- Coping Skills
- Jealousy
- Dating Pressures
- Relating to People
- Assertive Communication

For more information: call (254) 286-6774, 288-2092 or email:
usarmy.hood.id-readiness.list.acs-fap-training@army.mil

Report Domestic Violence or Child Abuse

24/7 Hotline
254-287-CARE (2273)

Fort Hood Army Community Service
FAP New Parent Support Program

Infant Care

Every 2nd Thursday of the month, 1:00 p.m. - 2:30 p.m.

New and expectant parents learn skills that cover the basic care for infants. This class is both instructional and hands-on.

Topics include

- Burping
- Umbilical cord care
- Swaddling
- Bathing
- Diapering and changing
- Soothing Techniques for the crying infant
- Infant feedings and feeding schedules

For more information or to register, call (254) 288-6868. Email: usarmy.hood.id-readiness.list.acs-fap-training@army.mil. Individuals who require accommodation due to disability, please contact ACS FAP, NFP.

Victims of Domestic Violence

24/7 Hotline
254-702-4953

Army Community Service / Family Advocacy Program

EXPECT RESPECT

A school-based program for Preventive Teen Dating Violence, Promoting Safe and Healthy Relationships in Middle and High School

- Healthy Dating Skills
- Preventing Dating Violence
- Dating Pressures
- Communication Skills
- Safe & Healthy Emotional Relationship

Prevention based awareness education for students, parents, teachers, and school administrators.

For dates, location, and to register: call (254) 618-7586 / 288-2092 or email us at usarmy.hood.id-readiness.list.acs-fap-training@army.mil

OPEN TO ALL DOW ID CARD HOLDERS

Financial Readiness Workshops

2nd Tuesday
Saving & Investing, 1:30 - 3:00 pm

3rd Wednesday
Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

Shoemaker Center, Bldg. 36000
2nd Floor, Room N212

Workshops will be streamed LIVE on MS Teams.
Registration is required to obtain the MS Teams access link.

For more information and to register, call: (254) 288-6868 or e-mail: usarmy.hood.id-readiness.list.acs-frb@army.mil

Fort Hood Army Community Service | Financial Readiness Program

2026 Monthly Financial Milestone Trainings

Shoemaker Center, Bldg. 36000
2nd Floor, Room N212

Trainings will be streamed LIVE on MS Teams.
Registration is required to obtain the MS Teams access link.

- Major Life Events (disabling condition) 2nd Monday, 1330-1430
- Thrift Savings/Continuation Pay 1st Tuesday, 0900-1000
- Promotion of Service Member 1st Tuesday, 1330-1430
- Permanent Change of Station 2nd Thursday, 1300-1430
- Marriage 1st & 2nd Wednesday, 1030-1130
- Divorce 1st Thursday, 1330-1430
- Vesting in Thrift Savings Plan 1st Thursday, 1430-1530
- Birth of First Child 2nd Thursday, 1430-1530
- Pre & Post Deployment Upon Request

Financial Planning for Initial Permanent Change of Station - Soldiers (E1 to E4 & O-1 to O-3) learn, develop and manage spending plans and credit while examining impacts of special pay and entitlements associated with a change in duty station.

Vesting in Thrift Savings Plan (TSP) - Soldiers will learn how to manage and update their TSP account and vesting.

Continuation Pay - Soldiers under the Blended Retirement System (BRS) who are currently eligible or within 12 months of receiving Continuation Pay will learn the components of BRS, importance of planning for retirement & how to calculate continuation pay.

Promotion of Service member - (E-5 & below or O-4 & below) learn how income changes related to promotion, options for increased income, updating spending plan, effect on TSP contributions and reevaluating financial goals.

Marriage, divorce, birth of first child - Soldiers will learn how to update DEERS, check their LES for accuracy, update spending plan, address TRICARE concerns, and how to access additional resources.

Major Life Events (disabling condition) - Soldiers will learn how to address the financial implications of dealing with a disabling sickness or conditions and gain insight to manage their finances more efficiently.

Pre & Post Deployment - Soldiers will learn importance of creating and managing spending plans for pre & post deployment, as well as Servicemembers Civil Relief Act and how to protect their credit with credit freezes.

Training can be completed online at the Army Family Web Portal (AFWP): <https://olms.armyfamilywebportal.com>

For more information and to register, call: (254) 288-6868 or e-mail: usarmy.hood.id-readiness.list.acs-frb@army.mil

Fort Hood Army Community Service | Financial Readiness Program

OPEN TO ALL DOW ID CARD HOLDERS

CAR BUYING WORKSHOP

Tips and strategies for purchasing a car in inflationary and recessionary times

- 25 March 2026
- 24 June 2026
- 23 September 2026
- 2 December 2026

2:00 pm - 3:00 pm

Shoemaker Center
Building 36000, 2nd Floor, Room N212

Workshop will be streamed LIVE on MS Teams.
Registration is required to obtain the MS Teams access link.

For more information and to register, call: (254) 288-6868 or e-mail: usarmy.hood.id-readiness.list.acs-frb@army.mil

OPEN TO ALL DOW ID CARD HOLDERS



ARMY COMMUNITY SERVICE FINANCIAL READINESS PROGRAM

HOME BUYING Workshop

10:00 am – 11:00 am

25 March 2026

24 June 2026

23 September 2026

Who Should Attend?

- ✓ First-time homebuyers
- ✓ Military families & veterans
- ✓ Anyone looking to purchase a home

Workshop will be streamed LIVE on MS Teams. Registration is required to obtain the MS Teams access link.

Shoemaker Center
Building 36000, 2nd Floor, Room N212

For more information and to register, call: **254.288.6868** or email:
usarmy.hood.id-readiness.list.acs-frb@army.mil

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held
the 2nd Wednesday of every month
9:00 a.m.— 4:00 p.m.

Register or for more information
Please call 254-288-6774 / 288-2092
usarmy.hood.id-readiness.list.acs-fap-trainin@army.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2091

Army Community Service / Family Advocacy Program

Blended Families Workshop

Education and support for any family

**1st and 3rd Thursday
of Each Month**
9:00 am - 12:00 pm

Topics include:

- Defining family member roles
- Navigating relationships or marriage
- Strategies for overcoming everyday challenges
- Building healthy connections and loving bonds

For more information and to register, call (254) 286-6774 or 288-2092
or email: usarmy.hood.id-readiness.list.acs-fap-training@army.mil
Individuals who require assistance or accommodation due to a disability, contact the ACS-FAP office at (254) 281-5366

Fort Hood Army Community Service - Family Advocacy Program

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

All DOD ID Cards Holders

**First Wednesday
of Each Month**
9:00 a.m. - 4:00 p.m.

- » Discuss important topics of commitment
- » Understand your partner's expectations and role
- » Learn the impact of personal beliefs
- » Consider cultural differences
- » Acquire conflict resolution styles
- » Gain insight about financial decisions
- » Recognize the importance of support systems

To register, call (254) 286-6774 / 288-2092 or email:
usarmy.hood.id-readiness.list.acs-fap-training@army.mil

FortHoodArmyMWR.com