

FORT HOOD COMMUNITY SERVICES COUNCIL MEETING

January 28, 2026,

11:00 am – 12:00 pm

Lone Star Conference Center WiFi - Passcode: zse45^&UJM

Introduction

Ms. Donna Morrisey
Army Community Service (ACS)
Director
donna.m.morrisey.civ@army.mil

1. Welcome Remarks

LTG Kevin D. Admiral
III Armored Corps and Fort Hood
Commanding General

2. Community Leader Remarks

Ms. Marie Decindio
ACS EVSB Program Manager
(254) 287-2327
marie.e.decindio.civ@army.mil

Ms. Kristine Caparco
School Liaison Officer
(254) 553-3340
kristine.f.caparco.naf@army.mil

4. Administrative Remarks

Ms. Donna Morrisey
Army Community Service (ACS)
Director
donna.m.morrisey.civ@army.mil

5. Community Updates

a. Carl R. Darnall Army Medical Center - Healthcare Update

COL Mark L. Jacques
Commander
(254) 288-8001
mark.l.jaques.mil@health.mil

b. Armed Services YMCA - ASYMCA Services

Ms. Sheri Yerrington
Executive Director
(254)690-9622 Ext:109
syerrington@asymca.org

c. Carl R. Darnall AMC Behavioral Health - Behavioral Healthcare Update

COL Amit Gupta
Director
(254) 553-6856
Amit.K.Gupta.mil@health.mil

d. Ft. Hood Intrepid Spirit Center - TBI Clinical Mission and Services

Dr. Scot D. Engel
Director
(254) 287-7281
scot.d.engel.civ@health.mil

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- e. AUSA 17 Annual
- Tax Prep, Volunteer, and AUSA Scholarships

Mr. Fernando Fernandez
Vice President
(254) 258-9059
Fernando.Fernandez@FHNB.com
- f. Religious Support Office Fort Hood
- Program Initiatives

CH(COL) AlwynMicheal S. Albano
USAG Chaplain
(254) 288-6545
alwynmichael.s.albano.mil@army
- g. Child & Youth Services
- 2026 Fort Hood Education Summit
- FCC Provider and CYS Hourly Care

Ms. Kristine Caparco
School Liaison Officer
(254) 553-3340
kristine.f.caparco.naf@army.mil
- h. Fort Hood Family Scholarship Fund
- 2025-2026 Scholarship Program

Mrs. Angie Tabat
Vice President
<https://forthoodscholarship.org>
- i. Great Place Spouses' Club
- Services and 40th Annual Wild West Night

Ms. Karissa Dolan
Wild West Night Co-Chair
www.GreatPlaceSpousesClub.org
- j. Military and Veteran Family Wellness
- Reach Study Support for Military Spouses

Dr. Elisa Borah
UT Austin Principal Investigator
(254) 285-6497
elisa.borah@austin.utexas.edu
- k. Rick Herrema Foundation
- RHF Families Support, 2025 Impact
-Snapshot, Units Support, and Partnership

Mr. Eric Ballester
Executive Director
(254) 218-3866
Eric@RHFnow.org
- l. On Post Upcoming Community Events
- MWR Upcoming Events

Ms. Amber Pafford
Family and MWR
Manager, Marketing and Advertising
(254) 287-3985
amber.r.pafford.naf@army.mil

6. Open Discussion

7. Garrison Remarks

8. Closing Remarks

COL Mark R. McClellan
Fort Hood
Garrison Commander

LTG Kevin D. Admiral
III Armored Corps and Fort Hood
Commanding General

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Community Services Council Slides and Community Information Sheet are available at

<https://hood.armymwr.com/programs/community-services-council-csc-meeting>

For additional information, contact Army Community Service at (254) 553-1593 / (254) 287-3663 or

  e-mail: usarmy.hood.id-readiness.list.community-services-council@army.mil

Next CSC Meeting: FEB 25, 2026, at 11:00 a.m.



CSC Documents



<https://www.facebook.com/forthoodmwr>



Community Services Council Meeting 28 January 2026

WE ARE THE ARMY'S HOME



Some presentations and materials distributed at Community Services Council do not represent the views of the Army or Fort Hood and do not constitute an endorsement, recommendation, or favoring by the Army or Fort Hood.

Community Services Council Meeting 28 January 2026

SME Chart

| | | | | | | | |
|----|--|---------------------------|---|----|--|---------------------------------|--|
| 1 | III ARMORED CORPS INSPECTOR GENERAL (IG) | Danelle Greene | 254-287-7209 danelle.r.greene.civ@army.mil | 19 | FMWR – BUSINESS & COMMUNITY RECREATION DIVISION (BCRD) | Lance Pooler | 254-287-7406 lance.e.pooler.naf@army.mil |
| 2 | III ARMORED CORPS READY & RESILIENT (HEALTH PROMOTIONS) | LTC Burton Eissler | 254-286-6833 burton.d.eissler.mil@army.mil | 20 | FMWR - CHILD & YOUTH SERVICES (CYS) | Sheila Curtis | 254-288-3039 sheila.r.curts.naf@army.mil |
| 3 | III ARMORED CORPS CHAPLAIN | CH (COL) Kevin Wainwright | 254-287-3411 kevin.e.wainwright.mil@army.mil | 21 | FMWR - NON-APPROPRIATED FUNDS SUPPORT SERVICES (NAFSS) | Kathleen Ward | 254-287-8106 kathleen.e.ward13.haf@army.mil |
| 4 | AMERICAN RED CROSS | Roger Thomas | 254-287-0405 roger.thomasiii@redcross.org | 22 | FISHER HOUSE | Candice Ualesi | 254-286-7927 candice.t.ualesi.naf@health.mil |
| 5 | ARMY & AIR FORCE EXCHANGE SERVICE (AAFES) | Charlyne Morganfield | 254-532-6537 x 200 morganfieldc@afes.com | 23 | GREAT PLACE SPOUSES' CLUB (FCSC) | Jana Roman | President@greatplacesspousesclub.org |
| 6 | BOSS – (FMWR) ADVISOR | Tenesa Davis | 254-287-0270 tenesa.l.davis.naf@army.mil | 24 | FORT HOOD FAMILY SCHOLARSHIP FUND (FCFSF) | Angel Eagan | president@forthoodscholarship.org |
| 7 | CAVALRY FAMILY HOUSING | Chris Albus | 254-285-2204 Chris.albus@lendlease.com | 25 | FORT HOOD VOLUNTEER CHILD CARE FUND (FCVCCF) | Jennifer Cegledi | FHVCCF@gmail.com |
| 8 | DEFENSE COMMISSARY AGENCY (DECA) - CLEAR CREEK | Andrea Kirby | 254-406-9000 Andrea.kirby@deca.mil | 23 | GARRISON SAFETY | Douglas Huddleston | 254-287-3323 douglas.r.huddleston.civ@army.mil |
| 9 | DECA - WARRIOR WAY | Rachel Harty- Perez | 254-287-8025X3001 rachel.hartyperez@deca.mil | 27 | LOGISTICS AND READINESS CENTER (LRC) | COL Jennifer Karim | 254-287-1584 jennifer.s.karim.mil@army.mil |
| 10 | DIRECTORATE OF EMERGENCY SERVICES (DES) | Robert Adams | 254-287 2511 robert.d.adams1.civ@army.mil | 28 | MILITARY FAMILY LIFE COUNSELING (MFLC) | Louise Gonel | (254) 553-2741 louise.n.gonel.civ@army.mil |
| 11 | DIRECTORATE OF HUMAN RESOURCES (DHR) | Lorri Golya | 254-287-5103 lorri.a.golya.civ@army.mil | 29 | NETWORK ENTERPRISE CENTER (NEC) | Ronnie Gill | 254-287-5775 ronnie.e.gill.civ@army.mil |
| 12 | DHR EDUCATION SERVICES | Sheri' Buono | 254-287-7353 sheril.buono.civ@army.mil | 30 | PHANTOM FORGE CENTER | CPT Zeasia Payne | 254-288-4020 Zeasia.j.payne.mil@army.mil |
| 13 | DHR RISK REDUCTION | Paula Blackwell | 254-287-3378 paula.e.blackwell.civ@army.mil | 31 | PUBLIC AFFAIRS OFFICE (PAO) | Chris Haug | 254-287-8506 Christopher.j.haug.civ@army.mil |
| 14 | DIRECTORATE OF PLANS, TRAINING, MOBILIZATION, AND SECURITY (DPTMS) | Leroy Stockland | 254-288-3067 leroy.l.stockland.civ@army.mil | 32 | SANTA'S WORKSHOP AT THE GREAT PLACE | Kismat Candy | president@santasworkshopgp.org |
| 15 | DIRECTORATE OF PUBLIC WORKS (DPW) | Brian Dosa | 254-287-5500 brian.l.dosa.civ@army.mil | 33 | THE POST THRIFT STORE | Jennifer Kirkpatrick | 254-532-294 jhatspresident@gmail.com |
| 16 | EQUAL EMPLOYMENT OPPORTUNITY (EEO) | Thomas Rex | 254-287-1245 rex.a.thomas.civ@army.mil | 34 | USAG CHAPLAIN | CH (COL) AlwynMicheal S. Albano | 254-288-6545 alwynmicheal.s.albano.mil@army.mil |
| 17 | FMWR - ARMY COMMUNITY SERVICE (ACS) | Donna Morrisey | 254-287-0346 donna.m.morrisey.civ@army.mil | 35 | UNITED SERVICE ORGANIZATIONS (USO) | Julie Mendez | 254-768-2770 jmendez@uso.org |
| 18 | FMWR - ACS FAMILY ADVOCACY PROGRAM MANAGER | Monique Russell | 254-287-203 monique.c.russell.civ@army.mil | 36 | READY AND RESILIENT (R2) PERFORMANCE CENTER | Bill Loggins | 254-285-5417 logginsw@magellanfederal.com |



Community Services Council Meeting 28 January 2026

Introduction

Ms. Donna M. Morrisey

**Army Community Service (ACS)
Director**

(254) 287-0346

donna.m.morrisey.civ@army.mil



Community Services Council Meeting 28 January 2026

Welcome Remarks

LTG Kevin D. Admiral

**III Armored Corps and Fort Hood
Commanding General**



Community Services Council Meeting 28 January 2026

Community Leader Remarks



Community Services Council Meeting 28 January 2026

Debbie Nash-King

**City of Killeen
Mayor**

**(254) 501-7700
dnash-king@killeentexas.gov**



Community Services Council Meeting 28 January 2026

Upcoming Events in Killeen

- **Past Events that Kicked Off January 2026**
 - Virtual Town Hall For Library held on Thursday, January 8, 2026, from 6-7 p.m.
 - Parks and Recreation Community Stakeholders Townhall held on Monday, January 12, 2026, at 6:30 p.m.
 - MLK Day March (City Supported event) held on Monday, January 19, 2026, at 8 a.m.
 - Winter Skate Bash held on Friday, January 23, 2026, from 6-8 p.m.
 - LEGO Day held on Saturday, January 24, 2026, from 10 a.m. to 3:00 p.m.



Community Services Council Meeting 28 January 2026

Upcoming Events in Killeen

- **MARK YOUR CALENDAR**

- Craw Fest – March 28 in Downtown Killeen
- Spring Fest – April 4 in Killeen Athletic Complex
- Spring Night Market – April 10 in Downtown Killeen
- Celebrate Killeen Festival – April 25 in Downtown Killeen
- National Day of Prayer – May 7 in City Hall
- Fallen Heroes 5K – May 16 at Andy K. Wells Hike and Bike Trail
- Rodeo Killeen – May 14-16 at Killeen Special Events Center
- Juneteenth Parade – June 19 in Downtown Killeen



Community Services Council Meeting 28 January 2026

Upcoming Events in Killeen

- **SAVE THE DATE - Daddy Daughter Dance**
 - Friday, February 20, 2026
 - Killeen Civic and Conference Center located at 3601 S WS Young Drive
 - Details visit www.killeentexas.gov/rec
- **SAVE THE DATE - Motown Downtown**
 - 5th annual soulful celebration
 - Saturday, February 28, 2026
 - Downtown Killeen
 - Applications for vendors are open until February 1, 2026
 - For more information visit www.killeentexas.gov/downtownevents



Community Services Council Meeting 28 January 2026

Upcoming Events in Killeen

- **NOW AVAILABLE - 2026 Calendar of Events**
 - Includes events hosted by city departments, community partners
 - Ranges from seasonal festivals and live entertainment to holiday celebrations, outdoor recreation, arts and culture programming, and activities for residents of all ages.
 - Central resource for citywide events with details such as dates, times, and locations for the year.
 - 30+ events listed
 - New event for 2026 is Craw Fest
 - Visit www.killeentexas.gov/events



Community Services Council Meeting 28 January 2026

Mr. Micheal Blomquist

**City of Harker Heights, Texas
Mayor**

**(254) 953-5600
mblomquist@harkerheights.gov**



Community Services Council Meeting 28 January 2026

**Mr. David K. Leigh
City of Belton, Texas
Mayor**

**(254) 718-2081
dkleigh@belton.texas.gov**



Community Services Council Meeting 28 January 2026

Upcoming Family Events in Downtown Belton

| | | | |
|-------------|--|---------------------------------|---------------------|
| 02/07/26 | UMBH Women's Basketball vs. East Texas Baptist Univ. | UMHB Mayborn Campus Arena | 1:00 pm – 3:00 pm |
| 02/07/26 | UMBH Men's Basketball vs. East Texas Baptist Univ. | UMHB Mayborn Campus Arena | 1:00 pm – 3:00 pm |
| 02/13/26 | Bell County Youth Fair Livestock Show & PRCA Rodeo | Cadence Bank Center | 7:00 pm |
| 02/14/26 | Bell County Youth Fair Livestock Show & PRCA Rodeo | Cadence Bank Center | 7:00 pm |
| 02/16/26 | President's Day Observance (City Offices Closed) | City of Belton Offices | All Day |
| 02/20&21/26 | Father Daughter Dance | Harris Community Center | 6:30 pm |
| 02/27/26 | Wind Ensemble Concert | UMHB Performing Arts Center | 7:00 pm – 9:00 pm |
| 02/27/26 | Carden Circus | Cadence Bank Center | 6:30 pm |
| 02/28/26 | Carden Circus | Cadence Bank Center | 2:30 pm & 6:30 pm |
| 02/29/26 | Carden Circus | Cadence Bank Center | 1:00 pm & 5:00 pm |
| 03/06&07/26 | Just Between Friends Kids Clothing & Toy Sale | Cadence Bank Center | 9:00 am – 7:00 pm |
| 03/08/26 | Just Between Friends Kids Clothing & Toy Sale | Cadence Bank Center | 9:00 am – 3:00 pm |
| 03/14/26 | A Sami Show – Arts & Crafts Market | Cadence Bank Center | 9:00 am – 4:00 pm |
| 03/15/26 | A Sami Show – Arts & Crafts Market | Cadence Bank Center | 10:00 am – 3:00 pm |
| 03/21/26 | Outlaw Gun Show – The Ultimate Gun Show | Cadence Bank Center | 9:00 am – 5:00 pm |
| 03/21/26 | The Central Texas BBQ Roundup | Cadence Bank Center | 11:00 am – 11:00 pm |
| 03/22/26 | Outlaw Gun Show – The Ultimate Gun Show | Cadence Bank Center | 10:00 am – 4:00 pm |
| 03/28/26 | One Community One Day (Clean up assistance event) | Various Locations around Belton | 8-12 |
| 04/18/26 | Market Days | Downtown Belton | 8:00 am – 4:00 pm |
| 04/18/26 | Miller Springs Volunteer Day (Cleanup/Wildflower Spread) | Miller Springs | TBD |
| 04/24/26 | Event for Mother's | Harris Community Center | TBD |
| 05/02/26 | Movie in the Park w/Bike Ride | Harris Community Park | Dusk |
| 05/8-9/26 | Legends of the Chisholm Trail | Liberty Park | TBD |
| 05/09/26 | Lion's Stampede Bike Ride | Harris Park | |
| 06/27/26 | 4 th of July Kickoff Street Party | Downtown Belton | TBD |
| 07/04/26 | 4 th of July Parade | Downtown Belton | 10:00 am |



Community Services Council Meeting 28 January 2026

Awards Presentation



Community Services Council Meeting 28 January 2026

Ms. Marie DeCindio

**ACS/EVSB
Program Manager**

**(254) 287-6067
marie.e.decindio.civ@army.mil**



Community Services Council Meeting 28 January 2026

Installation Volunteer of the Year

- The 2026 Fort Hood Volunteer of the Year Awards Ceremony
 - Annual Commanding General, III Armored Corps and Fort Hood event. (OPORD PW26-01-0003)
 - Recognizes the exemplary achievement of volunteer service to the Fort Hood community during prior year (1 Jan 2025 - 31 Dec 2025).
- Awards Ceremony
 - Monday, 20 April 26, 1830-2100 at Lone Star Conference Center, Building 5764, 24th St. & Wainwright Drive, Fort Hood, Texas.
 - Electronic invitations will be sent to Brigade and higher Command Teams, Directors, and Agency Leaders
 - Invitations will be sent NLT the third week of March.



Community Services Council Meeting 28 January 2026

Installation Volunteer of the Year

- **Volunteer of the Year Nominations**
 - **Special Category nominations due NLT 11 February 2026**
 - **Five Special Categories: Multiple Agency, Senior, Active Duty, Youth and Family.**
 - **Each Brigade / Volunteer Organization**
 - **Nominations endorsement by Highest in Command**
- **Installation Volunteer Nominations due NLT 26 February 2026**
 - **One Each Brigade / Volunteer Organization**
 - **Nominations endorsement by Brigade Commander**



Community Services Council Meeting 28 January 2026

Installation Volunteer of the Year

- Eligibility for nominees
 - Must be registered in Volunteer Management Information System (VMIS).
 - Have certified hours in VMIS for calendar year 2025 (1 Jan – 31 Dec).
 - A memo signed by Commander or Supervisor listing volunteer hours from 1 Jan – 31 Dec 25, if hours were not previously listed in VMIS.
- How to submit a nomination
 - Complete the required Coversheet in its entirety.
 - Complete a nomination memo highlighting volunteer's accomplishments to our community for the 2025 calendar year.
 - Ensure nomination is signed by Commander/Director.
 - Email completed Cover Sheet and Nomination to usarmy.hood.id-readiness.list.avc@army.mil
 - Confirmation emails will be sent as received



Community Services Council Meeting 28 January 2026

Installation Volunteer of the Year

- **Attend one IPR:** Attend one In Progress Review (IPR): One representative from each Major Subordinate Command (MSC), tenant and organization nominating volunteers for award recognition.
 - **27 JAN 26 (1330 - 1430) at the Shoemaker Center, Building 36000, 2nd Floor, Suite 2502, room #2551.**
 - **29 JAN 26 (1330 - 1430) via MS Teams. Contact Army Community Service (ACS) POC to register and receive MS Teams link.**



Community Services Council Meeting 28 January 2026

Administrative Remarks

Ms. Donna M. Morrisey

**Army Community Service (ACS)
Director**

(254) 287-0346

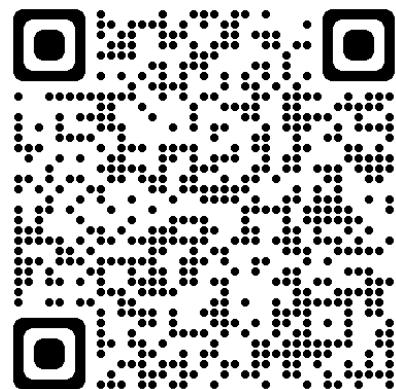
donna.m.morrisey.civ@army.mil



Community Services Council Meeting 28 January 2026

Administrative Remarks

CSC DOCUMENTS



QR CODE

See back of the agenda or visit the link below

<https://hood.armymwr.com/programs/fort-hood-community-services-council-csc-meeting>



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COL Mark L. Jacques

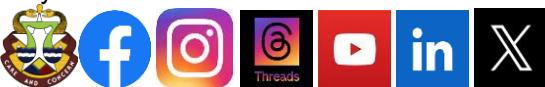
**Carl R. Darnall Army Medical Center (CRDAMC)
Commander**

**(254) 288-8001
mark.l.jacques.mil@health.mil**



Community Services Council Meeting 28 January 2026

Stay connected with us:



We are
proud to be a
grade A facility.



Healthcare Delivery Update CRDAMC Recognized for Safety

- Leapfrog Group awarded CRDAMC Grade A for quality and safety – **4th consecutive award**
- One of 16 MTFs in the DoD awarded the Grade A rating for Fall 2025
- Leapfrog Group is a nonprofit organization that measures hospitals against 22 quality and safety measures



Community Services Council Meeting 28 January 2026

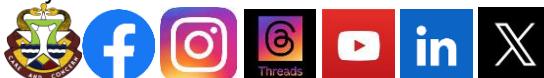
Healthcare Delivery Update

- Sterile Processing Department Trailer is fully operational
 - Reduce surgery delays and transfers
 - Expand orthopedic surgery offerings



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Healthcare Delivery Update

- **Flu vaccines:** Adults can walk in at their assigned CRDAMC Primary Care Clinic

Monday – Friday

- 8 – 11 a.m.
- 1 – 3 p.m., except the 3rd Friday of the month.

- **COVID Vaccine:** Adults can walk in at the Family Medicine Residency Clinic

Monday – Friday

- 8 – 11 a.m.
- 1 – 3 p.m., except the 3rd Friday of the month.

The CDC recommends consulting your healthcare provider regarding your COVID-19 vaccination schedule.

- Pediatric patients need scheduled appointment for COVID and flu vaccines
- For further details visit our website at darnall.tricare.mil



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Healthcare Delivery Update

- **Advanced Planning Class – 29 January**
- Medical Power of Attorneys, Advanced Directives, Out of hospital Do Not Resuscitate (DNR)



ADVANCED CARE PLANNING EDUCATION

Location:
Darnall Nutrition Clinic,
2nd floor

When: JAN 29
Session 1 – 1:00 p.m.
Session 2 – 2:30 p.m.

ADVANCE DIRECTIVES

Health Care Wishes

Health Care Power of Attorney

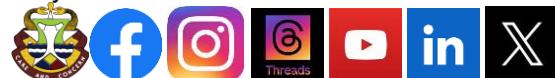
Sign up:

➤ Call (254)553-3651/3626
➤ Stop by Family Medicine Residency Clinic



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Healthcare Delivery Update

CHILDREN'S WAITING ROOM

2 hours of free childcare to
attend medical appointments
Call 254.458.1015 to schedule!



LOCATIONS

ASYMCA Program Center
100 E. Beeline Lane
Harker Heights, TX 76548

Carl R. Darnall Army Medical Center
590 Medical Center Rd.
Fort Hood, TX 76544

ASYMCA Child Care Center
501 Clara Drive
Copperas Cove, TX 76522

CHILDREN'S WAITING ROOM DETAILS

Operating Hours:
Monday - Friday
0745-1500

Eligibility:
6 months - 12 years
Free to ALL TRICARE beneficiaries
Immunization records required



STRENGTHENING OUR MILITARY FAMILY.®
killeen.asymca.org | 254.690.YMCA | fb.me/yourasymca



Community Services Council Meeting 28 January 2026

Ms. Sheri Yerrington

(ASYMCA)

Executive Director

**(254) 690-9622 Ext:109
syerrington@asymca.org**



ARMED SERVICES YMCA



Community Services Council Meeting 28 January 2026

Ms. Sheri Yerrington

(ASYMCA)

Executive Director

(254) 690-9622 Ext:109
syerrington@asymca.org

Ms. Antionette Wiggins

(ASYMCA)

Senior Director of Military Programs

(254) 690-9622
awiggins@asymca.org



ARMED SERVICES YMCA



Community Services Council Meeting 28 January 2026

Armed Services YMCA Topics

- Five Star Food Market
- Operation Kid Comfort
- Children's Waiting Room
- Operation Little Learners
- Operation Hero
- Operation Ride Home
- Operation Holiday Joy
- Before & After School Care
- E6 & Below Discounts

For more information, call (254) 690-9622.

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Community Services Council Meeting 28 January 2026

Our current estimate of food insecurity among service members:

25% of our active-duty military members and their families 10% of veterans and their families

Armed Services YMCA Killeen operates a program called the Five Star Food Market. We have two food pantry locations, and provide 30 lbs. of staple foods, including perishables, to active-duty and veteran families. This program happens weekly.

110 Mountain Lion Road, Harker Heights, TX 76548

Thursdays

Active-Duty Hours: 0630-0800 | Veteran/Civilian Hours: 0800-Depletion

415 N. 8th Street, Killeen, TX
76541 Saturdays
0800-1200

Five Star Food Market



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Operation Kid Comfort

Operation Kid Comfort provides every child, age six and under, with an original quilt made from photos submitted by his or her parent. For children seven and older, a pillow is made. Each keepsake is handmade by a volunteer and donated with love and good wishes for the recipient child.

CHILDREN 6 & YOUNGER

Operation Kid Comfort Quilt with eight images of the deployed parent, child and family printed on fabric.

CHILDREN 7 & OLDER

Operation Kid Comfort Pillow Sham with five images of the deployed parent, child and family printed on fabric.

Interested In The Program?

CONTACT US! (254) 690-9622 Ext. 116

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Community Services Council Meeting 28 January 2026

Children's Waiting Room

CHILDREN'S WAITING ROOM

2 hours of free childcare to
attend medical appointments
Call 254.458.1015 to schedule!



LOCATIONS

ASYMCA Program Center
100 E. Beeline Lane
Harker Heights, TX 76548

Carl R. Darnall Army Medical Center
590 Medical Center Rd.
Fort Hood, TX 76544

ASYMCA Child Care Center
501 Clara Drive
Copperas Cove, TX 76522

CHILDREN'S WAITING ROOM DETAILS



ARMED SERVICES YMCA

Operating Hours:
Monday - Friday
0745-1500

Eligibility:
6 months - 12 years

Free to ALL TRICARE beneficiaries
Immunization records required

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killeen.asymca.org | 254.690.YMCA | fb.me/yourasymca

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Operation Little Learners

This parent-child interactive class is available for active-duty military personnel and is geared toward parents and children together in activities that are both fun and educational.

Activities include: Safety Around Water, Baby Hero Fitness, Arts & Crafts, and Cooking

Tuesdays or Fridays during Fall & Spring
110 Mountain Lion Road, Harker Heights, TX, 76548
Free to all active-duty families
Serving children 18 months-5 years old

Operation Hero

OPERATION HERO is a 10-week, curriculum-based military child support program that helps children cope with the unique stressors of military life.

The program is free to all children of active-duty soldiers, and all we ask is that parents and children commit to the 10-week program.

Components taught in the program include: Character & Leadership Development Education & Career Development Health & Life Skills S.T.E.A.M. Sports, Fitness and Recreation

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Community Services Council Meeting 28 January 2026

Operation Ride Home

Bringing Families Together

The Jack Daniels and Armed Services YMCA Operation Ride Home program helps bring military families together for the holidays. Operation Ride Home sponsors travel for eligible service members and their dependents to travel from their duty station back home to spend time with their families. Reconnecting military families during this special time of year is one small way Operation Ride Home is strengthening military families.

PROGRAM DETAILS:

Travel assistance of up to \$500/family member

Participants are determined and prioritized based on financial need

Travel destination must be at least 350 miles from the service member's installation

Participants must complete an application and submit a video testimonial

PROGRAM ELIGIBILITY:

Applicants must be active-duty E5 or below (dependents may not complete the application unless their service member is currently deployed)

Family members must travel with their service member, unless he/she is deployed at the time of travel

To apply through ASYMCA Killeen, applicants must be stationed at Fort Hood (if you're located at another installation, please contact your local ASYMCA for details)

Command-approved with financial need

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Community Services Council Meeting 28 January 2026

Operation Holiday Joy

Helping make the holidays brighter for military families Operation Holiday Joy was initially established in collaboration with Woman's Day Magazine and their readers to raise awareness and funds for military service members and their families during the holidays.

Since 2004, Operation Holiday Joy has donated more than \$1.3 million for military members and their families. This program has allowed us to purchase and distribute more than 320,000 toys as well as deliver over 25,000 baskets of food for Thanksgiving and Christmas to junior enlisted families in need.



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Community Services Council Meeting 28 January 2026

Before & After School Care

Children are like sponges - they watch and absorb knowledge, skills, and values from everything and everyone around them. At the Armed Services Y, we believe the values and skills learned early on are vital building blocks for quality of life and future success.

That's why our childcare programs are staffed with people who understand the cognitive, physical, and social development of kids, the need children have to feel connected and supported in trying new things, and the caring and reinforcement parents and families need to help each other. At ASYMCA Killeen before and after school programs, school-age kids make friends, learn new skills, and do homework. With a focus on safety, health, social growth, and academic enhancement, our Before & After School Program serves students from Pre-K to 5th grade with a variety of activity options to develop their interests and talents. Most importantly, they learn how to be their best selves. That makes for confident kids today and contributing and engaged adults tomorrow.

School Sites We
Serve: Killeen ISD
Copperas Cove ISD
Select school sites at Belton ISD

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E6 & Below Discounts

In an effort to further support junior-enlisted military families, we offer a **40% discount** to active-duty military families **E6 and below** on all ASYMCA offerings, including membership, childcare, sports, swim lessons, and all other fee-for-service programs.

In order to secure this discount, service members or spouses fill out a one-page form at our Front Desk and provide proof of rank.

Membership at ASYMCA Killeen and participation in ASYMCA Killeen programs provide military families with supplemental, off-installation opportunities to maintain physical, mental, and spiritual health.

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Wellness Center

Armed Services YMCA Killeen operates a state-of-the-art fitness facility in Harker Heights. The Wellness Center is equipped with a 10-lane lap pool, heated therapy pool, dry sauna, Fitness Floor, indoor walking/running track, studio spaces, gymnasium, café, and drop-in Child Watch facilities with an indoor playscape.

In addition to our beautiful gym facilities, we also offer a suite of group exercise classes, both aquatic and dry land, free with Membership.

We also offer fee-for-service programs to everyone, Members and Non-Members alike, such as Senior Trips to popular locations like Fredericksburg, the Riverwalk, WinStar Casino, the San Marcos outlets, and Paragon Resort.



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Community Services Council Meeting 28 January 2026

COL Amit Gupta, MD

Installation Director of Psychological Health

(254) 553-6899
Amit.K.Gupta.mil@health.mil



Community Services Council Meeting 28 January 2026

Behavioral Health (BH) Events, News, and Updates

• Recent news and Events (BH promoted or supported)

- All CRDAMC BH providers were authorized to work through the shutdown to support community and SM behavioral health
- 21- 22 OCT: Supported the Mental Health in Schools conference held in Georgetown, TX. This conference is dedicated to advancing mental health awareness and support within educational settings.
- 1 NOV: BH Social Work Interns supported the retiree fair
- 15 NOV: Supported CRDAMC Immunization Fair
- 15 NOV: Supported Rick Herrema Foundation Pumpkin Palooza
- 18 NOV/16 DEC/20 JAN: CENTEX mental health network meeting at the Cohen clinic in Killeen; immediately followed by the Suicide Awareness for Everyone (SAFE) Central Texas Suicide Prevention coalition
 - SAFE meeting is open to community, third Tuesday of each month: <https://www.eventbrite.com/e/safe-central-texas-regional-community-coalition-meetings-tickets-1384068138059>



Community Services Council Meeting 28 January 2026

Behavioral Health (BH) Events, News, and Updates

- **Recent news and Events (BH promoted or supported) Continued**

- 19 NOV: CRDAMC Winter/Holiday safety resource fair in the hospital atrium from 1100 – 1300.
- 6 DEC: Military Reconnect / Resource Fair at the YMCA in Cedar Park
- 10 DEC: EFMP Resource Connections at Shoemaker center 9:30-10:30
- 18 DEC/14 JAN – CAFBHS Outreach participated in the KISD School Health Advisory Council (SHAC) Panel Discussion on “Cultivating a Caring Community.” The event focused on providing community resources for staff and parents, and providing instruction on practical ways to nurture oneself, strengthen family connections and cultivate a deeper sense of community.
- 13 JAN – CAFBHS Outreach to participate in the CYS Parent Advisory Board, presenting information on services and hosting an information table.
- 27 JAN – CAFBHS in collaboration with Cohen Clinic @ Endeavors hosted the CENTEX Mental Health Networking meeting, bringing community mental health advocates together for information sharing and fellowship.



Community Services Council Meeting 28 January 2026

Behavioral Health (BH) Events, News, and Updates

- **Upcoming Events (BH promoted or supported)**

- 31 JAN - CAFBHS Outreach to participate in Annual Mental Health and Wellness fair from 10-2pm at the KISD Career Center with an information table.
- 17 FEB: (Canceled) - CENTEX mental health network meeting at the Cohen clinic in Killeen; immediately followed by the Suicide Awareness for Everyone (SAFE) Central Texas Suicide Prevention coalition
 - SAFE meeting is open to community, third Tuesday of each month: <https://www.eventbrite.com/e/safe-central-texas-regional-community-coalition-meetings-tickets-1384068138059>



Community Services Council Meeting 28 January 2026

Behavioral Health (BH) Events, News, and Updates

- **Community Partners**

- STRONG STAR Research Consortium update from October 2025:
 - Six Active PTSD projects treating soldiers and family members
 - Six TBI projects for treatment and long-term impact and functionality
 - Four treatment projects aimed at addressing suicidal thoughts and behaviors
 - Three treatment projects aimed at addressing anger and aggression
 - Three treatment projects also address sleep disturbance
 - Two treatment projects on addressing pain; one is combined with TBI
 - One project on addressing resiliency in military personnel
 - Strong Families clinical program for soldiers, veterans and families
 - One training initiative to improve community/network provider expertise in treating PTSD and other BH conditions in ADSM and veterans



Community Services Council Meeting 28 January 2026

TriWest Covered Service Talkspace

- **What is Talkspace?**

- Convenient & Flexible Therapy: Talkspace is an online therapy platform that connects you with a **licensed mental health provider** from your phone or computer.
- Multiple Ways to Connect:
 - Unlimited private messaging (text, audio, or video) - you can get support on your own schedule, without waiting for an appointment.
 - Schedule live video sessions.

- **Who is Eligible?**

- TRICARE Beneficiaries: This benefit is available to all TRICARE beneficiaries, including active-duty members, their families (spouses and children aged 13+), and retirees located in the TriWest region.
- No Referral Needed (for most): TRICARE Prime active-duty service members need a referral. All other TRICARE beneficiaries (including family members and retirees) do not need a referral.



Community Services Council Meeting 28 January 2026

TriWest Covered Service Talkspace

- **What Services Are Offered?**

- Individual Therapy: Get matched with a therapist who specializes in your specific needs, whether it's for stress, anxiety, depression, trauma, or other life challenges.
- Couples Therapy: Work with a therapist to improve communication and strengthen your relationship.
- Teen Therapy (Ages 13-17): Provides a confidential space for teenagers to connect with a therapist who understands their unique challenges.

- **Why Choose Talkspace?**

- Built for Your Lifestyle: The messaging feature is perfect for those with busy or unpredictable schedules. You can reach out whenever you need to, and your therapist will respond daily, five days a week.
- Confidential & Secure: All communication is encrypted and HIPAA-compliant to protect your privacy.
- Covered by TRICARE (verify eligibility)
 - <https://www.talkspace.com/coverage/insurance/Tricare>



Community Services Council Meeting 28 January 2026

STRONG Families clinic Information Review

- Strong Families is a program that supports military service members and their families throughout military-related stressful events and in the aftermath of trauma.
- There are two tracks for families: Trauma Track and Prevention Track.
 - Trauma Track provides evidence-based treatment for PTSD with a focus on healing after trauma while improving family functioning. Our prevention track provides whole family support for families throughout military-related separations and transitions (e.g., deployment).
 - Prevention track focuses on bolstering effective communication, emotional connect, and effective coparenting through military-related transitions.
- Call 254-289-3468 for information
 - Can provide information including enrollment in study
- Strongstar.org website



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Dr. Scot Engel

CRDAMC
Director, Intrepid Spirit Center (ISC)

(254) 287-7281
scot.d.engel.civ@health.mil



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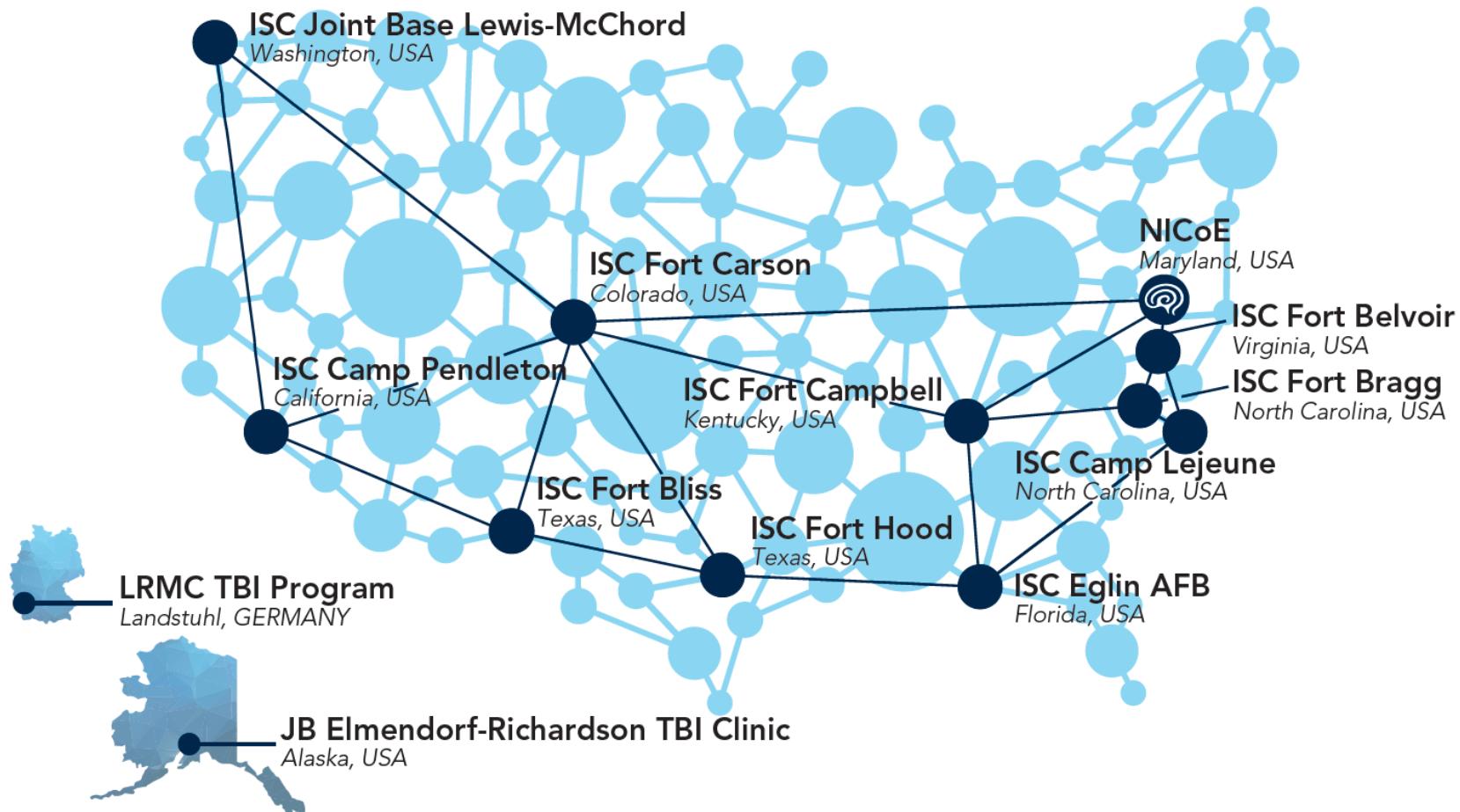
National Intrepid Center of Excellence (NICoE)/ISC Network

- Private/Public Partnership between Department of Defense (DoD) and the Intrepid Fallen Heroes Fund (IFHF) resulting in the NICoE (72,00 sq ft. \$60M) and ten ISC's strategically located facilities (25,000 sq ft. \$13M).
- Mission: Clinical Care, Research, and Education (TBICoE)
- Population served include warriors who present with complex co-existing conditions such as TBI, Pain Management, and Psychological Health.
- Holistic Interdisciplinary model of care providing individuated, coordinated, simultaneous care within one footprint.
- Readiness Platform with Congressional interest



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Defense Intrepid Network for TBI and Brain Health



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Presenting Clinical Picture : TBI Symptom Clusters

COGNITIVE SYMPTOMS

Slowed Processing & Impulsive Responding
Distractibility, Mental Inflexibility & Rumination
Hypervigilance & Suspiciousness
Misattribution, Logic Errors & Pessimism
Poor Working Memory & Memory Consolidation

PHYSICAL SYMPTOMS

Generalized Hyperarousal & Overly Reactivity
Sensory Overload & Exaggerated Startle
Headache, Nausea & Other Chronic Pain
Imbalance and/or Dizziness &/or Vertigo
Blurry Vision &/or other Visual Symptoms



EMOTIONAL SYMPTOMS

Generalized Affect Dysregulation (GAD)
Irritability & Poor Frustration Tolerance
Internalized and/or Externalized Anger
Reexperiencing Traumatic Events
Bad Dreams &/or Nightmares or No Dreams
Emotional Numbing
Anxiety, Depression & Loneliness
Self-Concept Change

Poor Interpersonal Relations
Poor Job &/or School Performance
Withdrawal & Avoidance
Emotional &/or Physical Outbursts
Risk Taking
Substance Misuse
Suicidal and/or Parasuicidal Acts

BEHAVIORAL SYMPTOMS



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Current ISC Programs and Areas of Future Engagement

- TBI Interdisciplinary Specialty Outpatient Clinic
- 6-week Regional Intensive Outpatient Program for Chronic TBI and Consequence of War patients
- Research
- GME Program
- Anomalous Health Injury (AHI) Program
- Blast Overpressure (BOP)
- Warfighter Brain Health Initiative



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ISC Philosophy of Care

- The chronic consequences of war/TBI demand aggressive, integrated interdisciplinary intervention.
- Because symptoms interact, improvement in one area can have carry-over effects in other areas.
- Each area of difficulty must be simultaneously addressed.



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ISC Outpatient Clinic Service Lines

Rehabilitation Section:

Physical Therapist
Occupational Therapist
Speech and Language Pathologist

PTA
COTA
Neuro-Optometrist

Psychological Health Section:

Neuropsychologist
Art Therapist

Psychologist
Music Therapist

Social Worker
Psychometrician

Pain Management Section:

Pain Psychologist
Chiropractor

Massage Therapist
Acupuncturist

Medical Section:

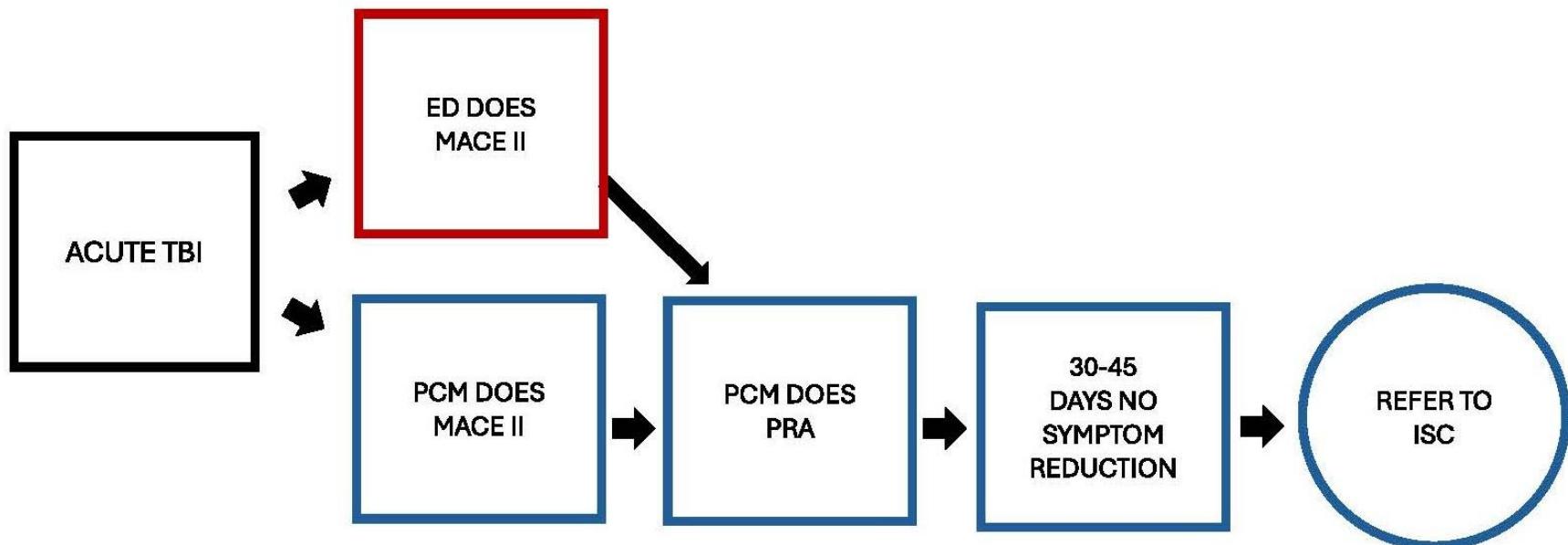
Neurologist
Nurse Case Management

Nurse Practitioner
LVN



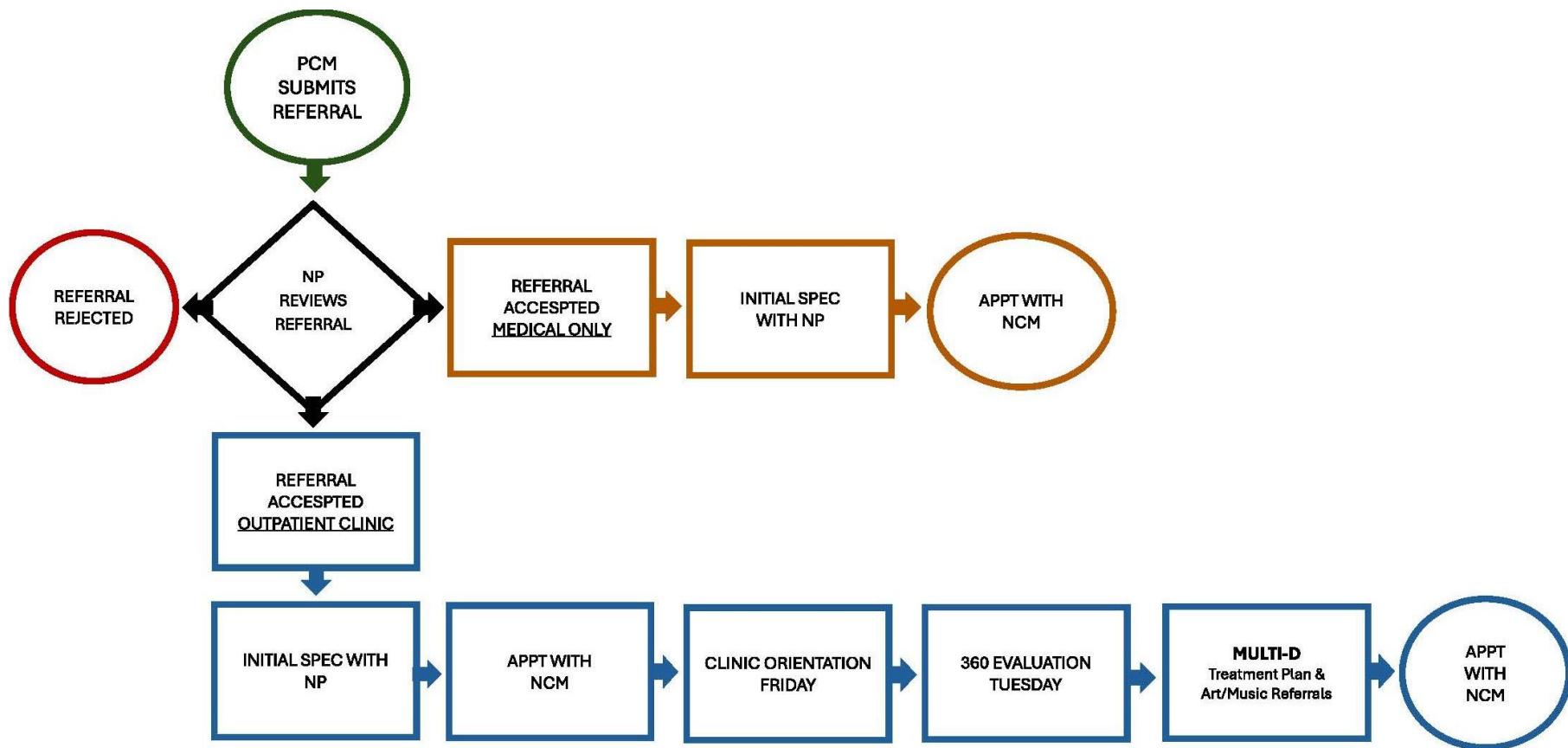
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Fort Hood Acute TBI Pathway of Care



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ISC Outpatient Pathway of Care



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Robert McHaney, MPH, NR-P

**Support for Traumatic Brain Injury Center of Excellence (TBICoE)
Network Dissemination Coordinator**

Ft. Hood, TX

254-517-0721

robert.d.mchaney.ctr@health.mil



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- **What is a Network Dissemination Coordinator (NDC)**
 - Serves as a subject matter expert on TBICoE clinical tools and educational resources. Assures that providers are aware of and understand new clinical care standards of practice for TBI
 - Educates leaders about the impact of TBI on unit performance and readiness
- **Courses Offered (Unit Footprint)**
 - Warfighter Brain Health
 - Military Acute Concussion Evaluation 2 (MACE 2)
 - Progressive Return to Activity (PRA)
 - Clinical Recommendations
 - Pre and Post - Deployment Briefs



BACKUP SLIDES



Community Services Council Meeting 28 January 2026

Fort Hood Intrepid Spirit Center



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ISC IOP Pathway of Care



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IOP Schedule (ISC)

- ISC 6-week IOP Mon-Fri 0800-1600
- FIP Over 200 hours of care

| Groups | Sessions |
|--------------------|----------|
| Physical Therapy | 16 |
| PTSD | 10 |
| Cognitive Rehab | 7 |
| Music Therapy | 9 |
| Art Therapy | 9 |
| Sleep Therapy | 6 |
| Mindfulness | 6 |
| Health and Leisure | 6 |
| Pain Psychology | 4 |

| Individualized Specialty Care | Sessions |
|-------------------------------|----------|
| Integrated blend of: | 13 |
| Behavioral Health | |
| Physical Therapy | |
| Occupational Therapy | |
| Cognitive Rehabilitation | |
| Art | |
| Music | |
| Nurse Practitioner | 2 |
| Nurse Case Mgt | 2 |



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IOP Inclusion Criteria (ISC)

- Deployment to a combat zone and/or a history of military sexual assault
- Insufficient clinical response to a lower level of care (e.g., individual outpatient care or completion of the Fort Hood behavioral health or pain management IOP).
- Requiring a lower level, but still intensive care following a psychiatric hospitalization or residential program.
- Currently experiencing **two of the following three conditions:**
 - History of TBI
 - Significant emotional distress
 - Chronic pain
- **FIP 2023 Wargame Overview**
- Command approval
- Successful completion of the **Arena Interview** where the service member is directly assessed by representatives from the various Intrepid Spirit service lines and further details of participation are offered



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IOP Inclusion Criteria (ISC)

- **Major mental illness** (e.g., schizophrenia, bipolar disorder, personality disorder)
- Active **substance abuse** or engaged in treatment (e.g., Army Substance Abuse program).
- **Training rotations** (e.g., National Training Center) during the six weeks of participation.
- **Vacation/Leave** during the six weeks of participation.
- **Major medical appointments** during the six weeks of participation that would leave the service member out for two-three days.
- **Inappropriate behavioral response** (e.g., significant agitation, anger or emotional distress) during the Arena Interview suggesting continued/new BH care directed towards strengthening coping and self-monitoring skills.



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Join the Mission

- Volunteer • Donate • Partner • Advocate
- Visit: www.foodcare.org
- Contact: Dr. Natasha Sunday Clarke, Executive Director
- Email: foodcarecenter.ctx@gmail.com | Phone: (254) 554-3400

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Mr. Fernando Fernandez

Vice President

(254) 258-9059

Fernando.Fernandez@FHNB.com



A division of First National Bank Texas



AUSA
CENTRAL TEXAS
CHAPTER



Community Services Council Meeting 28 January 2026



**FREE TAX PREPARATION !!
STARTING JANUARY 27**

First Heroes National Bank in partnership with United Way, will be offering free tax preparation through the IRS VITA Program.

Last year we helped more than 1000 families secure over 1.2 million in refunds.

We're excited to support even more families this tax season.

Keep following for updates



For more information

Email: info@FHNB.com
Phone: 254.532-1026
Website: FHNB.com

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HOW TO BECOME A TAX PREP VOLUNTEER



1

CHOOSE YOUR VOLUNTEER ROLE

Greeters/screeners, and tax preparers are available.

No experience necessary!

Greeter: Welcomes taxpayers, ensures that they have brought their tax documents, and complete the required forms.

Free training!

Basic/Advance Tax Preparer: Prepares electronic tax returns for taxpayers.



2

SIGN UP FOR VITA TRAINING

Choose between in person and online trainings. IRS training materials will be provided.

More Info: <https://www.uwct.org/who-we-help/vita-free-tax-preparation#Volunteer>

All volunteers are required to pass the online IRS Volunteer Standards of Conduct certification. Tax Preparers, Site Coordinators, and Quality Reviewers are also required to complete tax preparation training and certification. Don't worry! Exams are self-paced, open-book, multiple-choice and online. United Way provides in-person and online training.

For information or to register as a volunteer contact:
veshell.greene@uwct.org or 254-778-8616

For more information

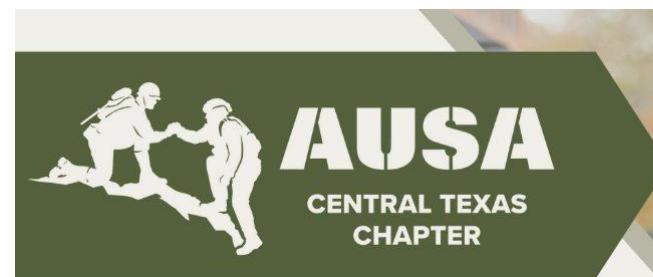
Email: info@FHNB.com

Phone: 254.532-1026

Website: FHNB.com



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APPLY FOR SCHOLARSHIPS TODAY!

Available to Central Texas AUSA Members & Family

- Scholarships ranging from \$1,000 - \$5,000
- 12-credit Hours from Central Texas College & Temple College
- \$2,500 Scholarship from Texas A&M Central Texas





Scan the QR Code or visit the website below for more info
bit.ly/AUSAcentTXScholarships

Website: ausa.org/chapters/central-texas-chapter



Community Services Council Meeting 28 January 2026

CH(COL) AlwynMicheal S. Albano

Religious Support Office Fort Hood

USAG Chaplain

(254) 288-6545

alwynmichael.s.albano.mil@army



Community Services Council Meeting 28 January 2026

FORT HOOD 2026 SPRING RELIGIOUS CELEBRATIONS

Protestant

18 February: Ash Wednesday

1200 - St. George Parish - Old Post Chapel
 1200 - General Protestant - West Post Chapel
 1830 - Protestant - North Post Chapel

29 March: Palm Sunday

0900 - St. George Parish - Old Post Chapel
 1000 - Traditions - Ironhorse Chapel
 1000 - General Protestant - West Post Chapel
 1030 - Pentecostal Fellowship – 13th ACSC Chapel
 1100 - Gospel Service - Comanche Chapel
 1115 - AGAPE Hood - Main Post Chapel
 1130 - Protestant – North Post Chapel
 1330 - Alcance Servicio Hispano Protestante - OIF Veterans Chapel

3 April: Good Friday

1800 - St. George Parish - Old Post Chapel
 1930 - Alcance Servicio Hispano Protestante - OIF Veterans Chapel

5 April: Easter Sunday

0700 - Easter Sunrise Service - Main Post Chapel
 0900 - St. George Parish - Old Post Chapel
 1000 - Traditions - Ironhorse Chapel
 1000 - General Protestant - West Post Chapel
 1030 - Pentecostal Fellowship - 13th ACSC Chapel
 1100 - Gospel Congregation - Comanche Chapel
 1115 - AGAPE Hood - Main Post Chapel
 1130 - Protestant - North Post Chapel
 1330 - Alcance Servicio Hispano Protestante - OIF Veterans Chapel

Catholic

18 February: Ash Wednesday Mass

1200 & 1800 - Main Post Chapel
 1200 - CRDAMC Chapel
 1700 - North Post Chapel

20 February - 3 April: Stations of the Cross

Fridays @ 1800 - Main Post Chapel

29 March: Palm Sunday Mass

0830 - Main Post Chapel
 1000 - North Post Chapel
 1200 - CRDAMC Chapel

2 April: Holy Thursday Mass

1800 - Main Post Chapel
 1900 - 2300 – Adoration – MPC Activity Center

3 April: Good Friday - Veneration of the Cross

1400 - Live Stations of the Cross - Main Post Chapel
 1500 - Passion of the Lord - Main Post Chapel

4 April: Easter Vigil Mass

2000 - Main Post Chapel

5 April: Easter Sunday Mass

0900 - Main Post Chapel
 1000 - North Post Chapel
 1200 - CRDAMC Chapel

Muslim

19 February - 19 March: Ramadan

18 February: Taraween Prayers

2100 - 25th Street Chapel

6 March: 5th Annual Big Iftar

1800 - Main Post Chapel

20 March: Eid al-Fitr

0730 - UTC

Jewish

27 February: Purim Celebration

1800 - Lucky 16 Chapel

01 April: Passover Seder

1800 - Lucky 16 Chapel

Norse Pagan

28 February: Disting

1700 – UTC - Camp Finlayson

20 March: Ostara

1700 – UTC - Camp Finlayson



Community Services Council Meeting 28 January 2026

Ms. Kristine Caparco

**Child & Youth Services (CYS)
School Liaison Officer**

**(254) 553-3340
kristine.f.caparco.naf@army.mil**



Community Services Council Meeting 28 January 2026



2026
Education
Summit

DATE:
27 FEBRUARY 2026

TIME:
9:00 AM – 3:00 PM

VENUE:
Lonestar Conference Center

Inspiring presentations and important information on topics to include:

- **Special Education**
- **Bullying Prevention**
- **Military Interstate Children's Compact Commission (MIC3)**

For more information, please call
the School Liaison Office
at (254) 288-7946



2026 Fort Hood Education Summit

February 27, 2026, 0900-1500
Lonestar Conference Center
Bldg 5764, S. 24th Street &
Wainwright Drive

This annual event hosts two keynote speakers and break out session speakers to share information in the areas of student success, special education and higher education.

Topics include: Special Education, Bullying Prevention, Military Interstate Children's Compact Commission (MIC3)

Call (254) 288-7946 for more information



Community Services Council Meeting 28 January 2026

Employment Opportunity

Work for **YOURSELF**,
Make a **DIFFERENCE**!



Family Child Care (FCC)

Ready to Make a Change with Family Child Care?

Enjoy working from home and love children?

YOU can earn up to \$12,000 a month

You must reside on post
to participate in this opportunity.

Please contact the Family Child Care office
to pick up an application at (254)288-3190.



Enjoy Working from home and Love
Children?

Become a Family Child Care (FCC) Provider

- You could earn up to \$12,000/month
- Must reside on post

For more information, and to pick up an
application, please contact the CYS Family
Child Care office at (254) 288-3190

**Located in the Shoemaker Center, Bldg 36000



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\$8 per hour, up to 15 hours per week

Online orientation can be completed at:

<https://hood.armymwr.com/programs/CDCparent>

Families MUST complete
an hourly care orientation before
making a reservation

Children must be registered with CYS in order to reserve
hourly care. Please contact Parent Central Services
to schedule a registration appointment,
254-287-8029 | Bldg 36000 Shoemaker Lane

Meadows CDC
Bldg 333, Tank Destroyer
Fort Hood
254-553-8353
Monday — Friday
8am - 5pm



CYS HOURLY CARE

Need short term child care for medical/dental appointments, workouts, volunteering?

CYS offers hourly care!

Up to 15 hours per week, \$8.00/hr.

Meadows CDC, Bldg. 333, Tank Destroyer
Blvd

- Children must be registered with CYS to reserve care.*
- Families must complete hourly care orientation before making a reservation.*

For more information, or to schedule a registration appointment please contact the CYS Parent Central Services office at
(254) 287-8029



Community Services Council Meeting 28 January 2026



Community Services Council Meeting 28 January 2026

Dr. Mitzy DeAguilera

**President
Fort Hood Scholarship Fund
(FHSF)**

president@forhoodscholarhip.org

Mrs. Angie Tabat

**Vice President
Fort Hood Scholarship Fund
(FHSF)**

<https://forhoodscholarship.org>

Ms. Carmen Tally

**Grants Coordinator
Fort Hood Scholarship Fund
(FHSF)**

<https://forhoodscholarship.org>



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FORT HOOD SCHOLARSHIP FUND PRESENTS



REP ON THE GREEN: SWING FOR SCHOLARS

Early Bird Team Pricing
\$260 until 4/1

\$75 - Per Player
\$280- 4 Players

All proceeds 100% goes to support scholarships

Register now. space is limited
www.forthoodscholarship.org

FRIDAY
APRIL 17, 2026

THE COURSES OF CLEAR CREEK
FORT HOOD, TX 76544

Check-in: 08:00 am
Game starts 09:30am

Join us for a day filled with golf, networking, and making a difference!



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GOLF SCRAMBLE SPONSORSHIP TIERS

IN KIND DONATIONS ACCEPTED

**tables and chairs are not provided*

GOLD- \$3,000

- Team registration (4 entries).
- Best Hole Sponsorship w/space for 1-6ft table w/chairs*
- Name & Logo on all Signage & Advertisements including Award Ceremony
- Tent Space at event
- Certificate of Appreciation

BLUE- \$1,000

- Name & Logo on all Signage & Advertisements for Scramble
- 1 Hole for the team with space for 1-6ft table and 2 chairs*
- Entry for 2 golfers for Scramble
- Certificate of Appreciation



Food & Drink Sponsorship - \$500

- Shoutout on Social Media & Website
- Signage in Food Area and Registration table
- Certificate of Appreciation

Prize Event Sponsor - \$250+

- Recognition on all FCSF social media platforms
- Signage at golf scramble awards table
- Certificate of Appreciation



Hole Sponsorship - \$150

- Shoutout on Social Media & Website
- Signage at sponsored hole w space for 1-6ft table w/2 chairs*
- Certificate of Appreciation

*Golf Scramble POC: Mel Sims, FHSF Advisor
ADVISOR@FORTHOODSCHOLARSHIP.ORG*

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Ms. Karissa Dolan

Great Place Spouses' Club

Wild West Night Co-Chair

www.GreatPlaceSpousesClub.org



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OUR MISSION

- **CONNECTION** - We aim to create a strong support network, foster a sense of belonging among our members, and help improve the well-being of our military families.
 - Monthly Luncheons
 - Sub Clubs (interest groups)
- **OUTREACH - Volunteering and Grants**
 - Community Involvement
 - Operation Deploy Your Dress (ODYD)
 - Fundraising for grants

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Community Services Council Meeting 28 January 2026

A
♥



40th Annual WILD WEST NIGHT

Saddle up for an unforgettable evening
to raise funds for community grants!
Enjoy casino games, silent and live
auctions, music, and more.

March 7th, 2026

6:30PM

**Lone Star Conference Center
Fort Hood, TX**



Featured Sponsor:



Presented by:
The Great Spouses' Club



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Dr. Elisa Borah

**REACH Study
UT Austin
Principal Investigator
Sponsor: Department of Defense**

(254) 285-6497

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Community Services Council Meeting 28 January 2026



- **What is REACH?**
 - A curriculum-based, weekly, **support group for military spouses**.
 - Aims to improve spouses' quality of life, mental health, social support, and self-care practices.
 - Provided in-person at Fort Hood, Texas.
- **How does it work?**
 - Eight sessions are facilitated by **trained military spouse peer leaders**.
 - Includes **discussion-based sessions, educational content, skill-building exercises**, and activities.
 - Randomly assigned to **ACTIVE** group or **WAITLIST**.
 - Receive \$150 for completing 3 study surveys.

This presentation does not constitute an endorsement, recommendation, or favoring by the Army or Fort Hood



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- **Benefits of Peer Support for Spouses**
 - Improves spouses' mental health and quality of life.
 - Supports spouses finding connections with others= "social support"
 - Better able to **understand needs of their service member.**
 - Provides information and resources for themselves and their families.
- **Eligibility**
 - The participant must be **married to or in a committed relationship** with a service member serving at Fort Hood.
 - The participant must have a reasonable expectation of **remaining at Fort Hood for at least 4 months.**
 - Be willing to **attend 8 sessions** of a military spouse peer support group **in person** over 8 weeks.
 - Fluency in English

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- **Recruitment**

- Ended October 2025
- Special thanks to: Phantom Forge Center, ACS, MWR, USO, CRDAMC

| | <u>Survey Type</u> | | |
|--------------|--------------------|--------------|-----------------------|
| <u>Group</u> | Baseline | Post-Program | Three Month Follow-Up |
| Active | 49 | 45 | 37 |
| Waitlist | 60 | 49 | 37 |

As of 11/7/25

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- **Preliminary Results**

- Improvements in quality of life, feelings of support, **knowledge related to suicide & trauma**, and insomnia severity.
- Participants overwhelming found sessions valuable or very valuable
 - Enjoyed sharing experiences, **feeling supported**, and having a sense of community.
 - **Appreciated educational content and resources** from the curriculum

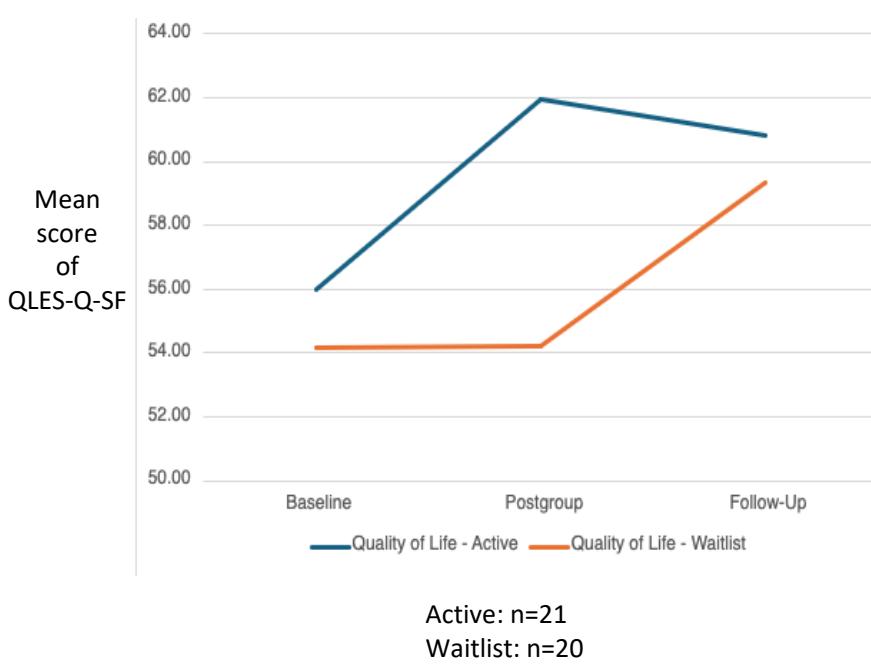
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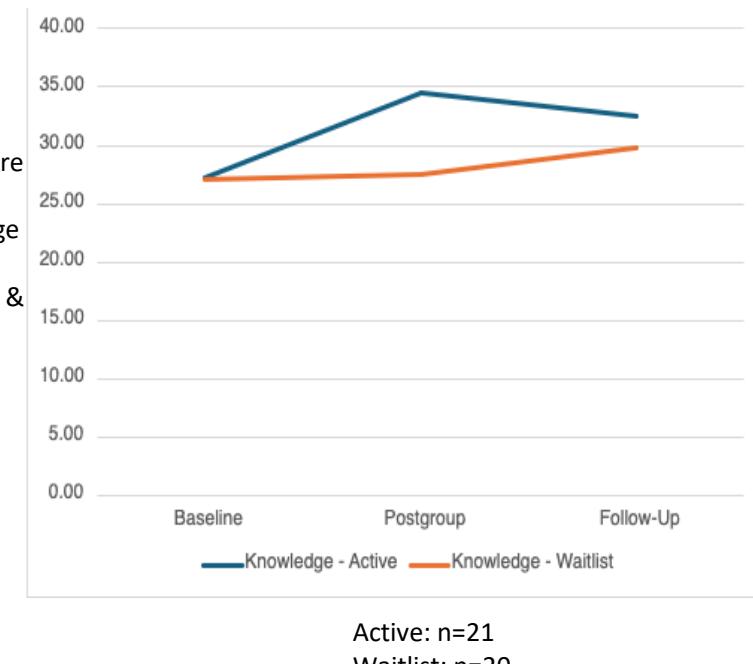


- Preliminary Results

Changes in Quality of Life, Active Group vs Waitlist Group



Changes in Knowledge Related to Suicide & Trauma, Active Group vs Waitlist Group



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- **Next steps**

- November 2025: finish administering active groups
- January 2026: offer waitlist groups
- Spring 2026:
 - Finish quantitative and qualitative analysis
 - Report results to DoD

Questions?

PI: Dr. Elisa Borah

Email: Elisa.borah@austin.utexas.edu

Research coordinator: Emily Neimeyer

Email: Emily.neimeyer@austin.utexas.edu

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Community Services Council Meeting 28 January 2026

Eric Ballester

Rick Herrema Foundation (RHF)

Executive Director

(254) 218-3866
Eric@RHFnow.org



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Strong Family | Strong Military | Strong Nation

The Rick Herrema Foundation (RHF)

**Strengthens relationships and builds community for
The Military Family through fun, quality activities.**



Eric Ballester

RHF Executive Director

Eric@RHFnow.org

www.RHFnow.org/Texas



Why RHF Matters

Strong families support a strong force

- Connection reduces stress
- Community builds resilience
- Fun creates belonging





Proven Impact

2025 Impact Snapshot

- 4,400+ individuals impacted
- 2 large-scale Fun Days
- Ongoing family programming & unit support events



What We Offer Units

Turnkey Morale & Family Programs

- Pop-Up Phantom Foam (NERF) Wars
- Family fitness & wellness
- Creative arts & sensory programs
- Seasonal & unit-specific events



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Strong Family | Strong Military | Strong Nation

Partner With Us

Interested in:

- Reserving a NERF pop-up?
- Attending one of our Winter programs?
- Volunteering/Supporting programming?



Come see us after the meeting.

Drop your name in for a **Black Rifle Coffee Company** giveaway.



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Sign Up to Receive Updates about Events and Programs!



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Ms. Amber Pafford

**Family and MWR
Manager, Marketing and Advertising**

**(254) 287-3985
amber.r.pafford.naf@army.mil**



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Next Session begins Feb 2nd

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FEB
17TH

DOORS
OPEN
3 P.M.

5 p.m. Meal
6:30 p.m. Bingo



47

FAT TUESDAY

MARDI GRAS BINGO

42

45

\$5,000 GRAND PRIZE

Community Events
& Bingo Center
254-532-9253

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Ms. Donna M. Morrisey

**Army Community Service (ACS)
Director**

**(254) 287-0346
donna.m.morrisey.civ@army.mil**



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Open Discussion

Open Discussion



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Garrison Remarks

COL Mark R. McClellan

**USAG Fort Hood
Garrison Commander**



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Closing Remarks

LTG Kevin D. Admiral

**III Armored Corps and Fort Hood
Commanding General**



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Next Meeting

**Wednesday, February 25, 2026, 11:00 a.m.
Lone Star Conference Center**

<https://hood.armymwr.com>

