



UNITED STATES ARMY  
**CHILD & YOUTH SERVICES**

2019

# **Fort Hood Parent Handbook**



**IMCOM**  
SOLDIERS • FAMILIES • CIVILIANS

## CONTACT INFORMATION

### **Parent Central Services (Registration for all programs)**

Building 121, 761<sup>st</sup> Tank Battalion Avenue

Mon/Tue/Thu/Fri ..... 7:30am-4:30pm

Wednesday ..... 7:30am-5:30pm

*Appointments encouraged/walk-ins*

*welcome Mon-Thu 7:30am-3:30pm*

*and Wed 7:30am-4:30p.m*

*Appointments only on Fri*

DSN: 737-8029 • CIV: 254-287-8029

Webtrac: <https://webtrac.mwr.army.mill>

Closed on Federal Holidays

### **Child Development Centers**

#### **Clear Creek Child Development Center**

Building 41015 Clear Creek Road

Mon-Fri ..... 5:30am-6:00pm

DSN: 663-9443 • CIV: 254-553-9443

Closed on Federal Holidays

#### **Comanche Child Development Center**

Building 42024 Tank Destroyer Boulevard

Mon-Fri ..... 5:30am-6:00pm

DSN: 737-4848 • CIV: 254-287-4848

Closed on Federal Holidays

CURRENTLY CLOSED FOR REMODELING

#### **Fort Hood Child Development Center Annex**

Building 36084 Darnall Loop

Mon-Fri ..... 5:30am-6:00pm

DSN: 663-9556 • CIV: 254-553-9556

Closed on Federal Holidays

#### **Fort Hood Child Development Center**

Building 113 T.J. Mills Boulevard

Mon-Fri ..... 5:30am-6:00

DSN: 737-6037 • CIV: 254-287-6037

Closed on Federal Holidays

#### **Meadows Child Development Center**

Building 333 761<sup>st</sup> Tank Battalion Avenue

Mon-Fri ..... 5:30am-6:00pm

DSN: 663-8353 • CIV: 254-553-8353

Closed on Federal Holidays

**Montague Child Development Center**

Building 7004 Clement Drive

Mon-Fri ..... 5:30am-6:00pm

DSN: 737-8835 • CIV: 254-287-8835

Closed on Federal Holidays

**CYS Nurse Specialist**

DSN: 737-7331 • CIV: 254-287-7331

Closed on Federal Holidays

**CYS Nutritionist**

DSN: 663-2663 • CIV: 254-553-2663

Closed on Federal Holidays

**Family Child Care (FCC)**

Building 283 Battalion Avenue

Mon-Fri ..... 7:30am-4:30pm

DSN: 737-5448 • CIV: 254-287-5448

Closed on Federal Holidays

**School-Age Care Centers****Kouma School-Age Care Center (Serves Clear Creek Elementary School)**

Building 48303 Johnson Drive

Mon-Fri ..... 5:30-7:30am and 3:15-6:00pm

School Out Days, All Camps .... 5:30am-6:00pm

DSN: 725-6017 • CIV: 254-285-6017

Closed on Federal Holidays

**Montague School-Age Care Center (Serves Montague Elementary School)**

Building 70020 Clement Drive

Mon-Fri ..... 5:30-7:00am and 2:45-6:00pm

School Out Days, All Camps .... 5:30am-6:00pm

DSN: 725-6017 • CIV: 254-285-6017

Closed on Federal Holidays

**Muskogee School-Age Care Center (Serves Oveta Culp Hobby & Clarke Elementary Schools)**

Building 52943 Muskogee Road

Mon-Fri ..... 5:30-7:40am and 2:45-6:00pm

School Out Days, All Camps .... 5:30am-6:00pm

DSN: 663-7706 • CIV: 254-553-7706

Closed on Federal Holidays

**Walker School-Age Care Center (Serves Meadows Elementary School)**

Building 85018 Warrior Way

Mon-Fri ..... 5:30-7:00am and 2:45-6:00pm

School Out Days, All Camps .... 5:30am-6:00pm

DSN: 737-7905 • CIV: 254-287-7905

Closed on Federal Holidays

**Venable School-Age Care Site (Serves Venable Elementary School)**

Building 60160 Venable Road

Mon-Fri ..... 5:30-7:30am and 3:15-6:00pm

School Out Days, All Camps .... 5:30am-6:00pm

DSN: NA • CIV: 254-616-5943

Closed on Federal Holidays

**School Liaison Officer**

Building 121 761<sup>st</sup> Tank Battalion Ave

Mon-Fri.....7:30am-4:30pm

DSN: 738-7946 • CIV: 254-288-7946

Closed on Federal Holidays

**SKIES Unlimited Instructional Programs**

***Schools of Knowledge, Inspiration, Exploration and Skills***

Building 121 761<sup>st</sup> Tank Battalion Ave

Mon-Fri.....7:30am-4:30pm

DSN: 737-4592 • CIV: 254-287-4592

Closed on Federal Holidays

**Youth Centers**

**Bronco Youth Center**

Building 6602 Tank Destroyer Boulevard

School Year Hours Mon-Sat... 3:00pm-8:00pm

*Late Night Fridays\**

~~\*Rotates Among Youth Centers~~..... 3:00pm-11:00pm

Summer Hours, Mon-Sat... ..... 12:00pm-8:00pm

*Specialty Camps*

(Spring, Summer, Winter)..... 7:00am-1:00pm

DSN: 737-6745 • CIV: 254-287-6745

Closed on Federal Holidays

**Comanche Youth Center**

Building 52019 Tank Destroyer Boulevard

School Year Hours Mon-Sat... 3:00pm-8:00pm

*Late Night Fridays\**

~~\*Rotates Among Youth Centers~~..... 3:00pm-11:00pm

Summer Hours, Mon-Sat... ..... 12:00pm-8:00pm

*Specialty Camps*

(Spring, Summer, Winter)..... 7:00am-1:00pm

DSN: 737-5843 • CIV: 254-287-5843

Closed on Federal Holidays

**High Chaparral Youth Center**

Building 5848 Hoover Hill Road

School Year Hours Mon-Sat... 3:00pm-8:00pm

*Late Night Fridays\**

~~\*Rotates Among Youth Centers~~..... 3:00pm-11:00pm

Summer Hours, Mon-Sat... ..... 12:00pm-8:00pm

*Specialty Camps*

(Spring, Summer, Winter)..... 7:00am-1:00pm

DSN: 737-5646 • CIV: 254-287-5646

Closed on Federal Holidays

**Montague Youth Center**

Building 700200 Clement Drive

School Year Hours Mon-Sat... 3:00pm-8:00pm

*Late Night Fridays\**

~~\*Rotates Among Youth Centers~~..... 3:00pm-11:00pm

Summer Hours, Mon-Sat... ..... 12:00pm-8:00pm

*Specialty Camps*

(Spring, Summer, Winter)..... 7:00am-1:00pm

DSN: 663-7662 • CIV: 254-553-7662

Closed on Federal Holidays

**YS Sports and Fitness**

Building 70020 Clement Drive (Montague YC)

Mon-Fri.....9:00am-6:00pm

DSN: 663-7661 • CIV: 254-553-7661

Building 6602 Tank Destroyer Boulevard (Bronco YC)

Mon-Fri.....9:00am-6:00pm

DSN: 738-3770 • CIV: 254-288-3770

Closed on Federal Holidays

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## Welcome Letter

Dear Parents,

Welcome to Fort Hood Child-& Youth Services (CYS)! We recognize the strength of our Soldiers comes from the strength of their Families; we consider it an honor and look forward to supporting your Family readiness. CYS is an Army program that provides services to all Military, Department of Defense and Contract Agencies who support the mission of our Garrisons. Our highly trained staff is committed to providing a safe, nurturing environment that meets the holistic needs of the child/youth ages four weeks to 18 yrs old. Lastly, our programs and activities are specifically designed by early childhood and youth development specialists to meet the growing needs of 21st century military Families.

CYS believes that parents are the most influential individuals in the lives of their child/youth. For this reason, our facilities and programs strive to create a Family friendly environment where parents and staff work in partnership in the positive development of their child/youth. Research shows that when Families and teachers work together in support of learning, it results in the child/youth remaining in school longer, performing better in school and possessing a higher sense of self-esteem.

We thank you for partnering with Fort Hood in the growth and development of your child/youth. We look forward to your visits and encourage you to become involved in the planned learning activities in the centers, in the home of your provider or in the comfort and convenience of your own home.

Again, thank you for considering Fort Hood Child & Youth Services (CYS)!

Sincerely,



Sheila R. Curtis

Chief  
Child & Youth Services



## **CAREGIVERS CREED**

I am an Army Caregiver, a professional trained in my duties. I serve Department of Defense Families who protect the nation by protecting their children. I will always provide a safe, nurturing, and enriching environment. Never will I put children in harm's way or allow others to do so. I will build trust with parents so they can concentrate on their mission. I will always treat Families with the dignity and respect they deserve. Army Caregivers are key members of the Army Team. I am an Army Caregiver!



## **CUSTOMER SERVICE**

### **CUSTOMER SERVICE STANDARDS**

Family and Morale, Welfare and Recreation (F&MWR) is committed to providing quality through service excellence to our Soldiers and Families commensurate with the quality of their service to our Nation. We understand that we create value for our customers through predictable, consistent and efficient customer focused service.

Overarching **C-U-S-T-O-M-E-R** Service Standards

- **C**heerful greetings for every customer.
- **U**se positive communication, in person, on the phone and in email.
- **S**how a positive image and attitude
- **T**eamwork – Support the Team.
- **O**wn your job – Take responsibility for the role you play in service delivery.
- **M**ake every effort to resolve customer request with respect and professional courtesy.
- **E**xtra mile – Go the extra mile to exceed customer expectations.
- **R**emember to thank every customer.

**Mission:** Our Mission is Caring. We support the military lifestyle while reducing conflicts between mission readiness and parental responsibilities. When a Soldier loses duty time during deployment, mobilization or contingency situations due to a lack of childcare, it negatively impacts the military mission. CYS provides critical support services to mitigate such stressors.

**Vision:** CYS programs are dedicated to providing:

- Seamless delivery systems for child/youth enrolled in CYS Family Childcare Homes and Child Development Centers
- Predictable services
- Safe, healthy Family friendly environments
- Well managed programs
- Accountability for Army, Community, CYS Staff, Child/Youth and Family Outcomes
- Satisfied customers – Child/Youth, Parents, Army and Community
- Maintaining status as a “Benchmark for America’s Child Care Programs” and becoming “Benchmark for America’s Youth Programs”

**Goals:**

**Availability:** Provide adequate program capacity and services with the right mix of age groups and spaces to support employment, deployment, health and fitness, youth development, instructional programs and school transition/education.

**Affordability:** Operate efficiently within Army resource guidance. Establish fees that consider Army Family budgets and meet Army financial goals so that the CYS Program is affordable to both the Army and the Army Family.

**Quality:** To support the growth and developmental needs of every child/youth, regardless of age or program enrollment, in a safe and healthy environment, with trained and caring adult staff, volunteers and contractors.

**Accountability:** To safeguard the Army's resources by efficient management oversight, good fiscal stewardship, reducing waste and protecting assets of programs and services to Soldiers and their Families.

**Philosophy:** CYS programs are designed to help your child/youth build within themselves a positive self-concept that generates feelings of acceptance and respect for individuality. We believe in designing programs where children/youth have opportunities to participate individually or as a group in age appropriate developmental activities that allows for optimal social, emotional, physical, creative and cognitive growth. We promote and cultivate safe learning environments where your child/youth can resolve conflicts through learning age appropriate conflict resolution and mediation skills. We believe in partnering with parents and community to nurture a spirit of cooperation and self-respect for self and others; reinforce

character building and encourage positive parenting.

**Families:** Families are the first and primary teachers in their child's life. We support Families in this role through a variety of services that address the specific needs of each family, to include formal and informal education opportunities. Communication between the child's primary teacher and Family, as well as management and support staff, is critical and includes an open, honest exchange of ideas, concerns, shared decision making, and respect for cultural diversity. We encourage Families to share their culture, heritage and home language.

**Confidentiality:** Only authorized CYS staff will have access to patron files. CYS is committed to protecting the privacy of patron information. Medical information concerning patrons is absolutely confidential under state and federal law and may not be discussed at any time with any person under any circumstance.

**Diversity/Non-Discrimination:** In accordance with Federal Law, Title VII, the Department of Army, Child & Youth Services prohibits discrimination on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity or associational preference in employment and in their program operations serving Soldiers, Families and the community. The Department of Army affirms its covenant to support and serve Family and MWR customers and employees.

**Open Door Policy:** CYS program level staff members are approachable and accessible to parent/guardians during the center's operating hours. Parents/guardians can voice their concerns, complaints and/or compliments regarding their customer service experience. CYS offers a Family friendly environment that encourages parents/guardians to pop in to visit or observe their child/youth.

**Total Army Strong:** Total Army Strong institutionalizes a commitment by Army leaders to provide Soldiers and Families of all components with programs and services that maintain a quality of life commensurate with the quality of their service and sacrifice to the Nation.

**Communication/Feedback:** Parents/guardians who wish to post questions, comments or concerns regarding Morale Welfare and Recreation (MWR), CYS programs may do so at the following email address: [www.contactus@armymwr.com](mailto:www.contactus@armymwr.com). If you do not have access to email, write your questions, comments or concerns and place them in the drop box designated by the Parent Central Services office. You have the option of remaining anonymous or, should you desire feedback, please include your name and address. You may also complete an Interactive Customer Evaluation (ICE) survey.

**Chain of Command:** The most effective way to resolve issues is to channel them through the CYS Chain of Command. Should all attempts at resolution fail, parents/guardians can elevate their issues or concerns up through the Chain of Command in the order below:

Primary Program Assistant (Lead Teacher): \_\_\_\_\_

Assistant Facility Director: \_\_\_\_\_

Facility Director: \_\_\_\_\_

Administrator, Child Development Services: Kimberly Bleakley-Sias, 254-288-3865

Administrator, Youth & School Age Care: Ashley Hill, 254-287-8436

Administrator, Parent & Outreach Services: Regina Martinez, 254-288-0290.

Chief, Child & Youth Services Division: Sheila R. Curtis, 254-288-3039

Deputy Director, Family & Morale, Welfare & Recreation: Lorenzo J. Westbrook, 254-287-7803

Director, Family & Morale, Welfare & Recreation: Nicholas Johnsen, 254-287-4339

Deputy Garrison Commander: Keith M. Gogas 254-288-3451

Garrison Commander: COL Henry C. Perry, Jr, 254-288-3451

## **CHAPTER 1- SAFETY & RISK MANAGEMENT**

**Child Abuse and Neglect:** DoD defines reportable child abuse and neglect as follows: Child abuse and neglect includes physical injury, sexual maltreatment, emotional maltreatment, deprivation of necessities, or combinations of these, by an individual responsible for the child's welfare under circumstances indicating that the child's welfare is harmed or threatened. The term encompasses both acts and omissions on the part of a responsible person. A "child" is a person under 18 years of age for whom a parent, guardian, foster parent, caretaker, employee of a residential facility or any staff person providing out of home care is legally responsible.

***Child Abuse Reporting:*** All CYS personnel are knowledgeable and considered "**mandated reporters**" who are required by law to report suspicions of child abuse or neglect. If CYS personnel notice suspicious bruises, cuts or burns on a child, they must:

- a) Report incident to the installation Reporting Point of Contact (RPOC). The RPOC # is: 254-287-CARE (2273).
- b) Notify the appropriate CYS program director after notification to RPOC.
- c) Report the incident to State Child Abuse Hotline (if required by state law/host nation agreement).

DoD Child Abuse and Safety Violation Hotline Posters are placed in visible and high traffic areas throughout all CYS facilities and FCC homes should parent/guardian/staff need to report incidents of suspected abuse. DoD Child Abuse and Safety Violation Hotline number is: CONUS: 1-877-790-1197 or OCONUS: 703-604-2547 (call collect).

**Home Alone Policy:** The following standards of supervision are enforced for children 12 years and younger:

Children 10 years-old and under (or 11 years old or in the 5<sup>th</sup> grade) will have direct supervision (that is, line of sight) by a(n):

- Adult
- Parent
- Child & Youth Services (CYS) site staff
- Designated “responsible” teenager, who is at least 13 years old

Children 11 years old (or 12 years old, if in the 6<sup>th</sup> grade) will have monitored supervision.

Children 12 years old (or 11 years old, if in the 6<sup>th</sup> grade) may be left unattended for no more than 6 hours, between the hours of 0600 to 2100, during a 24-hour period. Additionally, this age group may sign themselves in/out of a youth center for no more than 6 hours per day during youth center operating hours.

Parents may designate an adult neighbor, whom the child (11 years old, or 12 years old if in the 6<sup>th</sup> grade) may physically check in with at intervals. Intervals are defined as no more than 6 hours. A child cannot be in “check-in” status between the hours 2100 and 0600.

Parents must ensure that the child (11 years old, or 12 if in the 6<sup>th</sup> grade) is capable and knowledgeable in handling emergency situations.

Teenagers, between the ages of 13-15 years, may be left unattended between the hours of 0600 to 2100, but **not** to exceed 8 hours during a 24-hour period.

Teenagers between the ages of 16-18 years (and still in high school), will **not** be left unattended for more than 12 hours during a 24-hour period.

Every Soldier, employee, and Family Member of the military community must report known violations of this policy and suspected child abuse or neglect to the Family Advocacy Program (287-CARE/2273) or to the Police (287-2176). The Ft. Hood Home Alone Policy can be found in the III Corps & FH Reg 420-37 (Installation Housing Community Standards) sections 7a thru 7e.

**Standards of Conduct and Accountability:** We believe all children and those who care for them deserve a safe, supportive and caring learning environment. CYS encourages appropriate behaviors that reflect respect, tolerance, patience, understanding and every effort will be made to foster honest and productive dialogue for all.

In the spirit of these beliefs, CYS employees, to include managers, trainers, cooks, custodial, clerical, Child and Youth Program Assistants, FCC Providers, contract employees, and volunteers, will sign and comply to the CYS Statement of Understanding and Acknowledgement of Touch/Discipline/Child and Youth Accountability Policy.

**Background Clearances:** All individuals who regularly interact with children under 18 years of age in Army-sponsored and sanctioned programs are required to undergo detailed initial

background checks as well as periodic reinvestigations.

Until all background checks are satisfactorily completed, individuals must volunteer/work within "Line of Sight Supervision" (LOSS) of a cleared staff member and are not permitted to be left alone with child/youth.

Staff under LOSS will be identified by nametags with first and last names and burgundy scrub tops, red bib aprons or red polo shirts. Staff who have completed background checks will be identified by nametags with first and last names and green scrub tops, green bib aprons or green polo shirt. Classroom leads will be identified by nametags with first and last names and blue scrub tops, blue bib aprons or blue polo shirts. Management staff will wear nametags with first and last names and appropriate business attire.

**Sign In/Out of Facilities:** To maintain a safe and secure environment, all visitors are required to sign in/out at the facility's front desk and obtain a visitor's identification badge. Parents/guardians simply dropping off or picking up their child/youth do not have to sign in. Parents/guardians visiting the facility or a classroom greater than 15 minutes must sign in at the classroom and at the front desk.

**Child Guidance and Touch Policy:** Helping a child/youth understand and make appropriate choices is the basis for child guidance. When a child/youth misbehaves, CYS staff works along with the Parent/Guardians using Positive Guidance (POSITIVE DISCIPLINE, POSITIVE PARENTING, GENTLE AND LOVING GUIDANCE) to identify the problem and find strategies that enable the child/youth to respond appropriately. Positive Guidance is a belief that children should be treated with respect, free from fear of violence and shame, and guided with loving encouragement. ***Corporal punishment is not allowed in the CYS programs under any circumstances, even with parent approval.***

Boundaries for appropriate and inappropriate touching are established to ensure clear understanding of what is acceptable and what is not acceptable. Inappropriate touching will be investigated and may be grounds for immediate closure of the FCC home or removal of a CYS staff member, contract employee or volunteer.

**Biting:** Policies focus on modifying the child's behavior within the existing environment rather than "suspending" the child. When this is not possible, the Outreach Services Director will assist parents in obtaining care in another CYS setting, if available.

**Bullying:** U.S. Army Garrisons and DoD Schools are committed to making our facilities, homes, and community safe, caring, and welcoming places for all who enter our doors, particularly our children/youth. For this reason, CYS has a zero tolerance for acts of bullying or disrespect towards children/youth or CYS staff. We treat each other with respect. Our community and centers define respect as follows: Treat others, *regardless of age or position*, with the same level of respect and dignity you wish to be treated.

CYS defines bullying as follows: A mean and one-sided activity intended to harm and for those doing the bullying, get pleasure from the intended target's pain and/or misery. Bullying can be verbal, physical, and/or relational to the target's race, ethnicity, religion, gender



(including sexual orientation), physical, or mental attributes. It includes all forms of hazing and cyber bullying, and can be continuous and repeated over time. However, once is enough to constitute bullying.

Bullying, including all forms of cyber bullying, can impact the targeted individual's feeling of safety and create an intimidating, hostile, or offensive environment. The CYS Coordinator or Facility Director will immediately address such actions for the well-being and safety of all children/youth and the community.

**Video Surveillance System (VSS):** All CYS facilities use a comprehensive video surveillance system. The VSS is designed to deter and reduce the risk of child abuse in CYS facilities; protect staff from unwarranted allegations of child abuse, provide Soldiers and Parents with "peace of mind," and support CYS management staff in the exercise of program oversight.

The cameras record most activity areas in the interior and exterior of the buildings. You may request to view a portion of your child's/youth's time with the facility manager. Due to confidentiality reasons, copies of these recordings are not authorized to be given to parents/guardians. Recordings are released only to authorized personnel, such as MPI and CID for official business.

**Adult/Child Ratios:** Staff-to-child/youth ratios must be maintained at all times except under rare conditions caused by compensatory enrollment as outlined in guidance (see AR 608-10 for more information). The intent is to always be at ratio and not over or under ratio. Ratios will not be decreased to accommodate children/youth with special needs. Volunteers or other non-CYS staff not paid with CYS funding may be used to supplement the ratio, but not be counted in ratio.

All rooms in a CDC/FCC home are multi-aged with a minimum age span of 18 months. Maximum group size is limited to two ratios of children/youth (e.g. two ratios of preschoolers = 20; a ratio of infants and a ratio of pre-toddlers = 9).

In the Sports and Fitness Program, appropriate youth/adult ratios are maintained 100% of the time during all sports and fitness program operating hours. The adult/youth ratio is 1:15 at all times, indoors and out. The National Governing Body rules determine adult staff/youth ratio for specific activities. Please consult the youth director for additional information.

**Adult/Child Ratios are:**

<b>Childcare/SAC Center (Facilities)</b>	
<b>Adult/Child</b>	<b>Age</b>
Infants 1:4	6 weeks to 12 months
Pre-toddlers 1:5	13 to 24 months
Toddlers 1:7	24 - 36 months
Preschoolers 1:10	3 to 5 years
Kindergartners 1:12	5 to 6 years
School-Age 1:15	1 <sup>st</sup> to 12 <sup>th</sup> grade

<b>Family Child Care</b>	
<b>Adult/Child</b>	<b>Age</b>
Multi-age 1:6	4 weeks to 12 years
Infant/Toddler 1:3	4weeks to 3 years
Newborns 1:3	Birth to 12 months
School-Age 1:8	5 years-12 years

**Training & Professional Development:** All CYS personnel receive standardized orientation training before they are allowed to work directly with children/youth. The orientation includes such topics as applicable regulations and installation policies; child health and safety (to include CPR, First Aid, medication administration, communicable diseases and Sudden Infant Death Syndrome); child abuse identification, reporting and prevention; age appropriate guidance and discipline; parent and Family relations; health and sanitation procedures, and position orientation. In addition to the orientation, all direct care staff must complete foundation training. The training is ongoing and competency based. Assessments are completed to ensure staff comprehend and demonstrate the knowledge and skills learned from training.

**Parent Involvement:** Parents/Guardians are encouraged to participate in the planning and evaluation of programs through annual Garrison Multi-Discipline Team Inspection (MDTI), NAEYC Accreditation and Parent Advisory Boards. These processes help ensure the safety of children/youth while improving administrative policies and programming issues geared toward program quality. ***Moreover, parent/guardians who participate in the program may earn points toward fee reduction on their child care.*** For detailed information on the various ways parent/guardians can participate in CYS programs and activities, contact your Parent Advisory Board (PAB) representative or facility director.

**Regulations & Inspections:** Regulations and services apply uniformly throughout the Army; however, commanders have the discretion to modify specified guidance to meet the appropriate requirements. In order to provide consistency, all Army CYS programs are inspected annually and required to be in compliance with the following Army Regulations (AR), Department of Defense Instructions (DoDI) and Public Laws (PL):

Installation Level Child Youth and School Services Inspection AR 608-10, Child Development Services  
AR 215-1, Military Morale, Welfare and Recreation Activities and Non-Appropriated Fund Instrumentalities  
DoDI 1015.2 MWR Programs  
DoDI 6060.2, Child Development Programs DoDI 6060.3, School-Age Programs  
DoDI 6060.4, Youth Services Programs  
DoDI 1402.5, Criminal History Background Checks on Individual in Childcare Settings DoDI 6025.18-R Privacy of Health Information  
PL 101-647 Crime Control Act PL 106-104 Youth Sponsorship  
PL 104-106 – Military Child Care Act  
PL 104-201, Sec 1044: Cities concern for lack of support for DoD Youth Programs PL 106-65, Sec 584, Expanded Child Care and Youth program services  
PL 106-79, Conference Report – DoD Report on Family Childcare Subsidy/Access to Military Child Care  
PL 101-366 Americans with Disabilities Act

**Accreditation:** Accreditation is an activity, not a status. The benefits of accreditation are the external mark of quality, high standards, process improvements and support. CYS programs undergo a rigorous accreditation process. The Child Development Centers and School Age Centers as well as many of our FCC Homes are fully accredited programs through

the following entities:

**National Association for the Education of Young Children (NAEYC)** - sets professional standards for early childhood education programs age (age 0-5 years) and helps families identify high-quality programs for their young children.

**National After-School Age Alliance for School Age Services (NAA) - The Council on Accreditation (COA):** Afterschool Program Standards include After School Administration (ASP-AM), After School Human Resources (ASP-HR), and After School Programming and Services (ASP-PS). The Administration Standards cover practices related to continuous quality improvement, financial management, risk prevention and management and ethical practice. The Human Resources Standards address recruitment and selection, training and professional development, support and supervision. The Programming and Services Standards set forth additional recommended practices for working with children and youth in out-of-school time.

**National Association for Family Child Care (NAFCC)** - Awarded to Family child care providers who meet the eligibility requirements and the Quality Standards for NAFCC Accreditation. Accreditation reflects a high level of quality through a process that examines all aspects of the Family child care program, i.e., relationships, the environment, developmental learning activities, safety and health, and professional and business practices.

Once Family child care providers become accredited, they agree to abide by the standards set forth and to be measured against those standards with periodic integrity and compliance reviews.

**Facility Smoking Guidance:** Smoking is not permitted within 50 feet of any government building. The designated smoking area is not within view of children/youth. A safe disposal area/receptacle for smoking paraphernalia is provided in the designated smoking area and is policed regularly.

## **CHAPTER 2- REGISTRATION PROCESSES & PROCEDURES**

**Global Data Transfer (GDT):** This database makes it possible for Families relocating to a new duty station to forward their child's/youth's registration records to their next assignment prior to arrival. Upon arrival, Parent Central Services staff at the new duty station, import the patron's information (e.g. names, birth date, child's health records, etc.) that is stored in the database. Families still must provide needed updates upon arrival. Contact Parent Central Services for details on how to take advantage of this convenient tool.

**Patron Eligibility:** CY5 accepts children as young as four weeks in Family Child Care homes and through eighteen years old in CY5 programs. Program eligibility is contingent on the sponsor status. For a family with a military member, the military member will be the sponsor. In a dual military family, the senior military member will be the sponsor. Eligible patrons of Department of Defense (DoD) Child Development Programs (CDP) include active duty military personnel, DoD civilian employees paid from both appropriated funds (APF) and non-appropriated funds (NAF), reservists on active duty or inactive duty training status, active duty combat-related wounded warriors, Surviving spouses of military members who died from a combat-related incident, those acting in loco parentis for the dependent child of an otherwise eligible patron, eligible employees of DoD contractors, and others authorized on a space

available basis. In the case of unmarried, legally separated parents with joint custody, or divorced parents with joint custody, children are eligible for child care only when they reside with the Military Service member or eligible civilian sponsor at least 25 percent of the time in a month that a child receives child care through an Army program.

The first priority for child care is children of active duty combat-related wounded warriors, child development program direct care staff, single military service members on active duty or dual active duty service member couples, active duty service member with a working spouse, single DoD Civilian employees paid from APF or NAF, dual DoD Civilian couples, DoD Civilians with working spouse who is not a DoD Civilian and surviving spouses of military members who died from a combat-related incident.

Foreign Military Service members assigned to the installation/serving the Department of Defense and will pay the child and youth fee based on their Total Family Income (TFI). The eligibility criteria and priority are the same as any other Active Duty Soldier or DoD Civilian. Foreign Service Civilians are not eligible for our services as they do not support our mission.

Military personnel of foreign nations and their Families when on orders from the U.S. Armed Forces, or in overseas areas when the overseas commander grants privileges in the best interest of the United States. (Reference: AR 215-1 when addressing children 0-12 refer back to AR 608-10).

Coast Guard when activated are eligible patrons. The eligibility criteria and priority is the same as any other Active Duty soldier. Fees are based on their TFI.

Retiree's eligibility is limited to the use of SKIES, YS, and Sports and Fitness programs. Fees are not based on TFI.

U.S. Army Installation Management Command (IMCOM) may also authorized ineligible patrons from the civilian community to participate in Army-sponsored Youth Services programs on a space available basis when it is in the best interest of the Army, the installation and the community. These patrons would pay in Category 9A + 10%.

***Definition of Parent:***

A parent or legal guardian is defined as the biological mother or father of a child; a person who by order of competent jurisdiction has been declared the mother or father of a child by adoption, or the legal guardian of a child or a person in whose household a child resides at least 25% of the time in any month, provided that such person stands in loco parentis to that child and contributes at least one-half of the child's support.

In Loco Parentis- When an individual acts "in loco parentis" as the parent; this can only exist when the individual undertakes care and control of another (child/ren) in ABSENCE of such supervision by the natural parents and in absence of formal legal approval. When the parent is still involved, no such "in loco parentis" relationship exists. This guidance has been provided by the IMCOM Office of Staff Judge Advocate.

**Parent Central Services (PCS):** Parent Central Services, commonly referred to as the "Gateway to CYS," is the first place a Family visits at a new installation to obtain information and register for CYS programs. CYS Parent Central Services:

- Verifies a patron's eligibility using the DoD ID Card (Military, Civilian DoD contractor assigned to the Garrison, Reservist/National Guard, Active Duty Soldier on orders)

- Determines services patrons needs (Wait list, hourly, part day, full day, SAC, MS/T, SKIES, Sports , etc.)
- Explains age appropriate programs associated with patron's children
- Conducts a search for care in CYS for immediate openings
- Conducts initial and re-registration of patrons into all CYS programs
- Explains Wait List policies and initiates offers through [MilitaryChildCare.com](http://MilitaryChildCare.com) for placement IAW to DoD priorities.
- Determines patron fee category IAW with the latest fee policy
- Schedules new patrons for program orientations
- Sends eNews publications and messages and contributes to websites of interest to parents.

**Items Required for Child/Youth Registration:** Children/Youth must be fully registered before they can use any CYS programs. Contact your local Parent Central Services Office to schedule an appointment to complete your registration. Limited "walk-in" services may also be available.

**To expedite or avoid delay of the registration process, please bring the following with you.**

- **Identification Card** (Sponsor or Spouse)
- **Social Security Number**
- **Immunization Record or transcription**
- **Proof of Income:** (i.e. Leave and Earning Statements/Pay Vouchers or proof of fulltime school enrollment)
- **Health Assessment/Sports Physical or Well Baby Check Up** (due within 30 days of initial registration)
- **Local Emergency and Child Release Designee** (minimum of two)
- **Family Care Plan** (Dual/Single Military Only)

**ALL FORMS MUST BE SIGNED AND DATED TO COMPLETE REGISTRATION!**

DD FORM 2652	Application for DoD Child Care Fees
	Teen Self Registration Form
	CYMS Profile Print (Liability Waiver)
	Family Care Plan (dual/single military only)
	Health Assessment /Sport Physical Statement
	Health Screening Tool (SNAP) Form/MAPS

**Family Care Plan:** Parent Central Services maintains an electronic copy of the Family Care Plan (FCP) DA Form 5305 for dual/single military parents registered in full and part time programs. FCP is required for MST youth enrolled in weekly before camp supervision programs operating before 1300. The requirement for FCP only applies to US Active Duty Military. The FCP is required for children under the age of 19 who cannot care for themselves in the absence of the Service Member.

**Immunizations:** Children/Youth accepted for childcare in CYS programs must be free from

communicable diseases such as measles, mumps, hepatitis, scarlet fever and strep throat, and have written documentation of all age-appropriate immunizations. Child/youth immunizations must be up to date in order to participate in CYS programs. A waiver request must be approved by the Chief of CYS before childcare can begin. Children/youth who are not immunized will be denied childcare during outbreaks.

Immunization waivers for medical reasons must be accompanied with signed, stamped, and dated documentation from a credentialed medical provider documenting why the child is exempt. A request for a waiver based on a religious objection must be accompanied by a signed statement from the parent specifying the religious objection. Children/youth will be excluded from childcare in the event of an outbreak of a vaccine preventable disease.

**Health Assessment:** A current health assessment, within one (1) year of registration, is required for children sixth (6th) grade and under. If a current health assessment is not available at registration, it must be completed within 30 days of enrollment. Health Assessments are good for three (3) years, as long as the child does not have any major health status changes.

Well baby exams or school athletic physicals can be used in place of the health assessment if dated, signed and stamped by the health care provider and parent within one year. Children/youth participating only in the middle school/teen program and SKIES Unlimited programs are exempt from this requirement. Tricare or other health insurance organizations will only authorize and pay for one child/youth health/sports physical assessment per calendar year.

***Sports Physical:*** No child/youth will be authorized to play, practice or participate in games until a valid physical has been furnished. The form must be signed by a licensed health professional and certify the child/youth is physically fit to participate in chosen sport(s), and address any pertinent medical condition and/or constraint such as asthma, heart murmur, allergies. The sports physical must remain current throughout the season.

**Special Needs Identification:** The Army Child & Youth Services Screening Tool must be completed by parents to screen all children for special needs at initial registration and annually thereafter. Upon identification of special needs, supporting documentation must be submitted with the screening tool, and forwarded by CYS to the Army Public Health Nurse (APHN) for review. If your child/youth has a disability or other special need, the parent/guardian will be asked to participate in the Multidisciplinary Inclusion Action Team (MIAT).

Children and youth with the following conditions might be referred to the MIAT:

- Allergies
- Special Diets
- Respiratory Diagnosis
- Epilepsy/Seizure Disorder
- Diabetes.
- Other

**Multidisciplinary Inclusion Action Team (MIAT)/Special Needs Accommodation Process (SNAP):** The Multidisciplinary Inclusion Action Team/Special Needs Accommodation Process

is a multidisciplinary group that explores installation child care and youth supervision options for children who have been diagnosed with life-threatening conditions, functional limitations or behavioral/psychological conditions. The team determines child care and youth supervision placement and considers feasibility of program accommodations and availability of services to support child/youth needs. Parent participation is crucial to the success of the MIAT/SNAP. Every effort is made to accommodate children/youth with special needs.

**Special Diet:** Children/youth with life threatening food allergies or special dietary needs must provide a statement from their health care provider specifying (1) which foods the child cannot consume, (2) the resulting allergic reaction if ingested, and (3) if applicable, any allowable food substitutions. Children/youth may not be eligible for services without appropriate documentation. Children/youth who have special diets due to religious reasons must have a representative from their religious institution provide a statement specifying which foods should be eliminated as well as allowable substitutions. For more information, please contact Parent Central Services.

**Medical Action Plan (MAP):**

Maintaining the health and safety of every participating child/youth in CYS programs is of utmost importance. If the child/youth has a medical condition/diagnosis, such as allergies or asthma, that may require him/her to take medication while participating in an activity, the parent/guardian will be asked to complete a Medical Action Plan (MAP).

Medical Action Plans (MAPs, 7625-3 or Tool #2) are valid for one year, or until notified of health status changes, based on the date signed by physician (MAPs) or APHN (7625-3, or Tool #2). This plan is completed by the child's/youth's health care provider to ensure CYS staff is aware of the proper medication and the necessary course of treatment for the child/youth.

**Reasonable Accommodation:** These are basic adjustments, supports and/or modifications that may be needed by a child/youth with special needs to facilitate access to a program on an equal basis to their non-disabled peers. Accommodation for children/youth with special needs is not considered reasonable if it imposes an undue hardship on the operation of the program, requires fundamental alteration of the program, or poses a direct threat to the health or safety of the child/youth with special needs or others.

**Wait List:** Because of the high demand for childcare, it is not unusual for Families to be placed on a waiting list. Placement on this list is determined by sponsor priority and the date of application, as well as the age of the child. Children are placed on the respective CYMS wait list by submitting a request for care through MilitaryChildCare.com. With the site, Families have 24 hour access to create their account, search for and request care, manage requests, and update their profiles.

**Note:** It is the responsibility of the parent/guardian to confirm interest in remaining on the wait list by updating their request for care via MilitaryChildCare.com. Failure to do so will result in removal from the wait list.

When a space is offered in a viable care option (CDC, FCC, etc.) parent/guardians are given forty-eight (48) hours to accept or decline the space. If the viable care option is declined, the parent must submit a new request for care via MilitaryChildCare.com. If Parent Central Services is unable to contact the parent/guardian, the space will be made available to the next eligible child/youth on the wait list. Contact Parent Central Services to discuss the available wait list

options.



**Viable Child Care Option:** Care to meet the patron's schedule that reflects the necessary program type (full day, hourly, part day, etc.) and the appropriate age group (infant, toddler, preschool and school-age) for the child.

**Middle School/Teen Registration:** Middle school/teens may self-register as a guest for CYS programs by completing the one page registration form. Forms are available at youth services facilities. Youth may attend the regular Youth Programs (not field trips or special events until registration is finalized) as a guest member immediately upon receipt of completed form. CYS-staff will validate the registration form. If registration is not validated within 5 working days from receipt of form, youth's guest membership will be cancelled. Once registration is validated and, if required, DA 7625-1 is completed and returned, an annual pass will be issued to youth.

Some special events and field trips may cost a nominal fee, but participation in these events is allowed. To enroll in a team sports program, a sports physical is required in addition to this registration. Sports fees may also apply.

### **CHAPTER 3 - DAILY OPERATIONS**

**Program Orientation:** Before a child/youth can begin attending a CYS program, the parent or guardian must attend parent orientation at the program the child/youth will be attending. The orientation will include, but not be limited to: a tour of the facility, orientation to the program, a review of the rules of conduct and procedures, an introduction to staff/providers and key volunteers (if any), and to complete program specific forms (to include the CYS Sponsor/Program Agreement).

**Daily Admission/Release: Arrival & Departure Procedures:** Under no circumstance will a child/youth be released to any person who is not authorized to pick up the child/youth. Positive control of child/youth will be maintained at the classroom level.

All children/youth enrolled in CYS programs must be accounted for daily. If a child/youth is absent from the program, parents must notify CYS. If notification of absence is not received by the parent, CYS will contact the Sponsor and/or the listed emergency contacts in the child/youth file. This practice includes all CDC, FCC, SAC and Middle School/Teen programs.

Upon entering the CYS facility, parents/designated representative will use their key fob to swipe their child into the Child Youth Management System (CYMS) at the front desk before proceeding to their child's classroom. Under no circumstance will the parent/designated representative move beyond the front desk without first swiping in. After swiping in at the front desk, the parent/designated representative may proceed to the classroom. Upon entering the classroom, the parent/ designated representative will sign the child in, annotating his/her name, date, time and signature.

School age children may be swiped in by their parent/designated representative or the child/youth will key their personal identification number (PIN) into CYMS and the parent/designated representative will then sign the child/youth in, as above.

Middle School/Teen (MST) youth participate in an open recreation program, which means they are allowed to enter and depart the facility without a parent/designated representative, at their

own discretion.

Middle School/Teens will swipe their key fob or enter their PIN and sign in before they may participate in the CYS program.

***For pick-up of child(ren), parents/designated representatives will follow the same procedures listed above.***

Parents/guardians and visitors will enter and exit CYS Facilities through the front entrance/reception area, except during emergency evacuation and fire drills, during which, patrons will follow designated facility evacuation procedures.

Unless prior written arrangements have been made with CYS personnel, only parents or parent designees shown on DA Form 4719-R may take a child from a CYS program.

Children may not be released to siblings or other children under age 13 unless approved by the program director on a case-by-case basis.

School-age children may not leave a program unaccompanied without written permission from the parent.

No parent may be denied access to a child, including the right to pick up a child from a CYS program or FCC home, unless a copy of the custody agreement or court restraining order that relinquishes such parental rights is on file at the care giving site.

If it is suspected that the parent/guardian or designated representative picking up the child/youth is under the influence of alcohol, the child/youth will not be released and the military police will be called.

**Denial of Child Care Services:** CYS takes all reasonable precautions to offer a healthy environment. To ensure the safety of all enrolled children/youth, the staff will observe children/youth for signs of illness or symptoms of contagious disease upon arrival, while they are in care and before they leave. Parents/guardians must pick up their child/youth that becomes ill while in care within 1-2 hour after being notified. Children/youth who appear to be ill or show visible signs of fever will be screened closely and may be denied admission based upon the following symptoms:

Inability to participate in daily activities. Obvious illness such as:

- Temperature above 100.5° F (38.06° C) for children 3 months or younger, or above 101.0° F (38.3° C) for children older than 3 months
- Impetigo - Red oozing erosion capped with a golden yellow crust that appears stuck on
- Scabies - Crusty wavy ridges and tunnels in the webs of fingers, hand wrist and trunk
- Ringworm - Flat, spreading ring-shaped lesions
- Chicken pox - Crops of small blisters on aired base that become cloudy and crusted in 2 to 4 days
- Head lice - Whitish-grey clots (nits) attached to hair shafts
- Culture - proven strep infections that have not been under treatment for at least 24 hours
- Conjunctivitis (pink eye) - Red watery eyes with thick yellowish discharge
- Persistent cough, severe diarrhea or vomiting



- Symptoms of other contagious diseases such as measles, mumps, hepatitis, and strep infections
- Pinworm infestation

**Re-Admission after Illness:** CYS staff will provide Parent/Guardian with an illness/injury readmission form (AE Form 608-10-1B) detailing criteria for readmission. The child/youth's health care provider should use the form to indicate when it is safe for the child/youth to return to the program. However, a note alone from the health care provider ***will not*** automatically re-admit the child/youth into the program or override Army regulations. The child/youth may only return to the CYS program when the following conditions exist:

- Fever has been absent for 24 hours
- Nausea, vomiting or diarrhea has stopped for 24 hour.
- The appropriate number of doses of an antibiotic has been given over a 24 hour period for known strep or other bacterial infection
- Chicken pox lesions have all crusted, usually 5-6 days after onset
- Scabies is under treatment and a physician's note
- Lice are under treatment and child is nit free.
- Pinworm treatment has occurred 24 hours before readmission and a physician's note
- Lesions from impetigo are no longer weeping
- Ringworm under treatment and a physician's note. The lesions must be covered. If lesions cannot be covered, child/youth will not be admitted until lesion has shrunk.
- Conjunctivitis (Pink Eye) has diminished to the point that eyes are no longer discharging
- The child/youth has completed the contagious stage of the illness and a physician's note
- The child/youth is able to participate in the normal daily activities. Hand and foot mouth disease - fever subsides usually 2 to 3 days; rash is not contagious.

**Basic Care Items:** Acceptable basic care items are limited to topical items used for the prevention of sunburn, diaper rash, teething irritation, lip balm, insect repellants and lotions. Products such as these are limited to those identified in AR 608-10 and must be approved by the Food and Drug Administration (FDA). An authorization form must be obtained from the parent/guardian each month in order for such items to be applied. Basic care items will be in their original container and stored out of reach of children. Each item should have the child's first and last name legibly written on it, as well as on the outside of the bag. Contact your FCC Provider or program director for a listing of approved basic care items.

**Administration of Medication:** Certain medications may be administered in the CYS setting when it is not possible for parents/guardians to be present. Only prescribed antibiotics, antihistamines, decongestants, and topical medications from health care providers and U.S. medical treatment facilities may be administered to child/youth who are enrolled in full-day, part-day or regularly scheduled school-age programs. Medications not on the approved medication list must have an approved medication Exception to Policy through IMCOM to ACSIM. Medications that are prescribed as needed (PRN) will not be given in programs, with the exception of rescue medications. Parents/guardians will complete and have the health care provider sign the corresponding Medical Action Plan (MAP) for the required rescue medication. All medications must be in the original container, have a current prescription label and be accompanied by a proper dosing syringe/cup/spoon. A child/youth must be taking the medication for at least 24 hours prior to re-admission into a CYS program. Parents/Guardians will complete and sign a CYS Medical Dispensation Record, DA Form 5225-R, for each approved medication to be administered. A parent/guardian must complete

and sign the form before medication can be administered. This policy will be discussed during the parent/guardian orientation. Please contact your individual program for further information.

**Rescue Medications:** All CYS staff receive medication training to include when and how to administer rescue medications. CYS staff will adhere to the approved Medical Action Plan (MAP) on file for the child. Parent/Guardian will receive a courtesy call anytime a rescue medication is given to their child. Currently, there are six (6) approved rescue medications for use in the CYS setting. They are as follows:

1. Rescue Inhaler for bronchospasm
2. Benadryl for mild allergic reactions
3. Acetaminophen or Ibuprofen for anti-pyretic effect (for febrile seizures)
4. Diastat for a seizure lasting longer than 5 minutes
5. Epinephrine for a severe allergic reaction
6. Glucagon for a diabetic emergency

If a Rescue Inhaler or Benadryl are given, the parent is given a courtesy call. As long as symptoms do not persist, the child may remain in the CYS setting. If the child's symptoms persist before another dose is allowed to be given, then the Parent/Guardian will be called for pickup.

If Acetaminophen or Ibuprofen is given for a fever, then the parent is called for pick up per the Seizure MAP instructions.

If Diastat, Epinephrine, or Glucagon are given, then 911/Emergency Medical Services (EMS) will be called as well as the Parent/Guardian. Upon arrival of EMS, the child's care will be transferred either to EMS or to the Parent/Guardian per their request.

**Self-Medication:** School age youth can self-medicate if the child's/youth's health care provider determines that it is developmentally appropriate, and the youth knows enough about the health condition and the treatment procedure. Self-medication in CYS programs requires written instructions from the youth's health care provider clearly spelling out what and when self-medication is allowed, and under what circumstances the youth must refer to the parents and health care provider for assistance. Parents/Guardians and youth are responsible for notifying the program staff of any medication that will be brought into CYS programs/facilities. Youth must self-administer all medications in the presence of CYS staff who will then document the action. If a youth (6th–12th grade) cannot self-medicate, a MIAT review is required.

**Rest and Nap Periods:** Child/youth enrolled in CDC and FCC full-day programs or hourly care will have a rest period, usually following lunch. Child/youth wishing to nap can do so, while other children/youth may choose to engage in some other quiet activity (e.g. read a book, coloring, etc.). Infants are allowed to follow their own resting/napping patterns.

**Personal Items from Home:**

**Clothing:** Children should come to the center dressed appropriately for the weather (e.g., jackets and hats for fall and spring; coats, boots, snow pants, and gloves/mittens for winter). Children should come in "play clothes" so that they feel free to participate in indoor and outdoor activities. Long dresses are not permitted for safety reasons. Washable clothing is recommended as children may be involved in messy developmental activities (e.g., art, cooking, and water and sand play).

Two changes of clothing for all children under school- age are recommended. All clothing and accessories should be labeled with your child's full name.

**Hair Decorations:** Due to potential choking hazard for children, please refrain from using barrettes and beads in hair for children enrolled in infant or toddler rooms in Child Development Centers or in multi-age Family Child Care homes.

**Shoes:** Children's footwear should have rubber soles and be suitable for running, climbing and jumping. For safety reasons, flip-flops, thongs, heels without straps or wedged heels are not recommended.

**Jewelry:** Due to the potential for posing a choking/safety hazard, accessories such as earrings, rings, bracelets, necklaces, and barrettes/beads are not permitted for children under three years of age, or for children who are in multiage rooms with children under three years of age. Children with pierced ears must wear stud-like earrings with a screw on safety back. Excessive jewelry should be avoided.

**Sleep Aids:** If your child is over 12 months of age and has a special soft toy or blanket that he/she naps with, it may be brought to the program. It is not recommended that children younger than 12 months sleep with soft toys. The naptime toy or blanket will be put in the child's cubby and be made available for use during naptime. These items will need to be taken home for weekly laundering. Please ensure all personal items (i.e., book bags, books, school supplies, clothing, and blankets) are labeled with your child's full name.

**Lost and Found:** Each facility/program will maintain a lost and found. All items will remain on site for no more than 30 days, at which time they will be donated to charity if unclaimed. To minimize lost occurrences, please be sure to label all items brought to the facility with the child's first and last name.

### **Diapering/Toileting Training:**

**Diapers:** For health and sanitation reasons, only disposable diapers are permitted in our programs. Cloth diapers are only allowed when the use of disposable diapers creates a health risk for the child and the parent/guardian submits a health care provider's statement to that effect. Diapers are checked and changed promptly if they are wet or soiled. Diapers and baby wipes should be labeled with the child's first and last name.

**Toilet Training:** Toilet training is a natural developmental process. Peak readiness is typically at 2 ½ years, but will vary with each child. We will not force children to use the toilet, nor will we punish a child for lapses in toilet training. Planning a consistent toilet routine for home and center will go a long way in helping your child accomplish this developmental milestone. You must provide sufficient changes of clothing and training pants.

**Dental Health/Tooth Brushing:** To promote good dental health, CYS programs provide children the opportunity for tooth brushing and gum cleaning (for infants) at least once daily when two or more meals are served. The use of toothpaste is optional.

**Activity Transitions:** Children are supervised closely at all times and in all environments; facilitates staff maintain visibility of, and access to children. Extra vigilance is given

during transition periods, i.e., arrival, departure and employees shift changes.

**Developmental Transitions:** As children/youth age and develop, it becomes necessary to transition them from one room/area to another to foster their growth and development. When the time comes it can cause anxiety for both parents and children. To minimize the impact, a transition schedule will be prepared and presented to the parents outlining the details of the proposed transition. Transitions are normally done over a week, but can take more or less time, depending on the child. During the transition period, parents will be kept informed of the child's progress and are more than welcome to meet the staff of the new classroom to ensure a smooth transition.

### **Celebrations:**

**Birthdays and Holidays:** CYS recognizes that religious, ethnic and seasonal celebrations are a part of valuable traditions. Parents/guardians are encouraged to coordinate plans with the program director and staff in advance of these events. Coordination is necessary as appropriate items for celebration vary based on age and developmental stages of children/youth. All food items must be store bought (e.g. cake or cake mix in its original sealed package) and approved in advance by the director and/or dietician prior to serving to children. Food items may not be prepared at home or in unapproved facilities.

**Special Events:** Throughout the year, CYS sponsor special events and awareness campaigns such as Month of the Military Child and Army Birthday celebrations. Senior Commanders from Active Army, Guard, and Reserve and other branches of service; congressional delegates, local district officials and other key stakeholders plan and engage in observance of these events. Openings for child care are available during other special events such as balls and meetings that occur after normal operating hours. This type of care must be coordinated in advance through Parent Central Services.

**Emergencies Closures/Evacuation/Mobilization:** In the event of emergency, mobilization, or other contingency in which the facility needs to be evacuated, CYS staff will follow a written Mobilization and Contingency (MAC) Plan. Children/youth may be moved to designated evacuation sites for safety and supervision if the emergency is not post-wide and only affects one facility. Parents/guardians and military police will be notified. Specific information can be obtained from your local CYS program. Childcare will be provided only for mission essential personnel during post closures at the CDC, SAC, FCC programs or pre-approved Kids on Site location. Hazardous road conditions dictate bringing in only sufficient staff to cover the communities' needs. In the event of illness, emergency, or facility closure, CYS will make every attempt to contact the parent/guardian. If the parent/guardian cannot be located to pick up the child/youth, the following procedures will be implemented:

- The emergency notification child release designee on record will be called. If the center is unable to contact him/her, the next designee listed will be called.
- If none of the designees can be contacted, the military police will be notified and their procedure will be followed in reference to locating the parent and custody of the child/youth.

**Minor Accidents/Emergencies:** In the event of a minor accident resulting in injury to a child/youth requiring medical treatment, CYS staff will immediately contact emergency services followed by notification of the parents/guardians. CYS personnel or FCC providers will accompany the child/youth immediately to the nearest emergency room by ambulance. The staff or provider will remain with the child/youth until the parent/Guardian arrives at the

emergency room.

CYS policy requires written incident/accident reports for falls, scratches, bruises, bites and scrapes that occur while your child/youth is in our care, to include emergency situations.

Parents/guardians will be informed of the incident/accident and will be asked to sign the report. All reports are kept in the child's/youth's folder and child abuse allegations are reported to higher headquarters.

**Transportation Policy:** CYS staff are trained to operate government vehicles to safely transport children/youth on and off post. Our safe passenger rules must be adhered to at all times. Please review them with your child/youth. Failure to follow these safety rules may result in the suspension of a child's/youth's transportation privileges. The CYS program does not provide/utilize bus monitors to and from school at CYS expense.

- Seat belts must be worn at all times in mini-buses. Buses will not move until everyone is buckled up.
- Everyone must remain seated and facing forward on buses. Buses will not move until everyone is properly seated.
- Inside voice is to be used at all times in vehicles.
- Eating, chewing and drinking are prohibited in vehicles.
- No objects (including body limbs) shall be extended out a window.
- Littering is prohibited. Trash should be placed in designated trash containers.



**Field Trips:** As part of the curriculum, field trips and nature walks are scheduled to Family and Morale, Welfare and Recreation (FMWR) programs and other local sites to augment our developmental programming. All field trips receive input from Families, child/youth and staff to offer planned activities in conjunction with community service projects. Field trip sites are visited by staff prior to the scheduled trip. Parents/guardians will be informed in advance of the trip and will be required to sign a permission form for each child/youth participating in the trip. Ratios will be maintained by paid staff, and may be supplemented with other adults such as parents or volunteers. Ratios for high risk activities must follow special guidance. Please consult the program director for additional information on high risk activities.

**Food and Nutrition:** Family Child Care homes and CDC programs provide all infants jar food, cereal and teething biscuits. Family Child Care homes and CDC programs offer ready to feed iron-fortified formula for infants in full- and part-day programs. These specific USDA CACFP approved formulas are free of cost and parents/guardians have the option to decline. Parents/guardians are responsible for preparing bottles and providing an adequate number of bottles labeled with the date and child's first and last name.

Glass bottles are not allowed and all bottles must have caps. Medications or cereal may not be mixed with formula, unless otherwise indicated in the SNAP/MIAT care plan due to medical reasons. Bottles for infants (under 12 months) may only contain formula or breast milk. Whole milk is allowed for children over 12 months.

Infants (under 12 months) will be fed individually and according to the infant's feeding plan. Infant Feeding Plans are based on USDA CACFP guidelines and are established by the parent and recommendations of the child's physician or other qualified health professional.

**Family Style Dining:** With the exception of SAC and YC programs that serve buffet-style meals, CYS programs sit and dine "Family style" with children/youth in FCC homes and centers. Family style dining promotes expanded language and cognition skills, builds fine motor skills and models appropriate eating habits while fostering social interactions. Most importantly, Family style dining promotes a feeling of unity and acceptance that is essential to emotional development. It is developmentally age appropriate for children/youth to participate in cleaning and setting tables, preparing meals, serving themselves (with staff assistance if needed) and assisting with clean-up after meals.

**Parent Participation Program:** CYS encourages parents to volunteer in their Child's/youth's program whenever possible. This allows the parent to have firsthand knowledge of how the children/youth spend their day; assists the program in providing essential individual attention to the children/youth; and fosters closer relationships between the program and the parents. The parent participation program allows parents/guardians to earn points by volunteering/participating in pre-approved activities on post, off post or in the comfort of the parent's home. ***Parents/guardians who wish to take advantage of this cost saving opportunity can earn a 10% monthly fee reduction per child, for each 10 hours of Parent Participation.*** Here are a few ways parent/guardians can earn points towards fee reductions in childcare:

**Parent Education:** Attend classes which are offered at least quarterly. Regularly scheduled classes include some of the following (1) child growth and development (2) special needs awareness, (3) character counts, (4) baby sign language and (5) child guidance techniques.

**Parent Advisory Board (PAB):** Participate in the PAB, which is a parent/guardian/staff forum that meets at least quarterly to discuss current issues and offer recommendations for CYS program and service improvements. Parent's/Guardian's concerns are channeled through the program director to the garrison commander for review and disposition.

**Parent Conferences:** Attend parent conferences, which provide parents/guardians a formal means of communicating with those who provide direct care to their children on a regular basis. It offers a great opportunity for Parent/Guardians to learn up to date community news and program information while discussing their child's/youth's developmental progress.

**Mission Related Extended Hours:** Provided at no additional cost for short term child care (generally up to 3 hours/day). CYS childcare programs support patrons that have mission requirements, mobilization, deployment, contingency or TDY responsibilities after normal duty hours. To the extent possible, CDC's support unit requirements for childcare during training exercises, and alerts. Child Development Center operating hours for full-day care will reflect installation variable duty hours. Other childcare programs provided for extended hours are FCC Extended Hours and Long Term Care homes, trained CDC baby-sitters, and Army Community Services foster homes, as well as available off-post options. Extended hours per operations are according to the Installation's Child Youth Operations Plan (ICOP).

Families are not charged for approved Army mission related extended hours care. Families must provide written validation confirming the mission related extended hours care.

The Soldier's Unit/Sponsor's Supervisor will provide documentation to qualify for approved mission related extended hours care to the center based program staff or FCC Provider. Extended duty hours care is generally up to 3 hours/day.

**After Hour Care:** Children/youth must be picked up by posted closing time. When a child/youth is left at the site past closing, staff will attempt to contact the parent/guardian using all telephone numbers provided, to include the emergency release designees. If there are no positive responses to these calls, and the child/youth has not been picked up within 1 hour of posted closing time, CYS staff will contact the Military Police.

## **CHAPTER 4: PAYMENTS AND REFUNDS**

**Tax Liability:** All Civilian Families using on-post child care are required to register with the designated DoD Third Party Administrator and complete an online parent enrollment form (available at <https://www.us.army.mil/suite/files/45592122>) to determine the tax value of their child care subsidy. Each year, DoD must determine the value of the child care subsidy. This net value is the amount that is considered potentially taxable income associated with the DoD child care subsidy. Only child care subsidies that exceed the \$5,000 (\$2,500 for married individuals filing separately) exclusion are taxable and reportable. Sponsors are responsible for considering any dependent Care flexible Spending Accounts (DCFSA's) to determine if the net value plus the DCFSA value exceeds the \$5,000 or \$2,500 amount.

**Total Family Income (TFI):** This is all earned income, including wages, salaries, tips, special

duty pay (flight pay, active duty Demo pay, sea pay), and active duty save pay, long-term disability benefits, voluntary salary deferrals, retirement or other pension income, including SSI paid to the spouse and VA benefits paid to the surviving spouse before deductions for taxes. Total Family Income calculations must also include quarter's subsistence and other allowances appropriate for the rank and status of military or civilian personnel, whether received in cash or in kind. For dual military living in government quarters, include BAH RC/T of the senior members only; for Defense civilian OCONUS, include either the housing allowance or the value of the in-kind housing provided. The local BAH rate is used in locations where the military members receive less than the BAH RC/T allowance. The local BAH rate is located at <http://www.defensetravel.dod.mil/suite/bah.cfm>

#### **DOCUMENTATION NEEDED TO DETERMINE TFI:**

- Military Sponsor's current Leave and Earnings Statement (LES)
- Civilian Sponsor's current LES
- Spouse/Partner's LES, W-2 forms, and/or other income documentation
- Schedule C (IRS return) from previous year to demonstrate wages from self-employment
- Letter from employer if Spouse/Partner has not worked one full month. The letter must include rate of pay and anticipated average number of employment hours in order to calculate an annual pay estimate. Pay stub must be submitted following the first month of employment.

Families who fail to show proof of TFI are charged Category 9 parent fees. If the required documents are provided at a later date, the TFI Category is adjusted accordingly and new fees are effective from the date the documents are provided.

Fees for Blended Married Families and Fees for Legally Separated Families will be based on the TFI of the household.

Fees for Legally Separated Families are contingent on a legal separation document or a notarized statement stating the Sponsor is legally separated.

Annual TFI **will not** be adjusted between re-registration years UNLESS:

- Unemployed spouse/partner finds paid employment
- Family is granted a Financial Hardship/Extenuating Circumstances Reduction
- Annual Internal Review Audit documents inaccurate documentation of TFI or Fee changes
- Special circumstances (e.g. change from full time to part time, furlough, etc.)

Parent fees **will be** adjusted when:

- The Family moves to a new TFI Category at annual re-registration or when unemployed spouses secures employment.
- Child/youth transitions between programs with different fees, e.g., full day care to kindergarten, full day to part day, after school to summer camp, child development center to Family Child Care, etc.
- Army Fee policy directs a fee change
- A Request for Financial Hardship Waiver is approved
- A TFI calculation error places Families in a higher TFI Category. Retroactive credit (from the date of the error) will be applied to the Family household. When the TFI calculation errors

result in underpayment, families are notified that fees will be adjusted during the next re-registration, unless the mistake is determined to be fraudulent.

**Program Fees:** Are generated semi-monthly on the 1<sup>st</sup> and the 15<sup>th</sup> of the month. Parents pay monthly fees for regularly scheduled full day, part day and part time care in semi-monthly installments. Incoming Families make their initial payment for care at the time they accept the child care space offered by the CYS Parent Central Services Office. **Services will be terminated if full payment plus late fee charges for the month are not received by the last working day of the month, unless a command approved financial hardship waiver has been initiated.**

**Hourly Care fees:** The Standard Army-wide hourly care rate is \$4 per hour, per child for ALL CYS programs regardless of Total Family Income (TFI) category. **Multiple Child Reductions do not apply to hourly care.** Hourly care payment is due at the time of pick-up. Failure to make the payment will result in termination of availability of child care services. Same day or walk-ins may be accepted on a space available basis. Reservations for hourly childcare can be made in advance,\*- check with your installation for further details.

**CYS WEBTRAC Payments:** Some CYS programs allow patrons to make online payments. Please contact your local Parent Central Services for availability of WebTrac payment options.

**Other Payment Options:** Payments may be made with cash, check, credit card, auto debit or through WebTrac. Personal checks will be accepted in the amount due only.

**Late Pick-Up Fee:** CDC and SAC programs have a late pick-up fee of \$1.00 per minute up to 15 minutes, per Family, per site, regardless of the number of children in care at that site. For example, a Family who has two children in the CDC and one child in SAC will pay a \$15 late pickup fee at each site if pick up is 15 minutes after closing. When the Family is later than 15 minutes, the Family is charged \$5.00 per child, per site, for the remainder of the hour.

CYS emergency procedures will be followed when a child(ren) is left at the program one hour after closing the program. Late pick-up fees are not charged for approved mission related circumstances, or when specific arrangements to extend child care are made prior to pick-up. Be sure to contact Parent Central Services office regarding documents required for the approval of mission related circumstance.

**Late/Delinquent Payments:** Payment for regularly scheduled Full Day, Part Day/Part Time and Before/After School Care is due by the 5<sup>th</sup> business day of the payment cycle. A late payment fee is charged after the 5<sup>th</sup> business day, and is \$10.00 per child, per payment cycle (semi-monthly) or \$20.00 (monthly).

When late or non-payments have been identified, the procedures as outlined in the SOP, Subject: "Non-Payment of Child Care Fees, Collection of Delinquent Accounts and Denial of Services" will be followed, which include the following:

- Verbal warning by front desk staff during swipe in/swipe out on the 4th and 5th days of each semi-monthly billing cycle. CYMS swipe stations should be toggled to 'Display Message if HH Balance Exists' so front desk personnel can give parents a courtesy reminder of approaching payment deadlines.

- Personal follow-up by program manager on 6th day of the first delinquent billing cycle. Families with an outstanding balance will be contacted via telephone, in writing, via email or in person regarding the outstanding balance. This will include informing Families of their option to request a Financial Hardship Waiver from IMCOM G9, and reminding them of penalties if payment arrangements are not made by established deadlines.

- Written Notice of Non-Payment/Potential Termination by program manager on 6th day of the second delinquent billing cycle. If possible, program manager will also do a final verbal follow-up in conjunction with this letter to ensure the Family fully understands the pending consequences, and to encourage them to seek assistance if warranted.

**Note: When payment is not received, garnishment of wages will be initiated.**

**Financial Hardship Waiver:** Families must demonstrate a need for a child care fee reduction due to financial hardship based on a review by an Army Community Service financial counselor or a certified financial professional external to CYS. The counselor will provide a recommendation for a fee reduction to the Garrison Commander or designee. Fee Adjustments for Financial Hardships must be re-evaluated at least every six months. Fee adjustments for financial hardship do not apply to Hourly Care, Youth Sports or SKIESUnlimited Instructional Classes. **Families whose child care fees are 25% or more of their Total Family Income (TFI) are eligible to request a hardship review.** Contact the Outreach Services director at your childcare facility for assistance in filing a hardship waiver request.

**Leave/Vacation Options:** Family Child Care Fees are annualized during registration for a 2 week Leave/Vacation which reserves the child's space. The option chosen must be used during the registration year and cannot be carried over into the next year. Families who opt for 4 weeks of Leave/Vacation, pay a higher monthly fee than Families who chose the 2 weeks fee option. Family Leave/Vacation must be taken in a minimum of 5 consecutive work day increments. Families must provide advance notice prior to taking leave/vacation. **Leave vacation options are available to patrons enrolled in CDC/FCC programs ONLY.**

**Withdrawal/Out-processing:** **Parents are required to provide a minimum of 2-weeks' notice in writing prior to withdrawal.** This notice should be given to the Center Director, Assistant Director or clerical staff. Failure to submit written notification will result in on-going fee assessment. The other available option is for parents to use the two week leave in lieu of the two week notice of withdrawal.

**Absenteeism:** *No credits or refunds are issued for child/youth absenteeism due to:* (a) regular childhood illnesses or injuries (two weeks or less) (b) CYS program closures due to inclement weather, staffing training (no more than 2 days year), or special installation circumstances determined by the Garrison Commander (GC), (c) withdrawal except in situations approved by the CYS Coordinator where the child/youth has not started the class and for (d) unused leave/vacation. Sponsors requesting refunds for circumstances outside the scope of this policy must submit their justification in writing through the program director to the garrison commander.

**Refunds:**

Refunds are authorized for: (a) program closures for repair or renovation when an alternate care setting is not provided (b) unexpected prolonged child absence due to Family

emergency or extended illnesses, (c) other extenuating circumstances (Garrison Commander's decision, (d) withdrawal from a regularly scheduled child care program upon receipt of PCS orders and (e) withdrawal from a Youth Sport (occurring before mid-season of the sport). Forms are available at Parent Central Services or at your program facility.

#### **PARENT FEE REDUCTIONS/INCENTIVES:**

**Deployment Support Services:** Deployed contingency operations receive a 20 percent reduction to fees for regularly scheduled full day or part day child care and respite hourly care, depending on the specified deployment benefits criteria.

Soldiers assigned to a Warrior Transition Unit (WTU), deployed rotational forces and deployed non-rotational forces may also be eligible for respite hourly care. Survivors of Fallen Soldiers receive hourly care for immediate Family of the deceased for a period of 4 weeks after burial.

Please contact Parent Central Services for to determine eligibility or for additional information regarding Deployment Support Services

**Parent Participation Fee Reduction:** Parents may earn a fee reduction for participating a minimum of 10 hours in CYS programs. A 10% reduction on one month's fee for one child/youth may be awarded for each 10 hours of parent participation. Reductions are limited to 10% per child/youth, per month. Points can only be used for regularly scheduled programs and cannot be used to reduce hourly care fees. Parents may save points for future use.

Parent participation hours may accumulate month to month and may not be shared with other Families. The CYS Coordinator may approve Military Units or formal organizations such as Family Readiness Groups (FRG) to "adopt" Families who are unable to accumulate participation hours due to deployment or other extenuating circumstances. Families **must be identified and approved prior** to the accumulation of points. Members of units or organizations are not required to have children or youth enrolled in CYS. Adopted Families **may not** use hours accumulated on their behalf when the deployment or extenuating circumstance ends.

**Multiple Child Reductions (MCR):** A 15% MCR is applied when more than one child is enrolled in regularly scheduled child care programs or seasonal youth sports offered by CYS. The MCRs for child care and youth sports are determined separately and may not be combined. MCRs are *not* applied to Contractor employees assigned to TFI Category 9, Hourly Care, SKIES*Unlimited* fees, or School Age occasional user fees.

Seasonal youth sports: MCR applies to Families with more than one child enrolled in a seasonal youth sport. The Standard Army-wide Multiple Child Fee Reduction is applied to the second child and all subsequent children enrolled in a youth sport occurring in the same season.

Regularly scheduled child care programs (Full-day, part-day, FCC home, before and after school age, etc.): the MCR applies to Families with more than one child enrolled in ongoing child care programs. The child enrolled in the highest cost care option is considered the first child and pays full fee. The Standard Army-wide Multiple Child Fee Reduction is applied to the second child and all subsequent children enrolled in regular, ongoing child care program.

**Family Child Care Fee Incentive:** FCC Parent Fee Assistance represents a savings to

Families over Army CDC and SAC fees for designated Total Family Income Categories. This savings is an incentive to encourage more Families to use FCC Homes as their primary source of child care. Contact Parent Central Services for additional information on FCC Parent Fee Assistance.

**Extended Duty Child Care Fee Assistance:** Provided at no additional cost for short term child care (generally up to 3 hours/day) beyond FCC regularly scheduled care hours (based on Sponsor's typical duty day/care requirements). A written validation statement is required from the Soldier's unit/Sponsor's Supervisor to the FCC Provider to qualify.

**Mission Related Extended Duty 24/7 Fee Assistance:** Provided at no additional cost for care beyond FCC regularly scheduled care hours. Individual Families are authorized up to 15 days for Extended Duty Child Care per year.

## **CHAPTER 5 - CURRICULUM AND PROGRAMS**

### **CORE CURRICULUM:**

#### **CHILD DEVELOPMENT CENTERS (CDC)/FAMILY CHILD CARE (FCC) HOMES**

The Creative Curriculum is the authorized curriculum used in CDCs/FCC for children ages 0–5. The Teaching Strategies (TS) Gold developmental assessment, *Checkpoints*, will be used to document the progress of children. All activities will be developmental in nature and recognize children's individual differences by providing an environment that encourages self-confidence, development of self-help and life skills, curiosity, creativity, and self-discipline as outlined in the Creative Curriculum. Concrete experiential learning activities encompass the following six domains: Social, Physical, Language/Literacy, Cognitive/Intellectual, Emotional and Cultural.

Typical child routines such as meal times, clean-up times, napping and rest times, and diapering and toileting are integral parts of the curriculum, not separate items between curriculum areas. Daily specific lesson plans and schedules, along with weekly lesson plans, are posted.

#### **SCHOOL AGE CARE (SAC)**

Curriculum and programming centers around the school age five services areas: The Arts; Education Support and Career Development; Character and Leadership Development; Sports, Fitness and Recreation; Health, Wellness and Life Skills. Children will have input into activity choices to ensure the activities meet their needs and interests. Documentation of child input into activities is on file in the program. Program choices are designed and implemented to meet a variety of child interests to cover a wide variety of skills, abilities and interest levels.

Daily schedules/lesson plans will be flexible, provide stability without being rigid, allow children to meet their physical needs ( e.g., water, food, restrooms) in a relaxed way, allow children to move smoothly from one activity to another, usually at their own pace, and facilitate transitions when it is necessary for children to move as a group.

Program activities are offered in Life Skills, Citizenship and Leadership Programming. A variety of clubs and committees will be available to expand children's interpersonal, speaking, and leadership skills. Program choices will be offered to help children develop skills in independent

living and life planning, such as cooking, swimming, etc.



## **MIDDLE SCHOOL/TEENS (MST)**

The MST program uses a comprehensive youth development curriculum framework to ensure the physical, cognitive, social and emotional needs of youth are addressed. The framework is comprised of Five Service Areas to meet the core requirements. Youth will work together with staff to ensure they have input into activity choices. Activities must meet the needs and interests of the youth. Intent is to have a combination of youth and adult choices in the lesson plan. Youth will help determine frequency. Activities will reflect the program's written philosophy and goals for youth in a prominent area.

Program opportunities will be offered in life skills, citizenship, and leadership in the following program areas:

- Youth Councils will provide opportunities for youth to actively participate in planning and conducting youth programs.
- Volunteer Community Service will provide opportunities for youth to actively learn through service to their community.
- Workforce Preparation will provide opportunities for youth to prepare for successful entry into the workforce.
- Youth Technology Labs will provide opportunities for youth to explore interests, enhance technology skills, and research information.

*We encourage our Families to share their culture, heritage and home language throughout all curriculums.*

## **CHILD AND YOUTH SPORTS AND FITNESS PROGRAM**

The Child and Youth Sports and Fitness Program uses a comprehensive framework to ensure the physical, cognitive, social and emotional needs of youth are addressed;

The System is comprised of Four Service Areas to meet the core requirements:

- Team Sports
- Individual Sports
- Fitness and Health
- Outreach

Team Sports are offered for all children ages five and above in the following sports:

- Baseball/T-Ball
- Soccer
- Basketball
- A minimum of two additional teams sports offered at any time of the year (volley ball, dodge ball, cheerleading, tackle football, etc., based on community needs and interests).

Individual Sports are offered in at least three locally selected sports. A minimum of one Fitness and Health option is offered anytime during the year such as healthy lifestyles, healthy eating, personal hygiene, etc.

Fitness and Health programs focus on nutrition education/counseling and health promotion. These programs are implemented throughout the CYS system.

- Nutrition, Counseling or Health activities/events

At least one other locally determined option i.e. aerobics, swimming laps, weight lifting, biking, fitness trails, challenge courses, walking, jogging, hiking, etc.

Outreach programs are offered in CDC, SAC, MST and FCC in four areas throughout the year.

- Intramurals (SAC/MST)
- Motor Skill Activities (CDC/SAC) i.e. Start Smart
- Skill Building Clinics (all)
- MWR Partnerships (SAC/MST) i.e. Gymnasium, Outdoor Recreation

A minimum of one additional outreach activity (usually a special event or camp) is offered.

### **CORE PROGRAMS:**

**Child Development Centers (CDCs):** (Ages 6 weeks-5 years) Offer on-post full-day, part-day, hourly child care and the *Strong Beginnings* Pre-Kindergarten program. May also include stand-alone CDC annexes and satellite sites. Care is provided by trained staff and operations are subject to Department of Defense (DoD) Certification.

**Family Child Care (FCC) Homes:** (Ages 4 weeks-12 years) Offer full-day, part-day, and hourly child care to include extended duty day care ("We've Got You Covered"), weekend care, 24-hour care as needed in a home environment. Care for up to eight children (depending on mix of ages) is provided by trained, certified, and monitored Family Child Care Providers in their own homes (privately owned and government owned or leased housing) and is subject to DoD Certification.

**School-Age Centers (SAC):** (Ages 6-12 years) Offer before and after school programs, weekend activities during the school year, summer care and camps during school vacations. Care is provided by trained staff and operations are subject to DoD Certification.

**Youth Centers (YCs):** (Ages 11-18 years) The Youth Program offers comprehensive, supervised program options and affordable, quality, predictable services that are easily accessible for eligible youth in grades 7 through 12 (may include 6th grade depending on local school configuration) who are generally 11 – 18 years of age. This is achieved through a comprehensive Youth Program framework consisting of the Five Service Areas. Through formal partnership agreements with several nationally-recognized youth-serving organizations, such as United States Department of Agriculture (USDA), 4-H and Boys & Girls Clubs of America (BGCA), youth have access to programs, standardized curricula, special events, camps, scholarships, etc., no matter where they live. Supervision and programming is provided by trained staff and operations are subject to DoD Certification.

**Youth Sports & Fitness Programs:** (Ages 3-18 years) Offer developmentally appropriate opportunities for children and youth to be engaged in individual and team sports, competitions, skill building clinics, and nutrition and health classes that foster development of life-long healthy habits. Provided by trained CYS employees and volunteer coaches in a variety of settings including Youth Centers, MWR facilities, schools, community fields and facilities. DODI 6060.4, AR-215-1, AR-608-10.

- Baseline Programming includes:
  - Team Sports
  - Individual Sports

## Fitness and Health Outreach

*Get Fit... Be Strong:* A comprehensive health, fitness and wellness campaign in an effort to increase children and youth's physical activity and teach them healthy lifestyle techniques. The "*Get Fit, Be Strong*" initiative is executed in School Age Care (SAC), Middle-school/Teen Programs (MST), Child & Youth Sports & Fitness (CYSF) and Army Youth Programs in Your Neighborhood (AYPYN) Schools. All children and youth enrolled in SAC, MST, CYSF and AYPYN programs have daily opportunities to participate in self-directed and staff-facilitated physical fitness activities while earning recognition from the President's Challenge Physical Activity & Fitness Awards Program. CYS staff and parents will also be able to participate in this initiative, thus setting great examples and serving as role models for children and youth. IMCOM Operations Order 11-419.

National Alliance for Youth Sports (NAYS): NAYS is the nation's leading youth sports educator and advocate with national programs that educate administrators, coaches, officials and parents about their roles and responsibilities in the context of youth sports, in addition to offering youth development programs for children. Since 1993, the National Alliance for Youth Sports has created a unique partnership to bring quality youth sports programs to children on military bases in CONUS and OCONUS locations. Through NAYS, CYS offers youth sports coaches certification, youth sports officials training services, parental sports education and marketing services, Start Smart Sports Development Program for Child Development Services, and on site and on-line educational forums on Army installations worldwide.

## **Parent and Outreach Services Programs**

Parent Central Services: (Ages 0-18 years) Offers registration, enrollment, records transfers, parent education classes, and babysitter training and referral services for Families. Includes *CYS Parent Advisory Board*, non-traditional outreach services, and *Parents On Site* volunteer program. Provides program information, sends eNews publications and messages and contributes to web sites of interest to parents.

Kids On-Site: (Ages 6 weeks-12 years) Offers short term hourly child care for Families using/attending Command Sponsored events, e.g., Strong Bonds, Family Readiness Groups, Memorial Services, Yellow Ribbon Events etc. Provided by CYS employees in a variety of on and off post settings that may include Family and Morale, Welfare and Recreation facilities, Chapels, Armed Forces Recreation Centers, Hotels, Schools, Armories, etc. Parents remain on site or are immediately available in an adjacent facility.

Kids At Home: (Ages 6 weeks-18 years) Offers non-traditional outreach services to support Families with children/youth whose primary care/educational setting is in their own home. Includes *imAlone* classes for enrolled children (11-15 years) whose parents have determined that they can be home alone during out of school hours, and *Home School Services*, e.g., use of CYS tech labs, multipurpose rooms, homework centers, instructional programs for educational purposes during school hours (when facilities are not in use) by children/youth who are home schooled and accompanied by their parents.

Parents On Site/Parent Co-Ops: (Ages 6 weeks-12 years) Offer support services for the operation and management of parent co-ops that exchange babysitting services, infant/toddler playgroups, and short term care in unit settings by Family members in one unit or organization for similar services at a future agreed upon time with Family members in another unit or organization. Care is provided by parents with CYS staff assistance and operations are subject to *DoD Certification*.

CYSitters/Trained Babysitters: (Ages 6 weeks-12 years) Offer formal training for teens and adults who provide short term hourly child care in Families' own homes. Training covers skills needed to safely and appropriately care for children and includes First Aid and CPR, program activities and the "business" of babysitting. Trained CYSitters receive a certificate of completion and a wallet card and may be placed on the CYS babysitter referral list.

SKIES*Unlimited* Instructional Program: (Ages 3-18 years) Offers range of out of school classes, e.g., music, dance, martial arts, gymnastics, technology, life skills, and SAT prep designed to complement, expand, and support the academic, life skills, and athletic experiences children and youth have within Army CYS Programs and Schools. Provided by CYS employees and contract instructors in a variety of settings which may include Child Development Centers, School Age Programs, MWR and Community Facilities and Schools.

## **Deployment Support Services**

National partners, (e.g., Army Recruiting command, Army Cadet Command, Military Entrance Processing Stations, 4-H, Boys & Girls Clubs of America, Military Child Education Coalition, the American Legion, Child Care Aware of America) provide support to geographically dispersed military families where they live. Programs and services are delivered by State Teams comprised of local representatives from the partner agencies listed above.

Youth Technology Labs (YTLs): (Ages 6-18 years) Provide a safe, secure, and age appropriate place where children and youth can engage in technology-based activities and programs; both key to linking youth with their deployed parents and serving as a vital component of CYS Home Work Centers and Mobile Tech Labs that support geographically dispersed children and youth through Operation Military Kids.

Operation Military Child Care (OMCC): Supports the child care needs of active duty, National Guard and Reserve Soldier parents who are mobilized or deployed. OMCC helps eligible Families locate child care options in local communities. Sites must be licensed and be inspected annually.

Child Behavior Consultants: Provide on-site counselors in child and youth programs to offer non-medical, short term, situational, problem-solving counseling services to staff, parents, and children within CYS facilities, garrison schools and summer camps.

Respite Child Care: Offers respite child care for parents to give them temporary relief from child rearing duties and allows them time to take care of personal business.

### **Community Based Programs**

Mission Youth Outreach: (Ages 6-18) Partnership between Army CYS and Boys & Girls Clubs of America providing children from families of reserve and active duty personnel with a free membership at their local Boys & Girls Club. Reserve, National Guard, and Active duty youth need to be able to connect with other youth in similar situations. The partnership delivers physical, emotional, social, and cultural programs for military youth living in civilian communities. Mission: Youth Outreach supports military kids coping with the stress of having a parent or parents deployed by creating a network of youth who can empathize and help them cope with their new world of being suddenly "military." Through a Joint Military Services initiative, military dependent children ages 6-18 can get pre-paid programs and services through their local Boys & Girls Clubs.

Army Affiliated CYS Programs: (Ages 6 weeks-18 years) Offer Child Care and Youth Programs at rates comparable to the Garrison for Army Families living off-post in garrison catchment areas. Includes: *Army School Age Programs in Your Neighborhood* for children ages 6-12 years, and *Army Youth Programs in Your Neighborhood* for youth ages 13-18 years. Programs are centrally funded and managed through an Army enterprise contract with a Third Party Administrator that locates providers and administers the fee assistance program for parents using these services. Participating programs are generally in communities surrounding garrisons highly impacted by Army Transformation. Supplements, not replaces, Army operated on base Child and Youth Programs.

Army Sponsored CYS Child Care Programs: (Ages 6 weeks-12 years) Offer child care for geographically dispersed Families where they reside. Includes *Military Child Care in Your Neighborhood (MCCYN)* for Active Component Families and *Operation Military Child Care (OMCC)* for Reserve Component Families throughout the ARFORGEN cycle. Also serves geographically dispersed Families of recruiters, ROTC, MEPCOM, and Corps of Engineers that live beyond reasonable commuting distance of military bases. Programs are centrally funded and managed through an Army enterprise contract with a Third Party Administrator that locates providers and administers the fee assistance program for parents using these services. Participating programs are available in 50 states, Puerto Rico and Guam.

Supplements, not replaces, Army operated on base child care.

**School Support Services:** (Grades K-12) The purpose of School Support Services is to reduce the conflict between military mission requirements and parental responsibilities related to K-12 education. School Support Services provides a variety of programmatic strategies and resources to achieve this mission and to support academic success and wellness for Army children and youth.

School Liaison Officers (SLOs): Have strong educational backgrounds and are located on each Army garrison. SLOs provide support to Garrison Commanders, Army Families and school districts. SLOs advise garrison command staff on matters related to schools; assist Army Families with school issues; communicate information and support services to Army Families and schools; support Army Families during school transitions; collaborate with school districts to build positive relationships and address issues that impact Army students; facilitate training for parents, schools, and garrisons; foster reciprocal transition practices among school districts and increase school transition predictability for Army Families.

Homeschool Support: Provided to Families who choose to homeschool their children. SLOs gather and share information on homeschooling resources, local school policies and state laws to inform military Families. They also facilitate access to CYS facilities and program support, including access to computer labs and academic materials to support homeschooled students.

Homework Centers (K-12 grades): Create a safe and familiar before and after-school academic support environment in school-age centers and youth centers.

School Youth Sponsorship Programs: Ease school transitions in CONUS and OCONUS schools.

Tutor.Com: (K-1st Yr College) Offers free, online tutoring services to dependent children of active duty Army personnel, dependent children of deployed Army National Guard personnel, dependent children of deployed Army Reserve personnel, dependent children of Army Wounded Warriors/Survivors, inactive/part-time Army National Guard personnel and their dependents and inactive/part-time Army.

Post-Secondary Preparation Opportunities: Resources for students who desire to further their education beyond high school, to include: test preparation software, testing dates and locations, list of scholarships available to military dependents, and information on available vocational programs, junior colleges and career building experiences.

***Thank you again for choosing Fort Hood Child & Youth Services. We are truly honored to serve your Family.***

