

PROUD SPONSORS



Sponsorship does not imply federal endorsement

RUNNING EVENTS

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Pre-registration is available for all running events via <https://webtrac.mwr.army.mil>

on-site registration begins at 7am and most races start at 8am!

Race results and times will be posted on Hood.ArmyMWR.com after every timed running event!

Date	Event	Start Location
12 JAN 19	⌘ Cardio Blowout	Abrams BBall Court
9 FEB 19 (FR)	Super Hero 5K Run/Walk	Abrams PFC
2 MAR 19  ⌘	GLOW RUN 5K Run/Walk	Harvey PFC
18 MAY 19	Dash & Splash 5K	Patton Pool
29 JUN 19 (FR)	Remembrance 5K Run/Walk 7 am Start	Sadowski Field
27 JUL 19	⌘ COLOR RUN 5K Run/Walk	Harvey Gym
17 AUG 19	Strongman Competition	Hood Stadium or Harvey
24 AUG 19	⌘ Amazing Ruck Team Challenge	BLORA
14 SEP 19	⌘ Sprint Triathlon (Swim, Bike, Run)	BLORA
6 OCT 19 (Sun)*	⌘ Army 10-Miler Shadow Run	BLORA
16 NOV 19	⌘ The Great Turkey Chase ½ marathon	Sportsmen's Center
14 DEC 19 (FR)	Jingle Bell Dash 5K Run/Walk	Abrams PFC

*** All events and dates are subject to change***

 On-site registration 6-6:45pm, Race starts 7pm

⌘ **Run Events are Fee-based**

(FR) **Free Runs**

Pre-registration: DOD \$15.00/NON-DOD \$20.00

On-site Registration: DOD \$20.00/NON-DOD \$25.00

- ♦ Medals & trophies will be awarded for the top male and female runners for timed runs
- ♦ T-shirt available for purchase \$15.00

(See back cover for registration locations)

For more information, please call the Fitness Office (254)285-5459

Hood.ArmyMWR.com 4