



Mobilization, Deployment & Stability Support Operations (MD&SSO)

JUL-SEP 2018 Training Calendar

July 2018		
10 Jul	0830-1130	R.E.A.L. FRG Foundations/Informal Fund Custodian Training
11 Jul	0830-1130	R.E.A.L. FRG Foundations/Key Contact Training
11 Jul	1730-2030	CARE Team
17 Jul	0830-1430	Commander/1SG Spouse Seminar
17-18 Jul	1730-2030	R.E.A.L. FRG Leader Training
		Resilience Lunch & Learn - Avoid Thinking Traps (Registration
19 Jul	1130-1300	Required/Lunch Provided)
23-25 Jul	0900-1700	Rear Detachment Operations (RDO) Course
25 Jul	0830-1430	CARE Team
25 Jul	0900-1200	R.E.A.L. Command Team FRG Training (CDRs/1SGs)
August 2018		
6-7 Aug	0900-1630	R.E.A.L. Family Readiness Liaison (FRL) Training
7 Aug	1730-2030	R.E.A.L. FRG Foundations/Key Contact Training
8-9 Aug	0900-1430	Community Resource Course
8 Aug	1730-2030	R.E.A.L. FRG Foundations/Informal Fund Custodian Training
14 Aug	0830-1430	Commander/1SG Spouse Seminar
14-15 Aug	0830-1430	R.E.A.L. FRG Leader Training
		Rear Detachment Operations (RDO) Course (Registration
20-22 Aug	0900-1700	Required)
22 Aug	0900-1200	R.E.A.L. Command Team FRG Training (CDRs/1SGs)
	1130-1300	Resilience Lunch & Learn - Detect Icebergs (Registration
23 Aug		Required/Lunch Provided)
24 Aug	1030-1130	FRL Professional Development
September 2018		
4 Sept	0830-1130	R.E.A.L. FRG Foundations/Informal Fund Custodian Training
5 Sept	0830-1130	R.E.A.L. FRG Foundations/Key Contact Training
6 Sept	1730-2030	CARE Team
13 Sept	1130-1300	Resilience Lunch & Learn - Character Strengths (Registration
		Required/Lunch Provided)
18-19 Sept	1730-2030	R.E.A.L. FRG Leader Training
19 Sept	0830-1430	CARE Team
19 Sept	0900-1200	R.E.A.L. Command Team FRG Training (CDRs/1SGs)
25 Sept	0830-1430	Commander/1SG Spouse Seminar

R.E.A.L. (FRG) Leader Training

In-depth training covering foundations of FRG leadership roles and responsibilities. Identifies daily operations, volunteer practices and expectations for new FRG leaders Soldiers, Family members and volunteers.

R.E.A.L. Command Team FRG Training

Commanders and First Sergeants receive insight into FRG operations and their potential for enhancing Soldier and Family readiness. Addresses the partnership role between the command team and FRG leaders; reviews the basics of FRG funding; offers volunteer management and recruiting concepts.

R.E.A.L. Foundation/FRG Key Contact Training

Training for volunteers in FRG Key Contact positions. Addresses the roles and responsibilities, call management and expectations of Key Contact volunteers through scenarios and resource discussion.

R.E.A.L. FRG Foundations/Informal Fund Custodian Training

Highlights FRG informal fund and fundraising do's and don'ts and fund custodian responsibilities.

Community Resource Course

Local organizations and agencies provide information on resources available to enhance greater self-reliance.

R.E.A.L. Family Readiness Liaison (FRL) Training

Identifies roles and responsibilities of the FRL, acquaints FRLs with the challenges and opportunities related to their position. Identifies available resources. Enhances the connection between FRLs, their Command teams, and service providers.

Casualty Response (CARE) Team

Addresses the roles, responsibilities and functions of CARE Team volunteers. Explains the support partnership between command and volunteers.

Rear Detachment Operations (RDO) Course

Offers information provided by subject matter experts for active duty, National Guard, and Reserve Component Soldiers serving in rear detachment roles. Requests for student enrollment must be initiated by the Unit Schools NCO. Call 287-4431 / 288-2794 for additional information.

Resilience Lunch & Learns

One of the 14 MRT Skills will be offered on a monthly basis and lunch will be provided. (Registration required for this class.)

FRL Professional Development: FRL Professional Development- Targeted toward current FRLs to maintain skills and learn resources that will enhance unit Family Readiness.

Resilience for Spouses of Deployed Soldiers

Keeping it All Together....When You are Far Apart. Explore your strengths, fine tune your skills, enhance your deployment experience, improve your relationship and identify support resources.

Pre and Post Deployment Resilience for Soldiers & Spouses

Adaptive training using resilience skills to overcome the difficulties of deployment, redeployment and reintegration.

Pre Deploy Briefing

"What if..." is the main concept of this briefing, as Soldiers and Family members prepare for deployment. Resources are introduced to answer such questions.

Reunion/Reintegration for Families

Learning from each other is very important as we take on Reunion/Reintegration. This facilitated training explores what Reunion/Reintegration are and how setting realistic expectations can help in the reintegration process.

<u>Commander and 1SG Spouse Seminar:</u> Designed to help Command Team spouses/significant others understand the importance of their role and increases knowledge of the choices and contributions they can make to support the mission.