



## EXCEPTIONAL FAMILY MEMBER PROGRAM

# SEA DRAGONS AQUATIC PROGRAM

**When: Fridays, 1800-1930**

**Where: Abrams Fitness Center**  
Building 23001, 62nd Street and Support Avenue

**The swim program is open to  
the whole Family!**

To register call (254) 287-6070 or  
email: [usarmy.hood.imcom-fmwrc.list.ACS-EFMP@mail.mil](mailto:usarmy.hood.imcom-fmwrc.list.ACS-EFMP@mail.mil)

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Individuals requiring assistance or accommodation due to disability, please contact the EFMP office at (254) 287-6070.

