



Hood.ArmyMWR.com

246th Army Birthday Celebration/ Day Date Trail Run at BLORA/ ACS Virtual Resilience Expo/ ACS Infant Care for Parents/ Summer Day Date Trail Run/ BOSS Skip Day Overnight Trip/ Pool Openings/ Independence Day Celebration

246th

ARMY

BIRTHD

June 14, 3-8pm

Virtual Gary Sinise Concert

Honoring the Courage of the American Soldier



HE HEROES orhsip does not apply

III Corps & Fort Hood Hosts

For more information: Hood.ArmyMWR.com

Fort Hood Army Community Service Family Advocacy New Parent Support Program

Virtual Infant Care for Parents





2nd Thursday of each month 1:00 p.m. - 2:30 p.m.

New and Expecting Parents join us and learn about basic care for infants.

- Infant Feedings and Feeding Schedules
- Burping
- Bathing
- **Umbilical Cord Care**
- **Diapering and Changing**
- Swaddling
- Soothing Techniques of Crying Infants

For more information and to register: Call (254) 287-2286 Email: usarmy.hood.imcom-fmwrc.list.acs-NSPS@mail.mil



ility, contact the ACS SFRB at 254-288-2794



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SUMMER TRAIL RUN

TREAT YOUR BOO THANG OR FITNESS PAL TO A RUN / WALK THROUGH NATURE FOLLOWED BY A PICNIC

SPACES ARE LIMITED!

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DP

RUN OR WALK 4.5 MILES OR 1 MILE TRAIL

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CHECK-IN BEGINS AT 7 AM **8 AM RACE STARTS**

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OPEN TO ALL DOD \$20.00

NON-DOD \$25.00

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SINGLE SOLDIER'S **VAND OVERNIGHT** Skip D **AT SIX FLAGS!** TRIP **REGISTER NOW!** JUNE 25-26

REGISTRATION REQUIRED

\$85 CASH (COVERS LODGING, ADMISSION, + TRANSPORTATION) NON-REFUNDABLE

FOR MORE INFORMATION, PLEASE CALL 254-287-6116

> MASK REQUIRED TO TRAVEL IF UNVACCINATED





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