

APRIL 2018 • MONTH OF THE MILITARY CHILD

Month of the Military Child & Child Abuse Prevention Month Activities



*Free and Open
to Military Youth of all ages.*
www.Hood.ArmyMWR.com

Month of the Military Child Community Event's

Month of the Military Child/Earth Fest

Date: April 13

Time: 5 – 8 pm

Cost: No Cost

Age Group: Open to Military Youth of all ages

Location: Bronco Youth Center, Bldg. 6602 Tank Destroyer Blvd.

Description: Bring the whole Family out for Bouncers, Pony Rides, Face Painting, Crafts, Earth Day Exhibits, Local Entertainment, a Teen Zone and Renaissance type activities! A USO Movie on the Lawn, Brave, will follow at 8pm. For more information, please call 254-287-4592.

Clear Creek Golf Course - Kids Golf

Date: Any day in April

Time: 7 am – 7 pm

Cost: No Cost

Age Group: All Families are welcome!

Location: Clear Creek Golf Course, Bldg. 52381 Battalion Ave. at Clear Creek Road

Description: Come on out to Rattlesnake Ridge and play golf with the little ones. Bring your own clubs and balls and try out our 4-hole course designed specifically for children, or stop by the pro shop and borrow clubs from us. For more information, please call 254-287-4130.

Month of the Military Child Bowling Night

Date: Every Wednesday, April 4th, 11th, 18th, or 25th

Time: 5 – 9 pm

Cost: \$20 per hour up to a Family of five.

Age Group: All Families are welcome!

Location: Phantom Warrior Lanes, Bldg. 49010 Clear Creek Road

Description: Price includes bowling for one hour, a pair of shoes, and a medium fountain drink per bowler. For more information, please call 254-287-3424.

Killeen ISD's 13th Annual Family Fitness & Wellness Fair

Date: April 14

Time: 9 am – 1 pm

Cost: No Cost – open to the public

Age Group: Open to all ages--Event for the entire Family

Location: Killeen Special Events Center - 3301 S. WS Young Dr (next to the Vive Les Arts)

Description: Fun-filled opportunity for Families to learn how to incorporate healthy eating and physical activities into their lives. Activities to include a live cooking demonstration, rock wall climbing, obstacle course and much more! For more information, please call 254-336-1707

Copperas Cove Month of the Military Child / Healthy Kids Celebration

Date: April 21

Time: 10 am – 2 pm

Cost: No Cost

Age Group: Open to all ages

Location: Copperas Cove YMCA, 501 Clara Drive

Description: Bounce houses, face painting, Tootie Tots, performances by the Copperettes, CCHS Cheerleaders, GymKix, ASYMCA Martial Arts, Zumba, Music, Games, etc. Free food and drinks, healthy snacks and the Chick-fil-A Cow. For more information, please call 254-542-2851.

Military Child Bingo

Date: April 21

Time: Doors open at 10 am, Bingo is from 11 am – 1 pm

Cost: \$5 per child - lunch included

Age Group: 2 - 12 years old

Location: Community Events & Bingo Center, Bldg. 50012 Clear Creek Rd

Description: Children only will play 10-14 games with age appropriate toys as prizes. Cost includes lunch for children! Limited to first 150 children. For more information, please call 254-532-9253.



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Casey Memorial Library Events

Storytime at the Library

Dates: April 6, 13, 20, and 27.

Time: 10 am

Cost: No cost

Age Group: 0-5

Location: Casey Memorial Library,
Bldg. 3202, Children's Room

Description: Come out and enjoy a story.

All-Ages Coloring

Date: April 7

Time: 1 - 4 pm

Cost: No Cost

Age Group: All ages welcome!

Location: Casey Memorial Library,
Bldg. 3202, Children's Room

Description: Whether squiggles in crayon or mandalas in pen are your preference, everyone is welcome to drop by and color some fun! For more information call 254-287-4921.

Make and Take Craft

Date: April 12

Time: 5 - 6 pm

Cost: No Cost

Age Group: All ages welcome

Location: Casey Memorial Library,
Bldg. 3202, Children's Room

Description: Have fun making American Flag crafts! For more information call 254-287-4921.

Blackout Poetry

Date: April 14

Time: 2 - 3 pm

Cost: No Cost

Age Group: All ages welcome

Location: Casey Memorial Library,
Bldg. 3202

Description: Poetry is not just for poets, and can be fun for everyone! Bring the family and create your own poems -and art- with old magazines and markers! For more information call 254-287-4921.

Science Saturday: Earth Day

Date: April 21

Time: 1 - 2:30 pm

Cost: No Cost

Age Group: 6-14

Location: Casey Memorial Library,



Bldg. 3202, Children's Room

Description: Science is everywhere, not just in the lab! Join us for a special Earth Day themed Science Saturday with fun science experiments you can repeat at home! For more information call 254-287-4921.

PAWS to Read

Date: April 26

Time: 6 - 7 pm

Cost: No cost

Age Group: Learning readers, their parents, and anyone who wants to pet Kona!

Location: Casey Memorial Library,
Bldg. 3202, Children's Room

Description: Studies show that struggling readers improve significantly when they regularly read to a non-judgmental animal like a dog or cat. So bring the little ones to play, and the older ones can read to Kona! For more information call 254-287-4921.

Enroll in Child & Youth Services to enjoy these fun activities at our centers!

Kouma SAC

Family Night – Make and Take

Date: April 5

Time: 4:30 – 5:30 pm

Cost: No cost to children enrolled in Kouma SAC

Age Group: Youth K- 5th Grade

Description: Come join us for a fun afternoon of activities made for parents and their child/children to do together. Learn to work together in our parent/child relay race. Make a beautiful craft together to take home and cherish for years to come. Take a funny photo together to take home in our Photo Booth, and last but not least, parents get ready for a pie in the face thrown by your Military Child!

Muskogee SAC

Muskogee Boot Scootin' Roundup

Date: April 12

Time: 4:30 – 6 pm

Cost: No cost for children enrolled in Muskogee SAC

Age Group: Youth K- 5th Grade

Description: Round up your boots and grab your pardner! It's a barn dance at Sundown for you city folks. We'll be kickin' up our heels at the Muskogee Ranch so join us in a dance.

Venerable SAC

It's the Month of the Military Child, Purple Up!

Date: April 19

Time: 4:30 pm - 5:30 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth K- 5th Grade

Description: We are encouraging everyone to wear purple on April 19th, as a visible way to show support and thank military children for their strength and sacrifices. Join in as we "Purple Up" and enjoy a month filled with activities for everyone. Youth will decorate their very own Month of the Military Child T-shirt, participate in indoor/outdoor activities, face painting, a Family basketball game and obstacle course challenges. Come out and enjoy spending time with your youth playing games and enjoy Purple Up, Month of the Military Child Celebration. Remember to wear your purple on Thursday April 19, 2018, to show your support!





Montague SAC

3rd Annual, Military Kid Purple Up 2K Run

Date: April 27

Time: 4:30 – 6 pm

Cost: No additional cost to children enrolled in Montague SAC

Age Group: Youth K- 5th Grade

Description: Purple It Up! Come and join us as we celebrate the Month of the Military Child by participating in a 2K run. Wear your purple and chant along with our military helpers as they sing cadences to help motivate the runners to completion.

Walker SAC

Royal Tea for Two

Date: April 12

Time: 4:30 - 5:45 pm

Cost: No additional cost to children enrolled in Venable and Walker SAC

Age Group: Youth K- 5th Grade

Description: Having Tea is a Royal Delight. Come enjoy an enchanting afternoon and dress like a King, Queen, Prince, or Princess. Walker and Venable SAC are hosting a Royal Tea Party. The royal court will be enjoying different flavors of tea and elegant party bites. Youth will also learn good etiquette and social manners. The prince and princess will dance the afternoon away. The party will end with a royal photo. Don't miss this magical afternoon filled with magic and laughter that will give you memories to last a lifetime.

BRONCO Youth Center

Fitness Day

Date: April 5

Time: 5 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Join us for our Fitness day to help children increase muscle strength and endurance. Protect the youth muscles and joints from sports-related injuries. Improve your performance in any sport. Youth will be able to strengthen their bones through an intense strengthen training program for young athletes. After this



Fitness day, youth should be able to address every major muscle group in the body: chest, abs, upper body and lower body. Be Fit and Be Strong!

Month of the Military Child Family Night

Date: April 19

Time: 5 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Join us in a Family fun event as we celebrate the Month of the Military Child. Families will celebrate diversity thru culture games, dancing, and food. Learn more about the diversity that we celebrate and the different communities we travelled as a Military brat.

Robotic Competition

Date: April 20

Time: 5 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Bring your team on over to compete in the Robotic club fun night. Watch or compete in winning the first and second places with the robotic interactive robots and working machines. Each team will be given 45 minutes to work on the project before the competition starts. 1st and 2nd place trophies will be awarded.

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Operation Mega Lock-In

Date: April 27-28

Time: 7pm -7am

Cost: \$10

Age Group: Youth 6th – 12th grade

Description: Calling all Newcomers, come and join us as we celebrate the Month of the Military Child with Teen's around the world. We will spend hours at Midnight Bowling, playing arcade games, listening to music, playing your favorite board games and a basketball challenge to all ballers. Join the Keystone and Torch club as they complete service learning projects and partake in many leadership games and fun. Don't miss this opportunity to share stories about your military experiences. Come one, come all and join the all-night party

HIGH CHAPARRALL Youth Center

Hoop It Up Basketball

Date: April 6

Time: 6 – 7:30 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Come and join High Chaparral for an evening of excitement on the basketball court or basketball video challenge. Enjoy NBA2K18 on the screen, 3 on 3 basketball on the court, Wii, Play Station 4, and much more. So, come over and get your game on.

Hungry Human Hippo's Game

Date: April 11

Time: 6 – 7:30 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Come and experience the game Hungry Hippos with a twist. Join us as we turn an old time favorite into a real life Hungry Human Hippos Games with prizes.

Power Poetry Slam Contest

Date: April 18

Time: 6 - 7 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Join us for an evening of expression and spoken word. Let your voice be heard and speak your truth. So, come out and flow with friends and enjoy poetry and refreshments. All participant will receive certificates.

Earth Day Recycle Inventions

Date: April 20

Time: 6 - 7:30 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Come and join us for an evening of 101 ways to repurpose your trash contest. Youth can participate by collecting clean household trash items and materials needed to create their Earth Day invention. So, join the fun and turn your trash into a masterpiece.



COMANCHE Youth Center

FAMILY NIGHT: Purple Up! Volleyball Rally

Date: April 19

Time: 6– 8 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Invite your Family to a friendly game of volleyball and see how they rally against other Families!

MONTAGUE Youth Center

The Many Shades of Purple...Month of the Military Child Blanket

Date: April 12

Time: 5 - 7 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Youth will chose, decorate and sew their individual swatch to make a creative blanket that represents the many military children in honor of Month of the Military Child.

Ozobot

Date: April

Time: 5 – 7 pm

Cost: No cost for youth enrolled with CYS

Age Group: Youth 6th – 12th grade

Description: Connect your physical and digital worlds with a high precision robot (Ozobot). What is an Ozobot? An Ozobot is a programmable robot that fits in your palm and empowers learners to code, play and create. Come and try it out!



Keep Kids Safe Child Abuse Prevention Month

Strong communities. Strengthen families.



Infant Massage: "Love Me Tender, Touch Me Sweet"

Date: April 3, 10, 17, 24

Time: Morning session: 9:30 am - 10:30 am; evening session: 5:00 am - 6:00 pm

Cost: No Cost

Age Group: Parents of children 0-12 months old

Location: Bldg. 18000 Battalion Ave., Oveta Culp Hobby SFRC

Description: A class designed to educate parents, new or experienced, with the time honored techniques and benefits of applying touch/massage to the baby. Some of benefits are improved circulation, increased respiration drive, healthier digestion, relief from colic, congestion, teething, and constipation; just to name a few. For additional detail and required pre-registration, please call 254-287-2286.

Age Group: New & Expectant Fathers of newborn infants (Military & Civilian fathers)

Location: Bldg. 18000 Battalion Ave., Oveta Culp Hobby SFRC

Description: This class educates new and expectant fathers on the parental roles and responsibilities and helps them develop strategies to adapt and cope with a new baby. It is an interactive workshop for DAD'S ONLY! For more information and pre-registration, please call 254-287-2286.

Preparing for Marriage: "How to Raise Healthy Children"

Date: April 4

Time: 9 am - 4:30 pm

Cost: none

Age Group: Adults (engaged couples)

Location: Bldg. 18000 Battalion Ave., Oveta Culp Hobby SFRC

Description: The workshop regularly empowers attendees with skills and insights which would enable them to enter matrimony. Couples will be better prepared to enhance the communication and fulfill mutual emotional needs that lead to a successful marriage. During Child Abuse Prevention Month, the emphasis will be on how to raise and incorporate children into this newly found dynamic, resulting in becoming healthy children today, and better spouses tomorrow. For more information and pre-registration call 254-286-5338 or 286-6774/288-2092.

"Parenting, Nurturing, and Preventing Abuse" Parenting Workshop

Date: April 3, 10, 17, 24

Time: 9:30 am - 11:30am

Cost: No Cost

Age Group: Parents of children 4-13 years old

Location: Bldg. 18000 Battalion Ave., Oveta Culp Hobby SFRC

Description: The purpose of the class is to address the issues, and provide meaningful information to parents of school age children. It will address concerns that may occur within this relationship and how to establish and maintain a calm and positive bond during this transitional age. For registration or additional information, please call at 254-618-7443 or 254-286-6774.

Boot Camp for New & Expectant Dads: "Dedicated and Devoted, Dads to Be"

Date: April 4

Time: 9 am - 12 pm

Cost: None



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Shaken Baby Syndrome Prevention & Education: “Love Them, Protect Them, Never Shake Them”

Date: April 11 & 25

Time: 6 – 7 pm

Cost: None

Age Group: Expectant Parents

Location: Bldg. 36065, Carl R. Dar-nall Army Medical Center

Description: Educating and informing parents about the ways and strategies to care for infants throughout their periods of distress such as crying, colic, illness, and other similar situations. This class will concentrate on calming both parent and child in order to create a safe, loving and nurturing environment. Topics include: definition and effects



of Shaken Baby Syndrome, outlining the factors and common triggers caregivers may experience and outline coping skills to prevent such incidents from occurring. Due to limited class space, only expectant mothers with at least 32 weeks of gestation may attend. To pre-register or for more information, please call 254-287-2286.

New Parent Support Program Playgroup: Explore, Learning and Play

Dates:

April 4 - “What Makes Your Family Strong?”

April 7 - “Play Time is the Best Time”

April 11 - “Strong Roots Make Beautiful Leaves”

April 18 - “All About My Community”

April 25 - “Strong Families/Safe Communities”

Time: 9:30 - 11:00 am

Cost: No Cost

Age Group: Children 0-3 years old

Location: Bldg. 6602, Tank Destroyer Blvd, Bronco Youth Center

Description: Educational and fun activity for parents with children ages 0-3 years old. Each week during the month of April, a central theme will be focused on and interwoven among regular activities. It is an excellent time for children to develop motor and social skills, have fun and for parents to network among themselves. For more information, please call 287-2286 or 288-1431.

“Focus on the Child” Relationship Enrichment Program Workshop for Couples

Date: April 11

Time: 9am – 4pm

Cost: No Cost

Age Group: Adult (present & future parents)

Location: Bldg. 18000 Battalion Ave., Oveta Culp Hobby SFRC

Description: The relationship enrichment workshop during Child Abuse Prevention Month will concentrate on essential topics such as building healthy relationships to model for children, understanding expectations with children, and parenting styles. Other supporting topics will focus on adult issues such as personality discovery, improving communication & intimacy, and tips on how to support your partner. For more information and pre-registration, call 618-7584/7827 (educators) or 286-6774 / 288-2092 (admin staff).

“Stress is Contagious: Don’t Give It To Your Children” Stress, Anger, and Conflict Management Workshop

Date: April 12

Time: 9:00 am - 4:00 pm

Cost: No Cost

Location: Bldg. 18000 Battalion Ave., Oveta Culp Hobby SFRC

Description: In keeping with the month’s theme, the stress class will emphasize the affects, causes, and hints on the impact of transmitting stress toward the children. The key point is that whether it is intention-

al or not, as parents, one must be vigilant on the level of interaction and influence upon the children during their impressionable periods. For more information and pre-registration, please call 254-286-6774, 254-288-2092, 254-618-7584.

“Keep Children Safe: Every Ride, Every Time” Child Passenger Safety Education and Inspection Program

Date: April 13

Time: 9:00 am - 12:00 pm (By appointment)

Cost: No Cost

Location: Bldg. 9138, Old Ironsides Ave. & 20th Street, Sprocket Auto Craft Center

Date: April 27

Time: 9:00 am – 12:00 pm (First come, first serve; no appointment required)

Cost: No Cost

Location: Corner parking lot at TJ Mills Blvd & 761st Tank Destroyer Blvd (Across from Chili’s Grill & Bar restaurant)

Description: Certified technicians will provide up-to-date information about car seat installations and hands-on education to ensure your child’s safety. For more information, or to schedule an appointment please call (254) 287-6505 or (254) 288-2092.

“Blending the Family Towards Success, One Step at a time” Workshop for Blended Families

Date: April 19

Time: 9:00 am - 12:00 pm

Cost: No Cost

Age Group: Parents with children of all ages

Location: Bldg. 18000 Battalion Ave., Oveta Culp Hobby SFRC

Description: This workshop specializes in identifying the unique issues a family can encounter when a parent with children remarries and creates a new family dynamic. It addresses the challenges step parents and step children encounter and discusses means of resolving issues and potential conflicts. For additional detail and required pre-registration, please call 254-287-2286.

STRONG COMMUNITIES

STRENGTHEN FAMILIES



The subject in this photo is a model for illustrative purposes only.

BE INFORMED

Stay a step ahead, build your parenting skills.

BE ATTENTIVE

Consistent care and supervision help kids thrive.

BE SUPPORTIVE

Caring words and small actions make a big difference.

Help prevent child abuse. If you are concerned about a military child, call:

Fort Hood Family Advocacy Program
(254)286-6774

Your local Child Protective Services or
Child Abuse and Neglect reporting line:
(254)287-CARE(2273)

Childhelp National Child Abuse Hotline:
800-422-4453

For additional information, visit
www.militaryonesource.mil



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