

COMMUNITY SERVICES COUNCIL MEETING SEATING

Tables 1-10		Tables 11-20		Tables 21-30		Tables 31-40	
1	BOSS MWR Advisor	11	DPTMS	21	MWR-BOD	31	CPAC
2	CRDAMC CDR	12	DPW	22	MWR-CYS	32	FHAVCCF
3	CRDAMC CSM	13	EEO	23	MWR-CRD	33	FH CUST. SVC OFFICER
4	CRDAMC DEP CDR	14	EXCHANGE	24	MWR-NAF SUPPORT SVC	34	FORT HOOD FAMILY HSG.
5	DECA-CC	15	HEALTH PROMOTIONS	25	NEC	35	FISHER HOUSE
6	DECA-WW	16	IG	26	PAO	36	FORT HOOD THRIFT SHOP
7	DENTAC CDR	17	III CORPS CHAPLAIN	27	RESILIENCY CAMPUS	37	FHMFMSF
8	DENTAC DEP CDR	18	LRC	28	USAG CHAPLAIN	38	FHSC
9	DES	19	MICC	29	AMERICAN RED CROSS	39	SANTA'S WORKSHOP
10	DHR	20	MWR-ACS	30	CTC	40	USO

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018

CSC DOCUMENTS



QR CODE

See back of the agenda

or

go online to

<https://hood.armymwr.com//programs/csc-calendar-events>

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018

OPENING REMARKS

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018

INVOCATION

GUEST INTRODUCTION

Mr. Nicholas Johnsen

Director

**Directorate of Family, Morale,
Welfare and Recreation**

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
PREVIOUS EVENT HIGHLIGHTS

Previous Event Highlights

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY EVENTS CALENDAR

- 1. The Calendar of Events is available online at <https://hood.armymwr.com//programs/csc-calendar-events>.**
- 2. Hot buttons link directly to CSC documents from the Fort Hood and MWR web pages**

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
SUGGESTED TOPIC UPDATES

Suggested Topic Updates

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

COMMUNITY UPDATES

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

**Carl R. Darnall Army Medical Center
(CRDAMC)**

**COL David Gibson
Commander**

**(254) 288-8001
david.r.gibson.mil@mail.mil**



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Carl R. Darnall

Army Medical Center

Healthcare Delivery Update

COL David R. Gibson
Commander



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CRDAMC Update

UH OH

**GUESS WHAT DAY IT
IS**



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Weapons System Readiness





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Weapons System Readiness





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Is this Familiar?

ERROR 4:04 AM



SLEEP NOT FOUND

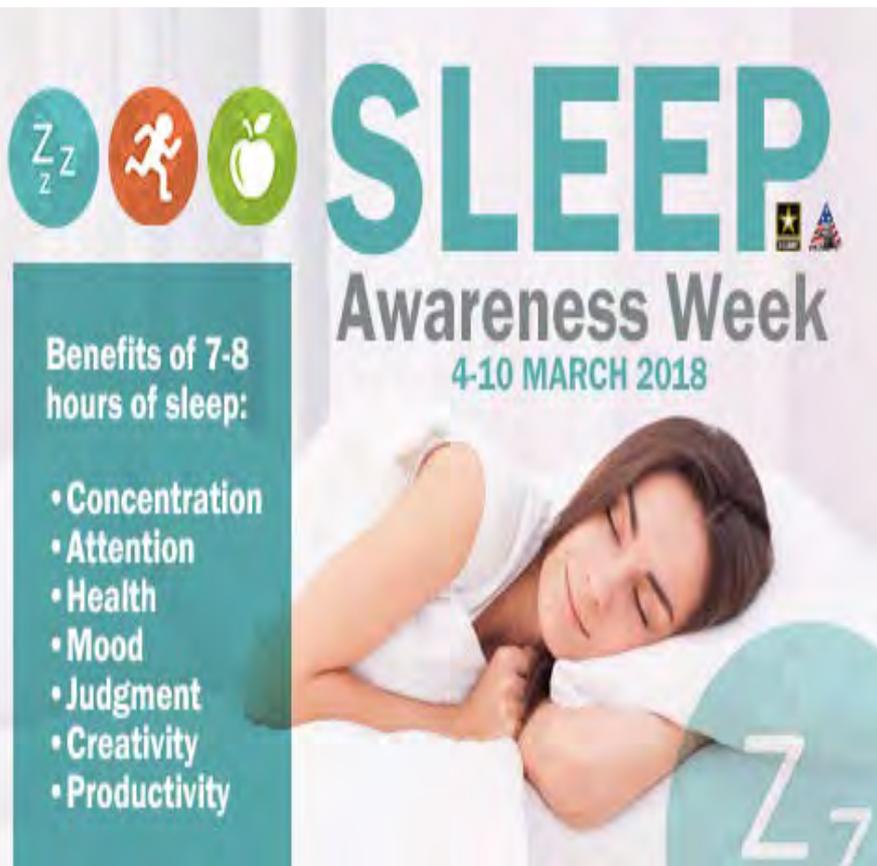


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Sleep Awareness Week

6 Sleep Tips

- 1. Establish the environment-** no light, comfortable temperature, quiet, and maintain schedule on off days—establish and keep a calming ritual
- 2. Go caffeine free** 6-7 hours before bedtime (i.e., food and drink)
- 3. Stop all nicotine** 6-7 hours before bedtime (recommend quitting)
- 4. Remove electronics** from the bedroom and turn clock face so you cannot see the time.
- 5. Limit all fluids-** 2 hours before bedtime
- 6. Exercise daily**



Sleep Hygiene

- Enforce optimal sleeping and living environments.
- Lights off at 2200 (if waking at 0530-0600)
- Enforce quiet times and lights out can help Soldiers increase sleep time.
- Train Soldiers on managing sleep for training and for sustained operations

New Location – PT Clinic



Musculoskeletal Injury? Get Help at

FORT HOOD SPARTA CLINIC

Triage

6:30 - 7:30 a.m.

Rehab

6:30 - 9:00 a.m.

New Location: CRDAMC Physical Therapy Clinic

HOW

1. Get a DD689 sick slip signed by a provider at your unit supported medical clinic
2. Go to SPARTA TRIAGE in the cast clinic at CRDAMC 36065
3. Get a rehab plan or receive follow-up at SPARTA Reconditioning clinic located at the Intrepid Spirit Center

SPARTA = Soldier Peak Performance and Advanced Reconditioning
for the Tactical Athlete



How Are We Doing?



NSQIP

- 2 out of 42 MHS facilities (Top 5%)
- 27 out of 704 US hospitals (Top 4%)



JOES

- 91.2% (July 17)
- 92.2% (Dec 17)



TRISS

- 74.2 % (Q3 FY17)
- 72.8% (Q4 FY 17)





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Self Care Program



Soldiers, Family Members and Retirees can receive up to four over the counter medications per family per month.

Take the short exam online at:

<https://www.crdamc.amedd.army.mil/pharm/self-care.aspx>

Print your card and visit a pharmacy

Utilizing Self Care Program can save you time and money

Layette Program

WHO: All units at Fort Hood

WHAT: Present your unit's newest arrivals with unit branded gifts

WHY: To welcome new arrivals and support morale within the total Army Family

HOW IT WORKS:

1. III Corps - CRDAMC liaison will notify brigade POC of births* occurring Monday – Friday.
2. CRDAMC NICU personnel will make notification of births* that occur on Saturday and Sunday.
3. Brigade POC will notify unit leadership or FRG leader in order to plan visit and delivery of unit gift.
4. POC will deliver gift to family at CRDAMC's Mother Baby Unit in Building 36065



TO PARTICIPATE: register via email at
usarmy.hood.medcom-crdamc.mbx.layette-program@mail.mil

Participating units may store gifts at CRDAMC Mother Baby Unit for ease of pick-up and delivery to unit personnel



**Information about patients will be released IAW FOIA, Privacy Act, and HIPAA Act.*



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Questions?



COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

American Red Cross

Ms. Gail Pierce
Dental Chairman

(254) 287-0400
forthood@redcross.org
Attn: Gail Pierce

DENTAL ASSISTANT TRAINING PROGRAM

- **March 1, 2018 – Applications available**
- **April 30, 2018 – Application due date**
- **Selection process – Pre-screening exam and interview**
- **Valid military ID, 18 or older, high school diploma or GED**

DENTAL ASSISTANT TRAINING PROGRAM
(Continued)

- **Class is from September 2018 through May 2019**
- **Class is FREE-must pay for educational materials**

For more information, call (254) 287-0400 or see the American Red Cross Dental Assistant Program Fact Sheet.

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

Mrs. Wendy Cassell

Fort Hood Spouses' Club
(Wild West Night Chair)

(571) 334-6935
fhsc.wwn.chair@gmail.com

WILD WEST NIGHT

- **March 2, 2018**
- **7:00 pm – 10:00 pm**
- **Club Hood**
- **Tickets on sale hard copy or online at www.universe.com/wildwestnight**

For more information, call (571) 334-6935.

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018

COMMUNITY UPDATES



THE FORT HOOD SPOUSES' CLUB PRESENTS

WILD WEST NIGHT

Friday,
March 2, 2018
7pm-10pm
Club Hood
24th Street
Fort Hood, TX

Featuring
Live Music
Live Auctions
Silent Auctions
Raffles
Blackjack
Roulette
Wild West Jail
Photo Station
Hors d'oeuvres
Cash Bar

Tickets
Presale \$10 / Door \$15

Tickets online at: www.universe.com/wildwestnight
Open to the public
21 years and over

32nd Annual

**Better Opportunity for Single Soldiers
(BOSS)**

SPC Aisha Ward
Vice President

(254) 287-6116
forthoodboss@gmail.com



**COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES**

BOSS UPCOMING EVENTS

- **Mar 1, 2018 and March 15, 2018, BOSS Bi-Monthly Meeting**
- **Mar 9, 2018, K-1 Speed**
- **Mar 23, 2018, Escape Room**

For more information, call (254) 287-6116.

CHILD & YOUTH SERVICES (CYS)

Ms. Ashley Hill
Youth & School Age Care Administrator

(254) 287-2164
ashley.n.hill77.naf@mail.mil

SCHOOL AGE CARE (SAC)
SPRING BREAK CAMP

- **March 12-16, 2018**
- **5:30 am – 6:00 pm**
- **Walker School-Age Care**
- **Fees are determined by category; Occasional care is \$4 per hour, or five free hours/month open recreation for those not enrolled in the program**
- **Grades Kinder – 5**
- **For more information, call (254) 287-7950.**

CYS TEEN EXTREME LEADERSHIP CLINIC

- **March 12-16, 2018**
- **7:00 am – 1:00 pm (Youth Center remains open until 8:00 pm)**
- **Bronco Youth Center**
- **Fees are determined by Total Family Income category**
- **Open to youth in grades 6 – 12**

CYS TEEN EXTREME LEADERSHIP CLINIC (Continued)

- **Take yourself to the limits in extreme activities, enjoy thrilling trips and build your leadership skills, learn how to build trust and self-esteem, improve communication and appreciate differences in others through teambuilding**

For more information, call (254) 287-6745 or (254) 287-8029.

Fort Hood Area Lemonade Day

Mrs. Amanda Sequeira
City Director

(254) 554-4471
amanda.sequeira@1stnb.com

FORT HOOD AREA LEMONADE DAY

- **Lemonade Day registrations**
- **Community Events**
 - **Lemonade Day University – March 27, 2018**
 - **Build A Stand Workshops – April 12, 2018**
 - **Lemonade Day – May 5 – 6, 2018**
- **Businesses needed to host stands**
- **Get out and buy a glass if you are not helping a child with their lemonade stand**

For more information, call (254) 554-4471.

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

Fort Hood Garrison Chaplain's Office

COL Charles Fields
Garrison Chaplain

(254) 288-6554
charles.m.fields12.mil@mail.mil

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

PALM SUNDAY

- **March 25, 2018**
- **Various Times**
- **Various Chapel**

For more information, call (254) 288-6545.

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

HOLY THURSDAY

- **March 29, 2018**
- **Various Times**
- **Various Chapel**

For more information, call (254) 288-6545.

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

GOOD FRIDAY

- **March 30, 2018**
- **Various Times**
- **Various Chapel**

For more information, call (254) 288-6545.

EASTER SUNRISE SERVICE

- **April 1, 2018**
- **7:00 am**
- **Main Post Chapel and North Fort Hood Chapel**

For more information, call (254) 288-6545.

**Military Child Education Coalition
(MCEC)**

Ms. Tori Noon
Parent to Parent Educator
Team Fort Hood

(910)723-9963

ptop.hood@militarychild.org

MCEC PARENT TO PARENT PROGRAMS/WORKSHOPS

Providing informative and interactive parent workshops to groups in the Fort Hood area

- Non-profit and free for your group
- Caters to the needs and ages of your group

**MCEC PARENT TO PARENT
PROGRAMS/WORKSHOPS
(Continued)**

Popular Workshop Topics...

- **Staying Connected During Deployments**
- **Coping Skills and Resiliency**
- **School Transitions**
- **Educational Portfolios**
- **Early Explorations in Science, Math, Music and Play**

For more information, ptop.hood@militarychild.org

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

Fort Hood Area Fisher House

Mr. Steven Wakefield
Manager

Office: (254) 286-7927

Cell: (254) 220-6985

steven.h.wakefield.naf@mail.mil



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FISHER HOUSE
AT 25 *Because a Family's Love Is Good Medicine*



Fort Hood Army Fisher House

Information Brief

Steven Wakefield
Manager, Fort Hood Army Fisher House

UNCLASSIFIED



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Fisher House

History of the Army Fisher House

- Mid 1970's at National Naval Medical Center, Bethesda.
- 1986 Bethesda Naval Officer's wives Club and Zachary Fisher.
- 1991 first Fisher House to open at National Naval Medical Center, Bethesda.
- 1992 Zachary Fisher donated 6 more houses for a total of 7 houses.
- Army Fisher House is the proud recipient of 17 houses at 11 installations.





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Fisher House

MISSION

Provide temporary lodging for families of active duty, military retirees and Veterans undergoing treatment at major military medical treatment facilities.

In 2017 we provided 203 families, 1,461 nights of lodging. The average stay was 7.19 days. Saving families \$138,795.00



“providing comfort, caring and compassion...beyond the call of duty”





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Fisher House

AVAILABILITY

- Available for Inpatient Families.
- Available for Soldiers requiring family assistance in multi day outpatient appointments.
- Available for Families of service members doing multi day outpatient appointments.
- Available for Gold Star Families attending memorial services.
- Hotel for Heroes only available if the Fisher House is full.





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Fisher House

Funding

- Program receives no appropriated funds. Funds come from 3 sources: service fees, interest income, and charitable contributions.
- Support comes from volunteer groups, Spouse's clubs, family support groups, civic and military organizations.



- 1st Annual Golf Scramble Hosted by 1st Medical BDE “Silver Knights” will be held on 7 September at the Clear Creek Golf Course.
- **CFC# 34516**





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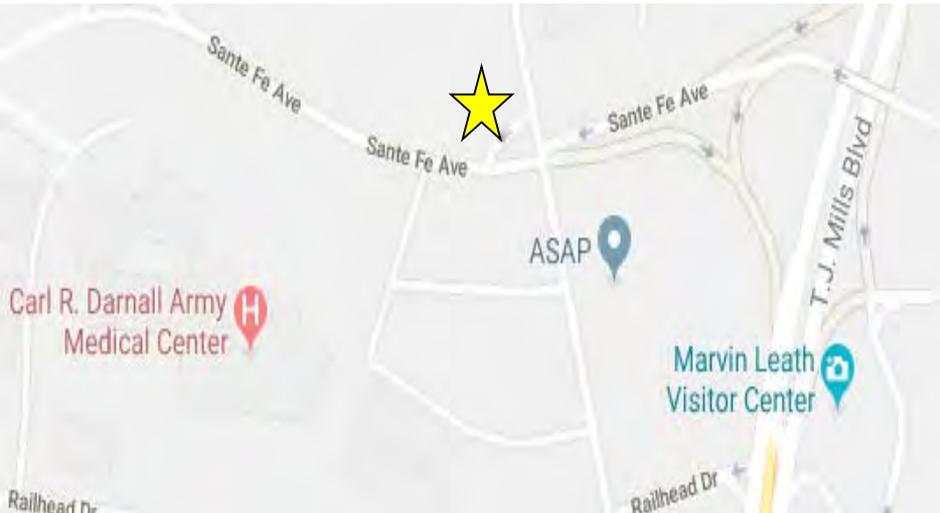
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Fisher House

Contact Information

Building 36015 Fisher Lane
(on the Corner of Santa Fe and Wratten)
Fort Hood TX 76544



Office: (254) 286-7927

Cell: (254) 220-6985

steven.h.wakefield.naf@mail.mil



Army Community Service (ACS)

Ms. Bridget Sanders
Financial Readiness Branch (FRB)
Personal Financial Readiness Specialist

(254) 287-2489
bridget.a.sanders.civ@mail.mil

MILITARY SAVES 2018

- **February 26, 2018 – March 3, 2018**
- **Theme: Set a Goal, Make a Plan, Save Automatically**
- **Pledges may be made at www.militarysaves.org**
- **ACS staff visits to units to accept pledges**
- **Goal is 5,000 pledges**

For more information, call (254) 287-2489.

Army Community Service (ACS)

Mr. Johnny Judd
Financial Readiness Branch (FRB)
Army Emergency Relief (AER)
Specialist

(254) 288-7292
johnny.w.judd.civ@mail.mil

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

ANNUAL AER CAMPAIGN

- **76th Year for AER**
- **Campaign runs 1 March to 15 May 2018**
- **100% Informed about AER.**
- **All Level Unit Campaign Reps**
- **AER Assists Army Wide \$69.7 million to 43,000 Soldiers**

For more information, call (254) 288-7292.

Army Community Service (ACS)

Ms. Doris Arnett
Soldier and Family Readiness Branch
Resilience Training Coordinator

(254) 553-2741
doris.f.arnett.civ@mail.mil

**2018 RESILIENCE EXPO –
PHYSICAL RESILIENCE**

- **March 22, 2018**
- **8:30 am – 11:30 am**
- **Applied Functional Fitness Center**

For more information, call (254) 553-2741.

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

Family and MWR

Mr. Nicholas Johnsen
Director

(254) 287-4339
nicholas.r.johnsen.naf@mail.mil

ALL-ARMY TRIAL CAMP SUBMISSIONS

- **SFC Damian Codrington**
Material Fielding Team (MFT) Hood
All-Army Bowling
April 10-13, 2018
Fort Lee, VA

- **2LT Carmen Tomko**
A-Co, 2-7 CAV, 3 ABCT
All-Army Rugby – Women
June/July 2018 (Tentative)
Location: TBD

For more information, call (254) 286-5760.

**GARRISON COMMANDER'S
GOLF SCRAMBLE**

- **March 2, 2018**
- **12:00 pm Shotgun Start**
- **The Courses of Clear Creek**

For more information, call (254) 287-4130.

**3RD ANNUAL JUNIOR RESERVE
OFFICER TRAINING CORPS (JROTC)
SKILLS MEET**

- **March 3, 2018**
- **8:30 am – 4:00 pm**
- **Abrams Physical Fitness Center &
Kieschnick Gym**

For more information, call (254) 288-7946.

2018 FORT HOOD LIFEGUARD / WATERFRONT CERTIFICATION CLASSES (8)

- 1. March 12-16, 2018
(Spring Break)
8:00 am – 5:00 pm**
- 2. March 23-28, 2018
Friday (7:00 pm - 9:00 pm),
Saturday and Sunday (8:00 am – 5:00 pm)
and Monday through Wednesday
(5:00 pm – 9:00 pm)**

**2018 FORT HOOD LIFEGUARD / WATERFRONT
CERTIFICATION CLASSES
(CONTINUED)**

3. April 6-11, 2018

**Friday (7:00 pm - 9:00 pm),
Saturday and Sunday (8:00 am – 5:00 pm)
and Monday through Wednesday
(5:00 pm – 9:00 pm)**

4. April 20-25, 2018

**Friday (7:00 pm - 9:00 pm),
Saturday and Sunday (8:00 am – 5:00 pm)
and Monday through Wednesday
(5:00 pm – 9:00 pm)**

**2018 FORT HOOD LIFEGUARD / WATERFRONT
CERTIFICATION CLASSES
(CONTINUED)**

5. May 4-9, 2018

Friday (7:00 pm - 9:00 pm),

Saturday and Sunday (8:00 am – 5:00 pm)

and Monday through Wednesday

(5:00 pm – 9:00 pm)

6. June 4-8, 2018, 8:00 am – 5:00 pm

7. June 11-15, 2018, 8:00 am – 5:00 pm

**2018 FORT HOOD LIFEGUARD / WATERFRONT
CERTIFICATION CLASSES
(CONTINUED)**

- **Lifeguard Certification:
\$150 (Swimming Pools)**
- **Lifeguard and Waterfront Certification:
\$175 (BLORA Beach)**
- **Abrams Indoor Pool**
- **For information and to register, call (254) 287-4648.**

GLOW RUN 5K – RUN/WALK

- **March 17, 2018**
- **Race begins at 7:30 pm**
- **Abrams Physical Fitness Center**

For more information, call (254) 285-5459.

PHANTOM WARRIOR
GOLF SCRAMBLE

- **March 23, 2018**
- **12:00 pm Shotgun Start**
- **The Courses of Clear Creek**

For more information, call (254) 287-4130.

SPRING EASTER FESTIVAL

- **March 24, 2018**
- **11:00 am – 4:00 pm**
- **Apache Arts and Crafts Center**

For more information, call (254) 287-0343.

FLASHLIGHT EASTER EGG HUNT

- **March 29, 2018**
- **8:30 pm**
- **Belton Lake Outdoor Recreation Area**

For more information, call (254) 287-2523.

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
COMMUNITY UPDATES

EASTER SUNDAY BRUNCH

- **April 1, 2018**
- **10:30 am or 1:30 pm**
- **Club Hood**

For more information, call (254) 532-5073.

COMMUNITY SERVICES COUNCIL MEETING – February 28, 2018
OPEN DISCUSSION

SUGGESTED TOPICS FOR DISCUSSION

CLOSING REMARKS

Next Meeting

Wednesday, March 28, 2018, 10:30 am

**Community Events and
Bingo Center**

www.Hood.armyMWR.com