

Jan 07-13 2020 ood Highligh

Phantom Warrior Scramble / Chili Bowl Classic / UFC 246 Watch Party / Dominoes Tournament / Recruiting Fair / LIIT with Jess / Total Body Boot Camp / Phantom Warrior Scramble /Sprocket Auto Crafts / Unlimited Golf / Apache Arts & Crafts / CoCC Memberships

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A Low Impact Interval Training that is designed for those who want to still get an intense workout without the high impact on the joints. This 40 minute full body workout will consist of a variety of different exercises and equipment that will test strength, balance, and core regardless of your fitness level!

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Walkins

\$45 for 16 visit pass

build strength, endurance, and speed. Designed for all fitness levels





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Hood.ArmyMWR.com SELF-HELP AND FULL-SERVICE YOURSELF & **AUTOMOTIVE NEEDS** Open to ALL Saturday & Sunday • 9 am - 5 pm Wednesday - Friday Noon - 8 pm Clean-up begins 30 min prior to closina Offering full service towing for military ID card holders & DoD civilians. (On Post Only) Bldg 9138, 20th St & Old Ironsides Ave. 254-287-2725 SELF-HELP SERVICE



Auto lift and equipment Staff on hand for

assistance/guidance

A/C Service, Alignments, Engine Scans, Battery Charging & Testing, Vehicle Tow, Shop Hours

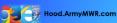
Machine Shop Services: Brake Rotors, Strut Springs, Bearing Press, Exhaust work

FULL & SELF-HELP

Tire mounting/balancing equipment and repair

Qualification/safety class required ses: Wed-Fri 3:30 pm • Sat/Sun 11:30 am

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Not valid on weekends, holidays and training holidays



The Courses of Clear Creek Includes Green Fee and Cart Fee

Battalion Ave. at Clear Creek Rd.



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Unlimited Golf 2 - \$25.00



The Courses of Clear Creek

MEMBER Come

 Annual Monthly

Summer

General Public Golf Membership can now bring additional golfers (with valid Photo ID) in their vehicle.

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254-287-4130



Jan 14, Dave & Busters trip; Austin, TX Jan 17-19, MLK trip; Houston, TX

Contact your Unit BOSS Rep or call us at 254-287-6116

BOSS HQ's - Bldg. 9212, 20th Street and Old Ironsides Avenue

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Feb 02, Super Bowl LIV Watch Party, Samuel Adams Brewhouse

Feb 08, Blacklight Spin Party, Abrams PFC

Feb 08, UFC 247 Watch Party, Samuel Adams Brewhouse

Mar 07, Fort Hood GlowTastic 5K

Mar 21-22, Two-Person Golf Scramble, Courses of Clear Creek



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