

**FORT HOOD COMMUNITY SERVICES COUNCIL MEETING**  
**January 28, 2026,**  
**11:00 am – 12:00 pm**  
**Lone Star Conference Center WiFi - Passcode: zse45^&UJM**

Introduction

Ms. Donna Morrissey  
Army Community Service (ACS)  
Director  
[donna.m.morrissey.civ@army.mil](mailto:donna.m.morrissey.civ@army.mil)

1. Welcome Remarks

LTG Kevin D. Admiral  
III Armored Corps and Fort Hood  
Commanding General

2. Community Leader Remarks

3. Awards Presentation

- a. Volunteer/Ft. Hood Installation VOY 2026
- b. Adopt-A-School

Ms. Marie Decindio  
ACS EVSB Program Manager  
(254) 287-2327  
[marie.e.decindio.civ@army.mil](mailto:marie.e.decindio.civ@army.mil)

Ms. Kristine Caparco  
School Liaison Officer  
(254) 553-3340  
[kristine.f.caparco.naf@army.mil](mailto:kristine.f.caparco.naf@army.mil)

4. Administrative Remarks

Ms. Donna Morrissey  
Army Community Service (ACS)  
Director  
[donna.m.morrissey.civ@army.mil](mailto:donna.m.morrissey.civ@army.mil)

5. Community Updates

- a. Carl R. Darnall Army Medical Center  
- Healthcare Update
- b. Armed Services YMCA  
- ASYMCA Services
- c. Carl R. Darnall AMC Behavioral Health  
- Behavioral Healthcare Update
- d. Ft. Hood Intrepid Spirit Center  
- TBI Clinical Mission and Services

COL Mark L. Jacques  
Commander  
(254) 288-8001  
[mark.l.jaques.mil@health.mil](mailto:mark.l.jaques.mil@health.mil)

Ms. Sheri Yerrington  
Executive Director  
(254)690-9622 Ext:109  
[syerrington@asymca.org](mailto:syerrington@asymca.org)

COL Amit Gupta  
Director  
(254) 553-6856  
[Amit.K.Gupta.mil@health.mil](mailto:Amit.K.Gupta.mil@health.mil)

Dr. Scot D. Engel  
Director  
(254) 287-7281  
[scot.d.engel.civ@health.mil](mailto:scot.d.engel.civ@health.mil)

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- |  |   |
|--|---|
| e. <u>AUSA 17 Annual</u><br>- Tax Prep, Volunteer, and AUSA Scholarships   | Mr. Fernando Fernandez<br>Vice President<br>(254) 258-9059<br><a href="mailto:Fernando.Fernandez@FHNB.com">Fernando.Fernandez@FHNB.com</a>                                    |
| f. <u>Religious Support Office Fort Hood</u><br>- Program Initiatives  | CH(COL) AlwynMicheal S. Albano<br>USAG Chaplain<br>(254) 288-6545<br><a href="mailto:alwynmichael.s.albano.mil@army">alwynmichael.s.albano.mil@army</a>                       |
| g. <u>Child &amp; Youth Services</u><br>- 2026 Fort Hood Education Summit<br>- FCC Provider and CYS Hourly Care        | Ms. Kristine Caparco<br>School Liaison Officer<br>(254) 553-3340<br><a href="mailto:kristine.f.caparco.naf@army.mil">kristine.f.caparco.naf@army.mil</a>                      |
| h. <u>Fort Hood Family Scholarship Fund</u><br>- 2025-2026 Scholarship Program   | Mrs. Angie Tabat<br>Vice President<br><a href="https://forthoodsscholarship.org">https://forthoodsscholarship.org</a>   |
| i. <u>Great Place Spouses' Club</u><br>- Services and 40 <sup>th</sup> Annual Wild West Night                          | Ms. Karissa Dolan<br>Wild West Night Co-Chair<br><a href="http://www.GreatPlaceSpousesClub.org">www.GreatPlaceSpousesClub.org</a>   |
| j. <u>Military and Veteran Family Wellness</u><br>- Reach Study Support for Military Spouses                           | Dr. Elisa Borah<br>UT Austin Principal Investigator<br>(254) 285-6497<br><a href="mailto:elisa.borah@austin.utexas.edu">elisa.borah@austin.utexas.edu</a>                     |
| k. <u>Rick Herrema Foundation</u><br>- RHF Families Support, 2025 Impact<br>- Snapshot, Units Support, and Partnership | Mr. Eric Ballester<br>Executive Director<br>(254) 218-3866<br><a href="mailto:Eric@RHFnow.org">Eric@RHFnow.org</a>  |
| l. <u>On Post Upcoming Community Events</u><br>- MWR Upcoming Events   | Ms. Amber Pafford<br>Family and MWR<br>Manager, Marketing and Advertising<br>(254) 287-3985<br><a href="mailto:amber.r.pafford.naf@army.mil">amber.r.pafford.naf@army.mil</a> |
| 6. Open Discussion   |   |
| 7. Garrison Remarks  |   |
| COL Mark R. McClellan<br>Fort Hood<br>Garrison Commander   |   |
| 8. Closing Remarks   |   |
| LTG Kevin D. Admiral<br>III Armored Corps and Fort Hood<br>Commanding General  |   |

**FORT HOOD COMMUNITY SERVICES COUNCIL MEETING**  
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**Community Services Council Slides and Community Information Sheet are available at**  
<https://hood.armymwr.com/programs/community-services-council-csc-meeting>

**For additional information, contact Army Community Service at (254) 553-1593 / (254) 287-3663 or**

**e-mail: [usarmy.hood.id-readiness.list.community-services-council@army.mil](mailto:usarmy.hood.id-readiness.list.community-services-council@army.mil)**

***Next CSC Meeting: FEB 25, 2026, at 11:00 a.m.***



**CSC Documents**



<https://www.facebook.com/forthoodmwr>



# Community Services Council Meeting 28 January 2026

WE ARE THE ARMY'S HOME

Some presentations and materials distributed at Community Services Council do not represent the views of the Army or Fort Hood and do not constitute an endorsement, recommendation, or favoring by the Army or Fort Hood.





# Community Services Council Meeting 28 January 2026

## SME Chart

|    |  |                           |   |    |  |                                 |  |
|----|--|---------------------------|---|----|--|---------------------------------|--|
| 1  | III ARMORED CORPS INSPECTOR GENERAL (IG)                           | Danelle Greene            | 254-287-7209<br>danelle.r.greene.civ@army.mil   | 19 | FMWR – BUSINESS & COMMUNITY RECREATION DIVISION (BCRD) | Lance Pooler                    | 254-287-7406<br>lance.e.pooler.naf@army.mil        |
| 2  | III ARMORED CORPS READY & RESILIENT (HEALTH PROMOTIONS)            | LTC Burton Eissler        | 254-286-6833<br>burton.d.eissler.mil@army.mil   | 20 | FMWR - CHILD & YOUTH SERVICES (CYS)                    | Sheila Curtis                   | 254-288-3039<br>sheila.r.curtis.naf@army.mil       |
| 3  | III ARMORED CORPS CHAPLAIN   | CH (COL) Kevin Wainwright | 254-287-3411<br>kevin.e.wainwright.mil@army.mil | 21 | FMWR - NON-APPROPRIATED FUNDS SUPPORT SERVICES (NAFSS) | Kathleen Ward                   | 254-287-8106<br>kathleen.e.ward13.naf@army.mil     |
| 4  | AMERICAN RED CROSS   | Roger Thomas              | 254-287-0405<br>roger.thomasiii@redcross.org    | 22 | FISHER HOUSE   | Candice Ualesi                  | 254-286-7927<br>candice.t.ualesi.naf@health.mil    |
| 5  | ARMY & AIR FORCE EXCHANGE SERVICE (AAFES)                          | Charlyne Morganfield      | 254-532-6537 x 200<br>morganfieldc@aafes.com    | 23 | GREAT PLACE SPOUSES' CLUB (FCSC)                       | Jana Roman                      | President@greatplacesspousesclub.org               |
| 6  | BOSS – (FMWR) ADVISOR  | Tenesa Davis              | 254-287-0270<br>tenesa.l.davis.naf@army.mil     | 24 | FORT HOOD FAMILY SCHOLARSHIP FUND (FCFSF)              | Angel Eagan                     | president@forthoodsscholarship.org                 |
| 7  | CAVALRY FAMILY HOUSING   | Chris Albus               | 254-285-2204<br>Chris.albus@lendlease.com       | 25 | FORT HOOD VOLUNTEER CHILD CARE FUND (FCVCCF)           | Jennifer Cegledi                | FHVCCF@gmail.com                                   |
| 8  | DEFENSE COMMISSARY AGENCY (DECA) - CLEAR CREEK                     | Andrea Kirby              | 254-406- 9000<br>Andrea.kirby@deca.mil          | 23 | GARRISON SAFETY  | Douglas Huddleston              | 254-287-3323<br>douglas.r.huddleston.civ@army.mil  |
| 9  | DECA - WARRIOR WAY   | Rachel Harty- Perez       | 254-287-8025X3001<br>rachel.hartyperez@deca.mil | 27 | LOGISTICS AND READINESS CENTER (LRC)                   | COL Jennifer Karim              | 254-287-1584<br>jennifer.s.karim.mil@army.mil      |
| 10 | DIRECTORATE OF EMERGENCY SERVICES (DES)                            | Robert Adams              | 254-287 2511<br>robert.d.adams1.civ@army.mil    | 28 | MILITARY FAMILY LIFE COUNSELING (MFLC)                 | Louise Gonel                    | (254) 553-2741<br>louise.n.gonel.civ@army.mil      |
| 11 | DIRECTORATE OF HUMAN RESOURCES (DHR)                               | Lorri Golya               | 254-287-5103<br>lorri.a.golya.civ@army.mil      | 29 | NETWORK ENTERPRISE CENTER (NEC)                        | Ronnie Gill                     | 254-287-5775<br>ronnie.e.gill.civ@army.mil         |
| 12 | DHR EDUCATION SERVICES   | Sheri' Buono              | 254-287-7353<br>sheri.l.buono.civ@army.mil      | 30 | PHANTOM FORGE CENTER                                   | CPT Zeasia Payne                | 254-288-4020<br>Zeasia.j.payne.mil@army.mil        |
| 13 | DHR RISK REDUCTION   | Paula Blackwell           | 254-287-3378<br>paula.e.blackwell.civ@army.mil  | 31 | PUBLIC AFFAIRS OFFICE (PAO)                            | Chris Haug                      | 254-287-8506<br>Christopher.j.haug.civ@army.mil    |
| 14 | DIRECTORATE OF PLANS, TRAINING, MOBILIZATION, AND SECURITY (DPTMS) | Leroy Stockland           | 254-288-3067<br>leroy.l.stockland.civ@army.mil  | 32 | SANTA'S WORKSHOP AT THE GREAT PLACE                    | Kismet Candy                    | president@santasworkshopgp.org                     |
| 15 | DIRECTORATE OF PUBLIC WORKS (DPW)                                  | Brian Dosa                | 254-287-5500<br>brian.l.dosa.civ@army.mil       | 33 | THE POST THRIFT STORE                                  | Jennifer Kirkpatrick            | 254-532-294<br>fhatspresident@gmail.com            |
| 16 | EQUAL EMPLOYMENT OPPORTUNITY (EEO)                                 | Thomas Rex                | 254-287-1245<br>rex.a.thomas.civ@army.mil       | 34 | USAG CHAPLAIN  | CH (COL) AlwynMicheal S. Albano | 254-288-6545<br>alwynmicheal.s.albano.mil@army.mil |
| 17 | FMWR - ARMY COMMUNITY SERVICE (ACS)                                | Donna Morrissey           | 254-287-0346<br>donna.m.morrissey.civ@army.mil  | 35 | UNITED SERVICE ORGANIZATIONS (USO)                     | Julie Mendez                    | 254-768-2770<br>jmendez@uso.org                    |
| 18 | FMWR - ACS FAMILY ADVOCACY PROGRAM MANAGER                         | Monique Russell           | 254-287-203<br>monique.c.russell.civ@army.mil   | 36 | READY AND RESILIENT (R2) PERFORMANCE CENTER            | Bill Loggins                    | 254-285-5417<br>logginsw@magellanfederal.com       |



# **Community Services Council Meeting 28 January 2026**

## **Introduction**

**Ms. Donna M. Morrisey**

**Army Community Service (ACS)  
Director**

**(254) 287-0346**

**[donna.m.morrisey.civ@army.mil](mailto:donna.m.morrisey.civ@army.mil)**



# **Community Services Council Meeting 28 January 2026**

## **Welcome Remarks**

**LTG Kevin D. Admiral**

**III Armored Corps and Fort Hood  
Commanding General**



# **Community Services Council Meeting 28 January 2026**

## **Community Leader Remarks**





# Community Services Council Meeting 28 January 2026

**Debbie Nash-King**

**City of Killeen  
Mayor**

**(254) 501-7700**

**[dnash-king@killeentexas.gov](mailto:dnash-king@killeentexas.gov)**



# Community Services Council Meeting 28 January 2026

## Upcoming Events in Killeen

- **Past Events that Kicked Off January 2026**
  - Virtual Town Hall For Library held on Thursday, January 8, 2026, from 6-7 p.m.
  - Parks and Recreation Community Stakeholders Townhall held on Monday, January 12, 2026, at 6:30 p.m.
  - MLK Day March (City Supported event) held on Monday, January 19, 2026, at 8 a.m.
  - Winter Skate Bash held on Friday, January 23, 2026, from 6-8 p.m.
  - LEGO Day held on Saturday, January 24, 2026, from 10 a.m. to 3:00 p.m.



# Community Services Council Meeting 28 January 2026

## Upcoming Events in Killeen

- **MARK YOUR CALENDAR**
  - Craw Fest – March 28 in Downtown Killeen
  - Spring Fest – April 4 in Killeen Athletic Complex
  - Spring Night Market – April 10 in Downtown Killeen
  - Celebrate Killeen Festival – April 25 in Downtown Killeen
  - National Day of Prayer – May 7 in City Hall
  - Fallen Heroes 5K – May 16 at Andy K. Wells Hike and Bike Trail
  - Rodeo Killeen – May 14-16 at Killeen Special Events Center
  - Juneteenth Parade – June 19 in Downtown Killeen



# Community Services Council Meeting 28 January 2026

## Upcoming Events in Killeen

- **SAVE THE DATE - Daddy Daughter Dance**
  - Friday, February 20, 2026
  - Killeen Civic and Conference Center located at 3601 S WS Young Drive
  - Details visit [www.killeentexas.gov/rec](http://www.killeentexas.gov/rec)
- **SAVE THE DATE - Motown Downtown**
  - 5<sup>th</sup> annual soulful celebration
  - Saturday, February 28, 2026
  - Downtown Killeen
  - Applications for vendors are open until February 1, 2026
  - For more information visit [www.killeentexas.gov/downtownevents](http://www.killeentexas.gov/downtownevents)



# Community Services Council Meeting 28 January 2026

## Upcoming Events in Killeen

- **NOW AVAILABLE - 2026 Calendar of Events**

- Includes events hosted by city departments, community partners
- Ranges from seasonal festivals and live entertainment to holiday celebrations, outdoor recreation, arts and culture programming, and activities for residents of all ages.
- Central resource for citywide events with details such as dates, times, and locations for the year.
- 30+ events listed
- New event for 2026 is Craw Fest
- Visit [www.killeentexas.gov/events](http://www.killeentexas.gov/events)



# Community Services Council Meeting 28 January 2026

**Mr. Micheal Blomquist**

**City of Harker Heights, Texas  
Mayor**

**(254) 953-5600**

**[mblomquist@harkerheights.gov](mailto:mblomquist@harkerheights.gov)**





# Community Services Council Meeting 28 January 2026

**Mr. David K. Leigh**  
**City of Belton, Texas**  
**Mayor**

**(254) 718-2081**

**[dkleigh@beltontexas.gov](mailto:dkleigh@beltontexas.gov)**



# Community Services Council Meeting 28 January 2026

## Upcoming Family Events in Downtown Belton

|                        |  |                                 |                     |
|------------------------|--|---------------------------------|---------------------|
| <b>02/07/26</b>        | UMBH Women's Basketball vs. East Texas Baptist Univ.     | UMHB Mayborn Campus Arena       | 1:00 pm – 3:00 pm   |
| <b>02/07/26</b>        | UMBH Men's Basketball vs. East Texas Baptist Univ.       | UMHB Mayborn Campus Arena       | 1:00 pm – 3:00 pm   |
| <b>02/13/26</b>        | Bell County Youth Fair Livestock Show & PRCA Rodeo       | Cadence Bank Center             | 7:00 pm             |
| <b>02/14/26</b>        | Bell County Youth Fair Livestock Show & PRCA Rodeo       | Cadence Bank Center             | 7:00 pm             |
| <b>02/16/26</b>        | President's Day Observance (City Offices Closed)         | City of Belton Offices          | All Day             |
| <b>02/20&amp;21/26</b> | Father Daughter Dance                                    | Harris Community Center         | 6:30 pm             |
| <b>02/27/26</b>        | Wind Ensemble Concert                                    | UMHB Performing Arts Center     | 7:00 pm – 9:00 pm   |
| <b>02/27/26</b>        | Carden Circus  | Cadence Bank Center             | 6:30 pm             |
| <b>02/28/26</b>        | Carden Circus  | Cadence Bank Center             | 2:30 pm & 6:30 pm   |
| <b>02/29/26</b>        | Carden Circus  | Cadence Bank Center             | 1:00 pm & 5:00 pm   |
| <b>03/06&amp;07/26</b> | Just Between Friends Kids Clothing & Toy Sale            | Cadence Bank Center             | 9:00 am – 7:00 pm   |
| <b>03/08/26</b>        | Just Between Friends Kids Clothing & Toy Sale            | Cadence Bank Center             | 9:00 am – 3:00 pm   |
| <b>03/14/26</b>        | A Sami Show – Arts & Crafts Market                       | Cadence Bank Center             | 9:00 am – 4:00 pm   |
| <b>03/15/26</b>        | A Sami Show – Arts & Crafts Market                       | Cadence Bank Center             | 10:00 am – 3:00 pm  |
| <b>03/21/26</b>        | Outlaw Gun Show – The Ultimate Gun Show                  | Cadence Bank Center             | 9:00 am – 5:00 pm   |
| <b>03/21/26</b>        | The Central Texas BBQ Roundup                            | Cadence Bank Center             | 11:00 am – 11:00 pm |
| <b>03/22/26</b>        | Outlaw Gun Show – The Ultimate Gun Show                  | Cadence Bank Center             | 10:00 am – 4:00 pm  |
| <b>03/28/26</b>        | One Community One Day (Clean up assistance event)        | Various Locations around Belton | 8-12                |
| <b>04/18/26</b>        | Market Days  | Downtown Belton                 | 8:00 am – 4:00 pm   |
| <b>04/18/26</b>        | Miller Springs Volunteer Day (Cleanup/Wildflower Spread) | Miller Springs                  | TBD                 |
| <b>04/24/26</b>        | Event for Mother's                                       | Harris Community Center         | TBD                 |
| <b>05/02/26</b>        | Movie in the Park w/Bike Ride                            | Harris Community Park           | Dusk                |
| <b>05/8-9/26</b>       | Legends of the Chisholm Trail                            | Liberty Park                    | TBD                 |
| <b>05/09/26</b>        | Lion's Stampede Bike Ride                                | Harris Park                     |                     |
| <b>06/27/26</b>        | 4 <sup>th</sup> of July Kickoff Street Party             | Downtown Belton                 | TBD                 |
| <b>07/04/26</b>        | 4 <sup>th</sup> of July Parade                           | Downtown Belton                 | 10:00 am            |



# **Community Services Council Meeting 28 January 2026**

## **Awards Presentation**



# **Community Services Council Meeting 28 January 2026**

**Ms. Marie DeCindio**

**ACS/EVSB  
Program Manager**

**(254) 287-6067**

**[marie.e.decindio.civ@army.mil](mailto:marie.e.decindio.civ@army.mil)**



# **Community Services Council Meeting 28 January 2026**

## **Installation Volunteer of the Year**

- **The 2026 Fort Hood Volunteer of the Year Awards Ceremony**
  - **Annual Commanding General, III Armored Corps and Fort Hood event. (OPORD PW26-01-0003)**
  - **Recognizes the exemplary achievement of volunteer service to the Fort Hood community during prior year (1 Jan 2025 - 31 Dec 2025).**
- **Awards Ceremony**
  - **Monday, 20 April 26, 1830-2100 at Lone Star Conference Center, Building 5764, 24<sup>th</sup> St. & Wainwright Drive, Fort Hood, Texas.**
  - **Electronic invitations will be sent to Brigade and higher Command Teams, Directors, and Agency Leaders**
  - **Invitations will be sent NLT the third week of March.**



# **Community Services Council Meeting 28 January 2026**

## **Installation Volunteer of the Year**

- **Volunteer of the Year Nominations**
  - **Special Category nominations due NLT 11 February 2026**
    - **Five Special Categories: Multiple Agency, Senior, Active Duty, Youth and Family.**
    - **Each Brigade / Volunteer Organization**
    - **Nominations endorsement by Highest in Command**
- **Installation Volunteer Nominations due NLT 26 February 2026**
  - **One Each Brigade / Volunteer Organization**
  - **Nominations endorsement by Brigade Commander**





# Community Services Council Meeting 28 January 2026

## Installation Volunteer of the Year

- **Eligibility for nominees**
  - **Must be registered in Volunteer Management Information System (VMIS).**
  - **Have certified hours in VMIS for calendar year 2025 (1 Jan – 31 Dec).**
  - **A memo signed by Commander or Supervisor listing volunteer hours from 1 Jan – 31 Dec 25, if hours were not previously listed in VMIS.**
- **How to submit a nomination**
  - **Complete the required Coversheet in its entirety.**
  - **Complete a nomination memo highlighting volunteer's accomplishments to our community for the 2025 calendar year.**
  - **Ensure nomination is signed by Commander/Director.**
  - **Email completed Cover Sheet and Nomination to [usarmy.hood.id-readiness.list.avc@army.mil](mailto:usarmy.hood.id-readiness.list.avc@army.mil)**
  - **Confirmation emails will be sent as received**



# **Community Services Council Meeting 28 January 2026**

## **Installation Volunteer of the Year**

- **Attend one IPR: Attend one In Progress Review (IPR): One representative from each Major Subordinate Command (MSC), tenant and organization nominating volunteers for award recognition.**
  - **27 JAN 26 (1330 - 1430) at the Shoemaker Center, Building 36000, 2nd Floor, Suite 2502, room #2551.**
  - **29 JAN 26 (1330 - 1430) via MS Teams. Contact Army Community Service (ACS) POC to register and receive MS Teams link.**



# **Community Services Council Meeting 28 January 2026**

## **Administrative Remarks**

**Ms. Donna M. Morrissey**

**Army Community Service (ACS)  
Director**

**(254) 287-0346**

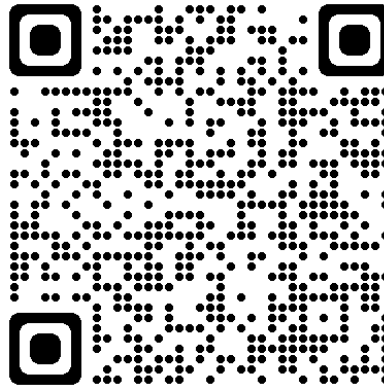
**[donna.m.morrissey.civ@army.mil](mailto:donna.m.morrissey.civ@army.mil)**



# **Community Services Council Meeting 28 January 2026**

## **Administrative Remarks**

### **CSC DOCUMENTS**



### **QR CODE**

**See back of the agenda or visit the link below**

**<https://hood.armymwr.com/programs/fort-hood-community-services-council-csc-meeting>**



# **Community Services Council Meeting 28 January 2026**

**COL Mark L. Jacques**

**Carl R. Darnall Army Medical Center (CRDAMC)  
Commander**

**(254) 288-8001**

**[mark.l.jacques.mil@health.mil](mailto:mark.l.jacques.mil@health.mil)**



# Community Services Council Meeting 28 January 2026

## Healthcare Delivery Update CRDAMC Recognized for Safety

Stay connected with us:



- Leapfrog Group awarded CRDAMC Grade A for quality and safety – **4th consecutive award**
- One of 16 MTFs in the DoD awarded the Grade A rating for Fall 2025
- Leapfrog Group is a nonprofit organization that measures hospitals against 22 quality and safety measures





# Community Services Council Meeting 28 January 2026

## Healthcare Delivery Update

- Sterile Processing Department Trailer is fully operational
  - Reduce surgery delays and transfers
  - Expand orthopedic surgery offerings



# Community Services Council Meeting 28 January 2026

Stay connected with us:



## Healthcare Delivery Update

- **Flu vaccines:** Adults can walk in at their assigned CRDAMC Primary Care Clinic

Monday – Friday

- 8 – 11 a.m.
- 1 – 3 p.m., except the 3<sup>rd</sup> Friday of the month.

- **COVID Vaccine:** Adults can walk in at the Family Medicine Residency Clinic

Monday – Friday

- 8 – 11 a.m.
- 1 – 3 p.m., except the 3<sup>rd</sup> Friday of the month.

The CDC recommends consulting your healthcare provider regarding your COVID-19 vaccination schedule.

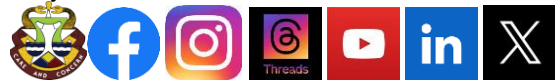
- Pediatric patients need scheduled appointment for COVID and flu vaccines
- For further details visit our website at [darnall.tricare.mil](https://darnall.tricare.mil)



# Community Services Council Meeting 28 January 2026

## Healthcare Delivery Update

Stay connected with us:



- **Advanced Planning Class – 29 January**
- Medical Power of Attorneys, Advanced Directives, Out of hospital Do Not Resuscitate (DNR)



**ADVANCED CARE PLANNING EDUCATION**

**Location:**  
Darnall Nutrition Clinic,  
2<sup>nd</sup> floor

**When: JAN 29**  
Session 1 – 1:00 p.m.  
Session 2 – 2:30 p.m.

**ADVANCE DIRECTIVES**

Health Care Wishes

Health Care Power of Attorney

**Sign up:**

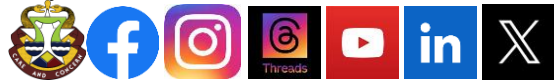
- **Call (254)553-3651/3626**
- **Stop by Family Medicine Residency Clinic**



# Community Services Council Meeting 28 January 2026


## Healthcare Delivery Update

Stay connected with us:




# CHILDREN'S WAITING ROOM

2 hours of free childcare to  
attend medical appointments  
Call 254.458.1015 to schedule!



## LOCATIONS

|   |   |
|---|---|
| <b>ASYMCA Program Center</b><br>100 E. Beeline Lane<br>Harker Heights, TX 76548 | <b>Carl R. Darnall Army Medical Center</b><br>590 Medical Center Rd.<br>Fort Hood, TX 76544 |
| <b>ASYMCA Child Care Center</b><br>501 Clara Drive<br>Copperas Cove, TX 76522   |   |



### CHILDREN'S WAITING ROOM DETAILS

Operating Hours:  
Monday - Friday  
0745-1500

Eligibility:  
6 months - 12 years  
Free to ALL TRICARE beneficiaries  
Immunization records required

**STRENGTHENING OUR MILITARY FAMILY.®**  
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# Community Services Council Meeting 28 January 2026

**Ms. Sheri Yerrington**

**(ASYMCA)**

**Executive Director**

**(254) 690-9622 Ext:109**  
**[syerrington@asymca.org](mailto:syerrington@asymca.org)**





# **Community Services Council Meeting 28 January 2026**

**Ms. Sheri Yerrington**

**(ASYMCA)**

**Executive Director**

**(254) 690-9622 Ext:109**

**[syerrington@asymca.org](mailto:syerrington@asymca.org)**

**Ms. Antionette Wiggins**

**(ASYMCA)**

**Senior Director of Military Programs**

**(254) 690-9622**

**[awiggins@asymca.org](mailto:awiggins@asymca.org)**



**ARMED SERVICES YMCA**



# **Community Services Council Meeting 28 January 2026**

## **Armed Services YMCA Topics**

- **Five Star Food Market**
- **Operation Kid Comfort**
- **Children's Waiting Room**
- **Operation Little Learners**
- **Operation Hero**
- **Operation Ride Home**
- **Operation Holiday Joy**
- **Before & After School Care**
- **E6 & Below Discounts**

**For more information, call (254) 690-9622.**

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# Community Services Council Meeting 28 January 2026

Our current estimate of food insecurity among service members:

25% of our active-duty military members and their families  
10% of veterans and their families

Armed Services YMCA Killeen operates a program called the Five Star Food Market. We have two food pantry locations, and provide 30 lbs. of staple foods, including perishables, to active-duty and veteran families. This program happens weekly.

110 Mountain Lion Road, Harker Heights, TX 76548  
Thursdays  
Active-Duty Hours: 0630-0800 | Veteran/Civilian  
Hours: 0800-Depletion

415 N. 8th Street, Killeen, TX  
76541 Saturdays  
0800-1200

## Five Star Food Market



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# Community Services Council Meeting 28 January 2026

## Operation Kid Comfort

Operation Kid Comfort provides every child, age six and under, with an original quilt made from photos submitted by his or her parent. For children seven and older, a pillow is made. Each keepsake is hand-made by a volunteer and donated with love and good wishes for the recipient child.

### CHILDREN 6 & YOUNGER

Operation Kid Comfort Quilt with eight images of the deployed parent, child and family printed on fabric.

### CHILDREN 7 & OLDER

Operation Kid Comfort Pillow Sham with five images of the deployed parent, child and family printed on fabric.

Interested In The Program?

CONTACT US! (254) 690-9622 Ext. 116

## Children's Waiting Room

### LOCATIONS:

#### ASYMCA Program

**Center** 100 E. Beeline  
Lane Harker Heights,  
TX 76548

#### Carl R. Darnall Army Medical Center

36065 Santa Fe  
Avenue Fort Hood,  
TX 76544

### Children's Waiting Room Details

2 hours of childcare to attend  
appointments Must be scheduled prior by  
calling 254.458.1015

**Effective August 11, 2025, appointments  
must be scheduled online**

Free to all active-duty service members

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# Community Services Council Meeting 28 January 2026

## Children's Waiting Room


### CHILDREN'S WAITING ROOM

2 hours of free childcare to  
attend medical appointments  
Call 254.458.1015 to schedule!



### LOCATIONS

|   |   |
|---|---|
| <b>ASYMCA Program Center</b><br>100 E. Beeline Lane<br>Harker Heights, TX 76548 | <b>Carl R. Darnall Army Medical Center</b><br>590 Medical Center Rd.<br>Fort Hood, TX 76544 |
| <b>ASYMCA Child Care Center</b><br>501 Clara Drive<br>Copperas Cove, TX 76522   |   |



#### CHILDREN'S WAITING ROOM DETAILS

Operating Hours:  
Monday - Friday  
0745-1500

Eligibility:  
6 months - 12 years  
Free to ALL TRICARE beneficiaries  
Immunization records required

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## Operation Little Learners

This parent-child interactive class is available for active-duty military personnel and is geared toward parents and children together in activities that are both fun and educational.

Activities include: Safety Around Water, Baby Hero Fitness, Arts & Crafts, and Cooking

Tuesdays or Fridays during Fall & Spring  
110 Mountain Lion Road, Harker Heights, TX,  
76548 Free to all active-duty families  
Serving children 18 months-5 years old

## Operation Hero

OPERATION HERO is a 10-week, curriculum-based military child support program that helps children cope with the unique stressors of military life.

The program is free to all children of active-duty soldiers, and all we ask is that parents and children commit to the 10-week program.

Components taught in the program  
include: Character & Leadership  
Development Education & Career  
Development  
Health & Life Skills  
S.T.E.A.M.  
Sports, Fitness and Recreation

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# Community Services Council Meeting 28 January 2026

## Operation Ride Home

### Bringing Families Together

The Jack Daniels and Armed Services YMCA Operation Ride Home program helps bring military families together for the holidays. Operation Ride Home sponsors travel for eligible service members and their dependents to travel from their duty station back home to spend time with their families. Reconnecting military families during this special time of year is one small way Operation Ride Home is strengthening military families.

### PROGRAM DETAILS:

Travel assistance of up to \$500/family member

Participants are determined and prioritized based on financial need

Travel destination must be at least 350 miles from the service member's installation

Participants must complete an application and submit a video testimonial

### PROGRAM ELIGIBILITY:

Applicants must be active-duty E5 or below (dependents may not complete the application unless their service member is currently deployed)

Family members must travel with their service member, unless he/she is deployed at the time of travel

To apply through ASYMCA Killeen, applicants must be stationed at Fort Hood (if you're located at another installation, please contact your local ASYMCA for details)

Command-approved with financial need

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# Community Services Council Meeting 28 January 2026

## Operation Holiday Joy

Helping make the holidays brighter for military families Operation Holiday Joy was initially established in collaboration with Woman's Day Magazine and their readers to raise awareness and funds for military service members and their families during the holidays.

Since 2004, Operation Holiday Joy has donated more than \$1.3 million for military members and their families. This program has allowed us to purchase and distribute more than 320,000 toys as well as deliver over 25,000 baskets of food for Thanksgiving and Christmas to junior enlisted families in need.



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# Community Services Council Meeting 28 January 2026

## Before & After School Care

Children are like sponges - they watch and absorb knowledge, skills, and values from everything and everyone around them. At the Armed Services Y, we believe the values and skills learned early on are vital building blocks for quality of life and future success.

That's why our childcare programs are staffed with people who understand the cognitive, physical, and social development of kids, the need children have to feel connected and supported in trying new things, and the caring and reinforcement parents and families need to help each other. At ASYMCA Killeen before and after school programs, school-age kids make friends, learn new skills, and do homework. With a focus on safety, health, social growth, and academic enhancement, our Before & After School Program serves students from Pre-K to 5th grade with a variety of activity options to develop their interests and talents. Most importantly, they learn how to be their best selves. That makes for confident kids today and contributing and engaged adults tomorrow.

School Sites We

Serve: Killeen ISD

Copperas Cove ISD

Select school sites at Belton ISD

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# Community Services Council Meeting 28 January 2026

## E6 & Below Discounts

In an effort to further support junior-enlisted military families, we offer a **40% discount** to active-duty military families **E6 and below** on all ASYMCA offerings, including membership, childcare, sports, swim lessons, and all other fee-for-service programs.

In order to secure this discount, service members or spouses fill out a one-page form at our Front Desk and provide proof of rank.

Membership at ASYMCA Killeen and participation in ASYMCA Killeen programs provide military families with supplemental, off-installation opportunities to maintain physical, mental, and spiritual health.

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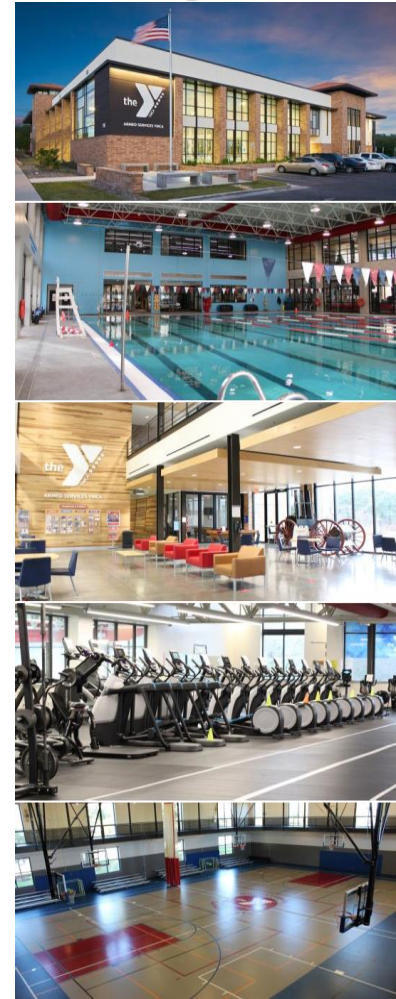
# Community Services Council Meeting 28 January 2026

## Wellness Center

Armed Services YMCA Killeen operates a state-of-the-art fitness facility in Harker Heights. The Wellness Center is equipped with a 10-lane lap pool, heated therapy pool, dry sauna, Fitness Floor, indoor walking/running track, studio spaces, gymnasium, café, and drop-in Child Watch facilities with an indoor playscape.

In addition to our beautiful gym facilities, we also offer a suite of group exercise classes, both aquatic and dry land, free with Membership.

We also offer fee-for-service programs to everyone, Members and Non-Members alike, such as Senior Trips to popular locations like Fredericksburg, the Riverwalk, WinStar Casino, the San Marcos outlets, and Paragon Resort.



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# **Community Services Council Meeting 28 January 2026**

**COL Amit Gupta, MD**

**Installation Director of Psychological Health**

**(254) 553-6899**

**[Amit.K.Gupta.mil@health.mil](mailto:Amit.K.Gupta.mil@health.mil)**



# Community Services Council Meeting 28 January 2026

## Behavioral Health (BH) Events, News, and Updates

- **Recent news and Events (BH promoted or supported )**
  - All CRDAMC BH providers were authorized to work through the shutdown to support community and SM behavioral health
  - 21- 22 OCT: Supported the Mental Health in Schools conference held in Georgetown, TX. This conference is dedicated to advancing mental health awareness and support within educational settings.
  - 1 NOV: BH Social Work Interns supported the retiree fair
  - 15 NOV: Supported CRDAMC Immunization Fair
  - 15 NOV: Supported Rick Herrema Foundation Pumpkin Palooza
  - 18 NOV/16 DEC/20 JAN: CENTEX mental health network meeting at the Cohen clinic in Killeen; immediately followed by the Suicide Awareness for Everyone (SAFE) Central Texas Suicide Prevention coalition
    - SAFE meeting is open to community, third Tuesday of each month:  
<https://www.eventbrite.com/e/safe-central-texas-regional-community-coalition-meetings-tickets-1384068138059>



# Community Services Council Meeting 28 January 2026

## Behavioral Health (BH) Events, News, and Updates

- **Recent news and Events (BH promoted or supported) Continued**
  - 19 NOV: CRDAMC Winter/Holiday safety resource fair in the hospital atrium from 1100 – 1300.
  - 6 DEC: Military Reconnect / Resource Fair at the YMCA in Cedar Park
  - 10 DEC: EFMP Resource Connections at Shoemaker center 9:30-10:30
  - 18 DEC/14 JAN – CAFBHS Outreach participated in the KISD School Health Advisory Council (SHAC) Panel Discussion on “Cultivating a Caring Community.” The event focused on providing community resources for staff and parents, and providing instruction on practical ways to nurture oneself, strengthen family connections and cultivate a deeper sense of community.
  - 13 JAN – CAFBHS Outreach to participate in the CYS Parent Advisory Board, presenting information on services and hosting an information table.
  - 27 JAN – CAFBHS in collaboration with Cohen Clinic @ Endeavors hosted the CENTEX Mental Health Networking meeting, bringing community mental health advocates together for information sharing and fellowship.



# Community Services Council Meeting 28 January 2026

## Behavioral Health (BH) Events, News, and Updates

- **Upcoming Events (BH promoted or supported )**
  - 31 JAN - CAFBHS Outreach to participate in Annual Mental Health and Wellness fair from 10-2pm at the KISD Career Center with an information table.
  - 17 FEB: (Canceled) - CENTEX mental health network meeting at the Cohen clinic in Killeen; immediately followed by the Suicide Awareness for Everyone (SAFE) Central Texas Suicide Prevention coalition
    - SAFE meeting is open to community, third Tuesday of each month: <https://www.eventbrite.com/e/safe-central-texas-regional-community-coalition-meetings-tickets-1384068138059>



# Community Services Council Meeting 28 January 2026

## Behavioral Health (BH) Events, News, and Updates

- **Community Partners**

- STRONG STAR Research Consortium update from October 2025:
  - Six Active PTSD projects treating soldiers and family members
  - Six TBI projects for treatment and long-term impact and functionality
  - Four treatment projects aimed at addressing suicidal thoughts and behaviors
  - Three treatment projects aimed at addressing anger and aggression
  - Three treatment projects also address sleep disturbance
  - Two treatment projects on addressing pain; one is combined with TBI
  - One project on addressing resiliency in military personnel
  - Strong Families clinical program for soldiers, veterans and families
  - One training initiative to improve community/network provider expertise in treating PTSD and other BH conditions in ADSM and veterans



# Community Services Council Meeting 28 January 2026

## TriWest Covered Service Talkspace

- **What is Talkspace?**

- Convenient & Flexible Therapy: Talkspace is an online therapy platform that connects you with a **licensed mental health provider** from your phone or computer.
- Multiple Ways to Connect:
  - Unlimited private messaging (text, audio, or video) - you can get support on your own schedule, without waiting for an appointment.
  - Schedule live video sessions.

- **Who is Eligible?**

- TRICARE Beneficiaries: This benefit is available to all TRICARE beneficiaries, including active-duty members, their families (spouses and children aged 13+), and retirees located in the TriWest region.
- No Referral Needed (for most): TRICARE Prime active-duty service members need a referral. All other TRICARE beneficiaries (including family members and retirees) do not need a referral.



# Community Services Council Meeting 28 January 2026

## TriWest Covered Service Talkspace

- **What Services Are Offered?**

- Individual Therapy: Get matched with a therapist who specializes in your specific needs, whether it's for stress, anxiety, depression, trauma, or other life challenges.
- Couples Therapy: Work with a therapist to improve communication and strengthen your relationship.
- Teen Therapy (Ages 13-17): Provides a confidential space for teenagers to connect with a therapist who understands their unique challenges.

- **Why Choose Talkspace?**

- Built for Your Lifestyle: The messaging feature is perfect for those with busy or unpredictable schedules. You can reach out whenever you need to, and your therapist will respond daily, five days a week.
- Confidential & Secure: All communication is encrypted and HIPAA-compliant to protect your privacy.
- Covered by TRICARE (verify eligibility)
  - <https://www.talkspace.com/coverage/insurance/Tricare>



# Community Services Council Meeting 28 January 2026

## STRONG Families clinic Information Review

- Strong Families is a program that supports military service members and their families throughout military-related stressful events and in the aftermath of trauma.
- There are two tracks for families: Trauma Track and Prevention Track.
  - Trauma Track provides evidence-based treatment for PTSD with a focus on healing after trauma while improving family functioning. Our prevention track provides whole family support for families throughout military-related separations and transitions (e.g., deployment).
  - Prevention track focuses on bolstering effective communication, emotional connect, and effective coparenting through military-related transitions.
- Call 254-289-3468 for information
  - Can provide information including enrollment in study
- Strongstar.org website





# **Community Services Council Meeting 28 January 2026**

**Dr. Scot Engel**

**CRDAMC**

**Director, Intrepid Spirit Center (ISC)**

**(254) 287-7281**

**[scot.d.engel.civ@health.mil](mailto:scot.d.engel.civ@health.mil)**



# **Community Services Council Meeting 28 January 2026**

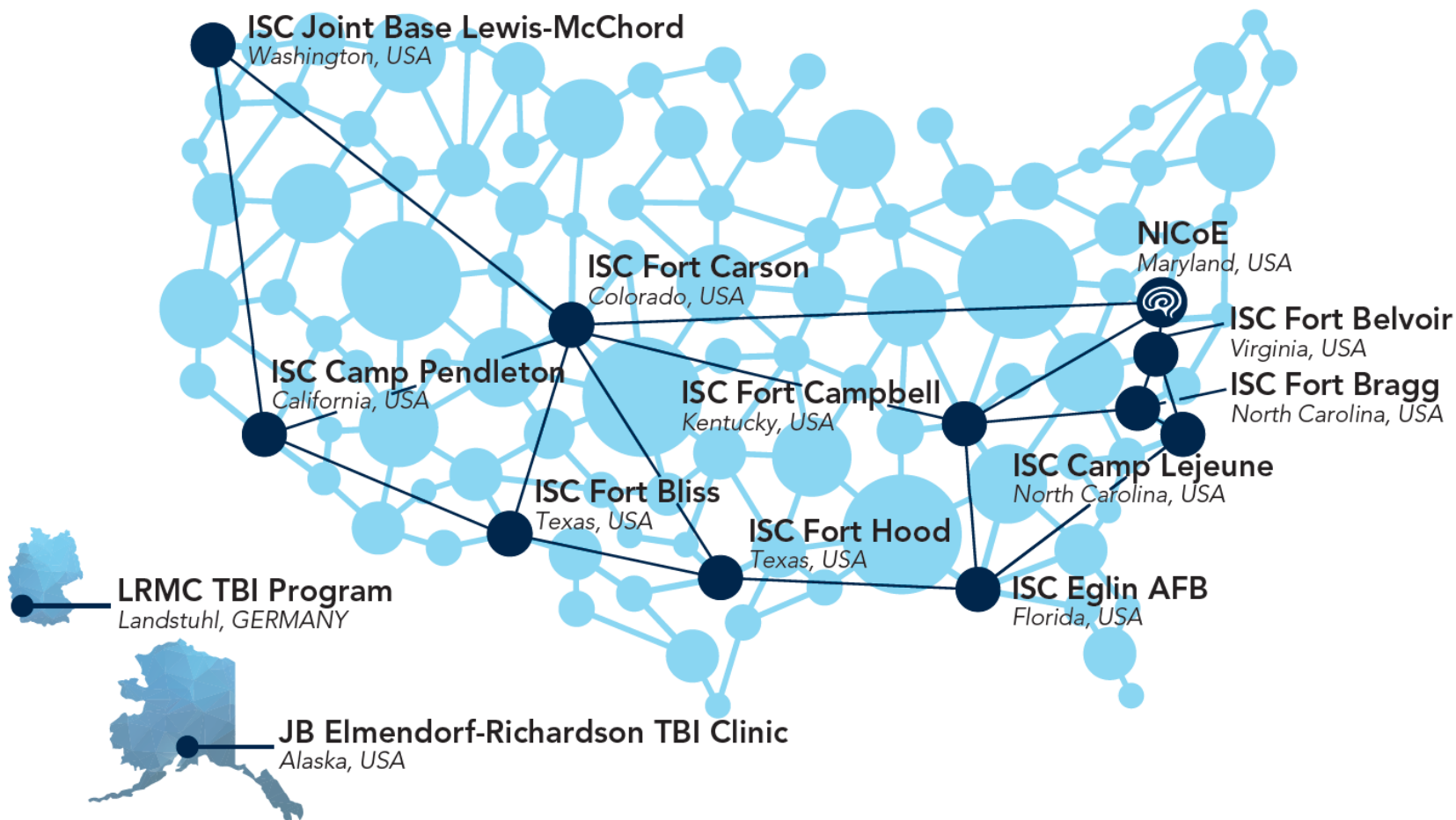
## **National Intrepid Center of Excellence (NICoE)/ISC Network**

- Private/Public Partnership between Department of Defense (DoD) and the Intrepid Fallen Heroes Fund (IFHF) resulting in the NICoE (72,00 sq ft. \$60M) and ten ISC's strategically located facilities (25,000 sq ft. \$13M).
- Mission: Clinical Care, Research, and Education (TBICoE)
- Population served include warriors who present with complex co-existing conditions such as TBI, Pain Management, and Psychological Health.
- Holistic Interdisciplinary model of care providing individuated, coordinated, simultaneous care within one footprint.
- Readiness Platform with Congressional interest



# Community Services Council Meeting 28 January 2026

## Defense Intrepid Network for TBI and Brain Health



# Community Services Council Meeting 28 January 2026

## Presenting Clinical Picture : TBI Symptom Clusters

### COGNITIVE SYMPTOMS

Slowed Processing & Impulsive Responding  
Distractibility, Mental Inflexibility & Rumination  
Hypervigilance & Suspiciousness  
Misattribution, Logic Errors & Pessimism  
Poor Working Memory & Memory Consolidation

### PHYSICAL SYMPTOMS

Generalized Hyperarousal & Overly Reactivity  
Sensory Overload & Exaggerated Startle  
Headache, Nausea & Other Chronic Pain  
Imbalance and/or Dizziness &/or Vertigo  
Blurry Vision &/or other Visual Symptoms



### EMOTIONAL SYMPTOMS

Generalized Affect Dysregulation (GAD)  
Irritability & Poor Frustration Tolerance  
Internalized and/or Externalized Anger  
Reexperiencing Traumatic Events  
Bad Dreams &/or Nightmares or No Dreams  
Emotional Numbing  
Anxiety, Depression & Loneliness  
Self-Concept Change

Poor Interpersonal Relations  
Poor Job &/or School Performance  
Withdrawal & Avoidance  
Emotional &/or Physical Outbursts  
Risk Taking  
Substance Misuse  
Suicidal and/or Parasuicidal Acts

### BEHAVIORAL SYMPTOMS



# Community Services Council Meeting 28 January 2026

## Current ISC Programs and Areas of Future Engagement

- TBI Interdisciplinary Specialty Outpatient Clinic
- 6-week Regional Intensive Outpatient Program for Chronic TBI and Consequence of War patients
- Research
- GME Program
- Anomalous Health Injury (AHI) Program
- Blast Overpressure (BOP)
- Warfighter Brain Health Initiative



# Community Services Council Meeting 28 January 2026

## ISC Philosophy of Care

- The chronic consequences of war/TBI demand aggressive, integrated interdisciplinary intervention.
- Because symptoms interact, improvement in one area can have carry-over effects in other areas.
- Each area of difficulty must be simultaneously addressed.



# Community Services Council Meeting 28 January 2026

## ISC Outpatient Clinic Service Lines

### Rehabilitation Section:

Physical Therapist  
Occupational Therapist

Speech and Language Pathologist

PTA

COTA

Neuro-Optometrist

### Psychological Health Section:

Neuropsychologist  
Art Therapist

Psychologist  
Music Therapist

Social Worker  
Psychometrician

### Pain Management Section:

Pain Psychologist  
Chiropractor

Massage Therapist  
Acupuncturist

### Medical Section:

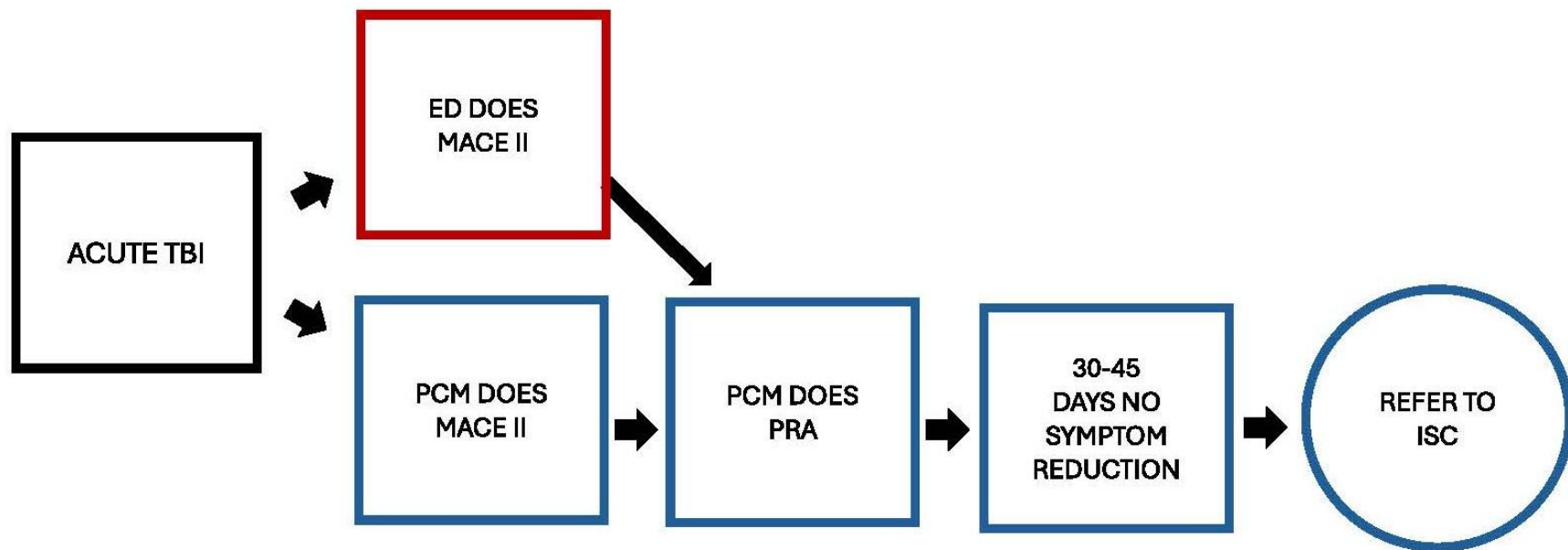
Neurologist  
Nurse Case Management

Nurse Practitioner  
LVN



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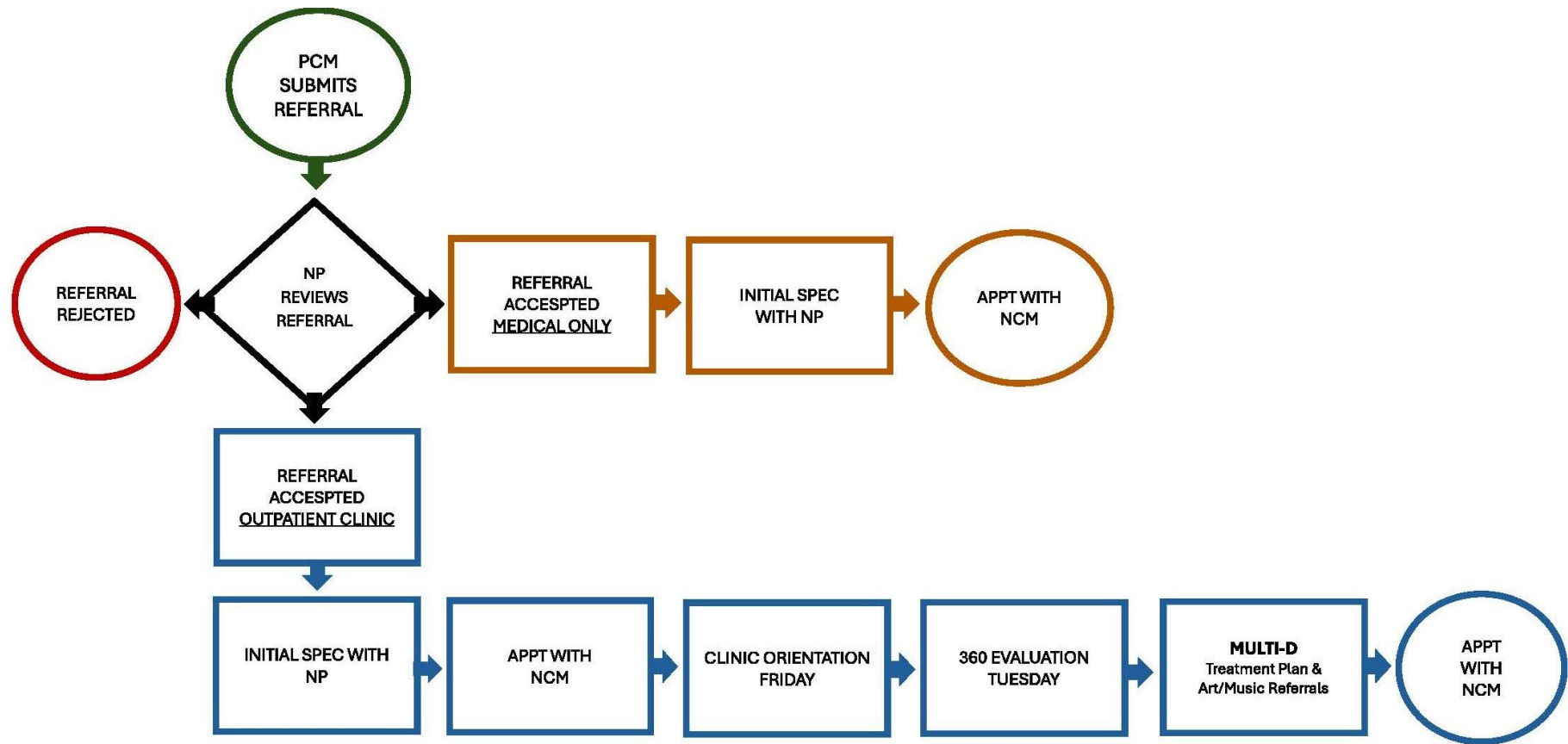
## Fort Hood Acute TBI Pathway of Care





# Community Services Council Meeting 28 January 2026

## ISC Outpatient Pathway of Care



# **Community Services Council Meeting 28 January 2026**

**Robert McHaney, MPH, NR-P**

**Support for Traumatic Brain Injury Center of Excellence (TBICoE)  
Network Dissemination Coordinator**

**Ft. Hood, TX**

**254-517-0721**

**[robert.d.mchaney.ctr@health.mil](mailto:robert.d.mchaney.ctr@health.mil)**



# Community Services Council Meeting 28 January 2026

- **What is a Network Dissemination Coordinator (NDC)**
  - Serves as a subject matter expert on TBICoE clinical tools and educational resources. Assures that providers are aware of and understand new clinical care standards of practice for TBI
  - Educates leaders about the impact of TBI on unit performance and readiness
  
- **Courses Offered (Unit Footprint)**
  - Warfighter Brain Health
  - Military Acute Concussion Evaluation 2 (MACE 2)
  - Progressive Return to Activity (PRA)
  - Clinical Recommendations
  - Pre and Post - Deployment Briefs



# BACKUP SLIDES



# **Community Services Council Meeting 28 January 2026**

## **Fort Hood Intrepid Spirit Center**



# **Community Services Council Meeting 28 January 2026**

## **ISC IOP Pathway of Care**



# Community Services Council Meeting 28 January 2026

## IOP Schedule (ISC)

- ISC 6-week IOP Mon-Fri 0800-1600
- FIP Over 200 hours of care

| Groups             | Sessions |
|--------------------|----------|
| Physical Therapy   | 16       |
| PTSD               | 10       |
| Cognitive Rehab    | 7        |
| Music Therapy      | 9        |
| Art Therapy        | 9        |
| Sleep Therapy      | 6        |
| Mindfulness        | 6        |
| Health and Leisure | 6        |
| Pain Psychology    | 4        |

| Individualized Specialty Care | Sessions |
|-------------------------------|----------|
| Integrated blend of:          | 13       |
| Behavioral Health             |          |
| Physical Therapy              |          |
| Occupational Therapy          |          |
| Cognitive Rehabilitation      |          |
| Art                           |          |
| Music                         |          |
| Nurse Practitioner            | 2        |
| Nurse Case Mgt                | 2        |



# Community Services Council Meeting 28 January 2026

## IOP Inclusion Criteria (ISC)

- Deployment to a combat zone and/or a history of military sexual assault
- Insufficient clinical response to a lower level of care (e.g., individual outpatient care or completion of the Fort Hood behavioral health or pain management IOP).
- Requiring a lower level, but still intensive care following a psychiatric hospitalization or residential program.
- Currently experiencing **two of the following three conditions**:
  - History of TBI
  - Significant emotional distress
  - Chronic pain
- **FIP 2023 Wargame Overview**
- Command approval
- Successful completion of the **Arena Interview** where the service member is directly assessed by representatives from the various Intrepid Spirit service lines and further details of participation are offered





# Community Services Council Meeting 28 January 2026

## IOP Inclusion Criteria (ISC)

- **Major mental illness** (e.g., schizophrenia, bipolar disorder, personality disorder)
- Active **substance abuse** or engaged in treatment (e.g., Army Substance Abuse program).
- **Training rotations** (e.g., National Training Center) during the six weeks of participation.
- **Vacation/Leave** during the six weeks of participation.
- **Major medical appointments** during the six weeks of participation that would leave the service member out for two-three days.
- **Inappropriate behavioral response** (e.g., significant agitation, anger or emotional distress) during the Arena Interview suggesting continued/new BH care directed towards strengthening coping and self-monitoring skills.



# Community Services Council Meeting 28 January 2026

Join the Mission

- Volunteer • Donate • Partner • Advocate
- Visit: [www.foodcare.org](http://www.foodcare.org)
- Contact: Dr. Natasha Sunday Clarke, Executive Director
- Email: [foodcarecenter.ctx@gmail.com](mailto:foodcarecenter.ctx@gmail.com) | Phone: (254) 554-3400

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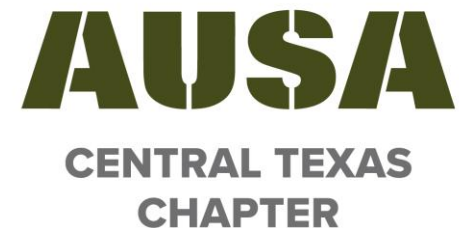
# Community Services Council Meeting 28 January 2026

**Mr. Fernando Fernandez**

**Vice President**

**(254) 258-9059**

**[Fernando.Fernandez@FHNB.com](mailto:Fernando.Fernandez@FHNB.com)**



# Community Services Council Meeting 28 January 2026



## **FREE TAX PREPARATION !! STARTING JANUARY 27**

First Heroes National Bank in partnership with United Way, will be offering free tax preparation through the IRS VITA Program.

Last year we helped more than 1000 families secure over 1.2 million in refunds.

We're excited to support even more families this tax season.

Keep following for updates



### For more information

Email: [info@FHNB.com](mailto:info@FHNB.com)

Phone: 254.532-1026

Website: [FHNB.com](http://FHNB.com)



# Community Services Council Meeting 28 January 2026

## HOW TO BECOME A TAX PREP VOLUNTEER



### CHOOSE YOUR VOLUNTEER ROLE

**Greeters/screeners, and tax preparers are available.**

**No experience necessary!**

**Free training!**

**Greeter:** Welcomes taxpayers, ensures that they have brought their tax documents, and complete the required forms.

**Basic/Advance Tax Preparer:** Prepares electronic tax returns for taxpayers.



### SIGN UP FOR VITA TRAINING

Choose between in person and online trainings. IRS training materials will be provided.

**More Info:** <https://www.uwct.org/who-we-help/vita-free-tax-preparation#Volunteer>

All volunteers are required to pass the online IRS Volunteer Standards of Conduct certification. Tax Preparers, Site Coordinators, and Quality Reviewers are also required to complete tax preparation training and certification. Don't worry! Exams are self-paced, open-book, multiple-choice and online. United Way provides in-person and online training.

**For information or to register as a volunteer contact:  
veshell.greene@uwct.org or 254-778-8616**



## For more information

**Email:** [info@FHNB.com](mailto:info@FHNB.com)

**Phone:** 254.532-1026

**Website:** [FHNB.com](http://FHNB.com)





# Community Services Council Meeting 28 January 2026



**AUSA**  
CENTRAL TEXAS  
CHAPTER



**APPLY FOR  
SCHOLARSHIPS TODAY!**

**Available to Central Texas AUSA  
Members & Family**

- ➔ Scholarships ranging from \$1,000 - \$5,000
- ➔ 12-credit Hours from Central Texas College & Temple College
- ➔ \$2,500 Scholarship from Texas A&M Central Texas





TEXAS A&M  
UNIVERSITY  
CENTRAL TEXAS



TEMPLE  
COLLEGE  
TEMPLE HUTTO TAYLOR



CENTRAL  
TEXAS  
COLLEGE

Scan the QR Code or visit the website below for more info  
**[bit.ly/AUSACenTXScholarships](https://bit.ly/AUSACenTXScholarships)**

Website: [ausa.org/chapters/central-texas-chapter](https://ausa.org/chapters/central-texas-chapter)



# **Community Services Council Meeting 28 January 2026**

**CH(COL) AlwynMicheal S. Albano**

**Religious Support Office Fort Hood**

**USAG Chaplain**

**(254) 288-6545**

**[alwynmichael.s.albano.mil@army](mailto:alwynmichael.s.albano.mil@army)**



# Community Services Council Meeting 28 January 2026

## FORT HOOD 2026 SPRING RELIGIOUS CELEBRATIONS

### Protestant

#### **18 February: Ash Wednesday**

1200 - St. George Parish - Old Post Chapel  
1200 - General Protestant - West Post Chapel  
1830 - Protestant - North Post Chapel

#### **29 March: Palm Sunday**

0900 - St. George Parish - Old Post Chapel  
1000 - Traditions - Ironhorse Chapel  
1000 - General Protestant - West Post Chapel  
1030 - Pentecostal Fellowship – 13th ACSC Chapel  
1100 - Gospel Service - Comanche Chapel  
1115 - AGAPE Hood - Main Post Chapel  
1130 - Protestant – North Post Chapel  
1330 - Alcance Servicio Hispano Protestante - OIF Veterans Chapel

#### **3 April: Good Friday**

1800 - St. George Parish - Old Post Chapel  
1930 - Alcance Servicio Hispano Protestante - OIF Veterans Chapel

#### **5 April: Easter Sunday**

0700 - Easter Sunrise Service - Main Post Chapel  
0900 - St. George Parish - Old Post Chapel  
1000 - Traditions - Ironhorse Chapel  
1000 - General Protestant - West Post Chapel  
1030 - Pentecostal Fellowship - 13<sup>th</sup> ACSC Chapel  
1100 - Gospel Congregation - Comanche Chapel  
1115 - AGAPE Hood - Main Post Chapel  
1130 - Protestant - North Post Chapel  
1330 - Alcance Servicio Hispano Protestante - OIF Veterans Chapel

### Catholic

#### **18 February: Ash Wednesday Mass**

1200 & 1800 - Main Post Chapel  
1200 - CRDAMC Chapel  
1700 - North Post Chapel

#### **20 February - 3 April: Stations of the Cross**

Fridays @ 1800 - Main Post Chapel

#### **29 March: Palm Sunday Mass**

0830 - Main Post Chapel  
1000 - North Post Chapel  
1200 - CRDAMC Chapel

#### **2 April: Holy Thursday Mass**

1800 - Main Post Chapel  
1900 - 2300 – Adoration – MPC Activity Center

#### **3 April: Good Friday - Veneration of the Cross**

1400 - Live Stations of the Cross - Main Post Chapel  
1500 - Passion of the Lord - Main Post Chapel

#### **4 April: Easter Vigil Mass**

2000 - Main Post Chapel

#### **5 April: Easter Sunday Mass**

0900 - Main Post Chapel  
1000 - North Post Chapel  
1200 - CRDAMC Chapel

### Muslim

#### **19 February - 19 March: Ramadan**

#### **18 February: Taraween Prayers**

2100 - 25<sup>th</sup> Street Chapel

#### **6 March: 5<sup>th</sup> Annual Big Iftar**

1800 - Main Post Chapel

#### **20 March: Eid al-Fitr**

0730 - UTC

### Jewish

#### **27 February: Purim Celebration**

1800 - Lucky 16 Chapel

#### **01 April: Passover Seder**

1800 - Lucky 16 Chapel

### Norse Pagan

#### **28 February: Disting**

1700 – UTC - Camp Finlayson

#### **20 March: Ostara**

1700 – UTC - Camp Finlayson





# Community Services Council Meeting 28 January 2026

**Ms. Kristine Caparco**

**Child & Youth Services (CYS)  
School Liaison Officer**

**(254) 553-3340**

**[kristine.f.caparco.naf@army.mil](mailto:kristine.f.caparco.naf@army.mil)**



# Community Services Council Meeting 28 January 2026



**2026  
Education  
Summit**

**DATE:**  
27 FEBRUARY 2026

**TIME:**  
9:00 AM – 3:00 PM

**VENUE:**  
Lonestar Conference Center

U.S. ARMY MWR  
UNDEVELOPED ARMY CHILD & YOUTH SERVICES

QR Code

Photo of a large conference room with many people seated at round tables.

## 2026 Fort Hood Education Summit

February 27, 2026, 0900-1500  
Lonestar Conference Center  
Bldg 5764, S. 24<sup>th</sup> Street &  
Wainwright Drive

This annual event hosts two keynote speakers and break out session speakers to share information in the areas of student success, special education and higher education.

*Topics include: Special Education, Bullying Prevention, Military Interstate Children's Compact Commission (MIC3)*

Inspiring presentations and important information on topics to include:

- **Special Education**
- **Bullying Prevention**
- **Military Interstate Children's Compact Commission (MIC3)**

For more information, please call  
the School Liaison Office  
at (254) 288-7946

**Call (254) 288-7946 for more information**



# Community Services Council Meeting 28 January 2026

## Employment Opportunity

Work for **YOURSELF**,  
Make a **DIFFERENCE!**



## Family Child Care (FCC)



Ready to Make a Change with Family Child Care?

Enjoy working from home and love children?

YOU can earn up to \$12,000 a month

You must **reside on post**  
to participate in this opportunity.

Please contact the Family Child Care office  
to pick up an application at (254)288-3190.

## Enjoy Working from home and Love Children?

## Become a Family Child Care (FCC) Provider

- You could earn up to \$12,000/month
- Must reside on post

For more information, and to pick up an application, please contact the CYS Family Child Care office at (254) 288-3190

**\*\***Located in the Shoemaker Center, Bldg 36000



# Community Services Council Meeting 28 January 2026

## CYS HOURLY CARE



**Ages 6 Weeks to Preschool**

Need short term child care for medical/dental appointments, workouts, volunteer commitments, or just need some alone time?

**\$8 per hour, up to 15 hours per week**

Online orientation can be completed at:  
<https://hood.armymwr.com/programs/CDCparent>

Families **MUST** complete  
an hourly care orientation before  
making a reservation

Meadows CDC  
Bldg 333, Tank Destroyer  
Fort Hood  
254-553-8353  
Monday — Friday  
8am - 5pm



Children must be registered with CYS in order to reserve hourly care. Please contact Parent Central Services to schedule a registration appointment, 254-287-8029 | Bldg 36000 Shoemaker Lane



Need short term child care for medical/dental appointments, workouts, volunteering?

CYS offers hourly care!

Up to 15 hours per week, \$8.00/hr.

Meadows CDC, Bldg. 333, Tank Destroyer Blvd

- *Children must be registered with CYS to reserve care.*
- *Families must complete hourly care orientation before making a reservation.*

For more information, or to schedule a registration appointment please contact the  
CYS Parent Central Services office at  
(254) 287-8029





# Community Services Council Meeting 28 January 2026



The poster features a central graphic with the text "Vol. 49 CYS SENSATIONS" in a stylized, bubbly font, surrounded by colorful floral patterns. Below this, a QR code is displayed within an orange rounded square. The background consists of vertical stripes in shades of brown, orange, and teal. Logos for the U.S. Army MWR and Child & Youth Services are in the top left. Text at the bottom provides a website link and social media information.

*Fort Hood • Child & Youth Services*

*Vol. 49* **CYS**  
**SENSATIONS**

*Jan-Apr 2026*

YOUR GUIDE TO EXPLORE  
CHILD & YOUTH SERVICES!

DISCOVER MORE  
AND FOLLOW ON:  
[FACEBOOK.COM/FORTHOODMWR](https://www.facebook.com/FORTHOODMWR)

[HOOD.ARMYMWR.COM/CYS-SENSATIONS](https://www.hood.armymwr.com/CYS-SENSATIONS)



# Community Services Council Meeting 28 January 2026

**Dr. Mitzy DeAguilera**

**President  
Fort Hood Scholarship Fund  
(FHSF)**

[president@forthoodsscholarhip.org](mailto:president@forthoodsscholarhip.org)

**Mrs. Angie Tabat**

**Vice President  
Fort Hood Scholarship Fund  
(FHSF)**

<https://forthoodsscholarship.org>

**Ms. Carmen Tally**

**Grants Coordinator  
Fort Hood Scholarship Fund  
(FHSF)**

<https://forthoodsscholarship.org>



# Community Services Council Meeting 28 January 2026



FORT HOOD SCHOLARSHIP FUND PRESENTS

## REP ON THE GREEN: SWING FOR SCHOLARS

**Early Bird Team Pricing \$260 until 4/1**

**FRIDAY  
APRIL 17, 2026**

THE COURSES OF CLEAR CREEK  
FORT HOOD, TX 76544

Check-in: 08:00 am  
Game starts 09:30am

**\$75 - Per Player  
\$280- 4 Players**

All proceeds 100% goes to support scholarships

Register now, space is limited  
[www.forthoodscholarship.org](http://www.forthoodscholarship.org)

Join us for a day filled with golf, networking, and making a difference!



**This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Hood**





# Community Services Council Meeting 28 January 2026



## GOLF SCRAMBLE SPONSORSHIP TIERS

**IN KIND DONATIONS ACCEPTED**

***\*tables and chairs are not provided***

### GOLD- \$3,000

- Team registration (4 entries).
- Best Hole Sponsorship w/space for 1-6ft table w/chairs\*
- Name & Logo on all Signage & Advertisements including Award Ceremony
- Tent Space at event
- Certificate of Appreciation

### BLUE- \$1,000

- Name & Logo on all Signage & Advertisements for Scramble
- 1 Hole for the team with space for 1-6ft table and 2 chairs\*
- Entry for 2 golfers for Scramble
- Certificate of Appreciation



### Food & Drink Sponsorship - \$500

- Shoutout on Social Media & Website
- Signage in Food Area and Registration table
- Certificate of Appreciation



### Prize Event Sponsor -\$250+

- Recognition on all FCSF social media platforms
- Signage at golf scramble awards table
- Certificate of Appreciation



### Hole Sponsorship - \$150

- Shoutout on Social Media & Website
- Signage at sponsored hole w space for 1-6ft table w/2 chairs\*
- Certificate of Appreciation

Golf Scramble POC: Mel Sims, FHSF Advisor  
[ADVISOR@FORTHOODSCHOLARSHIP.ORG](mailto:ADVISOR@FORTHOODSCHOLARSHIP.ORG)

**This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Hood**





# **Community Services Council Meeting 28 January 2026**

**Ms. Karissa Dolan**

**Great Place Spouses' Club**

**Wild West Night Co-Chair**

**[www.GreatPlaceSpousesClub.org](http://www.GreatPlaceSpousesClub.org)**



# **Community Services Council Meeting 28 January 2026**

## **OUR MISSION**

- **CONNECTION** - We aim to create a strong support network, foster a sense of belonging among our members, and help improve the well-being of our military families.
  - Monthly Luncheons
  - Sub Clubs (interest groups)
  
- **OUTREACH - Volunteering and Grants**
  - Community Involvement
  - Operation Deploy  
Your Dress (ODYD)
  - Fundraising for grants

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# Community Services Council Meeting 28 January 2026

A  
♥

## 40th Annual WILD WEST NIGHT

Saddle up for an unforgettable evening  
to raise funds for community grants!  
Enjoy casino games, silent and live  
auctions, music, and more.

**March 7th, 2026**

**6:30PM**

**Lone Star Conference Center  
Fort Hood, TX**



Featured Sponsor:



**Dominion  
Energy**

Presented by:

The Great Spouses' Club



**This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Hood**



# Community Services Council Meeting 28 January 2026

**Dr. Elisa Borah**

**REACH Study  
UT Austin  
Principal Investigator  
Sponsor: Department of Defense**

**(254) 285-6497**

**[elisa.borah@austin.utexas.edu](mailto:elisa.borah@austin.utexas.edu)**



**REACH**

**RESOURCE • EMPOWER • ADVOCATE • CONNECT • HEART**



# Community Services Council Meeting 28 January 2026



- **What is REACH?**

- A curriculum-based, weekly, **support group for military spouses.**
- Aims to improve spouses' quality of life, mental health, social support, and self-care practices.
- Provided in-person at Fort Hood, Texas.

- **How does it work?**

- Eight sessions are facilitated by **trained military spouse peer leaders.**
- Includes **discussion-based sessions, educational content, skill-building exercises**, and activities.
- Randomly assigned to **ACTIVE** group or **WAITLIST**.
- Receive \$150 for completing 3 study surveys.

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# Community Services Council Meeting 28 January 2026



- **Benefits of Peer Support for Spouses**
  - Improves spouses' mental health and quality of life.
  - Supports spouses finding connections with others= "social support"
  - Better able to **understand needs of their service member.**
  - Provides information and resources for themselves and their families.
- **Eligibility**
  - The participant must be **married to or in a committed relationship** with a service member serving at Fort Hood.
  - The participant must have a reasonable expectation of **remaining at Fort Hood for at least 4 months.**
  - Be willing to **attend 8 sessions** of a military spouse peer support group **in person** over 8 weeks.
  - Fluency in English

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# Community Services Council Meeting 28 January 2026



- **Recruitment**

- Ended October 2025
- Special thanks to: Phantom Forge Center, ACS, MWR, USO, CRDAMC

|              | <u>Survey Type</u> |              |                       |
|--------------|--------------------|--------------|-----------------------|
| <u>Group</u> | Baseline           | Post-Program | Three Month Follow-Up |
| Active       | 49                 | 45           | 37                    |
| Waitlist     | 60                 | 49           | 37                    |

As of 11/7/25

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# Community Services Council Meeting 28 January 2026



- **Preliminary Results**

- Improvements in quality of life, feelings of support, **knowledge related to suicide & trauma**, and insomnia severity.
- Participants overwhelming found sessions valuable or very valuable
  - Enjoyed sharing experiences, **feeling supported**, and having a sense of community.
  - **Appreciated educational content and resources** from the curriculum

**This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Hood**



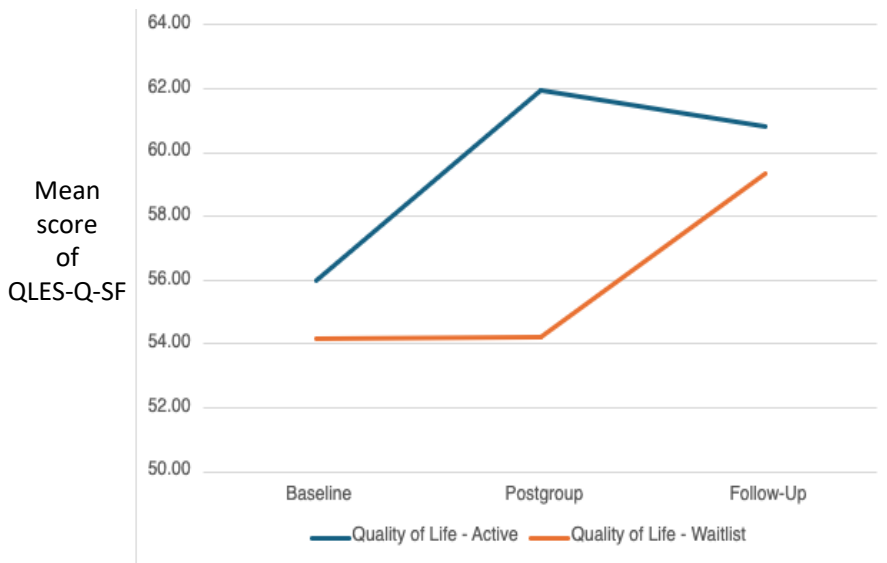


# Community Services Council Meeting 28 January 2026

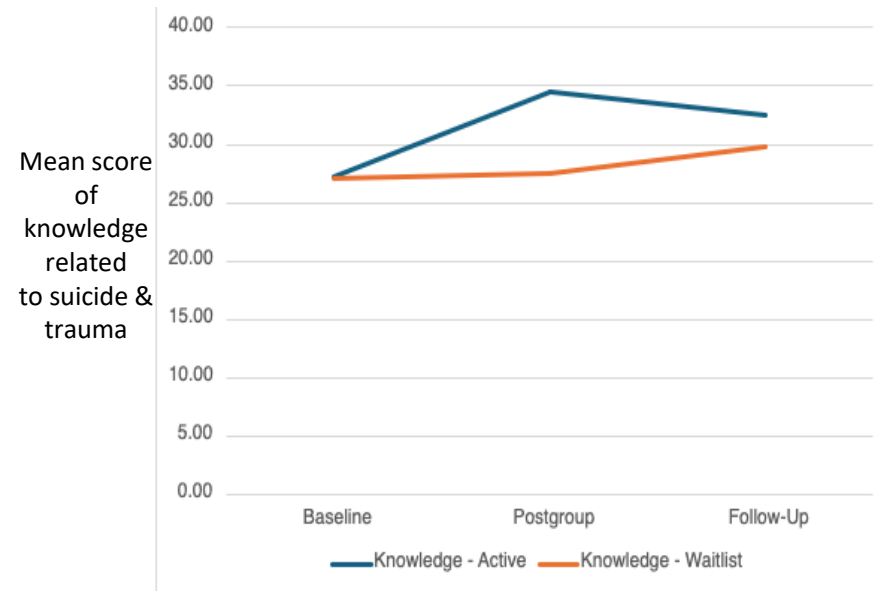


## • Preliminary Results

Changes in Quality of Life, Active Group vs Waitlist Group



Changes in Knowledge Related to Suicide & Trauma, Active Group vs Waitlist Group



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# Community Services Council Meeting 28 January 2026



- **Next steps**

- November 2025: finish administering active groups
- January 2026: offer waitlist groups
- Spring 2026:
  - Finish quantitative and qualitative analysis
  - Report results to DoD

Questions?

PI: Dr. Elisa Borah

Email: [Elisa.borah@austin.utexas.edu](mailto:Elisa.borah@austin.utexas.edu)

Research coordinator: Emily Neimeyer

Email: [Emily.neimeyer@austin.utexas.edu](mailto:Emily.neimeyer@austin.utexas.edu)

**This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Hood**



# **Community Services Council Meeting 28 January 2026**

**Eric Ballester**

**Rick Herrema Foundation (RHF)**

**Executive Director**

**(254) 218-3866**

**[Eric@RHFnow.org](mailto:Eric@RHFnow.org)**



# Community Services Council Meeting 28 January 2026



Strong Family | Strong Military | Strong Nation

## The Rick Herrema Foundation (RHF)

**Strengthens relationships and builds community for  
The Military Family through fun, quality activities.**



**Eric Ballester**

RHF Executive Director

[Eric@RHFnow.org](mailto:Eric@RHFnow.org)

[www.RHFnow.org/Texas](http://www.RHFnow.org/Texas)



# Community Services Council Meeting 28 January 2026

## Why RHF Matters

### Strong families support a strong force

- Connection reduces stress
- Community builds resilience
- Fun creates belonging



Strong Family | Strong Military | Strong Nation



# Community Services Council Meeting 28 January 2026

## Proven Impact

### 2025 Impact Snapshot

- 4,400+ individuals impacted
- 2 large-scale Fun Days
- Ongoing family programming & unit support events



Strong Family | Strong Military | Strong Nation





# Community Services Council Meeting 28 January 2026

## What We Offer Units

### Turnkey Morale & Family Programs

- Pop-Up Phantom Foam (NERF) Wars
- Family fitness & wellness
- Creative arts & sensory programs
- Seasonal & unit-specific events



Strong Family | Strong Military | Strong Nation





# Community Services Council Meeting 28 January 2026



Strong Family | Strong Military | Strong Nation

## Partner With Us

Interested in:

- Reserving a NERF pop-up?
- Attending one of our Winter programs?
- Volunteering/Supporting programming?



**Come see us after the meeting.**

Drop your name in for a **Black Rifle Coffee Company** giveaway.



# Community Services Council Meeting 28 January 2026

**Follow Us:**



[www.Instagram.com/RHFTexas/](https://www.instagram.com/RHFTexas/)

[www.Facebook.com/RHFTexas/](https://www.Facebook.com/RHFTexas/)



# **Community Services Council Meeting 28 January 2026**

**Sign Up to Receive Updates about Events and Programs!**



# **Community Services Council Meeting 28 January 2026**

**Ms. Amber Pafford**

**Family and MWR  
Manager, Marketing and Advertising**

**(254) 287-3985**

**[amber.r.pafford.naf@army.mil](mailto:amber.r.pafford.naf@army.mil)**



# Community Services Council Meeting 28 January 2026



**equip-bid**  
AUCTIONS

**FEB 2-20**

**U.S. ARMY MWR**  
MILITARY WELFARE  
RECREATION - RETIREES - CIVILIANS

**SET YOUR PRICE**

**ONLINE VEHICLE AUCTION**

**BID AND WIN!**



[Hood.ArmyMWR.com](http://Hood.ArmyMWR.com) (254)423-8498



**All Year Long**

**SWIMMING LESSONS**

**U.S. ARMY SPORTS • FITNESS • AQUATICS**

**U.S. ARMY MWR**  
MILITARY WELFARE  
RECREATION - RETIREES - CIVILIANS

Open to Soldiers,  
Retirees, Family Members,  
and DOD Civilians



**MWR Aquatics**  
Abram Indoor Pool  
62nd Street Bldg. 23001

**Ages 6 months to 14+**

**\$50 Per Registered Student**

**Next Session begins Feb 2nd**

**American Red Cross**  
Proud Provider of Red Cross Training





# Community Services Council Meeting 28 January 2026

No Federal Endorsement Implied

**HOWL2HOOD**

## DUELING PIANOS

 **6 Feb, Doors 5:30 p.m.**  
Phantom Warrior Center

6 p.m. Dinner & 7 p.m. Show

Ticket Sales Available at Phantom Warrior Lanes,  
Lone Star Conference Center, Apache Arts & Crafts,  
Phantom Warrior Center & Online.  
[Hood.ArmyMWR.com](http://Hood.ArmyMWR.com)

Tickets Available Now • \$30 Per Person



# Super Bowl LX

## Watch Party

**February 8th**

 **Doors Open 4 p.m.**

**Food  
Drinks  
Games  
Prizes**

 **FREE Entry & Open To All**  
Samuel Adams Brewhouse  
24th Street BLDG 5782



 **BETTER OPPORTUNITIES FOR SINGLE SOLDIERS**

 **PROUD SPONSOR**  
Sponsorship does not imply endorsement






# Community Services Council Meeting 28 January 2026

**FEB  
17TH**

**DOORS  
OPEN  
3 P.M.**

5 p.m. Meal  
6:30 p.m. Bingo



Community Events  
& Bingo Center

254-532-9253

**TICKETS  
AVAILABLE  
NOW**



**\$5,000 GRAND PRIZE**





# Community Services Council Meeting 28 January 2026

# LIKE, FOLLOW, & SUBSCRIBE FORT HOOD MWR



# Community Services Council Meeting 28 January 2026

**Ms. Donna M. Morrisey**

**Army Community Service (ACS)  
Director**

**(254) 287-0346**

**[donna.m.morrisey.civ@army.mil](mailto:donna.m.morrisey.civ@army.mil)**



# **Community Services Council Meeting 28 January 2026**

**Open Discussion**

**Open Discussion**



# **Community Services Council Meeting 28 January 2026**

**Garrison Remarks**

**COL Mark R. McClellan**

**USAG Fort Hood  
Garrison Commander**



# **Community Services Council Meeting 28 January 2026**

## **Closing Remarks**

**LTG Kevin D. Admiral**

**III Armored Corps and Fort Hood  
Commanding General**



# **Community Services Council Meeting 28 January 2026**

**Next Meeting**

**Wednesday, February 25, 2026, 11:00 a.m.  
Lone Star Conference Center**

**<https://hood.armymwr.com>**

